Moruya Mail
EUROBODALLA NEWS

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PHOTO OF THE WEEK: .Artist Dave Ramsland found a magic spot to paint looking up the Moruya River from the quarry wharf.

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Broulee Ridge deserves a fair hearing on the facts

A response to Cid Mateo's column "Eurobodalla Council was right to scrutinise planning proposal at 207 Broulee Road" (Moruya Mail, 28 October 2026).

Cid Mateo is right about one thing: a proposal for 685 homes at 207 Broulee Road deserves scrutiny. We welcome it. Brightway has spent more than five years and a great deal of money answering hard questions about this site, and we will keep answering them.

But scrutiny cuts both ways. Several claims in last week's column are contradicted by Council's own documents. Others rest on assumptions that understate the housing need our community is living with right now. Eurobodalla deserves a debate built on the full set of facts.

The column also misdescribes what Council decided on 27 October. Council did not reject the proposal, and it did not order an independent assessment. A motion for an external review was lost six votes to three. Council instead resolved unanimously to defer a Gateway decision while its own staff prepare a supplementary report, due within 90 days. We welcome that report and will help it answer every question councillors raised.

The sewerage plant was considered, by Council itself

The column says the impact on the Tomakin Sewerage Treatment Plant "was not properly considered". In September, Council's own business case for the Tomakin upgrade named "the proposed development along Broulee Road" among the growth the upgrade will enable. The upgrade adds capacity for 15,000 more people. At last week's meeting, Council's infrastructure staff explained that any extra capacity this proposal needs would be modelled and addressed through the Voluntary Planning Agreement.

That upgrade, and the related works at Batemans Bay, make up a program of around $80 million.

MORUYA MAIL

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LINA

The housing need is larger than the column suggests

The column divides projected population growth by two people per home and arrives at about 1,835 new dwellings for residents by 2041. That assumes household size never changes. Council's own Draft Housing Strategy says two-thirds of household growth will be one- and two-person households. As our population ages, the same number of people need more homes.

That is why the Strategy itself estimates around 5,270 dwellings are needed by 2041. The NSW Government's implied figure is higher again, at about 6,219. The column's figure of 2,510, including holiday homes, is less than half of Council's own estimate.

The column also quotes our consultant, Earthrise, selectively. Earthrise found that only around 2,095 homes are realistically deliverable on existing greenfield-zoned land, once bushfire, flood and clearing constraints are accounted for. It set that against a greenfield need of about 4,353 homes, a shortfall of more than 2,000. Half of the deliverable supply sits in Moruya South, largely on a single site.

Council's own planning staff confirmed this at last week's meeting. Moruya South was once expected to deliver 1,000 lots; staff now put it closer to 500. "Even in that area alone, we're short," Gary Bruce told councillors. The Long Beach release area has not moved forward, and staff said a recent subdivision application was the first in quite some time.

Even on the column's own numbers, there is a shortfall of 415 homes. The argument is not whether we need new housing land, only how much.

Around Broulee the gap is starkest. The Broulee–Tomakin area has room for only about 80 to 144 more homes on unconstrained residential land, against a local need of around 472 by 2041. Meanwhile 515 Eurobodalla households are on the social housing waiting list, rental vacancy sits around 1 per cent, and Council's own research found that aged care and retail workers cannot afford to rent a studio anywhere in the shire.

Key workers need homes near where they work

The column argues that key worker housing belongs near employment. We agree, and that is why this site makes sense.

207 Broulee Road is about 16 minutes from the new $330 million Eurobodalla Regional Hospital, which opens in 2027 and will need nurses, allied health staff and support workers. It is eight minutes from Moruya Airport. It adjoins Carroll College, alongside St Peter's Anglican College, schools with around 1,600 students between them and among the largest employers in the area. Broulee with it's schools and beautiful beaches is where families want to live and if we want to attract doctors and nurses to this area this is likely where they will want to be which is reflected in the highest home prices in the LGA.

The proposal commits 10 per cent of homes (70 dwellings) to key workers, with a finance pathway that makes ownership achievable. A further 35 homes are affordable housing in perpetuity, not the usual 15 years, and 35 are build-to-rent. The column did not mention any of these commitments.

How the process works, and how fast this would happen

The column says we expected Council's support "without the evidence". That misreads the NSW planning system. A planning proposal must show strategic and site-specific merit to reach a Gateway Determination. The detailed studies on biodiversity, bushfire, flooding, Aboriginal heritage, wastewater and traffic are then completed and assessed by State agencies, with conditions attached. All seven State agencies had already responded to this proposal in April this year.

Nor would Broulee grow by 1,400 people "by 2030". New sewerage capacity is not due until the end of 2029, and the homes would be delivered in stages over 10 to 15 years. That is gradual growth, matched to infrastructure, not a sudden change.

Comparing a village's growth with national population growth tells us little. Growth always concentrates somewhere. The real question is whether it happens in a planned, serviced way or not at all, leaving our children, our nurses and our teachers to look elsewhere.

The proposal has also changed in response to feedback. The scheme has been cut from 800 lots to 685. Development is confined to about 68 hectares of cleared grazing land, while the Longvale Swamp wetland and forest are protected in 31 hectares of conservation zoning, with nearly 20 hectares of public open space and more than nine kilometres of walking trails.

The right homes, actually built

Councillors raised fair questions at the meeting. Is the real constraint a shortage of builders rather than land? Is the shire short of the right type of housing, not just the right amount?

This proposal answers both. Council's Draft Housing Strategy notes that around 96 per cent of local dwellings have three or more bedrooms, while two-thirds of household growth will be one- and two-person households. Of the 685 lots, 293 are compact 300-square-metre lots for smaller, more affordable homes.

And because the homes will be built off-site through prefabrication, delivery does not depend on a local trades workforce that is already stretched. That is how we turn zoned land into homes people can live in, rather than lots that sit empty for years.

Let the evidence be tested

Council's planning staff supported this proposal because the evidence and the housing environment have changed since 2024. Council has now asked them for a supplementary report within 90 days. We will provide everything that report needs, and then ask that the proposal move to the stage where the evidence is tested by the NSW Government's own experts.

We are happy to meet any commentator, including Mr Mateo, to walk through the numbers. Eurobodalla's housing crisis will not be solved by deciding there is no need. It will be solved by planning for the homes our community needs, in places that can be serviced, with commitments that last.

Edward Fernon
Brightway Development

Funds raised and tails wagged for Breast Care Awareness



Local Breast Cancer Surgeon Dr Ruben Cohen-Hallaleh, Peter and Anne Cormick posing with their collies.



Dr Ruben Cohen-Hallaleh, Breast Care Nurse Richelle Matheson, and dog trainer Chris Burke combine forces for 'Boobs, Bubbly & Barks'.

Eurobodallans and their four-legged friends came together on Sunday for breast cancer awareness and to support individuals and families directly affected. 'Boobs, Bubbly & Barks', raised more than $1,700 that will go towards the McGrath Foundation in Eurobodalla and Can Assist who provide vital cancer assistance for Country NSW.

"It was a wonderful example of the positive energy our community creates when we come together," said Eurobodalla Breast Care Nurse Richelle Matheson. "Having everyone bring their best furry friends made the day even more special - after all, they support us too!".

The tail-wagging event took place at Moruya Dog Club in Mogendoura and kicked off with a 'Sniffari' pack with lots to smell, sand pits and even a splash pool. Local dog trainer Chris Burke and his team were tasked with helping all the dogs feel comfortable on the day.

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"Dozens of dogs meeting and getting along so well was beautiful to see. It's a testament to the open hearts everyone brought with them," said Mr Burke.



Ruby, Alison, Chris & Bianca from Big Head Dog Training helped the dogs exercise and socialise happily.



·Colin, Karen, Leah, Alison, Lou and Viviane with their dogs cooling off at the doggy pool.

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Colouring outside the lines – youth stand against domestic violence



ESC - One in four Australian women has experienced violence from an intimate partner. Young people in Eurobodalla are asking for more community focus on the issue.

As part of the 16 Days of Activism Against Gender-Based Violence campaign, the Eurobodalla Youth Committee is hosting their Colour Run on Saturday 28 November at Moruya's Gundary Oval. Participants can walk, run – even skip – the five-kilometre course and be thoroughly coated in colour doing so. There'll be DJs, barbecue and food trucks, a group art installation and prizes for best dressed, best team, most enthusiastic, and more.

Eurobodalla Council's youth development officer Michaela Burtenshaw says putting young people's voices front and centre is an important part of the day.

"Domestic violence is a serious subject, and here are the shire's youth finding creative ways to start conversations about healthy relationships and respect," Ms Burtenshaw says.

"They've helped shape the event, written promotional scripts and recorded their own radio promotions. On the day they'll be out there running the colour stations too. It's their event and their message.

The Youth Against Domestic Violence Colour Run is now an established collaboration between the Youth Committee and the Eurobodalla Domestic Violence Committee, who run programs such as Love Bites supporting highschoolers to respect and consent.

The Colour Run is the biggest youth-led event in Eurobodalla with up to 600 community members attending previous runnings, with the aim to focus awareness and encourage conversations about healthy relationships.

Ms Burtenshaw says the fun starts from 9am, with registrations open from 8.30am, with bookings through Humanitix.

"It's five dollars to enter, or fifteen if you also want one the excellent youth-designed colour run T-shirts, with designs created by young people attending our healthy relationships programs. And you don't have to run to be involved – go ahead and walk it, or even dance your way along," she says.

"However you do it, aim to finish covered in colour while making your position on domestic violence black and white."

TURN EUROBODALLA PURPLE

The **Rotary Club of Moruya** is starting to turn the town purple as part of the 16 days of actvism. The Batemans Bay Soldiers Club, Club Catalina and Tomakin Sports & Social Club combined ClubGRANT has contributed $5,000 towards the 16 Days of Activism Against Gender Based Violence – Eurobodalla project.

"This important project aims to raise community awareness of domestic and family violence through a district-wide Wear Purple campaign, promotional materials and community education activities.

The support of our local clubs will help us bring the Purple Promise to life across the Eurobodalla, encouraging conversations, awareness and a community commitment to respectful relationships and standing against violence."



Last night saw the first of many steps to turn Moruya purple with four Rotary members hanging purple banners along Vulcan Street.

Kiel, Peter, Col and Rohan worked in the drizzling rain to get the banners up.

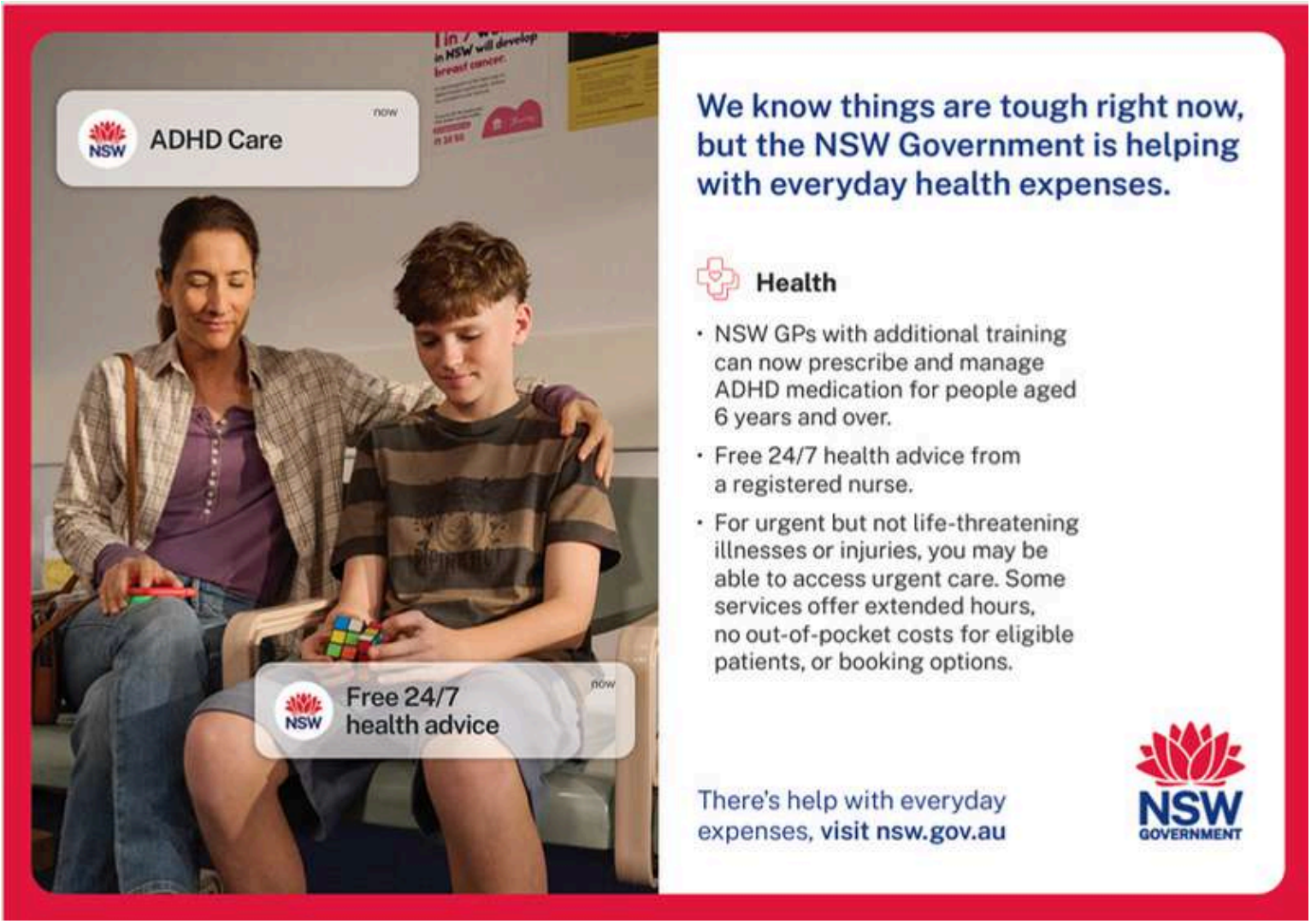


Generators stolen from volunteer organisation

For those who may not know, the Antique Tractor and Machinery Association lost their Museum and workshop in the old Gold Rush Colony in Mogo in the 2019-20 bushfire.
Since then, we have been renting a shed in Shelley Road Moruya to allow us to continue whilst we strive toward rebuild on a block at Bimbimbie. We have finally begun that project and with a bit of luck, will have a basic shed by Christmas this year. However, due to lack of sufficient funds, we will have to operate by using generators for power, of which we had 2 x 3.5kw silent units in our shed.
Unfortunately, some low life thieving mongrels broke into our rented shed in the last couple of weeks and stole both of them.
The items stolen were 1 x Blue Genpower with a broken fuel tap and 1 x small Honda.
If anyone should offer you a “cheap” generator please contact the Police or us via our web site or me personally on 0418 439 914.
Steve Shields, President MATAMA.

Moruya Country Markets Invests $10,000 in Local Student's Future

Moruya Country Markets is proud to announce a $10,000 scholarship donation to local student Archie Chapman, supporting his transition into university studies at the Australian National University (ANU) in Canberra.
Archie will commence a Bachelor of Health Science, with aspirations of eventually undertaking postgraduate medicine and becoming a doctor. He has a strong interest in human physiology, anatomy and pharmacology, and hopes to use his future qualifications to improve health outcomes, particularly in regional and Aboriginal communities.
The $10,000 scholarship will assist Archie with education-related expenses, including textbooks, course fees, stationery and other essential university resources. This support aims to reduce some of the financial pressures associated with further study, allowing him to focus on his education and future career.
The donation reflects Moruya Country Markets' ongoing commitment to supporting the local community and reinvesting in opportunities for future generations. The committee hopes to establish an ongoing relationship with Moruya High School, with the intention of providing a similar scholarship to a local student each year.
Archie expressed his gratitude to the markets, committee and stallholders for their generosity, describing the scholarship as an incredible opportunity to help him take the next step towards his goals.
He also expressed his hope that the award will continue to support other students in pursuing their own aspirations.
Moruya Country Markets congratulates Archie on this achievement and wishes him every success as he begins this exciting chapter.



THE BINGIE POINT

Opinion by Cid Mateo

Cid Mateo is a demographer, governance and public policy specialist, who has advised the Australian and Solomon Islands governments and their parliaments on economic, tax, budget, fiscal and social security policy.



Is it time to move the Regional Town Centre of the Eurobodalla to Moruya?

At its meeting over two days, on 27 and 29 October 2026, the Eurobodalla Shire Council discussed the controversial building heights of the Batemans Bay Masterplan (BBMP). BBMP Version 1.0 (2025) proposed heights of 100 metres. BBMP Version 2.0 (2026) proposes potential heights of around 70 metres. The BBMP 2.0 covers a small area of what most of us think of as Bateman's Bay. With a couple of exceptions, the Masterplan covers the area framed by the Princes Highway to the west, Bhundoo (Clyde River) to the north, Beach Road to the east, and north of the industrial area of Batemans Bay and the Catalina Club's grounds to the south.

During the 2025 public exhibition, two-thirds of the community feedback in 260 submissions wanted building heights in the area limited to a storey or so above existing heights, to retain and enhance the coastal village vibe of the town. Against the community's feedback, and based on private developer feedback on profitable heights, the Council's Planning Directorate recommended potential new building height limits of 50 to 70-plus-metres (approx. 15-19 stories) in about 40 per cent of area north of the Water Gardens, with potential height limits of 27 to 40 metres (approx. 8-12 stories) in another 40 per cent of the same area, and building heights between 14 to 20 metres (approx. 3-5 stories) in the remaining 20 per cent. At present, building heights in the BBMP 2.0 area are allowed from around 12 to 18 metres (approx. 3-4 stories) with some exceptions along Beach Road.

Three Councillors, Sharon Winslade, Colleen Turner and Anthony Mayne noted the inadequacy of the information from the Planning Directorate to make critical town planning decisions of this nature. They requested further information to allow them to reconcile the preferences of the broader community, business owners, landowners and developers with the geotechnical, flooding, infrastructure, and the costs that will be borne by the Eurobodalla community today, including their children and grandchildren for some time to come.

The remainder of the Council led by Councillor Amber Shutz, Mayor Mathew Hatcher, and Councillors Laurence Babington, Phil Constable, Mick Johnson and Rob Pollock, appear to be prepared to humour developers, landowners and businesses, by discounting the wishes of two-thirds of the community feedback and the community's strategic vision and love of its coastal village vibe and natural environment.

Why would these six Councillors slap extraordinary costs on a financially constrained Eurobodalla community with a Masterplan that gives no guarantee from developers and landowners that one apartment in the area will ever be built? Infrastructure costs in Batemans Bay are notoriously high due to geotechnical factors and future sea level rise.

These six appear to be following a planning model that is no longer fit-for-purpose. The model, perpetuated by the Council's Planning Directorate, brings spot-zone planning proposals to the Council in isolation of other planning proposals and town masterplans in the Eurobodalla. This is a disjointed and piecemeal approach to planning that focuses primarily on housing density and land-value-uplift. It suits a select few developers and landowners at the expense of almost everyone else.

To make matters worse, some of the Councillors seem content to quote or accept flawed housing demand and supply information to defend their stance. For example, according to the Australian Bureau of Statistics (ABS), population growth and housing demand in the Eurobodalla has tanked in recent years. The most up to date ABS information, conveniently published on Council's website, tell us the mix of population growth, average household size and the split between permanent homes and holiday homes requires less than 170 new homes a year. This is well short of the 300 a year claimed by some in Council meetings.

At present, existing and realistic greenfield-zoned land in the whole Eurobodalla is estimated at 2,095 lots (Earthrise analysis, 2026). Assuming one dwelling per lot, the Eurobodalla has enough greenfield-zoned residential lots to cover housing demand until 2038. BBMP V2.0 says there could be up to 11,036 apartments, 1,469 commercial units and parking for 25,232 vehicles crammed into an area around the size of one square kilometre (calcmaps.com). To put this in perspective, this is about 60 per cent of the size of the residential areas in Moruya and Narooma and about one-third the area of Tuross Head. This is absurd.

We need to consider realistic and fresh ideas. BBMP 1.0 gave the community the choice of one planning option. BBMP 2.0 gave the community three planning options. The community deserves better. We need to take notice of the whole community, not play favourites with some and make promises to others. The Council needs to make planning and housing decisions in a holistic way across the Eurobodalla, not spot by spot, town by town.

Let's gather and properly analyse all the evidence. That may mean acknowledging that Batemans Bay may not grow much further. That doesn't mean we can't make its peninsula more vibrant, and a pleasant location to come to and spend time and money in. We also need to be open to other suitable options. It might be time to begin transitioning the Regional Town Centre to Moruya. It is the geographic and political centre of the Eurobodalla. The NSW Government knows this and has invested $330 million plus in the Regional Hospital there.

Moruya has greater growth potential than Batemans Bay. Moruya South already has over half of the greenfield-zoned lots in the Eurobodalla, with around 500 lots already approved for private and seniors housing. The topography south of Moruya, out of the flood zone, is ideal for affordable and key worker homes. Moruya is just one town planning option that should be looked at concurrently with, and not after Batemans Bay, or before Narooma.

Getting shipshape at Preddys - Moruya River



Photo: Work is underway to upgrade Preddys Wharf on the Moruya River, with a new 40 metre pontoon and upgraded facilities for boaters, paddlers and Marine Rescue. There will be limited access to the wharf while work is underway.

Eurobodalla Council are upgrading Preddys Wharf to give boaters, paddlers and Marine Rescue safe and easy access to the Moruya River, with more berthing and more space around the ramp.

The new setup will include a 40-metre L-shaped floating pontoon, a dedicated kayak-launch platform, and a relocated gangway providing gently sloped access from the car park. The lighting will be improved, uneven paving replaced, and grab rails installed along the pontoon for easier boarding.

Marine Rescue and the Eurobodalla Fishing and Boating Network helped navigate the design, with their feedback incorporated into the final plans. Marine Rescue will have a clearly defined berth at the far end of the new pontoon, with power and water supplied to its mooring.

Council's acting director of infrastructure Tom Franzen said there would be some short-term pain before improvements come aboard.

"Crews will work 'til mid-December to get the boat ramp built before Christmas. Tools go down for the summer school holidays with the ramp, wharf and fish-cleaning table all open for the holiday rush," Mr Franzen said

"Work resumes in February and continues through March, when the old wharf will be demolished and the new floating pontoon installed.

"The boat ramp, wharf and fish-cleaning table will close again during this stage, while the fishing platform and public toilets remain open. Marine Rescue will continue to operate."

While Preddys Wharf is closed, boaters and fishers can use the facilities at Riverside Park in Moruya or at Brierleys boat ramp near the airport. Council advises that weather, river conditions and other unforeseen circumstances may affect the work schedule.

Half of the $714,000 cost is covered by a NSW Government's Boating Infrastructure for Communities grant, the other half by Council. For more information visit Council's Preddys Wharf upgrade webpage.

Save water, score a rebate

Council says "If you're thinking of installing a rainwater tank or upgrading an appliance, now is the time to do it.

Council's water saving rebate program offers cash back on suitable rainwater tanks, dual flush toilets and water efficient washing machines, helping residents save water, lower bills and make homes more sustainable.

Installing rainwater tanks can receive a rebate up to $600 per household.

Swapping out toilets to a dual flush can receive a rebate up to $200 per household.

Upgrading to a water efficient washing machine can receive a rebate up to $150 per household.

So if you've been thinking about upgrading those old appliances or finally installing a rainwater tank, make the switch and enjoy a little cash back along the way.

·Find out more and apply online.



Carer Accommodation Eurobodalla Regional Hospital Inc.

5th Annual General Meeting

Thursday 19 November 2026

Moruya Golf Club at 10.00 am

All executive positions are made vacant, including the Chair, Vice Chair, Secretary, Treasurer and committee members. We invite all members to consider nominating to assist on the Executive.

The business of the meeting is to:

- Confirm the minutes of the previous Annual General Meeting
- Receive from the Committee reports of the association during the previous year
- Elect office bearers of the association and ordinary committee members
- Receive and consider the annual financial statements
- Consider any other business

Visitors and intending new members are welcome – please email secretary@CAERH.org for further information or come along to the meeting

Business for Good Lunch

To celebrate World Social Enterprise Day, The Social Enterprise Council of NSW & ACT (SECNA) are hosting a business for good lunch, are you a social enterprise and want to connect, not sure you are a social enterprise but do good come along and connect.
Spaces are limited - register for this great networking opportunity.
Moruya Business for Good Lunch @ The Farmer's Wife
Thursday 19 November, 12pm - 1:30pm
This Business for Good Lunch is a great opportunity to:

- Create genuine connections with others who understand Social Enterprise
- Tap into collective problem-solving to help move your projects forward.
- Build a stronger, more resilient network of local folks doing good work.
- Share resources and ideas to help the local community thrive.

Who is this event for?
Open to anyone, it will be of particular interest to:

- Social entrepreneurs (and people wanting to create a social enterprise)
- People working in social enterprise (or wanting to)
- Local, state and federal government staff
- Local councillors and Members of Parliament
- University and TAFE staff
- People wanting to learn more about or support social enterprise
- Procurement officers
- Sustainability officers



With our Jack at COP in Turkiye, 350 Eurobodalla rings the bell

350 Eurobodalla will ring the bell for climate action at the UN COP (Conference of Parties) climate conference. 350 wants the COP to agree to phase out fossil fuels and we want Australia as co-host with Turkiye to push for this outcome. People are invited to take a turn ringing the bell at St John's Anglican Church in Page St Moruya at 12 noon on Saturday 14 November. Local member Jack Egan will be a voice for 350 Eurobodalla and Bushfire Survivors as part of the Hard Truths Case, asking the UN Human Rights Committee to find that Australia should phase out gas and coal exports.

Jack is one of ten Australians who have filed a case against the Australian government for failing to protect us from climate pollution by Australia's coal and gas corporations. After his home in Rosedale was burnt down in bushfires, Jack said, "I had imagined the impacts of global warming would unfold slowly and give us time to respond. Black Summer proved otherwise. The future has crashed right through into the present."

Kimberley traditional owner Anne Poelina said, "systems are changing before our eyes and impacting us emotionally, spiritually and culturally." Extreme disasters are hitting every continent, fires and floods, cyclones and storms, heatwaves and rising seas.

350 Eurobodalla has been ringing the bell since the Paris COP in 2015, which achieved an agreement of 196 countries to keep global warming well below 2 degrees C and preferably below 1.5 Degrees.

Despite this agreement, global emissions continue to rise, with devastating effects in every continent. The USA leaves the Paris agreement every time Trump becomes president.

COP negotiations are notoriously difficult as complete unanimity is needed to pass a resolution. This led to those nations keenest to act to form a "committee of the doers" at the last year's COP31 in Brazil.

Wollongong local Mick McGrath went to COP31 and said it was energising to meet people from around the world who are also working to save the planet. COP31 produced the "Global Implementation Accelerator," a voluntary and cooperative platform facilitating the practical delivery of mitigation and adaptation measures.

There was agreement that a just transition should not leave anyone behind, particularly communities and workers whose livelihoods depend on fossil fuels or carbon-intensive sectors. It also means giving developing countries the support they need to grow their economies in cleaner, more resilient ways.

While we have not yet got what we need from the 30 years of climate conferences, emissions are a lot lower than they would have been without the COPs. 350 Eurobodalla and the world wide 350 organisation will keep acting to save our climate.



350 Eurobodalla has been ringing the bell since the Paris COP in 2015 at St John's Moruya




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NAROOMA DISTRICT FUNERALS

Nearly 300 GPs trained to safely diagnose and treat ADHD

Almost 300 general practitioners across the state have completed training to be able to diagnose and treat attention deficit hyperactivity disorder (ADHD) as part of the Minns Labor Government's reforms to make essential healthcare more accessible, potentially saving thousands for families.
GPs who have completed the NSW endorsed prescriber training program are able to assess and diagnose ADHD, and start prescribing medication. In addition to this, a further 300 GPs are expected to begin endorsed prescriber training next month.
GPs will continue to make specialist referrals, and escalate care, as required to ensure patients are receiving the treatment they need, when and where they need it.
To ensure patients receive comprehensive and high-quality care, GP endorsed prescribers will be supported by a network of specialist psychiatrists and paediatricians via the Virtual Psychiatry Hub and Sydney Children's Hospitals Network.
The second stage of the Minns Government's landmark reforms follows the highly successful first stage which has seen more than 1,675 GPs trained to continue ADHD medication, saving patients and their families a costly trip to see a psychiatrist or paediatrician.
Since the reforms began:
·Nearly 1,700 GPs have signed up as continuation prescribers
·More than 25,000 people have accessed ADHD medications more easily, filling more than 130,000 scripts
Previously, people seeking ADHD care had to navigate a costly and overloaded non-GP specialist system, experiencing long wait times and high fees which could delay treatment, particularly for children, which can impact development and academic progress.
These reforms to make ADHD care more accessible, convenient, and affordable were supported by an $11.7 million package in the 2026-27 NSW Budget, which includes:
·$2.7 million to support GPs to complete endorsed prescriber training
·$1.5 million to support up to 2,500 free GP ADHD assessments, potentially saving up patients to $1,500 a year in out-of-pocket costs
·$5.7 million to fund specialist paediatric and psychiatry services to provide clinical support for GPs; and
·$1.8 million to encourage ongoing uptake of the reforms and give GPs access to allied health assessments and support to aid in diagnosis.
Patients are encouraged to discuss a potential diagnosis with their GP. From next month the locations for GP endorsed prescribers will be available on the Healthdirect website.

Hundreds more pharmacists to practice expanded scope

From tomorrow, up to 250 more pharmacists will have their qualifications recognised, allowing them to manage more conditions in NSW and making care more accessible for more people in communities across the state.
The new regulation coming into effect from Thursday, 5 November will align the scope of practice for pharmacists who graduate with an appropriate qualification from the University of Newcastle or the University of Technology Sydney with pharmacists who hold a similar graduate certificate from James Cook University.
These pharmacists are expected to complete their courses later this year, and will be able to provide treatment for:
· Initiation of oral contraception
· Acute nausea and vomiting
· Allergic and non-allergic rhinitis
· Gastro-oesophageal reflux and gastro-oesophageal reflux disease
· Mild acute musculoskeletal pain
· Mild to moderate acne
This means more people will be able to walk into their local pharmacy and get treatment for common conditions closer to home, while freeing up GP appointments for patients who need them.
To find a local pharmacist delivering expanded health services, you can search the healthdirect Service Finder.

Heath of the Nation report shows more and more GPs are concerned about medical misinformation

Royal Australian College of GPs - The number of GPs concerned about medical misinformation in their communities has jumped considerably, according to new data from the RACGP's upcoming 2026 Health of the Nation report.
RACGP President Dr Michael Wright said findings from the nationwide survey of more than 2,700 GPs highlight growing concerns among frontline doctors about the impact of online misinformation and AI-generated health content on patient care.
Dr Wright said. "The rapid growth of artificial intelligence is making it easier for health misinformation to spread online. Our report shows 44% of GPs identified addressing misinformation in the community as a challenge in their work in 2026, up from 35% in 2025.
"Unfortunately, health misinformation is becoming more difficult to identify and counter as AI-generated content becomes more widespread, more personalised and more convincing.
"Health decisions are highly personal. When people rely on inaccurate online advice, it can delay diagnosis, discourage preventive healthcare, undermine trust in evidence-based medicine, and in some cases put their health at serious risk.
"Seeing a GP directly is still the best way to access trusted, credible evidence based medical advice that takes into account your medical history, risk factors, medications and personal circumstances."



Once again it's the wars that are supercharging inflation

By Cid Mateo

Anyone who studied economics can tell you that the surest way to get inflation up is to start a war. Wars need a lot of spending on resources for killing machines and like fighter jets, aircraft carriers, nuclear submarines, state of the art surveillance and satellites and the replacement of munitions. The industrial military complex employs a lot of people too. Public spending on war usually requires large budget deficits like in the US at the moment, where the US Government's Budget Deficit is around seven per cent of the size of the US economy.

To put that in perspective, the US Budget Deficit is about 20 per cent bigger than the whole Australian economy. The US Pentagon said last week the US military alone, funded by US taxpayers, had spent over US$47 billion (AUD$67 billion) on the US-Israel War on Iran, since late February. Add in Israel's, other Middle-Eastern countries, Russia's, the European Union's, the United Kingdom's and the spending and pressure on global inflation quickly spikes and stays there. The other kicker for global and Australian inflation is oil. Reducing its supply supercharges inflation because oil is a major energy input into the production and transport of the goods and services we need to eat, get to work, get the kids to school, and heat and cool our homes. Most of us are unable to reduce its consumption quickly. Anyone that relies on petrol and diesel has seen fuel prices alone go up by 30-40 per cent since the start of the US-Israel War on Iran. We also saw this after COVID-19 when we started spending again but the supply of our goods and services was restricted by supply factors including the Russian War on Ukraine.

The wars in Ukraine, Iran, Palestine, Lebanon, Yemen and Sudan in particular, but also in other parts of the world, are making life unbearable, miserable and traumatic for tens of millions of people worldwide including millions of children through no fault of their own. Understandably, these are the people far away we tend to forget because we mostly focus on ourselves, and our own stressors. Seeing and hearing what these wars are doing to people like you and I makes us aware of what's going on, but it also takes a toll on our mental health. Imagine what it's doing to people in the war zones. These wars are also putting a great deal of financial pressure on the taxpayers who are funding them, a reason for the Democrat wave in the House of Representatives and Senate in the US Mid-term elections today.

Blaming the Australian Government, Albo and Jim, for inflation is a red herring. Unsurprisingly, some politicians, social media and other media commentators are propagating this narrative for their own interests. They appear to need a beat-up to grab people's attention. Angus, Tim, Pauline and Barnaby lack credibility on economic management and look desperate trying to hitch people's financial stress, general crankiness and lack of understanding to their political interests. They need to step up, offer policy alternatives, debate them and not merely complain loudly and blame the other side. I am compassionate towards the many people that are struggling to make ends meet, though not towards those that play tricks and treat the vulnerable like fools. It's hard to see how this helps Australians with financial stress.

So how much of a problem is the Australian Government's spending on inflation? At the moment, little, it turns out. The Australian Government Budget Deficit in the year ending June 2026 was around $22 billion in an economy of around $2,930 billion ($2.93 trillion), or around 0.8 per cent of Gross Domestic Product, which is just a measure of Australia's total income. The Budget Deficit measures the shortfall of taxpayer revenue compared to spending on the Australian population. It adds to the demand for goods and services because money needs to be borrowed to fund the Deficit and is then spent on public services for you and me. This adds pressure on prices and inflation, but at present, it's relatively small. Contrary to what Angus, Tim, Pauline and others would have you believe; this is not the main reason for inflation at the moment.

To put this in the perspective of a middle-income household in the Eurobodalla, say a household that earns $100,000, a deficit of 0.8 per cent means spending $800 more than it earns in income over a full year. In fact, most of the demand and pressure on inflation in the Australian economy at present comes from households and the private sector, by adding up all their deficits, and for savers, adding up their surpluses, across all households, families and businesses in Australia.

To put it another way, the Australian Government Budget accounts for around 27 per cent of the size of the Australian economy. Excluding double counting, State, Territory and Local Government spending add around another 10 per cent to the economy. The remaining 63 per cent of the economy is the private sector, and it's this part that is mostly driving inflation.

So what are the main reasons for inflation if not Australian Government spending? According to the macroeconomic experts, including the Reserve Bank of Australia, in addition to higher domestic fuel and energy costs linked to wars overseas, extreme weather is pushing up agricultural prices on the things we eat and drink, investment in AI-related technology, like construction and materials for data centres and transmission lines, is putting pressure on the prices of these materials and labour costs, while low measured labour productivity and employment at near full capacity also puts pressure on prices because we're not producing as much as are consuming and wages are going up in some sectors. While people in debt, like those holding home mortgages, feel additional price pressure, we all feel the pain of higher prices, especially those on low incomes. Unfortunately, the main macroeconomic tool we have to get inflation down is the interest rate hammer. It's blunt and it hurts.



100 years ago from the Moruya Examiner

06-11-1926

Mr. J. Moran, of River Street, recently purchased one of Mr. A. V. Colefax's special three valve receivers and is loud in his praise of the capabilities of this set. He receives all A Class stations and some B Class stations with wonderful clarity. He gets very good loud speaker reproduction in the day time, and although fierce static was raging on Cup day, he heard every detail from start to finish.

Spearfelt won the Melbourne Cup, Naos second and Patheon third.

On Saturday Messrs. J. and F. Davis saw an object floating some distance out to sea off Coila beach and there were many conjectures as to what it was. As it resembled an up turned lifeboat, some feared there had been a wreck. On Sunday the puzzle was solved when the carcass of a big humpback whale washed ashore. Mr. Fred Davis extracted a harpoon out of the neck of the animal, so it is evidently the whale which, after a chase extending over two days, with its calf, was driven into Eden by the "killers" on the previous Thursday, but made their escape the same night.

George Davidson, Eden's veteran harpooner, himself took charge of the chase, but at the most exciting moment the steering post of the whaleboat broke, and the attempt to harpoon the whale had to be abandoned. The next morning there was no sign of the whale and calf in the bay. This is what the whalers call a five-ton whale – that is, it would yield 5 tons of oil. It had a big calf with it when it escaped. The body is about 60 feet in length. The huge gills, which were found a number of yards further north on the beach, were objects of curiosity to those who had never been in close proximity to these aquatic mammals.

Car loads of people from Moruya and Bodalla have been out to view the object, but as the "pong" is daily ascending, the number of sightseers is decreasing. Hundreds of large sharks, many 16 feet in length, are to be seen cruising round the carcass. Two of our sturdy young boys – Frank Donnelly and Eddie Ison – having no mode of transport, set out on Tuesday and walked the distance, about 12 miles. Having viewed the object, they gamely faced the return 12 mile journey, but within a few miles of town the Rev. Sanders gave the plucky boys a lift in his car.

Amusu Theatre. Leon Errol and Dorothy Gish in Clothes Make the Pirate, 1926's biggest comedy. Also, Never the Twain Shall Meet, a big feature with an all-star cast. Dance after Pictures free.



Spearfelt and jockey Hugh Cairns image Australian Racing Museum



George Davidson and family c. 1910 from Ancestry

Recycling Reality Check: Don't throw in the towel

Got a wardrobe full of clothes you don't wear, towels that have seen better days or sheets gathering dust in the cupboard?

Before you send them to landfill, give them another shot.

As part of National Recycling Week, Council is holding its annual free clothing and textile drop-off from Monday 9 to Sunday 15 November. Residents can drop off unwanted clothing and textiles for free at any Council waste facility. Clothing, shoes, underwear, sheets, doona covers, pillowcases, towels, face cloths, tea towels and tablecloths are all accepted.

Pillows and doonas, mattress toppers, soft toys, electric blankets, furniture, fabric offcuts and items stained with paint or grease can't be accepted. And remember, clothes and textiles don't belong in your yellow recycling bin either.

Clothing and textiles will be sent to RRR recycling where they are sorted into grades and fully recycled into twine on a roll such as cotton, polyester, acrylics and wool.

Other materials such as nylons, rayons, elastics and mix blends make up a mix called shoddy which is then used in railway blankets, insulation, and flooring.

Missed the free drop-off? Don't throw in the towel.

There are plenty of other ways to give unwanted clothes and textiles a second life.

Donate items that are still in good condition to a local charity or not-for-profit, organise a clothes swap with family, friends or neighbours, sell them through local buy, swap and sell groups, or go old school with a garage sale.

For clothes and textiles that really have reached the end of the road, think about what else they could become. For example, old shirts and towels could make handy cleaning rags around the house.

If you have clean blankets or towels, local vets or animal shelters may be able to put them to good use.

Watch our latest Recycling Reality Check video to find out what you can do with unwanted clothes and textiles.

For more information about clothing and textile recycling, visit Council's website.





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Australia's first 100%
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Conservation Burial

To celebrate our first year, we have a special package available until end Dec 2026*.

Book a tour. Call Fiona today:

0402 892 759

or Email: fiona@walawaaniway.com

*$4,200 incl GST - Deposit by Dec - No rush to Pay!



Help divert textiles from landfill and clean out your wardrobe at the same time!

What we will accept

Items must be clean and dry.

- sheets and pillowcases
- doona covers
- towels
- face cloths
- tea towels
- tablecloths
- shoes
- underwear
- clothes

We won't accept

- wool and acrylic items
- waterproof mattress protectors
- plastic coated aprons and tablecloths
- pillows and doonas
- unwashed items
- furniture
- offcuts
- soft toys
- electric blankets

Collection information

Brou Waste Facility
311 George Bass Drive
Mon–Fri 7am–4.45pm
Sat–Sun 8am–3.45pm

Moruya and Surf Beach waste facilities
See Council's website for opening days and times.

What happens to collected textiles?

All materials collected will be sorted and processed by RRR Australia. Where possible items will be reused. Certain fabrics will be re-purposed into cleaning cloths, rugs and floor mats. Residual material will be re-spun into fibre.

eurobodalla shire council

RRR AUSTRALIA

www.esc.nsw.gov.au
council@esc.nsw.gov.au
4474 1000



Tuross Head News

MARK YOUR DIARIES:
CANCER AWARNESS FUNDRAISER FRIDAY 6TH NOVEMBER 5PM AT THE ONE TREE INN, Evans Rd. Tuross Head. Mayor Matthew Hatcher will be in attendance.
SERVICES N.S.W will have their mobile service in the car park of Club Tuross on 17th November. 9am – 12 noon Services we can help you with: Vehicle registration renewals (can be done up to 3 months in advance); Driver licence, photo card applications and renewals (renewals can be done up to 6 months in advance); Birth, death & marriage certificates; Driver knowledge tests; Applying for a Seniors Card.
MARKETS AT TUROSS HEAD NEXT SUNDAY 8TH NOVEMBER, the second Sunday of the month at Club Tuross.
SINGERS NEEDED for nursing home visits. ESTIA Dalmeny and IRT Moruya and Dalmeny will be bringing residents to Club Tuross on the 18th and 25th November for lunch and will be entertained by the singing group. If you'd like to join us, please come along on the previous Wednesdays at 1.30 – 3pm downstairs at Club Tuross to go over the songs to be sung. Everyone welcome- just a sing-a-long.
ANOTHER STORY: I was delighted to hear from Peter Atkinson recently who has sent me the following: Peter and Mary Atkinson Residency Tuross. We arrived from Queensland into Tuross late one afternoon in mid-December 1973 having never heard of Moruya or Tuross, let alone seen them. We could not believe what we were seeing as we drove down through the Narrows; the Giles family house and oyster leases were where the camping ground now sits, the sun was setting over the river and it was picture perfect. We were both Veterinary Surgeons who wanted to establish our own practice, and to be part of, and make a difference for, the community into which we hoped to become a part. We brought with us two horses, two dogs and one cat. The Moruya Veterinary Hospital, still operating very successfully, had its humble beginnings in our rented cottage in Nelson Parade opposite the camping area, with a bedroom serving as a consultation room and the kitchen table as our surgery table. Having come from Queensland we were used to big rains but nothing had prepared us for the floods of 1974 and 75. Newcomers to the area will be shocked when the next really big floods come – there have been smaller ones but nothing like those of the seventies. Some years later we bought a house in Salmon Street where we continued to build our practice, attending to large (farm animals and horses) and small animals of all descriptions and many birds. Integral to the early development of our practice were the lovely and well respected ladies of the Post Ofiice, Mrs Ruth Mount and Mrs Crook, wife of Ray Crook, the manager at Meringo Stud, owned by Mr. and Mrs. John Challen. Telephone service was via local exchanges and when they heard that we were Veterinary Surgeons, they asked if they could tell people we had arrived in the area. Yes Please! When we began to know people and the local club, much different from now, we would tell the ladies where we were and they would put calls through to us. It was our first mobile phone service! The lovely ladies in the Moruya exchange did the same and our practice grew rapidly. Other young couples in the area were Liz and Guy Brantingham, Pat and Jim Hyndes and the Swaddlings. Trevor Jones and his family arrived later I seem to remember. Our two boys were born in Moruya Hospital during the time we lived in Salmon Street. They will be forever Tuross/ Bergalia boys and very much enjoyed their younger years here. James, the elder, was recently promoted to Air Commodore in the RAAF having completed over 2000 hours as an F/A 18 Hornet pilot and Philip is a Super Yacht captain operating in Europe or the Americas, depending on where the owner or charter guests want to be. Mary and I love this area, it is our home, it is where we want to remain. We enjoyed our life in practice; we have made great friends who are so to this day and while still "Blow ins" we feel very much a part of this community.
Brendan Spencer shares these stories – as he remembers them:
MILL MISHAP: On the Princes Highway heading south from Tuross Head there is a turnoff to the right, 'Old Mill Road'. If you travel down this road for about 3km there is a turn into 'Italian Mine Road'. If you travel down Italian Mine Road for ¼ km there is a farm gate, a small valley.Drive around to the rim to the big shed.This was an old working timber mill; it closed down in about 1998. In about 1970 there was an accident when one of the workers caught his trouser leg in the chains used to pull the logs into the large saw blade. He could not release himself from the chain and the saw cut his leg off before others noticed he was caught. Quick action by his coworker saved him. They called an ambulance and he was taken to Moruya Hospital and survived the ordeal.
TUROSS LAKE FLOOD: In the early years the rivers in the area used to fill the valley of Bodalla and the Tuross Lake was extremely deep. If you walk into the Boatshed down by the lake behind where you order food, there is a mark about shoulder height. This marks the big flood and would put the level about 10 feet above the current river height. During one flood the volume of water coming down the river broke through the southern end of the sand at Potato Point end. This big flood may have been when the wooden bridge at the top of the lake going towards Bodalla was washed away. There are other flood markers on the wall of the Boatshed. The weather pattern was much stronger then than it is today (2026). Some said that the back of the Lake near the Highway if 40 feet deep. Coila Lake is sometimes opened by Council if it does not open naturally to stop it building up into the sewage treatment plant. It usually closes again naturally with surf movement.
Thank you, Peter, Mary and Brendan, for sharing these stories. If you have a story or would just like to have your name added to the Tuross Head Roll Call of Residents Past and Present, please let me know.
Pat Anderson Ph: 0497 315 534. Email: turossheadcaringgroup@gmail.com





A Beer with Bazz # 256

With John Longhurst

The numerous colourful fishing flies surrounding a tired Australian flag fronting Mick's soiled and worn terry towel fishing hat were a serious clue to the front bar chat.

"We really do need to act before it is too late. I am saying if we all throw in $5,000 each, we can get a decent second-hand fishing boat. Of course, we will need to form a club, and I suggest we call it the **Greater Eurobodalla Fishing Club - We Catch 'Em!** Since it is my idea, I nominate myself for President."

Timeless Tom took a sip of his schooner and licked his lips.

"It's a bit grandiose, Mick, but I guess if you are the front man ... it needs to be. Anyhow, what is the urgency? We have talked about a bushwalking club, a backgammon club, and I think it was Bazza's idea to give a book club a go, but we just end up having another schooner."

Mick tut-tutted as he removed the largest and most colourful fishing fly from his hat, placed it on the bar table, and gave it a twirl with his forefinger.

"I bought this fishing fly back in June 2022 when the Reserve Bank of Australia (RBA) cash rate was 0.35% ... it cost $30, and as you can see, it is a beautiful piece of craftsmanship. I call it my Responsible Fiscal Fly (RFF). Quite simply, I could afford to buy it since the government was not spending like a drunken sailor."

Tom rubbed his chin.

"Isn't there a paradox there, Mick? Metaphorically speaking, if everyone is buying flash fishing flies or RFFs as you call them ... well ... inflation takes off, and RBA Governor, Michelle Bullock, tightens the purse strings and raises the cash rate."

Mick took a decent sip as he unhooked a few more fishing flies and rolled them on the table.

"Don't be ridiculous, Tom. I bought this one in February 2023 when the cash rate was increased to 3.35%. It is not flash, but it's still functional, but look how cheap and rough they get as the RBA cash rate goes up ... June 2023 and it is 4.10%, last May at 4.35%, and now look at the one I bought this week ... at 4.85%."

Mick paused as he raised a finger amidst nods of agreement.

"I will tell you how it works, Tom. It is the equivalent of Michelle Bullock giving Jimmy Chalmers a morning tea shopping list for Melbourne Cup Day ... you know ... a packet of Iced VoVos, a few Jatz crackers with Kraft cheese, and some cans of Passiona because you know ... it is Cup Day after all."

Silence in the front bar as all eyes were focused on Mick.

"Well ... while Michelle is in the back room knocking up another spreadsheet, she hears a ruckus in the front room, pops her head around the door, and there is Albo, Jimmy, Penny, Katy, and half the caucus swilling Moët Champagne, scoffing lobsters, caviar, and whooping it up. You see, Jimmy Boy has not followed the shopping list at all and racked up more debt at the shops. Now ... she is pissed off big time, slips out the back, and jacks up the RBA cash rate."

Tom raised his schooner.

"You are all over this rate rise, Mick. I thought Michelle did it because she got Vauban in the Melbourne Cup sweep. Anyhow, what has all this got to do with forming the Greater Eurobodalla Fishing Club - We Catch 'Em!? It's a big spend ... $5000 each."

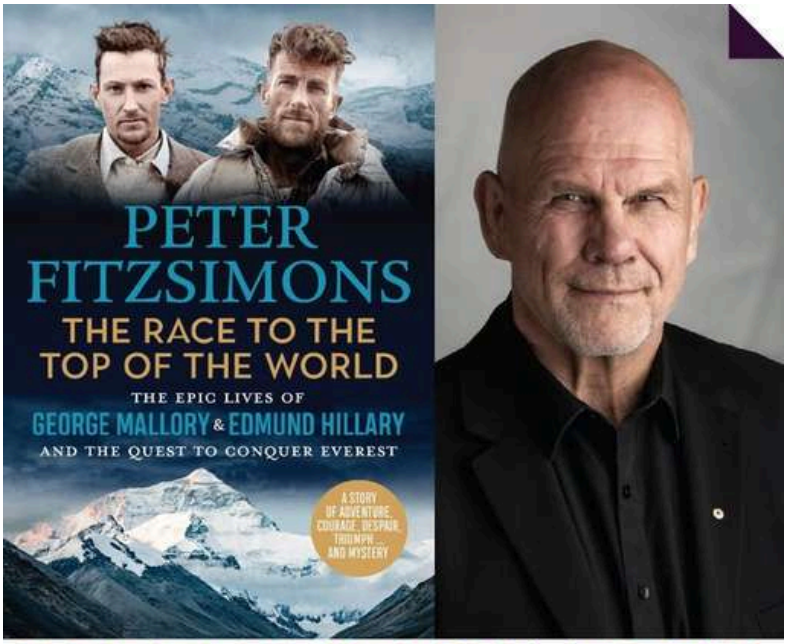
Mick shook his head.

"To save money, Tom. Imagine how much money we will save by catching our own fish. I reckon we can outsmart Michelle and Jimmy Boy!"

Have a beer with Bazza at john.longhurst59@gmail.com







PETER FITZSIMONS
AUTHOR TALK
5–7PM THURS 19 NOV
THE FARMER'S WIFE CAFÉ
59 VULCAN ST MORUYA



Go Get Healthy
with Sofia Keady

GO VITA

GET HIGH ON HEALTH WITH HEMP

There has been much talk of late about the health benefits of hemp seeds. To avoid any confusion, however, I must clarify: the hemp seeds I am writing about do not contain THC, the psychoactive compound found in marijuana. While marijuana and hemp both originate from the Cannabis sativa plant species, they belong to entirely different varieties selectively bred for distinct purposes. So, no- you are not going to get high from hemp seeds, but you certainly are going to get healthy!

Hemp seeds are considered one of the world's most nutritious seeds, packed with easily digestible proteins that rival animal sources. They are rich in essential fatty acids (Omega-3, Omega-6, and Gamma-Linolenic Acid (GLA)) while being virtually free of starches, saturated fats, and trans fats, and very low in carbohydrates.

Additionally, they provide Vitamin E, B-complex vitamins, trace plant-based Vitamin D3, essential minerals (calcium, magnesium, iron, and zinc), cholesterol-managing phytosterols, and a beneficial blend of soluble and insoluble dietary fibre.

Hemp protein is a comprehensive source featuring 20 amino acids, including all nine essential amino acids that our bodies cannot synthesise independently. Roughly 65% of hemp seed protein is composed of edestin, a globulin protein unique to hemp that is exceptionally easy for the human digestive system to process. The remaining fraction largely consists of albumin, another highly digestible globular protein. This unique protein structure makes hemp an ideal nutritional choice for individuals with sensitive digestion who struggle with other protein supplements.

Because our bodies cannot manufacture essential fatty acids (EFAs), we must obtain them through our diet. Nutritional science suggests an optimal Omega-6 to Omega-3 dietary ratio of roughly 3:1- a balance that hemp seeds naturally possess. Maintaining this balance helps regulate immune responses and reduce systemic inflammation, which is vital for managing conditions like arthritis. Additionally, hemp seeds are rich in arginine - an amino acid that promotes nitric oxide production to relax blood vessels, lower blood pressure, and reduce cardiovascular risks.

For a quick morning energy boost, toss a tablespoon of hemp seeds into your morning smoothie or muesli for a protein-rich start. For healthy cooking and skincare, cold-pressed hemp oil can be whisked into dressings, drizzled over warm grains, or used as a soothing natural moisturiser for dry skin. Additionally, hemp protein powder carries an earthy, nutty flavour that integrates easily into baking recipes and recovery shakes.

For more information about hemp, drop into Go Vita, Your Health Shop at 5 North Street, Batemans Bay. You can also call us on (02) 4472 9737 or visit us online at www.govitabatemansbay.com.au. Don't miss our weekly segment on 2EC radio, where Marianne and I chat about health and wellness with Kimmi Saker every Wednesday after 12.30pm.

Yours in health,
Sofia Keady
Nutritionist- Go Vita Batemans Bay



Let's do coffee with ... Christine Ewin

Back in the day, when binging meant overeating lots of musk sticks, Cobbers, Freckles, or Clinkers, and streaming was an odd word to describe swimming, many of us watched The Waltons. It was a Sunday evening ritual in the seventies: no rewinding, toilet breaks during advertisements, and the question 'What happens next?' meant a seven-day wait.
Elizabeth, the youngest of the Walton children, was inquisitive, independent, and particularly close to her mother.

Christine Ewin (CE), founder and managing director of Bateman's Bays My Agent Team, has a childhood story with some striking parallels to young Elizabeth. Her adult life, however, would make for an enthralling sequel to the television series.
The Moruya Mail (MM) caught up with Christine for a coffee last week.
MM: When they say a 'child of the seventies' ... well ... indeed, you are! Thanks for joining me, Christine ... take us back.
CE: (Smiles ...) I am almost misty-eyed with that introduction! Yes ... I was born in 1971 in Leeton, NSW. My Mum was a stay-at-home mum, and Dad installed weigh-bridges. Like the Waltons, there were seven of us, but in our family it was five boys and two girls, and ... yes ... I was the youngest. We lived on the fringe of Leeton's industrial area. I am proud to be working-class. Life was family, and I was very much my Mum's girl.

Truth be told ... I was a 'nerd' at school, an A-grade student, and loved English, particularly reading and writing. To this day, I keep a journal, but before you become too judgy, I was an avid tennis player.
I had a strict upbringing, and I did what I was told.

My parents moved to Tuross Head in 1986 to retire, and I began Year 11 at Moruya High School. I was not happy because I was now 500 kilometres from Leeton. I also had a long-distance boyfriend, who had moved to Muswellbrook.
MM: Let me guess. You totally rebel and become a 'punk' or even a 'goth', with lots of tatts and piercings and run off with the boyfriend. You explore alternative lifestyles for a few years before setting your laser focus on conquering the Eurobodalla real estate scene.
CE: (Laughs ...) Far from it! I did very well at school, but all I wanted to do was get married and have kids, and I am serious!
Dad put very strict conditions on my relationship with my boyfriend. He was to go away and get himself established and let me finish my Higher School Certificate (HSC). If he still loved me, he could marry me.

So ... he would ring me from a phone box in Muswellbrook every Sunday (STD rates were cheaper!) as well as write letters. He would travel the seven hours to see me one weekend per month.
At the end of my last HSC exam, he arrived with packed suitcases, picked me up from school, and we set off to Canberra the next day to begin our life. I was engaged at eighteen years of age, married at nineteen, and had two babies, Daniel and Guy, by the time I was 21 years old.
By 1990, we were back on the coast. He was working at the Catalina Club, and I was fulfilling the ambition I had written in my Year 12 yearbook: 'to be a housewife with children'. Honestly, I thought ironing, cooking, and parenting were my calling, and life resembled a scene out of the movie Pleasantville, except we were broke and doing it tough on one income.
In the mid-1990s, I was a dental nurse before securing a job selling advertising for the Bay Post and eventually moving into real estate in 2001.
It was crunch time. I was now 30 years of age, we did not own a home, and had $900 in our emergency bank account. I did the unthinkable and borrowed from my parents-in-law to set myself up in real estate, covering the essentials, including a car, clothes, and an investment in a course called 'Future Champions'.

The five-day course in Sydney was brutal. Of the 70 who enrolled, 23 completed it. They simply booted you if they thought you 'did not have it'. I made the cut.
I returned with a blueprint and soaked up the experience around me. My work ethic and resilience helped me win the International Best New Talent award for a major franchise. We took the kids to Disneyland, my husband quit his job, and I was on my way.

Before long, I was able to pay my parents-in-law back and put a deposit on our home. By 2008, I had started with the Raine & Horne franchise in Batemans Bay and was the number one NSW sales agent in the first year and in the top ten in Australia for the next ten years.

My beautiful parents championed me. They were my support and cheer squad, attending my auctions various Saturdays and counting my property listings in the paper.
Of course, life is a rollercoaster, and after a long fight, my Dad succumbed to prostate cancer in 2012. I was his advocate at the end of his life, and he entrusted the care of his wife of 60 years to me.
Mum's dementia progressed over the next couple of years. I looked after her until she left this world at 10:20 pm on 23 May 2015, with me lying beside her, holding her hand, and with candles and flowers surrounding us.
That very same night, with Mum unconscious and wild weather all the way up the Clyde Mountain, I received a phone call informing me that my son had been involved in a 'head-on' car accident on the Kings Highway. I was so torn between where to be ... with my mother or with my son. My husband rushed to Canberra.



When I arrived in Canberra the next morning, my son was undergoing his third emergency surgery for a broken hip and ankle, as well as pulmonary embolisms.
It was a crazy time in my life, and I was so sad inside. From the age of 16, I had taken on a caring role of sorts with my parents, and now a major purpose in my life was gone.
In hindsight, I ran from my grief and threw myself into work. I disconnected from my family and kept telling myself I would be OK ... once I finished the next auction, at the end of summer, after a holiday, or with any bloody distraction rather than facing my grief.
We went to Vietnam and Cambodia, and I got sick with pleurisy and coughed my way around Asia and flew home early on my own. I had three days in bed and just wanted to die.
I quit my job at Raine & Horne within a week. We bought a camper trailer!
I spent time on the road, travelling in Australia, Indonesia, and Thailand.
M: We started with the television series The Waltons, segued into Pleasantville, and now a heartfelt drama. I love a happy ending, Christine.

CE: (Smiles ...) Of course! Those pink hearts you see on the My Agent Team real estate signs around the Eurobodalla are a message to my parents. I used my small inheritance to establish the business in 2019, and now ... seven years later, we employ 15 women and are the number one real estate agency for sales in the Batemans Bay region.
In 2022, we won the REI National Award for Best Small Real Estate Agency in Australia. We have a strong community focus, including sponsorships and supporting women in sport. Our annual International Women's Day event is our flagship event and gets bigger each year.

MM: A great chat. Those last 7 years warrant another coffee chat. Thanks so much, Christine!

LET'S DO COFFEE WITH ...' is a column exploring the interesting personalities of the Eurobodalla Shire. Feel free to nominate a personality by emailing **John Longhurst at john.longhurst59@gmail.com**

Farmers call for simpler environmental laws, launch new compliance tool

NSW Farmers is calling for a stronger agreement between the state and federal governments to cut duplication and confusion over environmental laws, while launching a new tool to help farmers navigate their regulatory obligations.

The call came during an on-farm visit at Illabo in southern NSW today, where representatives from NSW Farmers, the National Environmental Protection Agency (EPA) and NSW Local Land Services (LLS) gathered to examine the practical challenges of complying with Commonwealth and NSW environmental laws.

Hosted by NSW Farmers Environment Protection and Biodiversity Conservation (EPBC) Taskforce Member, Murray Norman and family, the visit also provided an opportunity to launch FarmCheck, a new NSW Farmers members-only tool designed to help primary producers understand their obligations under the Commonwealth EPBC Act.

NSW Farmers has recently passed policy to encourage a bilateral agreement between the NSW and Australian governments that reduces regulatory duplication, recognises existing state assessments and provides farmers with a simpler, more coordinated pathway to compliance.

The Association also wants Local Land Services properly funded and resourced to provide practical, on-the-ground support for farmers.

NSW Farmers President, Rebecca Reardon, said the visit highlighted a fundamental problem facing landholders: complying with NSW land management rules does not automatically mean they have met their obligations under federal environmental laws.

“A farmer can follow NSW land management requirements and still be left wondering whether they're complying with Commonwealth environmental laws,” Ms Reardon said.

“Farmers need clear answers before they book contractors, invest money, clear vegetation, maintain infrastructure or undertake other essential land management activities.

“Farmers want to do the right thing, but governments need to make it possible for them to understand and meet their obligations without excessive costs, duplication or the risk of inadvertently breaking the law.

“The challenge isn't that farmers don't want to comply. It's that the two systems don't always provide a clear pathway for them to do so.”

FarmCheck launched to help members

NSW Farmers used the visit to launch and showcase FarmCheck, a practical new tool developed to help members navigate EPBC requirements.

Available exclusively to NSW Farmers members, FarmCheck guides users through identifying proposed activities, gathering property records, checking NSW requirements, reviewing Commonwealth mapping and protected species information, assessing potential impacts and documenting their decisions.

NSW Farmers EPBC Taskforce Chair, Richard Bootle, said FarmCheck was designed to help farmers better understand their responsibilities while identifying where further advice or assessment may be required.

“FarmCheck provides a practical starting point and helps farmers work through the questions they need to ask before undertaking work on their properties,” Mr Bootle said.

“But it cannot grant approvals or resolve every uncertainty, particularly where habitat assessments, significant-impact thresholds or existing state approvals are concerned.

“That's why we also need governments, regulators and industry working together to provide clearer guidance, better tools and greater certainty. However, we are very conscious of not reducing the existing exemptions that NSW farmers have fought hard to maintain in the past.

“We would also like to see agricultural research and development corporations work with regulators to develop further practical resources for primary producers.”

To access FarmCheck, click here



Emergency services playdates go further afield

Council’s children’s services team know kids learn best through play. So, after hearing about the impact of the fires, floods and COVID on Eurobodalla families, they turned this simple concept into something new – by bringing emergency services to the kids.

In 2023, Children’s Services teamed up with local State Emergency Services and other emergency and community services for a playdate. Children could climb through trucks, meet the people wearing the uniform and get comfortable with flashing lights and sirens. Parents talked face-to-face with emergency-response experts and how to prepare for disasters.

The response was huge. Since then, the team have brought the playdates back each year – they’ve become one of Eurobodalla’s most popular annual family activities.

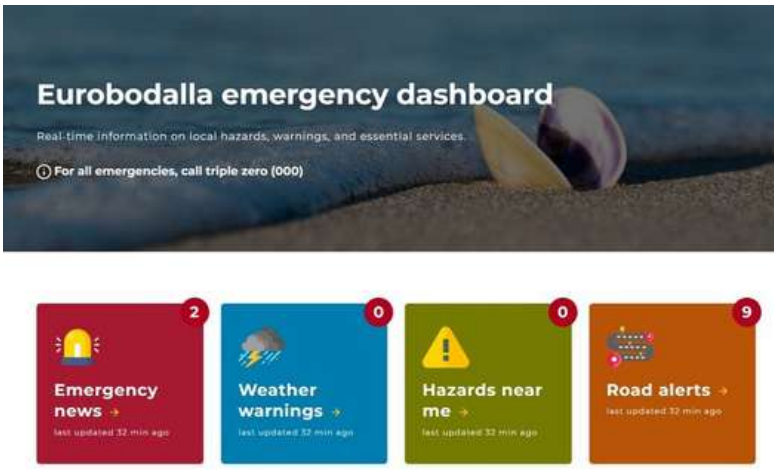
Council’s coordinator of children’s services Louise Hatton says the little idea, born her in Eurobodalla, didn’t stay little.

“Emergency services representatives from other shires came south to see how playdates worked in action. Now the concept has reached other communities recovering from emergencies, like the Lismore floods and the Bondi Beach tragedy,” Ms Hatton says.

“We’re thrilled to see something sparked here in Eurobodalla helping children well beyond our borders. Fair to say, the idea has gone off with a bang.”



Emergency dashboard – finding order in the chaos



ESC - Whether it be a road closure or power outage, storm, fire or flood – when things go wrong no one wants to be bamboozled by a dozen different websites and no idea where to start says Eurobodalla's local emergency management officer.

Angus Barnes says Council's new Emergency Dashboard puts local warnings, hazards, road alerts, useful resources and emergency contacts at one online location, helping residents and visitors find reliable information quickly.

"During an emergency, people need clear information from the agency responsible for managing the situation. This dashboard gathers those trusted sources in one place, with information focusing on Eurobodalla," Mr Barnes says.

Just as important says Mr Barnes is the wealth of practical information to help individuals and groups prepare for emergency, and access recovery support afterward.

"Save it to your favourites now so you'll know where to go if an emergency hits but also to use as a tool before and after. It's right there on the Council website homepage."

The dashboard includes emergency news and weather warnings, current hazards and road information, beach safety advice, emergency contacts and links to services including NSW Rural Fire Service, NSW State Emergency Service and Fire and Rescue NSW.

Mr Barnes says the dashboard does not replace any warnings or directions from lead agencies in times of emergency.

"Always follow the advice of emergency services and call Triple Zero for life-threatening situations. The dashboard is your reliable local starting point for everything else. Emergencies can be very stressful, but finding the right information shouldn't be," he says.

Delivering the Forestry Growth Fund

The **Federal Government** is continuing to back the future of Australia's forestry industry with the first grants through the $300 million Forestry Growth Fund opening later this week.

More than $14 million in grant funding will be available through Round 4 of the Support Plantation Establishment Program which will open on Thursday, 5 November 2026.

This funding will help establish long-rotation softwood and hardwood plantations and respond to projected demand for Australian-grown timber for housing, construction and manufacturing – supporting jobs and communities in rural and regional Australia.

This investment is supporting our Government's national priorities, including a Future Made in Australia and the $47 billion Homes for Australia plan.

The Support Plantation Establishment Program is one of five key initiatives through the Forestry Growth Fund which is supporting the delivery of the Timber Fibre Strategy.

Through previous rounds of the Support Plantation Establishment Program, over $72 million in funding is supporting the establishment of almost 40,000 hectares of hardwood and softwood plantations across Australia.

The $300 million Forestry Growth Fund includes $150 million in concessional finance to support the modernisation of processing across the industry, through the National Reconstruction Fund, and $150 million in industry growth grants to support training, wood products innovation and housing construction support.

Other grant funding initiatives through the Forestry Growth Fund include:

- Up to $30 million to encourage forestry industry innovation anticipated to open in December 2026,
- Up to $85 million to encourage forestry industry transformation anticipated to open in May 2027,
- Up to $15 million to build forestry workforce capability anticipated to open in August 2027, and
- $5 million to strengthen the integrity of forest product imports.

For more information visit here.

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A Day in the Life of a Local … Fitness Guru

A weekly column exploring the occupations in the Eurobodalla Shire by John Longhurst.



Fast Facts:
• **Name -** Nick Tiyce
•**Wake-up time:** 4.30 am
•**Do you sleep on an exercise bench?:** Ahhhh No!
•**Is there a weight list to join your gym?:** Let's just do the chat!

From labourer to Head of Fitness and Community Engagement at Aligned Leisure's Bay Pavilions* operations in Batemans Bay, at age 23, is a commendable power lift for Nick Tiyce.

It's a homemade protein shake with peanut butter, protein powder, and milk, a shower, calendar check, and a drive from Mogo to commence at the gym at 5.30 am.

A circuit of the gym first up to ensure weights are in place, benches are tidy and wiped. There is always time for friendly training advice when asked before administration work and checking of emails.

It's an early lunch at 11.00 am of pre-prepared meals follows and Nick sticks to a calorie count, which he currently runs to a surplus as he is building muscle.

Following lunch, time sheets and coordination of the gym's eight employees follow, as well as work on regularly held community events, marketing, and liaising with external partners.

Nick does conduct some personal training for gym members as part of his duties.

"I love the community culture here. People are friendly, and as you can see, the gym is kept in tip-top condition, and a large part of that is due to a membership that is respectful. Weights are put away, and benches are wiped with very little reminding. It is also great to have a staff that will go the extra length to ensure client satisfaction."

He finishes work at 2 pm.

Nick is taking his new career direction seriously. He is in the throes of finishing a Diploma in Nutrition with the Australian Institute of Personal Trainers (AIPT) and studies in the afternoon. He wants to study for more qualifications and soak up the experience of his current role.

He returns to the gym at 5.00 pm for his personal training regime of ninety minutes, and it is back to Mogo for a high-protein dinner and early to bed.

The training routine is broken up by leading a free members gym run on Wednesday mornings as well as his own runs during the week. In fact, he peeled off a half marathon last weekend.

Any tips for those reading this Moruya Mail on the couch?

"Come chat to us. We can sort a fitness routine around your condition and schedule. We do not overdo the mirrors here. In no time, the discipline will take over the motivation."

..... seven, eight, nine, ten … rest. Now repeat … one,

Thanks, Nick.

* https://baypavilions.com.au/gym/



‘Gathering’ at Bodalla



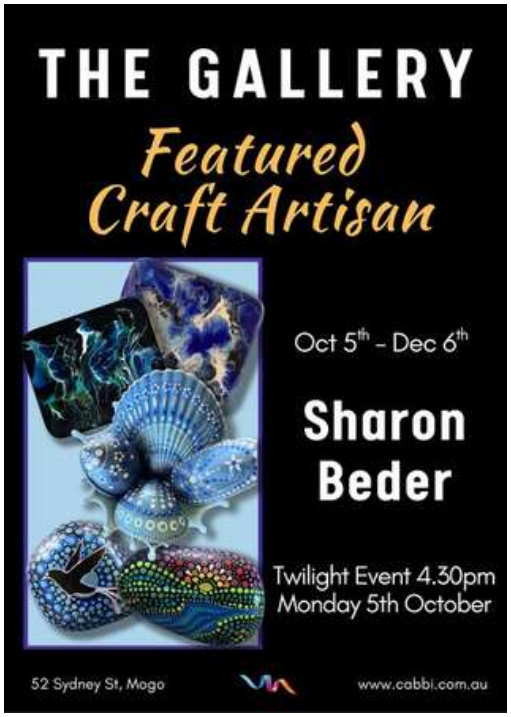
Gallery Bodalla ‘Gathering’ exhibition opening celebration on Saturday 31 October. It was a wonderful exhibition opening celebration at Gallery Bodalla on Saturday 31 October. People came from far and wide to see the exceptional art, hear the music and share the convivial atmosphere. ‘Gathering’ continues until 13/12/26 open Thursday to Sunday 11 to 4pm. Ph 0421 238 174
Pictured left to right
3 of the 6 Artists in ‘Gathering’ : Raewyn Lawrence | Karyn Thompson |Julie Mia Holmes | (one photo with gallery director Valerie Faber)



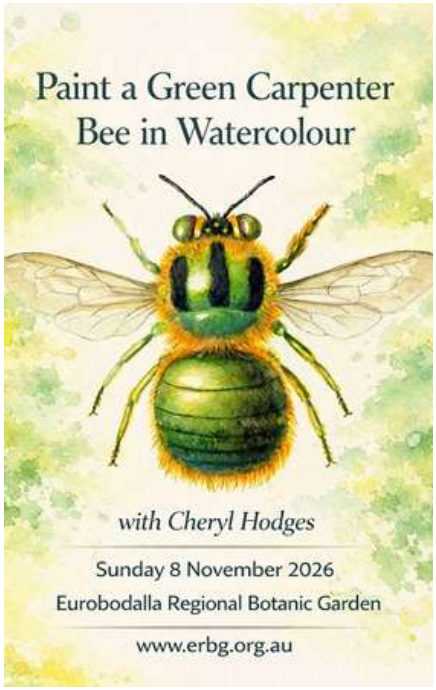


Central
Art Central Artists Exhibition
Sat 17 October to Sun 1 November 2026
Exhibition Opening: Fri 16 October, 5pm
Open hours: Mon - Sun 10am - 4pm
Mechanics Institute, 13 Page St Moruya 2537
www.artcentral.org.au
ARTS COUNCIL OF EUROBODALLA INC | artcentral | eurobodalla shire council







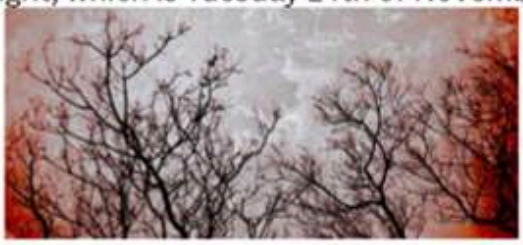




The October meeting for the Eurobodalla photographic club.

The competition this month was "*Creative*". This photography style goes beyond the straightforward traditional representation of a subject or scene.
A club member; Mick Newnham showed an excellent portfolio of portraits he had taken while working in India. If you would like to check the club out, please come to our next meeting night, which is Tuesday 24th of November at Tomakin hall, starting at 7pm.





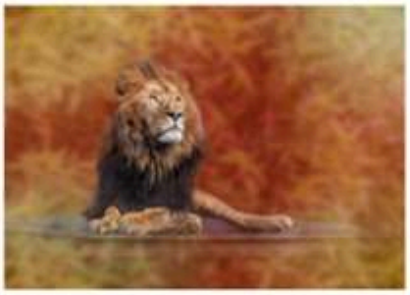
October Competition Results

Image of the night

Phil Morrison: *Bushfire Memory*







Colour: Gold
David Kemp: *Frozen*
Phil Morrison: *Bushfire Memory*
Ian Robinson: *Mogo Rockface*

Colour: Silver
Louise McDonald: *The Ocean and Me*
Ian Robinson: *Rock textures*
Debbie Osiecki: *A World Unseen*



Colour: Highly Commended
Gary Jones: *Staring Lion*
Ally Aitken: *Crimson Aviator*
Ally Aitken: *Where the Wild Meets the Waves*
Jeanette Robben: *Lemontage*
Louise McDonald: *The Other Side of Light*

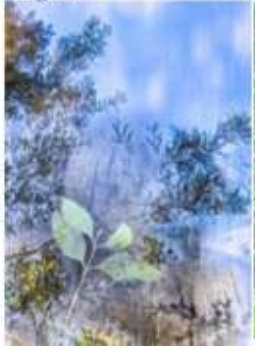




Mono: Gold
David Kemp: *Smoking*

Mono : Silver
Phil Morrison: *Flowers ICM*

Mono: Highly Commended
Joanna Love: *Leaf*





CONGRATULATIONS TO ALL WINNERS











'Be/Longing' - Inaugural exhibition at the Narooma Gallery

Saturday 7 November - Sunday 6 December 2026
To mark the opening of the Narooma Arts Centre, artists were invited to submit works responding to the theme of belonging.
The selected artists works range from deeply personal stories to broader observations of place, community and the world around us.
We invite all to visit and view this inaugural exhibition at the Narooma Gallery in the new Narooma Arts Centre. Open from 7 November until Sunday 6 December 2026.
Gallery hours: Wed - Sun 10am - 5pm



DON'T MISS OUT !

BOOKINGS CLOSING this weekend

Sat 7 Nov, 10-00am-3-30pm
Mechanics Institute, MORUYA

For more information and booking:

https://www.rahs.org.au/shop/tickets-moruya-regional-seminar/

Quantum Brewery

Saturday Live Music
4.30-7.30pm
and

Fun-time Events – *QB website for details*

30 Oct 6pm	Halloween Trivia Night
31 Oct	Laz n Caz
1 Nov 2pm	Quantum Cup Race
7 Nov	Tony Jaggers
13Nov 6pm	Stand Up Comedy Night
14 Nov	Molly Dookers
21 Nov	Richard Lawson
27 Nov 6pm	Trivia Night
28 Nov	Jakob Poyner
5 Dec	Giann Cafe
12 Dec	Tommy Steez
18 Dec 6pm	Xmas Trivia Night
19 Dec 12.30-3.30	Boogaloo Express *Funky Jazz*

OPEN: Fri & Sat 12 - 9pm : Thu & Sun 12 – 6pm
Check Quantum Brewery Moruya website-Events



CROCHET CHRISTMAS WREATH *Workshop*

28th NOV • 1PM • Malua Bay Comminuty Hall

All materials provided, including tea coffee and light refreshment.
Beginners welcome.

$100 pp

with SALLY STEVENS
Crochet Fibre Artist
@sallystevensartist



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MORUYA MAIL Eurobodalla Gig Guide

November

Sat 7 Nov Tony Jaggers Quantum Brewer 4.30-7.30
Sat 7 Nov Reflections Trio Waterfront Hotel 7.30pm
Sat 7 Nov Peter Shilling JJs at The Marina 6pm
Sat7 Nov Matt Scullion Nono's Garden Bodalla 12-3pm
Sat 7 Nov Short and Simple - Club Narooma (6.30pm)
Sat 7th Met Fa'oa Club Malua
Sat 7th Natalie Magee Broulee Brewhouse
Sun 8th Inez Broulee Brewhouse
Sun 8 Nov Reset at Moruya Waterfront 3-6pm
Sun 8 Nov Joe Driscoll - Club Narooma (3pm)
Fri 13 Nov Claude Hay & The Kungfu Mustard w Spindrift Saga Starfish
Sat 14 Nov Richard Lawson Club Malua
14 Nov Molly Dookers Quantum Brewer 4.30-7.30
14 Nov Sunset Sounds Tilba Valley Winery 12pm
15 Nov Kenny Rogers and Friends Tribute Show Bay Pavilions
Sat 14 Nov Dog House Rock Waterfront 8pm
14 Nov Good Vibes Artist Showcase Featuring Val Moogz with a full band and Felicity Dowd alongside amazing youth artists Exit Smiling, Ruby Holden, Hugo Hamilton and Gypsy Rigatos from the Sound Start program. Smokey Dans 5pm
Sun 15 Nov Kenny Rogers & Friends Bay Pavilions 2:00pm
21 Nov Richard Lawson Quantum Brewer 4.30-7.30
Sat 21 Nov Cam Harding Club Malua
Fri 27 Nov North of the Bridge Club Malua
Sat 28 Nov Mark Smith Club Malua
28 Nov Jakob Poyner Quantum Brewer 4.30-7.30
20-22 Nov Crank it Up Festival Batemans Bay
21 Nov Shawn Baxter JJs at The Marina 6pm
Sun 22 Nov Tony Jaggers Tilba Valley Winery 11am
Sat 28 Nov Giiyong Ganya Jigamy, Eden

December

5 Dec Solo West- JJs at The Marina 6pm
5 Dec Starfish Sessions - Jack Biilmann Starfish Deli 6.30pm
9 Dec NSW Seniors Regional Christmas Concerts 2026 - Batemans Bay 11-12.30pm
12 Dec Riff Bodalla Pub 2pm
19 Dec Met Fa'oa JJs at The Marina 6pm
Sat 19 Dec Tony Jaggers Quantum 4.30pm
31 Dec New Year's Eve Usual Suspects Moruya Waterfront
NYE 31 Dec The Spindrift Saga Club Malua 8:15-12:15am

For weekly listings email by 5pm Tuesday to hello@moruyamail.com.au

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SATURDAY 7 NOVEMBER
LOCK & SHAN
ACOUSTIC
1-4 PM
SUNDAY 15 NOVEMBER
ROB SIMPSON
3-6 PM
SUNDAY 29 NOVEMBER
DRIVING SIDEWAYS
3-6 PM


JOIN US FOR OUR
CHRISTMAS MEAL!
SUN NOVEMBER 29TH AT 12 NOON
RUSS MARTIN PARK MORUYA
NEAR THE ROTUNDA
STONE RIVER
CHURCH
South Coast Community Kitchen


CABBI
42nd
Art & Craft Exhibition
Starting December 30th 4pm
ClosingJanuary 16th 4pm
10 to 4 pm daily
Opening and Awards night 6pm 30th December
Batemans Bay High School Auditorium


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6-8 NOVEMBER 2026
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Red Door Community Lunche
Welcome
The Red Door Community Lunch opens each Tuesday from 12.00am to 1.30pm. The tasty, fresh prepared meals are cooked in the halls kitchen by a small dedicated team of volunteers who cook, serve and care for those who come along.
Lunches are held at St John's Anglican Church Page St Moruya


SAVE The Date
Youth Against Domestic violence
Colour Run 2026
28 NOVEMBER 2026
@ MORUYA RIVERSIDE PARK
SAVE THE DATE.
CELEBRATE HEALTHY RELATIONSHIPS
STAND AGAINST VIOLENCE.
EARLY BIRD TICKETS AVAILABLE NOW!
PART OF THE 16 DAYS OF ACTIVISM AGAINST GENDER-BASED VIOLENCE
Eurobodalla Domestic Violence Committee









Documentary and panel discussion: Groundswell - Moruya

Thursday 12 November 2026 6pm - 9pm
Where: Red Door Hall, 15 Page Street, Moruya Cost: Free
Come and watch Groundswell, an award-winning documentary about regenerative agriculture. It explores the global movement that restores farming and food systems to help fight climate change and protect nature. Woody Harrelson and Demi Moore narrate the film.
Regenerative agriculture is a way of farming. It rebuilds soil, stores carbon and brings back plants and wildlife.
The film travels across five continents. It meets farmers, scientists and Indigenous leaders who are changing how we care for the land.
After the film, Council's sustainability team will lead a discussion about its themes.
We'll provide light refreshments, including tea, coffee and biscuits.
This PG-rated film is suitable for school-aged children. Children aged 12 and under must attend with an adult.
Bookings are required
Places are limited, so book early:

- W: Book your place for the documentary and panel discussion
- One Billion Acres: The official impact campaign for Groundswell

Contact our sustainability team if you have any questions:

- T: 4474 1000 E: Sustainability team



Do you want a printed copy of the Moruya Mail?

- **Cains Law** at Shop 3/7 Mirrabooka Avenue, Moruya will have copies available and the $3.00 cost will be donated to Leanne's Pet Fund.
- You can pre-order one by ringing **EzyPrint** in the Moruya Industrial area and they will keep you a copy for $3. Phone 4474 2195
- The **Gundary Bakery** in Campbell Street will be stocking a few paper copies for sale at $3
- And now **Grounded Cafe** in Vulcan Street will also have a few paper copies for sale as well at $3
- At Tuross Head - **Club Tuross** will print copies of the Moruya Mail for $3 - drop by and let them know you are interested to get a regular copy.
- Please note the $3 is a print cost only.

You may find hard copies of the Moruya Mail for customers to read in cafes, pubs and hairdressers around town and in Batemans Bay.



2026 Diary Dates

- 22 Nov - **Tomakin Community Day 12–4pm**
- 28 Nov **- Youth Against Domestic Violence Colour Run** Riverside Park
- 5 Dec -30 Jan - **Basil Sellers Art Prize 2026**
- 6-20 Dec - **Congo Crafts 41st Exhibition.**
- 19th Dec - **Carols By Candlelight**
- 13 March 2027 - **NSW State Election**
- 7-9 May - 2027 **Narooma Oyster Festival**
- 18 June to 18 July 2027 - **Fungi Feastival**

Free Legal Advice

South Coast & Country Community Law provide in person legal appointments for clients.

When: Thursday 5th November 2026 10am to 1:30pm
Where: Moruya Medicare Mental Health Centre, Mirrabooka Avenue Moruya 2537 (Building address: 73 Vulcan Street, parking and entry at rear, off Mirrabooka Avenue).

When: Tuesday 10th November 2026 10:00am to 1:30pm
Where: Mackillop Family Services, 5/1 Clyde Street Batemans Bay

How: Appointments are required. Call us on 1800 229 529 to make an appointment

Narooma VIEW Club welcomes new members

Narooma VIEW Club meets on the fourth Friday of each month at Narooma Golf Club Seahorse Room at 11.30 for lunch & a guest speaker.

Moruya Community Workshed

New members are always welcome. We are located in the grounds of the Moruya High School operating two days per week.
For inquiries please contact Wayne on 0488 743 788.

Tuross Community Markets

held every 2nd and 4th Sunday of each month.



Flies to flowers seminar: Nature's unexpected pollinators - Batemans Bay

Saturday 7 November 2026 1pm - 3pm
Where: Eurobodalla Regional Botanic Garden, Banksia Room Cost: Free
Discover the secret life of flies and their crucial role in pollination. Flies play a surprisingly important role in pollination – and there's much more to them than meets the eye! Led by Dr Keith Bayless, passionate CSIRO fly expert, our special seminar will also include PhD candidate Brett O'Keeffe and local naturalist and photographer Phil Warburton.
Bookings essential Book now through Eventbrite.
More information For more information, please contact our visitor centre:
T: 4471 2544 E: Friends of the Garden

EXTRA TEENSAFE COURSE for teen L & P Drivers

Parents please note we are providing a Teensafe course on Saturday 28 November. Practical behind-the-wheel safe driver training 10am - 2pm at Moruya Speedway. Some students missed the October school holiday course so we are trying a Saturday. Cars and instructors provided. Fee $100 or $80 if you prefer to use your own car .
Please phone Sean at Bay Beginners on 0412240516 or email garys.home@bigpond.com Safe driving, Gary Smith for Teensafe

Moruya RSL Sub Branch. The notice for Remembrance Day

Moruya RSL Sub Branch is holding the Remembrance Day Service at 11a.m. at the Moruya War Memorial 11 Page St Moruya. The Community are invited to attend. The guest speaker is the Moruya RSL Treasurer, Gary R Donoghue LtCol (R).
Gary graduated from the Officer Cadet School Portsea in 1968 as a 2nd Lieutenant & was deployed to South Vietnam in 1970. He returned to Australia as Adjutant of the CMF10th Column. There followed overseas postings then he returned to attend Army Command & Staff College &Joint Services Staff College & commanded the Divisional Transport Regiment. He served for 26 years & then worked as a consultant on Army Material & Logistic Projects for 22 yrs.
Remembrance Day badges are being sold in various areas in Moruya for the community to buy.

Councillor Catch Ups

Got something on your mind? Catch up with your elected representatives and spill the tea.
Where: Seven Cafe - Lions Park, 31 Clyde Street, Batemans Bay
When: Wednesday 18 November 10.30am - 12pm

Can Assist Eurobodalla

Support country cancer patients and enjoy tax benefits while you do it. Set up a regular donation and help ensure those in rural NSW get the support they need, when they need it, to get to their cancer treatment. 100% tax deductible - No need to remember – it's automatic - Every dollar makes a real difference. Click the link to learn more and start giving today. https://canassist.org.au/ways-to-give/donate/

Moruya District Hospital Auxiliary

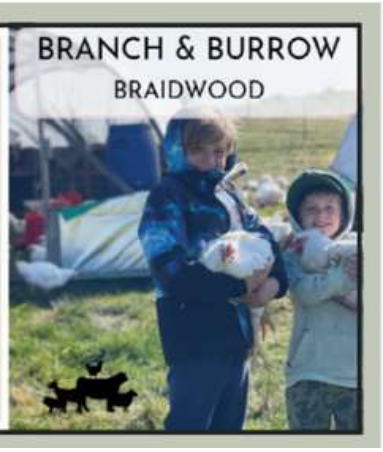
If you would like to join the Hospital Auxiliary and help raise funds for your local Hospital, you would be most welcome. Meetings are held at the Moruya Golf Club on the 1st Monday of every month at 2pm
To find out more email mdha@y7mail.com
or PO Box 469 Moruya 2537

mm
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TRAINING SAFER YOUNG DRIVERS

Teensafe is a safe-driver program for L and P plate drivers - a skill for life.
Practical behind-the-wheel courses are provided in school holidays at Moruya Speedway.
Cars and instructors provided. Fee $100.
Teensafe is a community group operating for over 25 years supported by IMB Bank and partnered with Bay Beginners.

For info and forms go to TeenSafe link at - baybeginnersdrivingschool.com.au
or phone Sean 0412446568

MORUYA DOG CLUB

Social school for dogs of all ages :)
First Saturday of the month, 9.30 - 11.00am
248 Meadows Rd, Mogendoura
$20 🐶 Free tea & coffee ☕ No need to book
Next one is November 7th

BAY POOL SERVICES

Phone: (02) 8529 8974

A new Pool and Brew shop has opened at 4/7 Cranbrook Road Batemans Bay (next to 3d shade sails). We are your exclusive dealers for Dolphin pool cleaners. Stockists of pool and spa chemicals and Coopers and Morgans HOME BREW supplies. We also service swimming pools from North Durras to Moruya from $65 a service plus chemicals.

Open 9 to 4 Monday to Friday and 9-12 on Saturdays

Address: Unit 4/7 Cranbrook Rd, Batemans Bay NSW 2536
baypoolservices@outlook.com

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ASK BIG HEAD

G'day mates! It's your big-headed buddy here, back to crack another canine conundrum. This week's mystery comes from a reader worrying over nervy neighbourhood strolls.

Q: Why does my lab lunge and bark at other dogs when she's on lead? She's actually fine off-lead but she goes skitzo at passing dogs whenever I have the lead on her.

An otherwise social dog that turns into a reactive rocket on-lead, can feel confusing, embarrassing, and even scary. It's as if being on that lead makes your dog want to ignore you!

But dog-to-dog reactivity isn't about disobedience - it's usually an automatic emotional overreaction driven by fear, insecurity, or frustration. The physical restriction of a lead inhibits a dog's ability to socialise comfortably, shrinks our personal space, and blocks access to our natural "flight" response. This can make a leashed dog feel like they only have "fight" left to protect the limited personal space around them.

Add in the intense frustration of being physically reined in when all we want is a normal, curved greeting, and that bottled-up energy can quickly boil over into loud barking and snapping teeth.

Say I'm a reactive dog; when I spot another dog on a lead walk my emotional brain takes over and floods me with adrenaline and cortisol, sending me straight into a survival state. I literally stop processing thoughts and lock into that tunnel vision mode that's so hard to snap me out of.

To turn things around, you humans need to help reactive dogs stay under their emotional threshold where they can still think straight. Desensitisation is key! By keeping the lead loose, keeping your cool, and stepping in early with clear calm corrections, you can start to show your dog that they don't have to take on the whole world themselves.

Of course there's more to healing reactivity than desensitisation, but it's time for my third afternoon nap - so I'll tell you more about that another time.

Got a curly one for Big Head? Drop me a line at bigheaddogtraining@gmail.com

Cobargo animal rescue service helping pets escape domestic violence



The NSW Government is shining a spotlight on the incredible work of the Animal Welfare League Far South Coast Branch, following a visit today by Minister for Local Government Ron Hoenig and Member for Bega Dr Michael Holland.

The Cobargo-based organisation was awarded $42,660 through Round 1 of the NSW Government's Companion Animal Welfare and Rehoming Grants Program, helping improve its facilities and support vulnerable cats and dogs across the region.

The funding will go towards provisions for five new kennels, including blankets, food bowls and cat litter, as well as expanding its subsidised desexing voucher program for pensioners and low-income families in the Bega region.

Branch President Robert Jory is a retired NSW Police Force officer who served for 18 years. Alongside his wife Cindy-Lea, Robert now dedicates his time to rescuing and caring for animals from unsafe environments, including pets belonging to victim-survivors of domestic and family violence.

The couple travel throughout the South Coast, sometimes as far as Nowra, to collect animals from dangerous situations and provide a safe place for them until their owners are back on their feet or the animals can be rehomed.

Operating with very few volunteers, the branch currently cares for 30 dogs and eight cats, and is currently at capacity.

Today's visit provided an opportunity for Minister Hoenig to see firsthand how the grant is supporting the organisation's work, ahead of the announcement of Round 2 recipients later this year.

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Southcoast Health and Sustainability Alliance
This project was funded under the Disaster Ready Fund - an Australian Government initiative.
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National Emergency Management Agency
Where's your nearest haven?
Scan the QR code to find out.
Phone Kathryn Maxwell 0467558645 for any enquires.



Yoga pose of the week
with Christina Carroll



Pendulum Pose - Dolasana
A great yoga pose to strengthen the thigh and back muscles. Renown for toning the spinal nerves and stimulating circulation. It gives the great benefits of an inversion too, turning everything upside-down helps to balance the circulatory, respiratory, digestive, reproductive, nervous and endocrine systems.
To practice - Stand with the feet more than shoulder width apart and the legs straight. Raise the arms and interlock the fingers of both hands behind the neck with the elbows pointing out to the sides. keep the feet firmly on the ground, turn to the right and bend forward. Bring the head as close as comfortable to the right knee. Swing the upper torso from the right to the left knee and back to the right knee three times. Return to the centre and stand upright. Repeat with the swing starting from the left knee.





Carers Accommodation Eurobodalla Regional Hospital Inc.

NEW CAR RAFFLE

TICKETS ONLY $10.00

FIRST PRIZE: Supplied by Coastal Auto Group:

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Hyundai Venue | MG ZS Hybrid | GWM Haval Jolion Lux

SECOND PRIZE: Mastercard to the value of $2,000
Donated by Moruya Golf Club

THIRD PRIZE: $1,000 Store Credit at Batemans Bay Betta
Donated by Batemans Bay Home Living

Monies raised will assist in funding the construction of accommodation for close relatives and primary carers of patients receiving treatment in the new hospital. The facility will be located on site at the new Eurobodalla Regional Hospital.

Tickets can be purchased at local markets or by contacting:
Secretary@caerh.org Telephone: 0412 699 535

Or any CAERH Member please refer to www.caerh.org for information

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Tackle World Moruya Fishing Report 30.10.26

Moruya River.
The fishing has been pretty good in the river this week. With plenty of people managing to catch a fish or two. Flathead have been the main stay of the local fish caught in Moruya this week. There have also been some bream, the occasional whiting and a few good sized tailor taken from the local wharves. The tailor have been in 50-60cm size, and have coming in with the rising tide. Keep an eye out for surface bust ups, as the tailor like to charge in and smash up bait schools. Small to medium sized metals, 15-30gms, or pilchards on gang hooks under a float are both good techniques, and can yield a lot fun and some good eating fish.
Try other areas for bream and flathead like the back of the whole in the wall, airport flats, quarry wharf and the town bridge.
Preddy's wharf is unavailable at present, as it is being upgraded, so best to leave the wharf area be. How long it's is off limits, is a good question. Hopefully not too long.
Tuross River.
Flathead continue to rule this gem of a water way this week, as usual, with plenty of good sized fish being taken throughout the system. From the potato point flats, up past four ways, all the up to Bumbo lake, the entire system has active fish at present. Soft plastics, hard body lures and baits are all very productive options, with the choice yours to suit your prefered methods.
There are still a few sneaky mulloway turning up in the usual spots, deeper holes and creek mouth confluences. Look at the tides, and aim for magic window of 45 minutes before and after the tide change. Remember the further upstream you go, the longer the tide take to reach those areas. Fish have been ranging from sub legal to 75-80cm with the odd 1m+ also in the mix. Good luck if this is something are are up to try. There is an old saying that once you start, give yourself 12 months of effort before your first legal fish. You could be that guy or girl, that snags a 1m fish on your first try!
Rock and Beach.
Salmon are still a very viable option, you will have to find where they are holding though. Fish swim...I can't say more than that. Find a high vantage point, headland, and look for dark patches of water moving along the coast. Or you can rig a bait, get comfy and wait.
Expect a few bream and whiting to be around now that the water temps are getting up.
Offshore.
The talk from down Merimbula way, and now Narooma, is a good concentration of YFT making its way up the coast, inside the shelf. Stick baits and poppers anglers rejoice.
Along with that all your usual reef species are on the chew in depths from 15-60m of water. With plenty of flathead between these zones over the sand.
The bait freezer was recently restocked, with Hawksbury prawns and 500gm squid packs the only noticeable no shows. Everything else is in good supply.
We have been steadily re-supplying the shop, and with this week's deliveries from Daiwa, EJ Todd, Nomad we have more items for you to look at, including a few new items. You will have to come in and find them yourself.
Stay safe everyone and remember, "Every day's a good day for fishing..."
Team Tackle World Moruya.

Expired Flare Collection NSW

BOATIES – TIME TO CHECK YOUR FLARES!
Do you have expired marine flares sitting in your boat or shed? Now is the perfect opportunity to dispose of them safely!
The Expired Marine Flares Collection Program is coming to the South Coast, giving our local boating community a safe and convenient way to dispose of out-of-date flares.
Check the locations and times below and take advantage of this important free collection service.
For more information, including collection details, visit:
https://www.nsw.gov.au/.../lifejackets.../flare-disposal...

- Apex Park Boat Ramp, Centenary Drive, Narooma 07/11/2026 07:30am – 9am
- Preddys Wharf, (Off South Head Road), Moruya 07/11/2026 10:00 – 11.30am
- Hanging Rock Boat Ramp, Hanging Rock Place, Batemans Bay 07/11/2026 1 – 3pm



SAGE Farmers Market
Tuesday 3pm Moruya
sagefarmersmarket.org.au growing the community

Tuross Head Golf



Captain Lars Gaupset with Winner Brad Doolan



Winner: Matthew Kennedy



Winners: Dorothy Madden, Samantha Dryden and Stacey Davidson

Tuross Head Golf Results
Thursday 29th October 2026

A field of 44 players competed in a Medley Stableford event today. There was fierce competition on the course and some excellent and close scores were achieved.

The Winners were:
1st: Brad Doolan (6) with 40 points (countback)
2nd: Maree Coffey (32) with 40 points
3rd: Chelsea Mayes (31) with 38 points (countback)
4th: David Schmid (19) with 38 points (countback)

Nearest to the Pins
4th: Colin Houghton 2.46 A Grade
4th: Teri Swanbury 5.00 B Grade
4th: Brad Reid 3.75 C Grade
6th: Michael Coloe 3.03 A Grade
6th: Bruce Martin 6.72 B Grade
6th: Peter Coffey 2.06 C Grade
7th: Brad Doolan 8.20 A Grade
7th: Dorothy Madden 1.87 B Grade

Balls went to: Chris Wratten 38, Ian Miller 38, Elsa Shearer 37, Ian Kingston 37, Mark Forrest 37, Ruth Gschwend 37, Kerrie Sands 36, Michael Coloe 35, John Harb 35 and Teri Swanbury 35.

Tuross Head Golf Results
Saturday 31st October 2026

A field of 58 players took to the course to compete in a Medley Stableford event. The competition was fierce and there were some brilliant scores.

The Winners were:
1st: Matthew Kennedy (14) with 42 points
2nd: Ian Miller (24) with 41 points
3rd: Scott Kildey (3) with 40 points
4th: John Phyland (17) with 39 points
5th: Brad Reid (33) with 38 points (countback)

Great Score: Scott Kildey Eagle Voucher

Nearest to the Pins
4th: William Steenbergen 1.61 A Grade
4th: Jim Wade 3.80 B Grade
4th: Bruce Martin 5.04 C Grade
6th: Scott Kildey 0.27 A Grade
7th: Ruth Gschwend 1.42 A Grade

Place Getters: Greg Booth 38, Bruce Martin 38, Paul Medwin 38, Troy Kingdom 37, Ruth Gschwend 37, Peter Coffey 37, Simon French 37, Fiona Craig 37, Brad Doolan 37, Michael Walsh 36, Kevin Reilly 36, Stephen Swanbury 36, Mark Schenk 36, Robert McDonell 36 and Chelsea Mayes 36.

Tuross Head Ladies Golf Results - Tuesday 3rd November 2026

A smaller field of 15 ladies on Melbourne Cup Day, competed in a Stableford event. The event was sponsored by Dianne Brown. It was a sunny, overcast and rainy day and some brilliant scores were achieved.

The Winners were:
A Grade:
1st: Dorothy Madden (22) with 40 points
2nd: Dianne Brown (30) with 34 points

B Grade:
1st: Samantha Dryden (36) with 39 points
2nd: Sandra D'Onofrio (32) with 28 points

C Grade:
1st: Stacey Davidson (45) with 36 points (countback)
2nd: Jane Eglitis (41) with 36 points

Nearest to the Pins: 2nd Shot

6th Leonie Snodgrass Distance 0.90
15th Leonie Snodgrass Distance 1.10



< Winner: Leonie Snodgrass

Tuross Head Vets Golf Results
Wednesday 4th November 2026

28 players competed in a Stableford 3 Club event today. It was a challenging game and some wonderful scores were achieved.

The Winners were:
1st: Leonie Snodgrass with 24 points
2nd: Tory Puglisi with 23 points
3rd: Stacey Davidson with 22 points (countback)

Balls or Chocolates:
Greg Bush 22, Graham Moore 22, Deidrie Geelan 21 and Jennifer Gray 21.

Nearest to the Pins:
4th: Chris Wratten (2nd Shot)
6th: Deidrie Geelan (1st Shot)
7th: Ladies: Leonie Snodgrass (2nd Shot)
Mens: Greg Bush (2nd Shot)

Accuracy: Jeanette Miller (5th hole)

Bradmans: Lisa Gray

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Tomakin Twist Tops Bowls

President Robbo welcomed 21 Twisties on Sunday morning, showers threatened but all teams finished their 20 Ends.
Cards were called for 5 Rinks of 3 bowl Pairs.
Laurie Masterson was back from Special Olympics proudly showing his winning medals.
Winners with Least Winning Ends on a countback, Drek and Matilda.
Runners-up, Lozza and Whizza.
Matilda selected Rink 5 to try for Jackpot of $393 her own rink and found the Joker so four happy Twisties with their winnings.
Lucky numbers, 29 Kate , 3 Ute.
High/Low scores 23/9 now $100. Not won but some close scores.
Winning teams, Ute and Rob 23/11, Trish the Dish and Foxy 21/9, Kate and Kaz 21/13, Road Runner and Chanty 18/15, Artie and Scottie 16/14.



Club Malua Stingrays Women's Bowls



There were only 17 Social bowlers on the Green on Tuesday as many of our ladies were out celebrating Melbourne Cup Day.
Before cards were called for 1Pairs and 2 Triples games we sang Happy Birthday to Gay Biggs for her 80th. We will celebrate again next week with a special morning tea.
Winners Rink 3, Di Wotherspoon Pat Bill and Gay Biggs. (Photo)



MORUYA BOWLING CLUB - HANDICAP PAIRS CLUB CHAMPIONSHIP 2027

Billy Miller and Wayne Thurlow have claimed the 2027 Handicap Pairs Club Championship title with a convincing 34–25 victory over Phil Versteeg and Pete Davies.
Billy and Wayne made their intentions clear early, but Phil and Pete had other ideas, fighting back to take the lead after eight ends.
That didn't last long! Billy and Wayne responded, found their rhythm and steadily built their advantage, keeping the pressure on throughout the remainder of the match.
After 24 ends, it was Billy and Wayne who came out on top, adding their names to the club's championship honours!



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Batemans Bay Sailing report October 30th

"It was a great day for sailing last Saturday when Batemans Bay Sailing Club held the first coastal race of the season. Geoff Perrem set a rounding mark off South Durras in preparation for the race. The keelboats raced from Batemans Bay to the South Durras mark and back while the trailerable yachts did a race around permanent BBSC marks on Batemans Bay. The forecast of strong winds, rain and possible thunderstorms may have warned off some of the more sensible yachties, but there were still five boats that went out.

Race officer Terry Paton and his trusty sidekicks Fred Tromp, Richard Dunne and Peter Withington set an excellent pin end favoured start line, although the pin was also just about on the port tack layline to the first mark of the course, the Marine Park middle mark. "Accolade" (Lachlan Brown) started at the pin and tacked onto port shortly afterwards having already overlaid the middle mark. Approaching the mark she was able to sail over the top of "Moonmist" (skippered on the day by Celia Davey), which had started on port tack. The boats headed out around North Head and up the coast to Wasp Island into a building 15 to 25 knot sea breeze. "Moonmist" was a bit overpowered under a full mainsail and #2 headsail while "Sail La Vie" (John Drummond) adopted a cruisey approach with a reefed mainsail and a well rolled up headsail.

After rounding the mark in Beagle Bay, the boats had a fast run home under spinnaker. Thunderstorms were approaching so John Drummond made the prudent decision to retire "Sail La Vie" from the race before things got gnarly. Approaching the finish line at Caseys Beach, "Accolade" and subsequently "Moonmist" were hit by a sudden 50 knot squall. "Accolade" was blown sideways towards the rocks adjacent the Caseys Beach cardinal mark. Her crew managed to tack away from the rocks during a lull but the keel caught a glancing impact on the way out in what will surely turn out to be an expensive afternoon for the skipper. The "Moonmist" crew rapidly pulled the headsail down when they were hit by the same gust. "Moonmist" escaped unscathed, finishing 19 minutes after "Accolade". Meanwhile the trailerable yachts "Paikea" (Paul Hutchinson) and "Red Dwarf" (Jack Egan) had an even race around the Bay. "Red Dwarf" was nominally the faster boat and therefore gave "Paikea" a 6 minute headstart. "Paikea" sailed well to hold the gap to "Red Dwarf". Paton shortened the course while conditions were still favourable.

In a sad afternote "Sail La Vie" crew member David Lamb had a fall when Drummond was bringing the boat back into her marina berth. He sustained some painful fractures and was later admitted to Moruya Hospital. The BBSC community wishes David a complication free and complete recovery."

Lachlan Brown *Photos:Terry Paton and Fred Tromp.*



Moonmist



Sail la Vie


Red Dwarf


Paikea

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