



Finalists Sofia Keady and Gary Smith congratulate a surprised Helen Westman when announced as Eurobodalla's 2026 Local Hero.

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Eurobodalla H5 bird flu Community information session

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Following recent H5 bird flu detections in the region, the Department Primary Industry and Regional Development (NSW DPIRD), in partnership with Eurobodalla Shire Council (ESC), will host a public information session in Moruya to provide the community with accurate, timely information about the disease, the response underway and how individuals can help reduce the risk of spread.

The session will bring together representatives from NSW DPIRD, NSW Health, National Parks and Wildlife Service (NPWS) and Local Land Services (LLS) to provide information, answer questions and address community concerns on H5 bird flu.

What is bird flu and how does it affect NSW?

Bird flu (avian influenza) is a viral disease that primarily affects birds. Some strains can also infect other animals, including mammals. Bird flu can affect wild birds, poultry and captive birds.

H5 bird flu (high pathogenicity H5N1 avian influenza) has now been detected in wild birds in NSW.

No detections are recorded in commercial poultry flocks, captive birds or livestock in NSW. The risk to human health remains low.

If you find sick or dead birds or wildlife including marine species:

- Avoid contact.
- Record what you see and the location.
- Report it immediately.

Report [online](#) or by calling the Emergency Animal Disease Hotline: 1800 675 888.

Eight additional H5 bird flu events in NSW

The NSW Government is responding to eight new events of H5 bird flu after samples were taken from Greater Crested Terns at Randwick, Cronulla, Port Botany, Milton, Berry, Kiama and Forster, and a Myna in Berry.

Surveillance is continuing across the state so any further cases can be detected early. These new events take NSW to a total of 40 H5 bird flu events. There are 542 reported across Australia.

A national surveillance plan is in operation to monitor for any further detections and facilitate rapid, coordinated response. Bird flu has not been detected in commercial poultry flocks or captive birds and the risk to human health remains low. These events are not unexpected, and the NSW Government is well prepared for H5 bird flu.

Most detections have been in various species of terns, and this is likely because they gather in large groups along the NSW coast, making it easier for bird flu to spread between the birds. The NSW Government is reminding people with backyard poultry and pet birds to:

- maintain clean housing for birds
- provide clean, chlorinated domestic water and keep birds away from natural water sources
- limit wild bird contact and place food and water inside shelters
- quarantine new birds.

Dog and cat owners should also undertake basic biosecurity measures such as:

- keepings dogs on a leash in wildlife areas where birds are found
- keeping cats indoors or in secure enclosures
- reducing contact between pets and wildlife
- washing your hands with soap and water before and after handling birds or other animals.

The NSW Government is continuing to receive many calls and online reports to the Emergency Animal Disease hotline and key stakeholders are being briefed regularly.

If a person sees sick or dead wild birds, domestic birds, marine mammals or other wildlife showing signs of H5 bird flu - AVOID contact, RECORD what you see, REPORT it via the [online reporting form](#) or Emergency Animal Disease Hotline - 1800 675 888.

For more information about H5 bird flu visit the NSW Government's dedicated webpage: [Bird Flu \(H5 avian influenza\)](#).

MORUYA MAIL

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- And now **Grounded Cafe** in Vulcan Street will also have a few paper copies for sale as well at \$3
- At Tuross Head - **Club Tuross** will print copies of the Moruya Mail for \$3 - drop by and let them know you are interested to get a regular copy.
- Please note the \$3 is a print cost only. You may find hard copies of the Moruya Mail for customers to read in cafes, pubs and hairdressers around town and in Batemans Bay.

Helen Westman named 2026 Local Hero at charity ball



Mayor Mat Hatcher with 2026 Local Hero Helen Westman and finalists Sofia Keady and Gary Smith.

Helen Westman is Eurobodalla's 2026 Local Hero, earning the honour at Saturday night's Mayor's Charity Ball at Bay Pavilions. Since 2018, Helen has sat beside learner drivers through nerves, night-time practice and the long path to getting a licence. Through Y drive, she has given almost 3,000 volunteer hours and helped more than 25 people gain the independence that comes with being able to drive. A former theatre and drug and alcohol nurse, Helen brings compassion, patience and practical care to everything she does. Her support has also reached young people in unsafe situations, newly arrived families and community members during the Black Summer bushfires.

Helen was humbled by the recognition and messaged her grandchildren the news straight away. Their excited reply was: "hard work pays off".

"I thank the Ydrive team so much. They're always supportive, and my time with the CWA has been wonderful," Helen said. Helen said she was proud of the young people she had supported over the years, especially those who built confidence through school programs and Ydrive.

"The high school programs were so grounding. It is wonderful to help young people get on the right track, see their schoolwork improve and watch them turn up to school more often. To continue that work through Ydrive, helping disadvantaged teens gain confidence and independence, has been very rewarding."

Eurobodalla Mayor Mathew Hatcher said Helen's award was a fitting recognition of years of quiet service.

"Helen gives her time in a quiet, practical way, and the impact of that support is huge," Mayor Hatcher said.



Helen Westman Photos ESC

"Seeing her recognised alongside our other finalists, Gary Smith and Sofia Keady, was a reminder of how many people are working behind the scenes to make Eurobodalla a better place.

"Helen, you've made a real difference to people's lives, often at times when they needed support the most. On behalf of Eurobodalla, thank you."

The night rolled into a loud and exciting auction where wallets opened to support three charities - Art Central Moruya, Deadly Runners and Talk2MeBro. Then the dance floor lit up as guests swapped bidding for dancing.

"What a night! The generosity in the room was amazing. From ticket sales to the live and silent auctions, every contribution helped support these organisations doing such important work in our community," Mayor Hatcher said.

"Thank you to everyone who bought a ticket, placed a bid, donated an item or helped bring the night together. It shows what can happen when the community gets behind a good cause."



Heffernan family celebrate 175 years in Moruya



Gwen Stansfield and Colleen Colman



Fr Joshua Scott Blesses the granite plaque.



Soprano Kimberley Colman performing.

The Heffernan family and descendants celebrated two events over the weekend of 12/13th September, 2026. Heffernan's settled in Moruya 175 years ago.

The events comprised a book launch and the unveiling of a plaque at Moruya.

A Heffernan Family History book was launched by the authors Colleen and Gwen, both former Heffernans of Moruya.

The book traces the history of the Heffernan farming families who arrived in Moruya in 1851. Two brothers, Edmund and Patrick, established dairy farming enterprises on either side of the Moruya River and at Mogendoura to the north west of Moruya.

Dairying was carried on by successive generations of the family over four generations at Yarragee and five generations at Mullenderree, for approximately 160 years.

Some of the farms on the north side of the river are still owned by the Heffernan family members today and they now run beef cattle. Farmers on the south side of the river included three Directors of the former Moruya Cooperative Dairy Company, which was in operation from 1892 to 1970.

The family were very involved in the early life of Moruya, helping to establish the town, community organisations and the Catholic Church and schools. Roger Heffernan of Mogendoura was also an early Justice of the Peace, from 1900. His cousin, Roger Heffernan of Yarragee, was one of the first Alderman elected to the Municipal Council.

At Mogendoura, which is 14km north west of Moruya, Roger and Margaret Heffernan provided land for a public school and they also established the Mogendoura Cheese Factory. Both of these operated from the 1880s until 1930, before road transport was improved.

During the weekend of recent celebrations, many descendants of the Heffernan farming families did a guided trip out to Mogendoura and back through Mullenderree, hearing stories of the history of the farms from Gwen and Colleen, both former Heffernans of the area. They were also generously hosted at Glenellen farm by Cathie and Tim Cahill who have renovated this historic home which was built in the 1890s by Edmund and Ellen Heffernan.

Many of the Heffernan women pursued nursing careers and two of them, Maggie and Katie, ran their own Maternity Home in the town in the early 20th century and were very highly regarded. In the early 1930s Mary Heffernan of Glenellen at Mogendoura was Matron at the old Moruya Hospital. Other Heffernan women numbered up to half of the nursing staff at Moruya Hospital in the post war era, up to the early 1950s. The book also celebrates the musical tradition in the family, with a special emphasis on the classical singers who won overseas acclaim. This includes Eva Mylott-Gibson, whose mother was Mary Heffernan, a pioneer daughter of Edmund and Honora of Mogendoura, and her cousin, Marie Narelle.

Kimberley Colman, a contemporary classical singer in Australia and overseas, and 6th generation descendant of Edmund and Honora, delivered an impressive singing tribute to these early singers, with a performance in the acoustically wonderful Sacred Heart Church.

Heffernan family celebrate 175 years in Moruya



>> There are still many Heffernans and descendants living in the Moruya and Eurobodalla area today, 175 years after the family's arrival in the district.

The other event was the unveiling and blessing of a granite plaque in the grounds of the Sacred Heart Catholic Church at Moruya.

This commemorates the pioneers Patrick and Ellen and Edmund and Honora who were the first Heffernan settlers in Moruya. Their contribution to the building of the church, schools and town of Moruya are recognised on the granite monument from the local Beashel Quarry. The monument was blessed by Rev Fr Joshua Scott, the Parish Priest of Moruya.

The weekend's events were attended by many descendants from various locations including the far south coast, the Riverina area, southern highlands, Wollongong, Canberra, Sydney, Melbourne and Perth. To round off the weekend, a luncheon was held at the Quantum Brewery and cafe which is in the premises of the former Moruya Cooperative Cheese factory.

Owner, Suzanne Melotte, did a wonderful job of making everyone feel welcome at the historic venue.



Andrew Colman with the books available



Stephen Beashel with the Heffernan monument

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RFS members across Far South Coast celebrated for dedicated service

The dedication and generosity of more than 50 NSW Rural Fire Service (RFS) volunteers will be recognised across two ceremonies on the state's far south coast this weekend, with the presentation of awards and medals.

RFS Acting Assistant Commissioner Josh Atkins will present four National Medals and 12 Long Service Medals during a ceremony in Batemans Bay on Saturday.

Assistant Commissioner Atkins will then be joined by Member for Bega Dr Michael Holland in Cobargo to present a further 17 National Medals and 19 Long Service Medals on Sunday.

"Many of these volunteers have dedicated a significant portion of their life to protecting others, including Robert Thatcher, who is being recognised for an incredible 68 years of service," Assistant Commissioner Atkins said.

"Since joining Jellat Brigade in 1958, Les has served in numerous roles including President, Deputy Captain and Captain, a position he held with distinction for 10 years.

"Now aged 91, Robbie's dedication to his brigade and community remains as strong as ever, continuing to attend meetings, support operational readiness, and play an active role in community activities.

"His remarkable record of service, leadership and commitment over nearly seven decades exemplifies the finest traditions of volunteer service."

Wyndham/Rocky Hall Brigade's Anthony Whitby and Broulee Brigade's Ian Hill will also be recognised for more than 50 years of service, with Anthony to receive the Long Service Medal 4th Clasp for 51 years and Ian the Long Service Medal 5th Clasp for 67 years.

Dr Holland said the volunteers being recognised had made an extraordinary contribution to the safety and resilience of communities across the Far South Coast.

"These volunteers have stood beside their communities through bush fires, storms and emergencies for decades, giving their time without expecting anything in return," Dr Holland said.

"It is a privilege to recognise their extraordinary commitment and to thank them, and their families, for the lasting contribution they have made to the Far South Coast."

Gilmore groups to share in \$66,000 Federal Volunteer Grants



Federal Member for Gilmore Fiona Phillips at Repurposing for Resilience Eurobodalla which has received a \$4,000 Volunteer Grant.

Twenty five community organisations across Gilmore will benefit from the Australian Government's \$9.85 million 2025-26 Volunteer Grants round, helping support the volunteers who strengthen local communities every day.

Federal Member for Gilmore Fiona Phillips said she was pleased to support the local groups with grants of between \$1,000 and \$5,000 to support their volunteers.

"These grants can really help our local sporting, cultural and community groups to deliver training for volunteers, cover transport costs and improve accessibility," she said.

"Grants can be used for practical expenses such as IT and communication equipment, screening checks and insurance, which are crucial, but can quickly add up for groups that have a limited budget.

"Across the Gilmore electorate, 25 organisations will share in \$66,665 to help out volunteers who give their time and expertise to assist others and make out communities stronger.

"Whether that's coaching a kids' netball team, helping seniors use technology or entertaining us on the stage, volunteers really are the beating heart of our communities."

Seven Eurobodalla organisations will share in more than \$17,000 to ensure volunteers can continue their important work in the community. Repurposing for Resilience Eurobodalla, located at the Moruya Waste Transfer Station, will receive \$4,000 to help with insurance costs.

The Eurobodalla Chamber Orchestra will receive \$3,150 to purchase a laptop and printer to store and print their music scores, and also to help with insurance costs.

The Arts Council of Eurobodalla will benefit from \$1,500 to install high-speed internet connection and EuRocApella will receive \$1,610 for audio-visual equipment and website software. U3A Batemans Bay will also receive \$3,956 to set up a new membership management system.

In sport, the Euro Coast Triathlon Club will receive \$1,896 to support volunteer coaches to sustain the Women's Community Triathlon programs, and the Moruya Tuross Netball Club will update its aging equipment thanks to a \$1,000 federal boost.

FIONA PHILLIPS MP
FEDERAL MEMBER FOR GILMORE
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\$150m Southern Eurobodalla Dam strengthens Eurobodalla's Water Security



ESC Director of Infrastructure Graham Attenborough and NSW Minister for Water, Rose Jackson

A landmark investment in Eurobodalla's water future has been delivered, with the completion of the Southern Storage Facility dam strengthening drought resilience and improving water security for the region for decades to come.

Jointly funded by the Albanese Government, through the National Water Grid Fund, the New South Wales Government and Eurobodalla Shire Council, the \$150 million project includes the new Tuross River pump station and a new 3,000 megalitre (ML) storage dam located near Bodalla.

During periods of high river flows, water is pumped from the Tuross River and stored in the new dam for use when supplies are under pressure. The water will support the region's existing supply system for consumption and productive use and will deliver an additional 581 ML of water downstream for irrigation and stock watering each year. The dam is now being filled and is expected to reach capacity by mid-2027, subject to river conditions.

Measuring 38 metres deep and 370 metres long, the facility incorporates flood management infrastructure and advanced water quality monitoring technology.

Once full, the storage facility will provide a vital backup water source during drought and periods of high demand, helping keep water flowing to homes, businesses and farms across the Eurobodalla Shire.

Key benefits include:

- enhanced water security across the Eurobodalla Shire, reducing the likelihood of water restrictions
- greater resilience during droughts and periods of high demand
- sustainably managed water supplies through selective pumping during high river flows, in accordance with the Tuross River Water Sharing Plan.

NSW Minister for Water, Rose Jackson said "This is a huge moment for Eurobodalla and a major milestone for one of the largest regional water security projects in NSW. I'm so pleased to see us delivering this infrastructure.

"At the end of the day, this project is about making sure families, businesses and farmers have access to reliable water when they need it most.

"It is a significant investment in the region's future and a clear example of how we're setting up communities for success in the face of a changing climate."

Federal Minister for Regional Development, Local Government and Territories, and Member for Eden-Monaro, Kristy McBain said "The Albanese Government is helping secure the future of the Eurobodalla region through this investment in water security for the region.

"I campaigned for the project as Member for Eden-Monaro and prior to that as Deputy Chair of the Canberra Region Joint Organisation. The new dam will provide better water security for our region for many decades to come, particularly in times of drought and bushfires."

NSW Member for Bega Dr Michael Holland said "This is a significant milestone for the Eurobodalla and a major investment in the future of our region. For farmers, businesses and industries, water security means greater certainty and greater control in the face of an element we can't control — the weather.

"By storing water when it is available, this project will provide greater resilience through drought and periods of high demand, helping give our local economy the confidence to plan, invest and grow."



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'Enough is Enough' - Moruya CWA Forum Charts a New Course for Rural Health

By Dr Arn Sprogis

The CWA of NSW's "Enough is Enough" campaign made its mark in Moruya on 11 September, as local residents gathered for a health forum aimed at reimagining what rural healthcare could look like, rather than simply patching the system we already have. "My first reaction to CWA of NSW's 2026 Awareness Week campaign was one of deep gratitude, followed by hope, as a path opened to a fairer, more accessible rural health system," said Dr Sprogis, who supported the forum drawing on decades of experience in community-led health reform.

A Campaign Born of Frustration

The CWA's message has been blunt: people in regional, rural and remote NSW have been expected to settle for less healthcare for too long, and it's time to stop normalising the crisis and start fixing it. The organisation's Rural Health Action Plan calls for:

- Access to a local GP and flexible, team-based primary healthcare
- Maternity services so women can give birth closer to home
- A permanent rural health workforce
- A greater local voice in decisions about health services
- An independent Rural Health Commissioner
- Better integration between hospitals, general practice, councils and community health services

Building Reform From the Ground Up

The Moruya forum set out to translate that campaign into a local reform process. As Dr Sprogis put it, continuing the same policies will only produce the same outcomes; meaningful change requires reform at every level of government, and a genuine "fair go" for communities like ours. That kind of reform tends to meet resistance from within the existing health system, he noted, and even more so when communities themselves take the lead. The forum's approach was to build on existing local services and support providers in ways that work for them, rather than importing a one-size-fits-all model designed for the city. Participants worked from a simple guiding principle: the right care, at the right time, from the right person, in the right place, and of the right quality.

Local Voices, Local Priorities

Rather than have concerns handed down to them, participants were asked to imagine the local health system was genuinely in their hands, listing concerns and priorities in their own words, then ranking what mattered most over the next one to two years.

During the session, Bega MP Dr Michael Holland joined briefly and spoke about the state government's recent record on health. The visit gave participants a chance to weigh two very different approaches side by side: steady, incremental progress within the current system, against the CWA campaign's call for community-led, ground-up reform.

The Cost of the Gap

Discussion centred on the healthcare funding disparity between city and rural areas like the Eurobodalla, a gap of roughly \$5,000 per person per year in 2024, or around \$200 million annually for the region. That shortfall is the equivalent of some 400 missing health workers and their families.

In one of the forum's more striking exercises, participants were asked how they would spend that missing \$200 million if it were theirs to allocate. The task proved both challenging and energising.

Top Priority: A GP Guarantee

The clear top priority to emerge was a "GP Guarantee": multidisciplinary teams based in every GP practice, ensuring patients can access urgent care within one day and routine care within two, seeing whichever primary care professional best suits their needs.

Participants were emphatic that rural communities have their own advantage: strong local relationships that, properly resourced, could make country healthcare more efficient and effective than city services not less.



Other priorities identified included:

- Transport to and from health services
- Telehealth access
- Appropriate care for young people with disabilities and people experiencing mental illness
- A stronger local health workforce, including adequate nursing numbers in hospitals, a baseline level of local specialist services, and local access to radiotherapy, a priority all levels of government were urged to support

A Local Voice in Local Decisions

Participants also backed the idea of a local governance body to give the community genuine input into health planning and decision-making, including exploring a stronger role for council - potentially in partnership with the community - as a coordinating body for local health services.

Where to From Here

By the end of the session, participants were tired but energised, having played an active role in shaping their own health future rather than simply reacting to it.

"The CWA, to its great credit, has given our community hope that a better health system is possible," Dr Sprogis said. "We look forward to councils response and the next step."

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New MRI machine and CT scanner delivered to Eurobodalla Regional Hospital but no local radiotherapy

Communities across the Eurobodalla region are a step closer to expanded medical imaging services, with the delivery of the region's first public MRI machine and new CT scanner, as part of the Minns Labor Government's \$330 million Eurobodalla Regional Hospital.

The announcement came just hours before the Moruya CWA forum on rural health funding inequity. "Enough is enough" says the CWA and "demands action on rural health crisis Regional communities deserve the same healthcare as every other Australian. The Country Women's Association of NSW is calling time on the rural health crisis, saying regional communities can no longer be expected to accept poorer access to healthcare."

Local pressure for the inclusion of radiotherapy services at the hospital have not been successful so far.

At the forum today Dr Arn Sprogis explained the inequity in how residents in the Eurobodalla receive \$5000 less funding per person than in the cities.

Dr Michael Holland also attended the forum and added that the new Eurobodalla Hospital was completely funded by the State, while the South East Regional Hospital in Bega had received Federal funding.

However, the new hospital will deliver a range of high-quality healthcare services for communities from Narooma to Batemans Bay, significantly improving access to essential care.

The medical imaging equipment, which also includes an ultrasound and fluoroscopy, was installed on the ground floor of the new hospital close to the Emergency Department, enabling patients with timely access to diagnosis services.

The new equipment will help deliver advanced diagnostics services for a wider range of patients, including those requiring cardiac imaging, stroke diagnosis, and interventional procedures, reducing the need for patients to travel outside the region.

The new MRI and CT services are expected to commence in 2027 following completion of the hospital.

Construction of the hospital is continuing with an internal fit-out and external landscaping works underway. The new roundabout on the Princes Highway is complete, which will support future access for the community and staff when the new hospital opens.

The new Eurobodalla Regional Hospital includes:

- A larger Emergency Department
- An eight-bed Intensive Care/Close Observation Unit — the region's first Intensive Care Unit
- Surgical and operating theatres, including a day-stay surgical unit
- Expanded chemotherapy and renal dialysis services
- An expanded medical imaging department, including MRI
- Ambulatory care and outpatient services
- Paediatric and maternity services, including a special care nursery
- Mental health beds for short-term care
- Education and training facilities, including a simulation laboratory

The Minns Labor Government is investing \$11.9 billion to deliver more beds and expanded services across 32 new or upgraded health facilities in NSW as part of the 2026-27 budget. This includes nearly \$3 billion over four years for hospitals across regional NSW.

Minister for Health Ryan Park said "These advanced imaging services will play a critical role in supporting timely diagnosis and treatment, ensuring people across the region can access an expanded range of medical imaging services, closer to home.

"The delivery of the MRI machine and CT scanner at the new Eurobodalla Regional Hospital marks another major step toward delivering a modern facility to help meet the healthcare needs of this growing community.

"The Minns Labor Government is committed to strengthening our health system to deliver tangible improvements to healthcare for communities across the state."

Member for Bega Dr Michael Holland said "This is a significant milestone for the Eurobodalla community. For the first time, people across our region will have access to a public MRI service, right here in their own hospital.

"Having this advanced imaging capability alongside a new CT scanner, ultrasound and fluoroscopy means clinicians will have better tools to diagnose and treat patients sooner, while reducing the need for people to travel long distances for specialist imaging.

"Improving health services and making sure people in regional communities can access the care they need close to home is one of the reasons I went into politics, so I must admit, it is rewarding to see this investment becoming a reality.

"Importantly, this is about more than bricks and mortar. It is about building a hospital with the clinical services, technology and capacity our community needs today and will need into the future.

"Seeing this equipment arrive on site makes the new Eurobodalla Regional Hospital feel very real. We are getting closer to opening a hospital that will deliver better healthcare and better access to care for people from Narooma to north of Batemans Bay."

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Tuross Head News

Apparently, our town has a lot of musical talents. Eva Mylott (1875) was mentioned recently and today I heard of a band that was good called 'ONE TREE HOWLERS'. Does anyone have anymore information about this group? I vaguely recall there was a dance called 'THE TUROSS STOMP' and it was well attended. I think these were in the late 1970's early 1980's. What other talent do we have?

FAREWEL: We farewell two families who have helped to make our town as it is. Sandy and Sven Olsen are moving to Canberra. Both were volunteers in the caring group and we thank them for their generosity and caring to others. Also, Anne and Ken Parker. Anne is a member of the caring group and was involved with the Computer Club and Ken is a member of the Men's Shed. We thank them and wish them every happiness in their new homes.

A big SHOUT OUT to the Men's Shed who recently helped a resident when the caring group was unable to do so. Thank you all.

The Tuross Head Progress Association recently held its Annual General Meeting and the follow were elected office bearers.

President: Cathy Milliken; Vice President: Max Castle; Jnr. Vice President: Peter Williamson; Treasurer: Jen Irvine; Secretary: Lynda Schmedding; Minutes Secretary: Gary Smith Publicity Officer: Peter Williamson.

New members are warmly welcomed. Contact the Secretary; Lynda 0485 679 381 or email:

secretarythpa@gmail.com

'Thank you' to Paul Rummary who has sent me the story of the first Courtesy Bus for the Club. I welcome anyone else who would like to print out a story and send it to me. I expect some people would appreciate that there is a fair bit of frustration in hearing these stories as some of the best stories cannot be put into print.

I spoke with Trevor Jones today, he and Margaret his wife moved to Tuross Head in 1977. They have two children Brendan and Katrina. Brendan has become well known through his golfing skills honed on the local golf course. (Apparently having no trouble walking up 'Cardiac Hill' the 3rd hole. As locals call it.) Trevor has been involved with a number of businesses in town starting as the Secretary Manager of the bowling club for about three years. Jack Roe was the president at the time; he also remembers Norm Hockey and Ted Curson. Then he worked with Ted Eager the builder for a while before purchasing the Newsagency. At the time it was situated where the Tuross Hardware Shop is now. He managed that for eight years, sold it and bought the Milk Run then retired to volunteer his time and skills to a variety of projects.

Trevor was one of the first group of men to start the Memorial Gardens which back then was called 'The Tuross Head War Memorial Gardens' but was changed to the Memorial Gardens as some people thought it was only for returned service men and women. They were Bob Hilton, Geoff Turner, Ted Aust, Ross Branston, Ted Bryant and Trevor Jones. He was involved in the Golf course as a committee member and has many fond memories of the old 'Golfie' the name of the original golf club where they had their own bar and volunteers who helped serve behind the bar. Currently the Tuross Head Men's Shed have the use of the building and a Golfing Professional has an office. Trevor remembers Ian Clark, Bruce and Nellie Braun also volunteering behind the bar.

Originally an accountant employed at the CBC Bank in Moruya, Trevor's accounting skills and building knowledge was a great asset to the groups he volunteered in. He continues on the Memorial Gardens Committee. Their presentation of the ANZAC service that grows in numbers each year and is a credit to them. There were many other names Trevor mentioned, some I have not heard of before, so thank you Trevor for sharing your story.

TUROSS HEAD MEMORIAL GARDENS A.G.M. Please note we will be holding our Annual General Meeting on Tuesday 13th October, 2026. We will have two new positions to add to the Executive Committee - ANZAC Day Service Co-ordinator and Plaque Co-ordinator. We are still looking for a secretary so please let us know if you have any suggestions. Email: thmg1946@gmail.com Mobile: 0400 922 517. Pat Anderson. Email: turossheadcaringgroup@gmail.com. Mobile: 0497 315 534



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100 years ago from the Moruya Examiner



Blandford House

18-09-1926

Mrs. S. Ryan has had her shop in Queen Street [Moruya] thoroughly renovated and has leased it to Miss L. Corbett for refreshment rooms, which will be open today.

Very much sympathy is expressed for Mr. and Mrs. R. B. Heffernan who suffered the loss of their infant girl on Friday night of last week. The baby, who was four months old, was suddenly taken ill last week and although advice of Drs. Quilter and Street was sought and a successful operation performed, the little life could not be saved. The funeral left the Sacred Heart Church on Saturday afternoon, the remains being interred in the R.C. portion of the Moruya Cemetery. The Rev. Father McCormack officiated.

Splendid assistance is being given the Secretaries in the organisation of the Convent Ball functions. Among the very valuable prizes donated and promised for the euchre parties and competitions are: Messrs. A. Keys and O. Turnbull, a fat sheep each; Mr. R. B. Heffernan, crate of picnic cheese; Mr. Harry Lavis, load of wood; Mr. C. Irwin, cheese; Mrs. J. Behringer, senr., 6lb tin of Bushell's Tea; a Friend, a bedroom clock and box of handkerchiefs; Mr. A. H. Weatherby, nickel torch; Miss L. Corbett, iced cake.

As she was returning from school on Tuesday afternoon, little Nellie Fitzpatrick had a narrow escape from being killed. A horse that was being chased by a dog knocked her down and galloped over her near the Rectory. Her mother, who was wheeling a pram with a baby in it, and who had gone to meet Nellie, only escaped being galloped over by getting behind a telegraph post. The little girl received a severe shock, as well as having her face badly cut. When a serious accident occurs and a life is lost through horses, cattle and dogs being allowed to roam the streets at their own sweet will there will be a great cry out. Only through expert driving many collisions between motor vehicles and straying stock in Campbell Street have been narrowly averted lately.

Bateman's Bay. (From our Correspondent)

Mr. A. J. Fenning has recently erected a Shell Bowser at the shop, making the fourth Bowser for the Bay; Mrs. Ryan is having extensive alterations carried out at "Blandford House;" A bicycle race from Mogo to the Bay is to take place today; A sign board "Welcome to Bateman's Bay," has been erected by the Progress Association on the other side of the ferry.

AMUSU THEATRE. To-night, REVELATION, a great drama of regeneration featuring Viola Dans and Monte Blue. Also, WHAT FOOLS MEN, a great society drama with a daring aeroplane elopement.



Hair dressing saloon advertisement

Extracted from the Moruya Examiner by the Moruya and District Historical Society Inc.
If you are interested in history why not join us and become a volunteer at the Museum or our library. Check us out at <https://www.mdhs.org.au>

Palestine: Where To From Here



By Gillian McNamara

Photos Gillian Tedder

Over 100 people attended this event, held on Sunday 12 September at the Moruya RSL Hall. In her acknowledgment of country, Christine Lee gave a personal account of how colonization disconnected her and her family from their country. Indigenous Australian and Palestinian cultures are very different but that connection to country is the same for both and its loss felt intensely by both. Linda Chapman from Eurobodalla Justice For Palestine (EJFP) spoke briefly about EJFP's aims and activities. We then heard from the three guest speakers: George Browning, Dr Barbara Bloch and Senator David Shoebridge. George Browning, retired bishop who was Chair of Australia Palestine Advocacy Network (APAN) for 10 years, replaced Katie Shammas from APAN, who withdrew for personal reasons. George referred to us living in a 'post-truth, post-moral' world, in which the chosen narrative overrides morality, ethics and truth, for example the mass media's use of the term 'terrorist' to describe ALL Palestinians whereas the actual terrorists are the IDF and the illegal settlers on the West Bank. He referred to Israel's narrative that 'Israel is our land' and 'we are the victims'. George and David both spoke about their visits to Palestine, multiple visits in George's case. They both described the 'court' proceedings, held in shipping containers and conducted in Hebrew, where Palestinian youths whose language is Arabic are tried by 'judges' who are military personnel, where the conviction rate is about 99%. Their crimes – swearing and throwing stones – are usually in response to Israeli actions such as the destruction of crops, bulldozing of homes or shooting of fellow Palestinians. They both also described checkpoints that delay Palestinians for hours if not actually preventing them from travelling altogether. And George mentioned the need for coverings over the Palestinian market in Hebron, because faeces rain down on the market from the Jewish enclaves above. Despite all this, George said, Palestinians declare, 'We are alive and we're not going away.'

Dr Barbara Bloch, a Jewish Australian, has been a supporter of Palestine since the 1980s, and taught English in Ramallah in the mid-90s. She spoke about the strength of Zionism and the pro-Israel lobby in Australia.

There are only about 100,000 Jews in Australia, less than 0.5% of the population, but the highest percentage of holocaust survivors outside Israel. And Australia has been a staunch supporter of Israel since before WW2. For example, the influential Zionist Federation of Australia formed in 1928. There is a long history of successful lobbying by very wealthy and influential lobby groups connected to powerful organisations in Israel and elsewhere around the world. The Executive Council of Australian Jewry (ECAJ) is the peak body in Australia. They oppose the warrants issued by the International Criminal Court (ICC) against Netanyahu and Gallant; they oppose Palestinian statehood; they oppose any investigations of Israel; yet they state that their aim is to enhance democracy.

The Australia Israel and Jewish Affairs Council (AIJAC) funds free trips to Israel for politicians, political advisers, senior public servants, journalists and student leaders, aiming to maintain and increase support for Israel. Chris Minns, then a NSW government staffer, went in 2003.

Barbara also stressed the importance of uncoupling antisemitism from anti-Zionism. Zionism is a political ideology, with Christian as well as Jewish supporters. Israel is a state. Judaism and Jewish people are neither of these.

Senator David Shoebridge's main message was about our relationship with the USA and its impact on foreign policy, including our treatment of Israel and Palestine. He described Australia's foreign policy as being 'set in Washington'.

David gave examples of the evasive, even misleading and sometimes nonsensical language used to deflect questions about our dealings with Israel. For example, Foreign Minister Penny Wong has said that we supply Israel with only 'non-lethal parts' of fighter jets. More recently, she has stated that Australia would not follow the lead of the UK and other countries in banning imports from the West Bank because it could harm Australian businesses, Israel and the Palestinians!

Sen Shoebridge referred to the hard right in the USA as wanting war, and Israel as America's 'unsinkable aircraft carrier' in the Middle East. Support for Israel in the general US population is declining. But the US military and corporate interests have a massive influence on US politics.

David spoke about Australia's commitment to the alliance with the USA and particularly our commitment to AUKUS. Under Pillar 1 of AUKUS, Australia pays \$400 billion for six nuclear submarines plus three secondhand ones by 2040, if things go to plan.

He described all Australia's armed forces as relying on the USA rather than being an independent military. He argued that we are 'being colonized by a foreign military' and that we need to call for an end to AUKUS.

So what can we do, as individuals, to support Palestine?

- Come together and organize;
- Educate selves and others;
- Talk to friends and neighbours;
- Keep talking – keep the issue alive;
- Connect with Palestinians;
- And remember that we have truth, justice and humanity on our side.



Linda Chapman, Senator David Shoebridge, Dr Barbara Bloch, George Browning, and Christine Lee.

Trace the Bermagui Mystery October long weekend



On the 2022 Bermagui Mystery tour, Judi Hearn of Montreal Goldfields Management Committee outlined to the gathered throng on Haywards Beach the scene on the Montreal goldfields and what was seen from the beach on the fateful morning Sunday 10 October 1880. Photo courtesy Wendy Douch.

Join other amateur sleuths on Monday 5 October on the trail of the crime that has intrigued people on the far south coast for 146 years – the 'Bermagui Mystery'.

Members of Narooma and Bermagui Historical Societies and the Montreal Goldfield group will again retrace this mystery from Bermagui to Mystery Bay with five stops.

Five men disappeared from Bermagui on Sunday 10 October 1880. Their bodies were never found, only their small boat deliberately wrecked near the area now known as Mystery Bay.

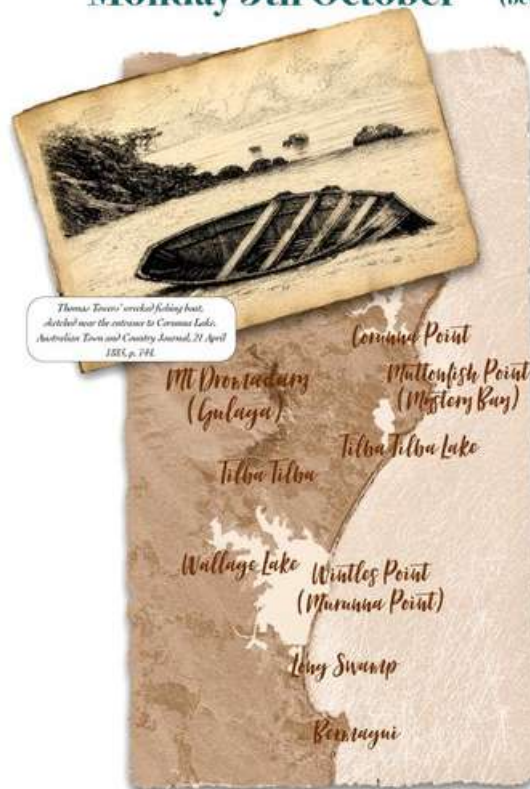
They were Government Geological Surveyor Lamont Young, sent to check out the new Montreal goldfields and other gold finds in the area, his assistant Maximillian Schneider, and three men from Batemans Bay – Tom Towers, owner of the boat, William Lloyd and Daniel Casey. Their disappearance quickly became known as 'the Bermagui Mystery'.

This expedition starts at the headland overlooking Bermagui River promptly at 10am Monday 5 October (of the long weekend) ending at Mystery Bay picnic shelter about 1pm. Bring lunch; carpooling is recommended. Maps will be issued. This is a free event. This is the fifth time this joint event has been staged by the three organisations.

Retrace the Bermagui Mystery

Monday 5th October

Meet 10am Bermagui Headland
(between Bermagui Harbour and Horseshoe Bay)



Join us as we retrace the mysterious disappearance of five men from Bermagui in October 1880 (146 years ago).

Among them was government geological surveyor Lamont Young, who had arrived in Bermagui to survey the new Montreal goldfields.

The only clue was a boat containing some of their belongings, discovered near Mystery Bay.

Their bodies were never found.

Join members of Narooma and Bermagui Historical Societies and a guide from the Montreal Goldfield when we again revisit one of the South Coast's greatest mysteries.

Everyone is welcome. A car is essential, carpooling encouraged, as we make several stops before finishing at Mystery Bay for lunch. Please bring your own lunch and, we suggest, a portable chair or stool.

For further information phone Laurelle 0409 761 582 or Stephen 0438 081 801

Eurobodalla Community Support Network Meeting on Preparedness in the face of El Niño



Walk away more aware and with the tools you need to prepare for the changing weather!

We will be hearing from:



Dr Chris Lucas - meteorologist on the climate situation and potential danger in the Eurobodalla



Dr Sue Atkinson - researcher on how communication and sharing actually happens during disasters



Dr Elise Remling - researcher on her simple preparedness tool you can use with friends, family, your social groups!



Jacklyn Roque - SES Community Engagement Officer on what to expect from our services and how to assess risk for yourself



Von Hutcheson - on the Person Centered Emergency Preparedness tool



Nina Shatfan - Heat & Smoke Haven Coordinator on what they are, why we need them and how you can access them



Monday
28th September



9:15am - 12pm



Moruya Golf Club
28A Evans St, Moruya



Let's work together to build a stronger, more prepared Eurobodalla.

NSW government to double length of aquaculture leases

The **NSW Government** is strengthening the state's aquaculture industry with reforms that will boost investment, increase productivity and support jobs across regional communities.

Under proposed amendments to the Fisheries Management Act 1994 before the NSW Parliament, aquaculture lease terms will double from 15 to 30 years, giving businesses greater certainty to invest, innovate and plan for the long term. This includes 323 leases in the Eurobodalla Shire.

These proposed changes will benefit 235 oyster aquaculture businesses, operating 2,421 aquaculture leases in 18 Local Government Areas along the NSW coast with the most leases in Mid North Coast, then Bega, Eurobodalla, Port Stephens, Port Macquarie, Central Coast and Shoalhaven.

The Minns Government's proposed changes respond to long-standing calls from industry to deliver this reform so they can better engage with financial institutions and secure investment for operational expansions and enhancements that then lead to more productivity, jobs and local economic benefits.

The shorter-term leases have historically proven to be an impediment to accessing financial investment and have constrained growth.

These changes are a smart and practical solution to removing barriers for achieving the joint industry and NSW Government Aquaculture Vision that has set out to double the aquaculture sector's farm gate value to \$300 million by 2030. Extending the length of leases to 30 years will better align with the lifespan of modern aquaculture infrastructure.

The reforms are another demonstration of the Government's work to provide more opportunities for growth and advancement in regional NSW.

The Bill before Parliament will also introduce stronger penalties to deter the theft of aquaculture stock and infrastructure, which is an ongoing issue impacting operators and undermining legitimate businesses. Maximum penalties will be increased to up to \$22,000 for an individual for a first offence, or up to \$44,000 for repeat offenders.

These tougher penalties will protect aquaculture farmers from criminal activity, help combat black-market seafood trade and strengthen confidence across the industry. The amendments form part of a broader package to modernise fisheries legislation, support sustainable resource management and ensure the long-term growth of the seafood industry.

Minister for Agriculture, Regional NSW and Western NSW, Tara Moriarty said "These reforms are about backing our aquaculture industry to grow, invest and create jobs in regional NSW."

"Doubling lease terms gives businesses the certainty they need to plan for the future and invest in modern, sustainable operations."

"These proposed changes are another example of the Minns Government's commitment to building a sustainable aquaculture sector, following the investment of \$27 million from the Regional Development Trust into 31 seafood projects."

"We're building a more stable, competitive aquaculture sector that can continue to thrive and deliver both for regional economies, and food for Australian tables."



**HELLO EV OWNER AND
WELCOME TO
EuroBEV!**

SHASA's

**Eurobodalla Battery Electric Vehicles Group
EuroBEV is an informal group.**

We have luncheons every 6 - 8 weeks at chosen venues across our beautiful Eurobodalla Shire.

The aim is to meet with fellow EV drivers and those interested in purchasing an Electric Vehicle.

**Our next luncheon will be held on
SUNDAY 4 OCTOBER 2026
GRUMPY & SWEETHEART'S
34-36 Sydney St, Mogo
12 noon**

If you are thinking of coming along or have a question to ask about owning or driving an EV please contact Andrew Everard.
andrew.john.everard@gmail.com

Scan the QR Code for more information on SHASA.

HOPE YOU CAN JOIN US !



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Job Shop brings free career help to Narooma

Eurobodalla's Job Shop is hitting the road, bringing its free employment service to Narooma on Thursday 17 September. The team will set up at Narooma Library from 10am to 4pm.

Eurobodalla Council's employment projects officer Amy Kovacs said the visit to Narooma was about making the service easier to access. "Sometimes the biggest hurdle to getting help with work is simply getting through the door. So we thought we'll bring the door to you," Ms Kovacs said. "You don't need to have your career mapped out or turn up with a perfect resume. You can come in with absolutely no idea what you're doing. We love a blank canvas."

Karen McLellan is "the Job Shop queen" who will give expert advice at Narooma, Ms Kovacs says.

"With experience in organisational psychology, teaching, career guidance and employee support, Karen knows how to help people take the next step - she is extremely qualified," Ms Kovacs said. The Job Shop will be at Narooma Library, Field Street, on Thursday 17 September from 10am to 4pm. Appointments are encouraged but walk ins are welcome. To make an appointment, contact Karen at The Job Shop on 4474 1302 or karen.mclellan@esc.nsw.gov.au.

For more information visit [the Job Shop](#) on Council's website

Keeping an eye on Eurobodalla's water supply

ESC - Turn on the tap and the water comes out. Job done. Except it isn't quite that simple says Eurobodalla Council's manager of water and sewerage Sarah Lunau.

"With hot and dry weather expected to continue, now's the time to get to know your water supply - including how much we have stored ready for summer and simple things we can all do to make every drop count," Ms Lunau says.

Eurobodalla's drinking water starts in the shire's rivers and is managed through a network of dams, storages, treatment facilities and pipelines. Water from the Deua River is stored in Deep Creek Dam near Mogo, treated to meet Australian drinking water standards, then delivered to homes and businesses across the shire. A second storage facility in the south complements this system, enhancing water security and helping drought-proof the region for future generations.

Ms Lunau says residents' first step to water empowerment is information. "We make it easy to keep track of the shire's supply. Council's website has a water snapshot with the current level at Deep Creek Dam, updated weekly, and any current water restrictions. Just a minute of your time for a comprehensive overview and you don't need to be a water professional to understand it," she says. "Currently, Deep Creek Dam is at 98 per cent capacity, holding around 4,900 million litres of water. No water restrictions are in place. Although restriction triggers are linked to dam storage levels, Council also considers factors such as water demand, river flows, catchment conditions and climate forecasts when making decisions about water restrictions.

"For now, residents and visitors are expected to follow Council's year-round permanent water conservation measures. This means conserving supply by watering gardens between 5pm and 10am to reduce evaporative loss, and washing cars, boats and trailers with a trigger-nozzle attachment or, even better, bucket, on grassy areas not hard driveways."

Ms Lunau says simple habits have a big impact and they all add up. "Taking shorter showers, choosing eco-mode on dishwashers and washing machines, sweeping instead of hosing hard surfaces, fixing leaks, covering pools and spas, turning off the tap while brushing your teeth, and reporting suspected water leaks are all easy ways to save water," Ms Lunau says. Using less water can save residents money too, with Council offering rebates and incentives for water-efficient washing machines, dual-flush toilets and rainwater tanks, as well as a showerhead exchange program.

"We don't know what's around the corner, but obviously summer sees our peak water use. We'll need some decent rain before next year to avoid water restrictions coming into effect."

To see the current level of Deep Creek Dam, check for water restrictions, and find practical water-saving tips and rebates visit [Council's water webpage](#).



Go Get Healthy

with Sofia Keady

GO
VITA

Detoxing - A Great Way To Kickstart Your Health
Spring is definitely here and it's a good time to reset as the weather is warming up, the sun is actually out, and it feels natural to shake off the winter slump and focus on your health.

A great way to start is with a sensible detox. We're not talking about extreme starve-yourself diets, just pairing clean eating with quality supplements to give your body a gentle hand.

If you are not a fan of swallowing a handful of tablets every morning, then you will love the berry detox powder because it tastes great and fits easily into your routine. Just stir it into water, a protein shake, or your daily greens. It's a gentle naturopathic blend that packs in Vitamins B2 and C, plus Selenium and Zinc for cell protection. With extra B vitamins (B6 and B12) to shift that winter tiredness and contains five amino acids, superfruits (blueberry, pomegranate, passionfruit), beetroot, and herbs like milk thistle, turmeric, green tea, and schisandra.

For the best results, your digestive system needs to keep moving. We often suggest pairing the berry powder with a naturopathically formulated bowel tonic that contains a blend of fibre, soothing herbs, alkalising greens, and probiotics. And because it's in a powder form, you can mix it straight in with your berry drink.

Moringa is another impressive detoxifier. This leafy green has a long history of traditional use and is valued for its impressive nutrient content and wide-ranging support for overall health and wellbeing. Given the level of environmental toxins we are exposed to today, incorporating moringa into a daily health routine is a sensible approach. In addition to supporting the liver's natural detoxification, moringa may help improve energy levels, and enhance nutrient intake.

If powders aren't your thing, we also stock a new capsule formula with Milk Thistle (for liver support), Fennel Seed (for bloating), and Papain (to help digestion).

Or, if you prefer an all-in-one approach, a complete detox kit targets liver cleansing, fat metabolism, sugar cravings, and bowel health in one go.

Working out what your body needs on your own can get overwhelming. If you want a plan tailored specifically to you, book an hour with our in-clinic Naturopath or Nutritionist. It's one of the best investments you can make for your health.

For more information about detox, drop into Go Vita, Your Health Shop at [5 North Street, Batemans Bay](#). You can also call us on (02) 4472 9737 or visit us online at www.govitabatemansbay.com.au. Don't miss our weekly segment on 2EC radio, where Marianne and I chat about health and wellness with Kimmi Saker every Wednesday after 12.30pm.

Yours in health,
Sofia Keady
Nutritionist- Go Vita Batemans Bay





Plastic Country

Last Tuesday, council's Sustainability Team's monthly film night featured Kal Glanzig's film *The Plastic Country*. At just 26 years old, former water polo athlete Kal is a local councillor for Sutherland Shire and Australia's Youth Ocean Advocate for COP31. In *The Plastic Country*, he takes us on a tour across Australia, from remote coastlines to wildlife hospitals to Parliament House, exploring how plastic pollution is infiltrating ecosystems, politics and human health.

The confronting statistic that Australia is the second highest consumer and generator of plastic waste per capita in the world makes for sobering viewing. Even more sobering are the results of the medical tests that the presenter puts himself through to show the impacts of plastic pollution on young Australian bodies. While in many ways the film is deeply unsettling, the audience at last Thursday's screen were unanimous in feeling that it should be compulsory viewing – we do need to know the impact that plastic is having on our environment and our bodies, and we do need to know more about how we could be reducing the impact.

For those who missed the film, it has just been uploaded for free viewing on YouTube: [THE PLASTIC COUNTRY](#) | [Australia's Hidden Plastic Crisis](#) | [Full Documentary](#). For people who want to follow up on ways to reduce exposure to plastic chemicals, the 2026 documentary *The Plastic Detox* has recently been released on Netflix.

Many people choose Eurobodalla as their home because of the natural beauty and healthy lifestyle. Films like *The Plastic Country* remind us how lucky we are, how precious our environment is, and how important it is to protect and nurture it.

Upcoming Events:

Workshop: Sustainable Kitchens: Moruya Library, Thursday September 24, 10:30-12:00 [Link](#)

Seasonal Outlook Sessions:

Next session, Wednesday October 7, 2:30pm, Moruya Library [Link](#)



The Euro-Visions column is presented by the ECSN (Eurobodalla Community Support Network) with support from the Sustainability Team at Eurobodalla Shire Council



\$10 million to support connectivity and productivity on farms

Farmers can apply for up to \$20,000 in rebates to implement ag-tech solutions that increase connectivity, productivity and safety of their businesses, through the On Farm Connectivity Program.

On Farm Connectivity grants help primary producers adopt smarter and better connected farming solutions – such as technology and equipment to optimise soil quality and nutrient levels, monitor livestock, automate watering systems and safeguard farming equipment and supplies.

Round three applications are now open and will be prioritised for primary producers who did not receive funding through previous rounds, helping spread the benefits of the program as broadly as possible.

The program provides rebates of up to 50 per cent for eligible equipment through eligible suppliers, with a pool of \$10 million in round three.

Rounds one and two of the program delivered more than \$30.5 million in rebates to almost 3,000 primary producers nationwide. "This is another way the Government is backing our farmers and primary producers who feed our nation and fuel our economy, supporting the regional communities and businesses that keep this country going."

For further information and to apply, visit: [On Farm Connectivity Program Round 3](#) | [business.gov.au](#)



Stay safe in a HEAT HAVEN



SHASA
Southcoast Health and Sustainability Alliance

This project was funded under the Disaster Ready Fund - an Australian Government initiative.



Australian Government
National Emergency
Management Agency

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Phone Kathryn Maxwell 0467558645 for any enquires.





Let's do coffee with ... Melissa Briguglio

There is little doubt the first question the authors Melina Marchetta (Looking for Alibrandi-1992) or Madeleine St John (The Women in Black-1993) would say to the Moruya Mail (MM), if asked for an interview would be 'You must know Melissa Briguglio' (MB). The Moruya resident and owner of 'Just for the Sole' with her partner, Rob, would easily fit the shoes (pun intended) of the main actors in either of the two films made of the novels.

MM: Thanks for joining me, Melissa, and I promise not to lace the interview with shoe jokes. The film 'Looking for Alibrandi' is set in inner-city Sydney in the mid-1990s, meaning you roughly share the same birth year as the lead character, Josie Alibrandi. There is an iconic opening scene in the movie featuring the family gathered in the backyard making traditional tomato passata ... let's start there!

MB: (Laughs ...) I am not sure about living up to that introduction! Yes ... I was born in 1980 in Sydney, and both my parents were born in Italy. Mum was a dressmaker and worked from home making clothes for a label. After national service as an army cook, Dad was a barber and supplemented the family income as a cleaner. I have an older sister and a younger brother.

We spoke Italian at home, and I am somewhat embarrassed I have lost the language but can still understand it and speak an English/Italian combination my Mum understands.

Dad had his ... let's say ... Italian ways. It was a very strict upbringing with church every Sunday. Food and family figured prominently, but I guess you would call us 'homebodies'.

It was off to St Francis Xavier Catholic Primary School in 1985 and then to Bethany College - a Catholic systemic girls' high school through to Year 12 in 1998.

I was a bit of a 'loner' in primary school but flourished finding friends in high school. I had a preference for Art, Music, and Drama. The school and our neighbourhood were very multicultural and balanced with kids from all backgrounds. In fact, the Muslim family living in our street befriended me, and the customs of sitting on the floor to share a meal had me intrigued. I was even invited to a wedding. It really did open me up to different religions and cultures and to be accepting of all. (Pauses ...)

When I say Dad had his Italian ways ... amongst other things, it meant 'do not speak to boys' and 'do not even think of bringing boys home'. I guess by default, I was always a 'good girl' ... so I will let you guess what that means! (Laughs) I was an average student in terms of the Higher School Certificate (HSC) and ended up studying Graphic Design at Liverpool TAFE with my best friend, Elaine.

Of course, I had casual jobs and worked serving tables at a Black Stump Restaurant before Mum's (now working at David Jones) suggested I should work in the shoe department.

MM: Cut! Cut! Cut! ... That's a take. Now ... Melissa, please get off the set of 'Looking for Alibrandi' and go for a costume change of a black blouse, black skirt (to the knees), and black shoes. Okay ... Act 1, Scene 1 ... 'Ladies in Black' ... Action!

MB: (Laughs ...) Yes, it was a lot like that! I loved it! I will have you know David Jones Shoe Department was the biggest-selling shoe store in the Southern Hemisphere. Going to David Jones on Elizabeth Street was an event on par with attending the Doncaster Handicap at Royal Randwick Racecourse. You dressed up! A suited pianist would play the grand piano on the ground floor, and a well-groomed man in a top hat and tails would greet you at the lift. Now, customer service not only existed ... it was quite specialised. There were up to twenty ladies working in the Ladies Shoe Department at one time, and, like all new employees, I started in the 'comfort section', fitting shoes to the elderly. It was shoes such as 'Hush Puppies' and 'Easy Steps'. It was so busy I would forget to take lunch breaks, and before long, I was promoted to the next section (so I would have lunch haha), which was the David Jones 'Milana' brand shoes, before entering shoe heaven ... designer imports - Jimmy Choo, YSL, Ferragamo, and the like. After being trained by Clarks in shoe fitting, I also spent a lot of time in the children's shoes department with some days being so busy the queue was over 100m long. I did win the customer service award for David Jones in 2001 (laughs) ... a jar of Smarties, but it was time to diversify employment after six years with the retailer. In 2003/4, I undertook a tour guide course at Ultimo TAFE and secured a job with Australian Pacific Touring (APT/AAT Kings). I would spend two hours each morning travelling on coaches, sorting the tour arrangements/pick-ups, and greeting customers from high-end hotels, which led to operations manager roles throughout my time in this industry.

A contact on the course lined me up for some work leading Sydney Harbour Bridge climbs, and I soon scored a full-time position. The training was full-on, but the job was so much fun. I would conduct two climbs of three and a half hours each day, and I never got sick of the look on the faces of tourists taking in the view on top of the Harbour Bridge.

After a few dizzy episodes, I ended up being diagnosed with vertigo ... a bit of a career stopper in terms of bridge climbing! However, that did not stop me as I continued working there for the next two years.

(Smiles ...) This might sound ridiculous, but I actually missed fitting and selling shoes. Nine West, a global fashion brand at Sydney Airport, employed me as the manager, and I finally began studying Footwear Design at Ultimo TAFE part-time, which involved a lot of shoe making. By now, my parents were at the other extreme of Italian behaviour ... 'when will she marry?' ... 'bring a man home!' ... but I was just really busy.



I stayed with Nine West until 2015 and began working for Greyline Coaches, but unfortunately, my Mum got very ill by the end of that year, and I gave up work to look after her for six months.

MM: I hope this movie has some romance and a happy ending on the South Coast, Melissa.

MB: (Smiles ...) Okay ... okay ... in 2016, I began working for Murray's Coaches, and a certain driver by the name of Rob took my fancy. He walked in on one of my first shifts, and I hid from him like a little schoolgirl ducking down behind the counter. I knew at this moment he was my person, and the rest is now history. Obviously, it was a bit of a long-distance relationship with him based in Canberra/Moruya and travelling lots, and myself in Sydney.

Rob's parents had a farm in Moruya, and we decided to relocate to Bodalla in 2016. He began working on a dairy farm, and ... believe it or not ... I began work at Abbey Footwear in Narooma for the next two years before it closed.

We ended up at the family farm. It is five minutes from Moruya, and I went from city girl to farmer quick smart with chickens and cows.

(Long pause)

Now ... Rob is a very supportive partner, and he encouraged ... more like pushed ... me to open a shoe shop, and 'Just for the Sole' on Vulcan Street, Moruya was born. Rob's encouragement went to the point of agreeing to be trained in fitting and selling shoes, and I can safely say he is the only farmer in Australia who can ensure a Fly London Salv Chelsea boot is a perfect fit for a discerning Eurobodalla woman. So ... here we are, and a happy ending indeed!

MM: I really enjoyed this chat, Melissa, and cannot wait to drop a Christian Louboutin, Jimmy Choo, Gucci, or a Manolo Blahnik shoe brand into a conversation. Any advice for the young, Melissa?

MB: Just do it!

LET'S DO COFFEE WITH ... is a column exploring the interesting personalities of the Eurobodalla Shire. Feel free to nominate a personality by emailing **John Longhurst** at john.longhurst59@gmail.com

Best Time to go Organic is now

By Pennie Scott

So much to celebrate. Through the ABC Four Corners, other legacy media and millions on social media platforms, exposure of what actually goes into everyday foods has roused deep interest in the everyday activity of eating. The old attitude of 'you can trust the government' has been shattered, and regulators supposed to protect the population against harmful foods are now being interrogated about who actually makes their rules and parameters.

Foods grown without toxic chemicals, synthetic fertilisers or genetically modified organisms in healthy soils providing nutrient density are being sought out by thousands more consumers as they learn more about what makes them unwell. Growers of these organic foods are experiencing increased demand and there's been no better time to transition into growing with natural systems to supply this demand.

Peter Hislop Speers is the Chair of Organic Operators of Australia, representing the nation's organic industry and recently returned from an international Organic expo and conference in Delhi, BIOFACH, with representatives from 12 other countries.

"The Organic sector is growing everywhere and Australia is no exception," he said. "Consumers are becoming far more interested, and actively learning about how their foods are grown and making quite different decisions from five years ago".

"In addition to the foods being chosen to consume, people realise that organic products have an effect on climate variability and the viability of the landscapes where they are grown. Toxic chemicals affect the soils to the point where desertification is the end result, effectively reducing available land".

Founder of the Organic Regenerative Investment Cooperative, Carolyn Suggate encourages existing Organic grain growers to increase the area of land and to diversify crop selections to satisfy the demand for chemical-free grains.

"Since we were established ten years ago, the demand for more wheat, chick peas, sorghum, lupins and other specialty grains keeps increasing due to customers choosing foods without toxic chemicals. If anyone is thinking about ditching the synthetic chemicals, growing with more biological systems and repairing their country through growing Organically, now is the best time".

"Where else does a grain grower set their own price and halve their input costs? While selling for a premium? Sounds like a lower risk option with a healthier balance sheet"

The past six months have revealed extensive flaws and distrust in Australian regulatory authorities with one example, the allowance of 500 times a toxic chemical in berries regularly eaten by children.



There isn't any human testing as the ethics around this product have not been established but, the APVMA approved the increased application of the highly toxic insecticide, isocycloseram under a 'minor use' permit on fruit.

Just as then APVMA refused to ban Paraquat after a '30-year review'. This decision is being challenged by Senator David Pocock which begs the question that the APVMA should be applying deeper scrutiny into these decisions that impact the food we eat, the regulations we abide by, and the health of all workers in Agriculture.

A revolution is taking place across Australia through hearts, hands, intuitive and tacit knowledge; Australian food culture is being revived and finding your SLOW food tribe is an initiative from ORICoop.

There has never been a more important time to buy local, know your farmers, look for organic certification and grow your own. Taking personal responsibility for our own food security is increasing exponentially with Organics and Permaculture practices providing reliable bases.

You can read ORICoop's Food security submission [HERE](https://drive.google.com/file/d/1f3yHmwtB8e-awzvvsSpcPENhxclJcV_k/view)
https://drive.google.com/file/d/1f3yHmwtB8e-awzvvsSpcPENhxclJcV_k/view

The best time to be in Organics is now creating a sound future for Australia's next five generations.

Southlands Fruit & Veg Community Purchase Concept

For those who expressed interest previously in a community purchase of Southlands Fruit & Veg, we're excited to let you know that the idea is in the wind.

The 'South Coast Community Fund' concept will be focussed on supporting the growth and stability of local business enterprises seen to be important for regional resilience by the community. A group of folks from Moruya and beyond are exploring this idea and have been successful in gaining a small grant to commence community consultation and the legwork around the concept of a 'Community Fund'. If you're interested please take a few minutes to complete this survey to register your interest in being involved and to find out the next steps.

Complete survey [HERE](https://forms.gle/NXLiG13g5Mwz3dHK6) -

<https://forms.gle/NXLiG13g5Mwz3dHK6> On September 30th, come and join us in person to find out more about this 'Community Fund' concept. We intend to share further details, you can ask questions and find out how you can be involved, either as part of the working group or as a local co-investor, supporter or project developer. We look forward to hearing from you!

RSVP [HERE](https://events.humanitix.com/south-coast-community-fund) - <https://events.humanitix.com/south-coast-community-fund>



Bespoke funerals in Batemans Bay and beyond

Our caring team of funeral directors are here to help you create a personalised farewell that reflects your loved one's life and honors their memory.

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20 Old Princes Hwy, Batemans Bay



BATEMANS BAY & MORUYA
DISTRICT FUNERALS



NAROOMA DISTRICT
FUNERALS

A Day in the Life of a Local ... Oyster Farmer

A weekly column exploring the occupations in the Eurobodalla Shire by John Longhurst.

Fast Facts:

- **Name:** Kevin McAsh
- **Wake-up time:** 6.00 am
- **Coffee:** Black and no sugar
- **De Librije's Frozen or Oud Sluis Miso Citro Oysters:** Nah ... freshly shucked, mate.

At the risk of creating a price-cutting war across the Eurobodalla oyster industry, the cheapest place to buy a dozen opened (yes, that's right ... opened) oysters is at Sage Markets on the Riverside at Moruya at 3 pm Tuesdays ... \$20 a dozen! The vendor is Clyde River oyster farmer, Kevin McAsh.

"Hey Kev ... what's wrong with 'em?"

The look is dismissive, and he hands me a freshly shucked oyster to sample.

"Nothing, mate! It is not in my interest to poison you, as reputation is everything in this game. Sage Markets on Tuesdays is my quality control opportunity, and the market goers are pretty discerning oyster tasters ... so tuck in!"

After 25 years in the aquaculture industry, Kevin works with his son, Ewan, and daughter, Claire, at 'Oyster Life' located at Lattas Point on the edge of the Clyde River estuary system and a twelve-minute drive west from Batemans Bay.

Whilst the day-to-day operations are capably managed by son, Ewan, 76-year-old Kevin makes good on his nicknames 'Human Hurricane' and 'The Cyclone' and can have the six employees performing a myriad of different tasks within minutes of arrival.

The often described 'hell-man' sets a frantic pace to rival and often surpass younger workers.

As the 'number one' recovery diver, he welcomes any opportunity to get in the water to free up moorings or repair work on the 25 hectares of oyster leases on the Clyde River.

Kevin runs the community engagement side of the business. He is always good for a chat at the markets and his easy going manner is appealing to tourists and locals alike. Kevin also oversees the transporting of the product to freight companies for distribution in Sydney, Canberra, and Melbourne.

He is also currently exploring the use of oyster flour (derived from the shells) as a fertiliser for agriculture.

Unsurprisingly, the sustainable nature of the industry is a major attraction. Oyster leases have a proven positive impact on the marine environment in terms of generating marine life, thus becoming a natural hatchery for the fishing industry.

Kevin said, "It's a funny old industry. The oysters are extremely vulnerable in the early stages of life, and heatwaves or excessive rain can inflict thousands of dollars in lost produce. From lease to plate is about a two-and-a-half-year cycle for oysters, so lots can go wrong. We are very much at the mercy of the 'wheel of life'. Anyhow, how can you beat working outdoors and on the majestic Clyde River?"

The Sage Markets on a Tuesday, and Kevin's intake of over two dozen freshly shucked oysters each week is the key to quality assurance



The Sage Markets on a Tuesday, and Kevin's intake of over two dozen freshly shucked oysters each week is the key to quality assurance.

Kevin's idea of relaxing is to hit the gym three times a week as well as take on whatever perils exist below the surface on his regular ocean swims.

At 76 years young, Kevin shows no sign of going anywhere ... just ask him about the old bloke he met on the Hawkesbury River all those years ago.


TERM 4 PROGRAM
12 OCT - 18 DEC 2026

CLASSES

Price per class: \$25 members, \$30 non-members and \$15 concession to be paid by cash at the beginning of each class. Materials included. Please contact the tutors directly to book.

ESSENTIAL PRINTMAKING
Discover aspects of many printmaking processes using simple equipment and household items.
Mondays 1pm to 3pm
Full - no places available

CREATIVE TECHNIQUES
Learn the techniques and principles of drawing, painting, and mixed media.
Tuesdays 10am to 12pm
Nick Summers 0410 774 543

EXPLORING SCREEN PRINTING
Learn screen printing while exploring different stencils and materials.
Wednesdays fortnightly 9am to 12pm
Oct 14, 28, Nov 11, 25, Dec 2
Sonja Skagen 0421 197 358

THE ART OF DRAWING
Creative mark making using mixed media and tools.
Fridays 10am to 12pm
Full - no places available

LINO PRINT OPEN STUDIO
For Art Central members with lino printing experience to access the print press, lino printing materials and connect with fellow printmakers.
Saturdays 9am to 11am
October 17, 31, Nov 14, 28 & Dec 12
\$20 members, \$15 concession.
[Book online](#)

WORKSHOPS

SHORT STORY, MEMOIR & POETRY
with Paul Cullen
Learn how to develop a narrative arc and structure in this two part workshop.
Wednesday 1pm to 3pm, November 4 & 25
\$50 members/concession, \$60 non-members.
[Book online](#)

ART FROM OFFCUTS
with Lucile Carson & Bernie O'Neill
Using plywood offcuts, create unique paintings through an experimental and playful approach.
Sunday 10am to 12:30pm, November 8
\$35 members/concession, \$30 non-members.
[Book online](#)

COURSES

CERAMIC GARDEN TOTEM POLE
with Cath Bowdler
Design and create a series of ceramic forms, using hand building techniques.
Saturday 1:30pm to 3:30pm
Oct 10, 17, 31, Nov 7, 15 & Dec 5
\$360 (includes all materials and firing).
[Book online](#)

POTTERY WHEEL THROWING FOR BEGINNERS
with Jemima Woo
Discover how to throw clay on a potter's wheel to make cups and bowls, including glazing.
Thursdays 11am to 1pm
November 5, 12, 19 & December 3
\$240 (includes all materials and firing).
[Book online](#)

WWW.ARTCENTRAL.ORG.AU

For the History Council of NSW's History Week
Narooma Historical Society presents

Keeping Stories Tall Tales and True

This year's History Council theme encourages us to consider how stories keep history alive, what they tell us about ourselves, and how we keep the stories that matter to our communities.

Narooma Historical Society members chose the sub-theme 'Tall Tales and True' and selected these stories to share from the many in our community. We hope you enjoy them.

5 September – 11 October 2026



Thursday 24 September 10.30am:
 Talk by Lynda Ord on 'Your Story Matters'
 Everyone welcome. Please book to ensure a seat at
naroomahistoricalsociety@gmail.com

Quantum Brewery

Saturday Live Music
4.30-7.30pm
 and

Fun-time Events – QB website for details

19 Sep	Mac n Glenda
25 Sep	Quantum Art Prize Exhibition
25 Sep	Trivia Night
26 Sep	Sarah Soukieh
3 Oct	Tony Jagers
10 Oct	Chris O'Connor
24 Oct	Oli Statham
31 Oct	Laz n Caz
7 Nov	Tony Jagers
14 Nov	Mick Fernandez
21 Nov	Richard Lawson
28 Nov	Jakob Poyner

OPEN: Fri & Sat 12 - 9pm : Thu & Sun 12 - 6pm
 Check Quantum Brewery Moruya website-Events



SUMMER BRUNCH MENU

FRITTATA
 Will be served
Every Thursday In September

This Thursday
Bacon and Potato
 Served with side salad

Eurobodalla Community Care Co-operative (ECCC)

SHAPE THE FUTURE OF INDEPENDENT CARE IN EUROBODALLA

Kitchen Table Conversations with
 sole trader support workers in disability and aged care

- Session 1: Friday 11 Sep at 12:00 PM - Casey's Cafe, Narooma
- Session 2: Friday 18 Sep at 10:00 AM - Alfresco, Moruya
- Session 3: Friday 18 Sep at 6:00 PM - Catalina Club, Batemans Bay

Want to join the conversations or find out what's happening, but can't attend the sessions?
Get in touch!

- Worker-Owned & Controlled
- Shared Back-Office Support
- Your Input Counts

Eurobodalla Community Care Co-operative
 eccc.coop
 info@eccc.coop

Double Vision; made in Eurobodalla - Batemans Bay

Mirabel Fitzgerald and Mark Ward
 As part of this year's River of Art Festival, Eurobodalla artists and long-time creative partners Mark and Mirabel present a collection of works shaped by their connection to the South Coast landscape.

The exhibition pairs Mirabel's prints and works on paper with Mark's distinctive sculptures and paintings, offering a rich exploration of place, creativity and shared inspiration. Where: Clyde Gallery, Bay Pavilions, 12 Vesper Street
 When: Tuesday 1 September to Monday 5 October Hours: Mon to Fri, 10- 5pm

ROCK OUT FOR A CURE!

POP-UP CHOIR

Join us for an uplifting 6-week choir experience that brings people together to sing, connect and raise funds for cancer.

FRIDAY 18 SEPT - FRIDAY 23 OCT
 Rehearsals: Weekly on Fridays @ 6:30pm

Location: CWA Hall
 158 Edward Road, BATEHAVEN

Who can join: No singing experience required

Why join: Community, confidence, fun and help raise funds for cancer research.

Tickets on sale now @ www.humanitix.com.au



This is a fundraising event to raise funds for the National Breast Cancer Foundation & The Prostate Cancer Foundation of Australia

Friends of Eurobodalla Regional Botanic Garden

Friends 40th Birthday Community Bush Dance

When: Sunday 4th October, 4-7pm @ Eurobodalla Regional Botanic Garden

Tickets Here:



Live music from local band, Country Pumpkins

Food available: Cut & Run Pizza, Clyde River Berry Farm and cold drinks

Bring: Folding chairs, picnics and your dancing shoes for the lawn



All funds raised will go towards the Discovery Garden Project



Quota Club Narooma

Annual STREET STALL

FRIDAY 25 SEPTEMBER 2026
 8.30AM - 1.00PM
 OUTSIDE IGA NAROOMA

Meaning Speech

Tasty home baked goods and jams, small arts and craft, potted plants and a raffle!

All monies raised go towards the **Speech Therapy program** at **Narooma Public School.**



Goodies may be purchased by cash or card

BODALLA ANGLICAN COUNTRY FAIR

ALL SAINTS CHURCH, BODALLA

Saturday 26th September 2026
 10am to 3pm

JOIN US FOR LOTS OF FUN!

- Vintage car display
- Bookfair
- Sausage sizzle
- Cakes & Preserves
- Organ recital
- Local history talk
- Tower tour
- Bric-a-brac
- Plants
- Quality used clothes
- Jewellery
- Coffee van
- Stalls
- Face painting



All proceeds go towards the ongoing care of the historical Parish Church

'Wild Trust' - Local Author Book Launch

In between owning and running a yoga studio, conducting classes and participating in an array of community initiatives, Clare Lovelace is releasing her first book, 'Wild Trust'.

From the fields of Herefordshire in the UK as a shy child, to the jungle of the Amazon and eventually finding satisfaction on the shores of the south coast of NSW, Clare Lovelace's story is both enthralling and inspirational.

It is a tale of one woman's emotional trajectory from outsider and escape-seeker to grounded creator and partner. A trajectory filled with initiations, expansion, internal shifts to reset and necessary endings.

Clare's inspirational Wild Trust is a raw, honest and uplifting reflection on a life shaped through having faith in prevailing energy cycles, no matter their form.

Join Clare and women's business coach for the official launch of Wild Trust: A Pathway to Intuitive Living on Sunday 20th September at 11am-12.30pm at Soul Tribe Studio, Mogo. Follow the link below for bookings;

<https://www.soultribestudio.com.au/event/s-and-workshops/wild-trust-book-launch>



Author Clare Lovelace was profiled in Moruya Mail Edition 11 (MM116-20260304-min p.15)

river of art

- ART PRIZE EXHIBITION
- WINNERS ANNOUNCEMENTS
- FESTIVAL LAUNCH

Mechanics Institute
Friday September 25
5pm RSVP
link in bio

MORUYA MAIL Eurobodalla Gig Guide



September

Fri 18 Sep Davey Hilder Oyster Cove, Batemans Bay 6pm
Fri 18 Sept Tommy Novak's show Starfish (Sold Out)
Fri 18 Sept DJ Matt Brown Bay Soldiers Club 7.30 - 10.30pm
Sat 19 Sept Dave Berry One Tree Inn, Tuross 8pm
Sat 19 Sept Edan Foxdog Distillery & Brewery 12.30-3.30pm
Sat 19 Sept Mick Fernandez Bay Soldiers Club 7.30 - 10.30pm
Sat 19 Sept Mac n Glenda Quantum Brewery 4.30-7.30pm
Sat 19 Sept Abba & The Bee Gees Yuin Theatre 8:00pm
Sun 20 Sept Tony Jagers Moruya Waterfront 12.30 beer garden
Sun 20 Sept Dane Kennedy Foxdog Distillery 12.30-3.30pm
Fri 25 Sept One Louder Bay Soldiers Club 7.30 - 10.30pm
Fri 25 Sept RESET Club Malua 7:30pm
Sat 26 Sept Howlin Mitch Bay Soldiers Club 7.30 - 10.30pm
Sat 26 Sept Mick Fernandez Bodalla Pub 3-6pm

October

Thur 1 Oct Melanie Horsnell Monarch Hotel 6pm
Sat 3 Oct Tony Jagers Quantum Brewery 4.30pm
Sat 3 Oct I Love Your Faces: The Don Lane Story Yuin Theatre 4pm
Mon 5 Oct The Snow Fairy Yuin Theatre 11:00am
Thu 15 Oct Sydney Comedy Festival Yuin Theatre 7:30pm
Sat 17 Oct Kyle Lionhart at Smokey Dan's, 5pm - 10pm
Sun 18 Oct Tony Jagers Waterfront Hotel (with Mark Easton)
Sat 3 Oct WAAX Smokey Dan's Tomakin

Sat 3 Oct Dean Abbott Foxdog Distillery 12.30-3.30pm
Sun 4 Oct Tony Jagers Foxdog Distillery 12.30-3.30pm
Fri 23 Oct Val Moogz with Blue Mallee & Benji Fowler Kinema 6.30pm
25th Oct Tim Pringle Moruya Waterfront 3-6pm.
Sun 25 Oct Mick McGrath Foxdog Distillery 12.30-3.30pm
Fri 30 Oct Daniel Connell: Prairie Dog Yuin Theatre 7:30pm
Sat 31 Oct Totum Foxdog Distillery 12.30-3.30pm
Sat 31 Oct Last Stand - Chisel Barnes Show Moruya Golf Club

November

Sun 15 Nov KENNY ROGERS & Friends Bay Pavilions 2:00pm
Sun 22 Nov Tony Jagers Tilba Valley Winery 11am
Sat 19 Dec Tony Jagers Quantum 4.30pm

December

31 Dec New Year's Eve Usual Suspects Moruya Waterfront

ONGOING

Every Friday Night Open Mic Broulee Brewhouse from 5.30pm
Every Thursday Night Open Mic Moruya Waterfront from 5.30pm

For weekly listings email by 5pm Tuesday to hello@moruyamail.com.au



MORUYA PUBLIC SCHOOL P&C PRESENTS
ART IN THE MAKING
 EXHIBITION & AUCTION
 FRIDAY 18 SEPTEMBER

Please join us for our LIVE Auction

Where: Moruya Public School Hall
 Time: 5:00 pm doors open
 Auction will commence from 6:00 pm
 Complimentary finger food and non-alcoholic drinks will be served before the auction.

We would like to acknowledge the support from our local artists
 Moruya High School
 Hospitality students
 LJ Hooker Moruya - Auctioners

Moruya Community Film Group - 'Dreams'

Sat 19 sept at 6.30pm

Red Door Hall Page Street, Moruya, Dreams (Japanese), also known as Akira Kurosawa's Dreams, is a 1990 magical realist anthology film of eight vignettes written and directed by Akira Kurosawa. Inspired by actual recurring dreams that Kurosawa had. An international co-production of Japan and the United States, Dreams was made five years after Ran, with assistance from George Lucas and Steven Spielberg, and funded by Warner Bros.

NOTE screening early this month. Membership available at the door \$70 for 12 months / \$40 for 6 months - Guests welcome.



TONY JAGGERS
THIS SUNDAY
20 SEPTEMBER
FROM 12.30 PM

COME COOL DOWN IN THE BEER GARDEN AND LOSE YOURSELF IN THE SOULFUL SOUNDS OF A LOCAL LEGEND
COLD BEER • HOT FOOD • GREAT MUSIC

WHILE TONY PLAYS, TRY THE NEW TATACHILLA SUN'DAY SPRITZ CITRUS OR TROPICAL
JUST \$3 A GLASS



HOLIDAY DRAMA WORKSHOPS

- MASK MAKING
- DRAMA GAMES
- IMPROV SKILLS
- NSW VOUCHERS
- SIBLING DISCOUNTS

BOOK NOW LIMITED PLACES

THURS OCT 1
 TUES OCT 6
 9 30 am - 3 pm
 \$65
 Narooma Public School Hall

Sea Stars Drama

WWW.SEASTARSDRAMA.COM

World War I Through Song

Batemans Bay U3A - Special Film Screening Event:

Join tutor Peter Lacey for a unique screening of what has been described as "the oddest and most outstanding film ever made about the 'game' that became World War I." This powerful anti-war film traces the history of the Great War through the memorable, iconic songs of the era—including "It's a Long Way to Tipperary," "Pack Up Your Troubles," and "Mademoiselle from Armentieres." You will walk away with a deeper understanding of history, likely shaking your head in disbelief while humming these unforgettable tunes.

Because this is a longer film, please note our special early starting time. We will take a short intermission halfway through the screening so everyone can grab a coffee.

When: Monday, **21 September 2026** 1:30 PM - 4:00 PM (Film starts at 2:00 PM)

Venue: Grevillea Room, Banksia Village, 69 Heath St, Broulee 2536

Afternoon Tea: A gold coin donation is greatly appreciated. Spots Available: Only 27 places left! How to Book: Secure your seat online now through the Member Wizard portal.



JAN PRESTON BOOGIE DUO

'Australia's best female blues talent'
 Rhythms

www.janpreston.com
 Facebook
 You Tube channel

LABOUR DAY HOLIDAY!

tics available at the door \$25/\$20 conc

MONARCH HOTEL MORUYA
MON OCT 5th @ 1pm
 picnic with live music in the beergarden!!

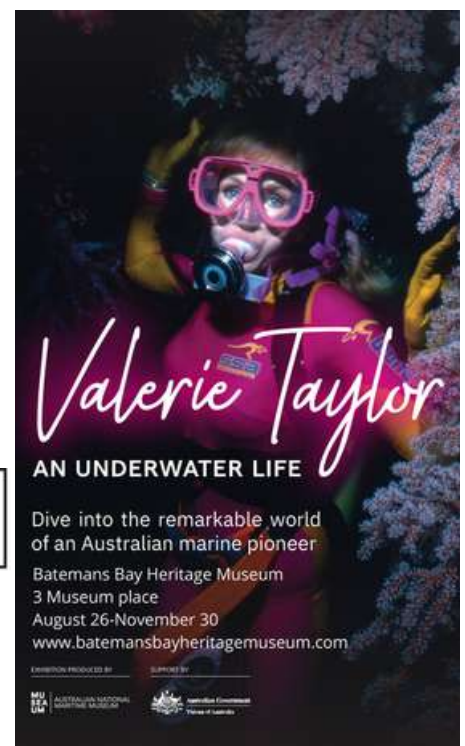
Drinks must be purchased at Monarch but food can be brought in



88
8X8 ARTWORKS
EXHIBITION & ART SALE
CALLING ALL ARTISTS!

Cost: \$5/canvas | Limit: 4 per artist | Art sells for \$88, you keep \$50!
 Canvas Pick-up: Art Room, Narooma or Bodalla Arts Factory
 Artwork Due: 2 Nov 2026 | Opening Night: 6 Nov 2026
 Exhibition: 6 Nov - 23 Dec 2026 at Bodalla Arts Factory

Brought to you by Bodalla Arts Factory & Art Room
 @bodallaartsfactory | lukekellyartwork.com
Plus People's Choice Award \$100

Valerie Taylor
AN UNDERWATER LIFE

Dive into the remarkable world of an Australian marine pioneer

Batemans Bay Heritage Museum
 3 Museum place
 August 26-November 30
 www.batemansbayheritagemuseum.com

EXHIBITION PRODUCED BY: SUPPOSED BY: MUSEUM OF AUSTRALIA NATIONAL MUSEUM OF AUSTRALIA

Application closing date extended!

St Cecilia Youth Music Scholarships

Applications for the coveted St Cecilia Youth Music Scholarships are now open – and the closing date has been extended to October 2, 2026.

This year, up to \$10,000 in scholarships will be awarded to young musicians on the south coast to help improve their skills and provide performance experience. The scholarship program is now in its 31st year and the St Cecilia committee is hoping that more young musicians than ever apply for the auditions.

This year's expert adjudicator will be Ryan Koroknai, an accomplished trumpet player, professional military musician and educator.

"His experience working with developing musicians provides a broad perspective on musical potential, technical development, musicianship and the qualities that contribute to a young performer's continued growth," said St Cecilia president, Jess Ferguson.

Any young musicians between the ages of 8 and 18 are encouraged to apply, and the application form is now live on the St Cecilia website: www.stcecilia.org.au

"We welcome instrumentalists and vocalists with audition pieces in classical or contemporary styles," said Ms Ferguson.

Auditions will be held on Saturday, October 24, 2026 and the Finalists Concert will be held on Sunday, November 15, 2026. All musicians who audition are given performance advice and feedback, and assistance for the finalists performance – invaluable for those working towards a career in music. "An appreciative audience turns out to watch the Finalists perform and they are always very impressed by the talent on display," said Ms Ferguson.

For further information contact Frances Harmey at info@stcecilia.org.au

REVEALED:
New Workshop Dates are Live!

Ready to learn Mosaic? Due to popular demand, our Mosaic Shorties are back for the River of Art Festival! We've just dropped 5 new dates so now is the perfect time to join us!

Sat 26 Sept 10-12
Sun 27 Sept 10-12
Sat 3 Oct 10-12
Sun 4 Oct 10-12
Mon 5 Oct 10-12

Note: Because we keep our group sizes small and hands-on, spots per date are strictly limited. Once a date is full, it's full!

Pick your date and secure your spot here:
<https://www.bodallaartsfactory.com/ve>

Remember, our booking partner Humanitix directs 100% of booking fees to education projects for children in need!

BODALLA ARTS FACTORY **RIVER OF ART**

Art Exhibition 3 to 11 October 2026



South Coast Pastel Society presents our 2026 Spring Exhibition and Sale. The exhibition showcases a diverse range of paintings in pastel, oils, acrylics and watercolour. The art works reflect the diversity of New South Wales's South Coast and adjoining regions and showcases the talent, creativity and diversity of the region's artists. The exhibition features spectacular landscapes and seascapes, beautiful studies of flora and fauna and wonderfully calming still life studies.

**10am to 4pm
each day**

Hanging Rock Sports and Function Centre
Hanging Rock Place, Batemans Bay (opposite the tennis courts)

South Coast Pastel Society thanks the following sponsors for their:



MAJORS
CREEK FESTIVAL

6-8 NOVEMBER 2026

MUSIC • WORKSHOPS • POETRY • MARKETS • DANCE
CAMPING • FAMILY FUN

Susurrus

Cath Bowdler, Greta Cooper, Leah Ann Early, Barry Jackson, Cathy Laudenbach, Luminescent Sea, Tessa Muskett, Lisa Patroni, Erica Seccombe.

Opening: Saturday 19 September 2026 from 10.30am
Followed by artists' talk at 11am
Exhibition: Saturday 19 September - Saturday 17 October 2026
Where: The Bas, corner of Vulcan and Murray streets, Moruya NSW 2537



Leah Ann Early Fawn, 2026. Paper collage on board, 22.5 x 22.5cm (detail)

Join us to celebrate local artists as part of the River of Art Festival. As spring unfolds, subtle shifts in light, atmosphere and energy signal the start of something new. This group exhibition invites artists to respond to the many expressions of change, whether quiet and reflective or vibrant and dynamic.



Donate to the Bas

www.theBas.com.au
hello@theBas.com.au
02 44747355
Monday - Saturday
10am - 4pm

eurobodalla
shire council

**BASIL SELLERS
EXHIBITION
CENTRE**

BATEMANS BAY U3A SINGERS

PRESENT "SPRING INTO SONG" CHARITY CONCERT

Saturday 19 September 2026 2:00pm
BATEMANS BAY SALVATION ARMY HALL
25 - 27 Old Princes Highway

Featuring: The U3A Singers
Local Guest Artists: Blueberry Jam

**All proceeds to Batemans Bay Salvation Army
To assist with their Local Community Work**

Admission: \$20.00 per person (CASH ONLY)
Includes Afternoon Tea

Advance Ticket Purchase: Salvos Shop, Orient Street
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TICKETS ONLY \$10.00

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Donated by Moruya Golf Club

THIRD PRIZE: \$1,000 Store Credit at Batemans Bay Betta
Donated by Batemans Bay Home Living

Monies raised will assist in funding the construction of accommodation for close relatives and primary carers of patients receiving treatment in the new hospital. The facility will be located on site at the new Eurobodalla Regional Hospital.

Tickets can be purchased at local markets or by contacting:
Secretary@caerh.org Telephone: 0412 699 535

Or any CAERH Member please refer to www.caerh.org for information

QUANTUM

Trivia Night

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LAST FRIDAY OF THE MONTH

6 PM

2026 BOARD DIRECTOR NOMINATIONS

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NOMINATIONS CLOSE 12PM THURSDAY 24TH SEPTEMBER

RESULTS OF THE BALLOT WILL BE ANNOUNCED AT THE ACM ON SUNDAY 25TH OCTOBER

NOMINATION FORMS AVAILABLE AT RECEPTION, AN ELECTRONIC POLLING BOOTH AVAILABLE WITHIN THE CLUB. YOU MUST HAVE YOUR UNIQUE PIN NUMBER FROM THE ACM TO VOTE. IF YOU NEED YOUR VOTING INFORMATION, PLEASE CALL 1800 224 420.

Eurobodalla Council's 2027 Community Grants are now open

If you're planning an event in 2027, you can apply for Community Events Grant of up to \$2,000 per application to help cover costs such as equipment hire, marketing, insurance, permits, entertainment, accessibility, waste management and safety services. You can also apply for a Community Wellbeing Grant of up to \$2,000 to support projects that promote health and wellbeing, social inclusion, volunteering, youth development, sustainability and community connection.

- Applications close 30 September 2026
- Up to \$2,000 per application
- Projects and events must be delivered during 2027

Find out more and apply via [Grant opportunities](#) | Eurobodalla Council



Bodalla Rural Fire Service Get Ready Weekend Fundraiser Trivia Night

Are you ready for laughs, prizes and trivia?
Test your knowledge, gather your team, and get bushfire ready!

Saturday 26 September 2026 • 5:30 pm
Bodalla Memorial Hall

Tables of up to 8 people — \$15 each
Includes entry into the lucky door prize

Tickets available on Humanitix
Scan the QR code or visit

<https://events.humanitix.com/bodalla-rfs-trivia-night>

Tea, coffee and supper included
BYO alcohol • Sausage sizzle and drinks available for purchase

More information: Bodalla RFS Secretary
bodalla@rfsouthcoastnsw.org.au • 0400 305 710



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10am to 2pm
Batemans Bay Soldiers Club

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Mongolian & Kazakh Soul, Blues Heart



WATERFRONT HOTEL MORUYA

Sunday 18th October

FREE ENTRY

Eurobodalla Orchid Club

Spring Orchid Show





Saturday September 19th
9am to 4pm

Sunday September 20th
9am to 2pm

Free Entry

Narooma Leisure Centre
100 Bluewater Drive
Narooma

Plants for sale,
Raffle and posies for sale

Moruya Rotary Youth Scholarships 2026-27

Applications open 1 September 2026
Moruya Rotary is offering three Youth Scholarships to local students completing Year 12 this year and commencing tertiary study in 2027.
Each successful student will receive financial support throughout their first two years of tertiary study (2027 and 2028). Scholarships can support university or other recognised tertiary programs, including VET studies. To be eligible, students must reside in the Moruya District, between the Tomaga River in the north and the Tuross River in the south, including Moruya, Broulee and Tuross Head.
Applications close 31 October 2026.
The application form and guidelines are available to download from the Moruya Rotary Club website: [Moruya Rotary Youth Scholarships](#)

2026 hard waste collection schedule

- Monday 21 September: Long Beach, Maloneys Beach and South Durras

Youth Against Domestic Violence Colour Run 2026

Get ready to get covered in colour, have some fun and take a stand for healthy relationships and a community free from violence.

Saturday 28 November 2026 Moruya Riverside Park
Early bird tickets are available NOW!

Grab yours early and get your crew together! Part of the 16 Days of Activism Against Gender-Based Violence

Dr Holland petition for more planned surgeries closer to home

Member for Bega Dr Holland is calling for increased planned surgery capacity at South East Regional Hospital with the local population continuing to grow and demand for health services increasing.

"I want to see more planned surgeries delivered at South East Regional Hospital, giving local patients greater access to care, reducing unnecessary travel and helping people get back to their families, work and everyday lives sooner.

"This is about making sure the health system keeps up with our community and that people can get the care they need, when they need it, as close to home as possible."

Dr Holland is calling on local residents to support the campaign for increased planned surgery capacity at South East Regional Hospital. Sign the petition : <https://www.dr-michaelholland.com.au/community/sign-my-petition-for-more-local-surgery-capacity/>

Nestbox Use and Construction

with Eurobodalla Landcare Network Sunday, 20th Sept 9:15 - 11AM
Learn what makes a good nestbox + how to create and install your own! Come along and find out about nestboxes, and about good nestbox construction (including how to avoid common mistakes) so that you can make and install your own. This presentation and demonstration marks the beginning of a 3-year citizen science nestbox project at Meringo Point Sanctuary. Birdlife Australia and the Biodiversity Conservation Trust have provided nestboxes and funding to install and monitor 60 different boxes across the 40 acres of the Sanctuary. This event will be located at The Old Dairy in Meringo. Full address will be emailed to you 2 days prior. BOOKING ARE ESSENTIAL (space is limited). Please RSVP by Thursday 17th September. Notes will be provided (electronically).

The presenter is Dr Susan Rhind with special thanks to Murray Ellis and Narawan Williams for their contributions. Morning tea will be provided. If you have any questions, please contact Courtney at courtney.fink@esc.nsw.gov.au or 0427 401 036

LINK <https://www.eventbrite.com.au/e/nestbox-use-and-construction-tickets-2000085620933?aff=oddtcreator>

Community feedback helping shape revised masterplan

Eurobodalla Council held two public drop-in sessions at Bay Pavilions last week, giving staff developing the revised Batemans Bay Masterplan an opportunity to hear directly from the community.

Around 25 people attended, most of them local residents. They expressed broad support for change and some development in and around Batemans Bay, but on a lesser scale than the previously proposed 100-metre building heights. Participants also emphasised the importance of retaining the town's coastal character, protecting public spaces, and ensuring easy movement and access to services.

Council has also launched an online survey, open until 30 September, to gather further community feedback.

That feedback, along with previous community input, additional stakeholder engagement and technical studies, will help shape the revised plan. It is expected to go to Council in December before formal public exhibition in early 2027.



Tickets to be released soon! Keep an eye out! See less



2026 Diary Dates

- Sat 26th Sept **Quantum Art Prize opening 3pm**
- 26 September – **Tilba Festival**
- 25 September – **River of Art Prize opening and Festival Launch**
- 21st–25th October – **Sea Otter Australia**
- 2–3 Oct – **MDHA Annual Book Fair**
- 17 & 18 Oct **Vintage Farm Machinery & Truck & Car Show Moruya Showground**
- 31st Oct – **Eurobodalla Health & Community Expo**
- 22 Nov – **Tomakin Community Day 12–4pm**
- 28 Nov – **Youth Against Domestic Violence Colour Run**
Riverside Park
- 5 Dec –30 Jan – **Basil Sellers Art Prize 2026**
- 6–20 Dec – **Congo Crafts 41st Exhibition.**
- 19th Dec – **Carols By Candlelight**
- 13 March 2027 – **NSW State Election**
- 7–9 May – 2027 **Narooma Oyster Festival**
- 18 June to 18 July 2027 – **Fungi Festival**

Free Legal Advice

South Coast & Country Community Law provide in person legal appointments for clients.

When: Thursday 24 September 2026 10am to 1:30pm

Where: Moruya Medicare Mental Health Centre, Mirraboopa Avenue Moruya 2537 (Building address: 73 Vulcan Street, parking and entry at rear, off Mirraboopa Avenue).

Narooma VIEW Club welcomes new members

Narooma VIEW Club meets on the fourth Friday of each month at Narooma Golf Club Seahorse Room at 11.30 for lunch & a guest speaker.

Moruya Community Workshed

New members are always welcome. We are located in the grounds of the Moruya High School operating two days per week. For inquiries please contact Wayne on 0488 743 788.

Tuross Community Markets

held every 2nd and 4th Sunday of each month.

Moruya Business Chamber

Moruya Business Chamber invites all interested people to a breakfast at the Adelaide Hotel on Thursday 24th September 7.30am. Cost \$25 RSVP to chamber@moruya.nsw.au Or text to Glenda at 0415 955 662

SAGE Spring Equinox

Sunday, 20 September 2026 | Gates open 3.30pm for 4pm dinner SAGE Garden 110 Queen Street, Moruya

Councillor Catch up - Tuross Head

Wednesday 23rd September from 10.30am – 12.00pm
Come and meet / chat / ask questions. Club Tuross

Southern NSW Local Health District



2026 Annual Public Meeting

Southern NSW Local Health District's Board extend an invitation to our community to attend our online Annual Public Meeting.

Tuesday 27 October 2026

4.00pm to 4.45pm

Online via Microsoft Teams

Register at bit.ly/SNSWLHD2026APM



Please submit questions to SNSWLHD-YourFeedback@health.nsw.gov.au in advance and these will be answered on the day.

Elegant High Tea Fundraiser at Historic Henkley Farm - Central Tilba

Sunday, 25 October 2026 at 11.30am to 1.30pm.

To reserve your place, email nola.ezzy@gmail.com.

Gala Cancer Fundraiser - Raising Money for Breast & Prostate Cancer

Saturday 24 October 2026 Bay Soldiers Club. Please join us in raising money for Breast and Prostate Cancer. Saturday the 24th of October at the Batemans Bay Soldiers Club. While enjoying a delicious two course meal, there will be South Coast DJs, Lucky Door Prizes and more [Link](#)

Batemans Bay Reunion "Yesterday Today and Tomorrow"

A Batemans Bay reunion will be held at the Batemans Bay Soldiers club on the 7 Nov. 2026. A chance to catch up with those old friends we love but rarely see. Have a chat about the Bay that was. Share your memories of our town and our area. Our school days, workdays and sports days. Enjoy a popular Chinese Banquet. Doors will open 4pm. Tickets \$44 per person will be available online. Just search STICKY TICKETS and Batemans Bay Reunion. here you can choose your table and seats. If your not able to access the internet the Soldiers Club will take bookings at the desk workdays Mon-Fri between 10.00am to 4pm.

Can Assist Eurobodalla

Support country cancer patients and enjoy tax benefits while you do it. Set up a regular donation and help ensure those in rural NSW get the support they need, when they need it, to get to their cancer treatment. 100% tax deductible - No need to remember - it's automatic - Every dollar makes a real difference. Click the link to learn more and start giving today. <https://canassist.org.au/ways-to-give/donate/>



Moruya District Hospital Auxiliary

If you would like to join the Hospital Auxiliary and help raise funds for your local Hospital, you would be most welcome. Meetings are held at the Moruya Golf Club on the 1st Monday of every month at 2pm To find out more email mdha@y7mail.com or PO Box 469 Moruya 2537



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Ainslie Parade Tomakin

Mega Garage Sale

Every Wed and Sat

8.30 - 12.00

Small bric-a-brac to furniture
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For info and forms go to TeenSafe link at - baybeginnersdrivingschool.com.au or phone Sean 0412446568

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10:30 AM - 12:00 PM

 MORUYA NSW

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Grow your joy*



ASK BIG HEAD



G'day mates! It's me, the big-brained woof head back to answer your furry FAQs. This week's foul-flavoured query comes from Sue in Moruya who asks:

"Why does my dog eat other animal's poo?"

I've tried to stop her gross habit but she's four now, so I've basically given up. Is eating a little bit every so often that bad?"

Ah, the dark delicacy! Known to humans as coprophagia, to us dogs it's basically a hidden treasure in snack form. So, why do we do it? Eating dog poo can often stem from our evolutionary scavenging instincts and you'll often see it in dogs who have spent time as strays. As they say, waste not want not!

For mother dogs, eating their puppies' stool for the first few weeks of their lives is how they keep the den spick and span. Some mother dogs sometimes will retain that behaviour and 'clean up' their housemates poo in the yard. It might seem yuck but they're actually trying to be tidy. Kangaroo pellets are packed with pre-digested plant matter, fibre, and gut enzymes, making roo poo smell and taste like a vegan treat. Feline diets are super high in protein and fat, turning the cat litter tray into a veritable gourmet goldmine of raw protein. And when it comes to soft bird droppings, well, they're quick and easy to eat and full of residual nutrients the birds didn't digest.

Your dog's diet can certainly play a role too. If their food is filled with hard-to-process fillers or low-quality proteins, key nutrients can pass right through their gut without absorbing. So they'll sometimes try to supplement those missing vitamins by sampling stool. Same deal if a dog is underfed or struggling with gut issues - they'll often seek out extra meals elsewhere.

And the million dollar question: Is eating a little poo even bad for your dog? While a small dose might seem harmless, moderation doesn't lower the risk. Every bite is a game of microbial roulette! Sure, sneaking a daily bite from a healthy, fully vaccinated housemate is less risky, but regular manure munching keeps your pup's gut exposed to bad bacteria. For the sake of your dog's health, I say ditch the smelly delicacy entirely because the more they eat the higher the odds of picking up a parasite.

Got a curly one for Big Head? Send your queries over to bigheaddogtraining@gmail.com

Animal Welfare League NSW Eurobodalla Branch - Tailwaggers Wag & Walk Returns for a Fun-Filled Family Day

Families and dog lovers are invited to Narooma's Nata Oval on Sunday, 20 September for a morning of fun, furry friends and fundraising at the annual Tailwaggers Wag & Walk.

Hosted by the Animal Welfare League NSW Eurobodalla Branch, the popular community event will bring together dogs and their owners for a fun-filled morning, while raising vital funds to support local animals in need.

Registration for the Tailwaggers Wag & Walk opens at 9am, with plenty of opportunities for dogs to show off their personality and style. Celebrity guest judge Taylor Beadle-Williams, currently on The Voice, will be on hand to help choose the winners in a range of entertaining categories, including Fluffiest Dog, Best Dressed, Best Trick and Most Like Their Owner. And you don't need to own a dog to enjoy the morning.

Visitors can grab breakfast at the sausage sizzle, enjoy live music, browse the car boot sale, enter the raffle and soak up the community atmosphere.

The raffle features an exciting range of prizes, including a one-week pet holiday, golf packages, puppy hampers, local vouchers and more.

The car boot sale is also expected to be a popular attraction, providing an opportunity for locals to pick up a bargain.

"Tailwaggers is always a wonderful community morning and a great way to bring people and their dogs together," said Clare Hooper, President AWL NSW Eurobodalla Branch. "Most importantly, the funds raised help us continue caring for local pets and supporting animals and their owners when they need us most."

Whether you're bringing your best four-legged friend, looking for a bargain, chasing a great raffle prize or simply wanting to enjoy a relaxed Sunday morning with the community, there will be something for everyone.

Tailwaggers Wag & Walk - Event Details

When: Sunday, 20 September

Registration: From 9am

Where: Nata Oval, Narooma

What: Wag & Walk, dog competitions, car boot sale, sausage sizzle, live music and raffle

Beneficiary: Animal Welfare League NSW Eurobodalla Branch

Bring the family, bring your dog and put your best paw forward for a great local cause.



Car Boot Sale



Sunday 20 September 2026
NATA Oval Narooma

CARS - \$20
UTES/TRUCKS - \$30

SELLERS - ARRIVE FROM 7AM FOR 8.30 START
BUYERS - ARRIVE FROM 8.30

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FOLLOW ALONG

A Second Spring with Lighthouse Therapies, Soul Tribe Studio Mogo

By John Longhurst

Mogo's growing reputation as a destination for health and well being will receive a further boost on the 24th and 25 October with a groundbreaking 2 day workshop focusing on perimenopause and menopause.

Mink Sadowsky*, owner of Lighthouse Therapies in Mogo will host the workshop, 'The Second Spring'. Mink said "The Second Spring is a nourishing two-day workshop exploring perimenopause and menopause through a rich blend of modern medicine, nutrition, movement, ancient wisdom and cultural traditions. Menopause is a universal human experience, yet the way we understand and experience it can be profoundly shaped by culture. Across history and around the world, different traditions have approached this transition through ritual, community, food, movement, spirituality and a deep respect for the wisdom that comes with age.

The Second Spring brings these perspectives together with contemporary, evidence-based knowledge, creating a space to learn, question, share and reconnect with the body.

This is an invitation to move beyond the idea that menopause is simply something to endure — and instead explore it as a significant life passage, with its own possibilities for strength, freedom, wisdom and renewal."

Mink has invited professionals with expertise across a range of disciplines including; - Clare Lovelace, yoga teacher and Qigong practitioner, who will lead gentlepractices throughout the weekend, -Liz Fulop, nutrition coach and personal trainer, who will explore how food and movement can support us through midlife and beyond. -Dr Michelle Hamrosi who will guide participants through the medical understanding of perimenopause and menopause. -Host Mink Sadowski, owner of Lighthouse Therapies, will ensure the workshop creates space for the less tangible aspects of this life stage. Mink said "It is a weekend of nourishment and connection. The Second Spring is designed to be both informative and experiential. There will be time to learn from experts, move the body, rest, ask questions, share stories and connect with other women going through similar transitions."

Details:

Saturday 24 October | 10:00am–4:00pm

Sunday 25 October | 10:30am–4:00pm

Early Bird: \$450 before 1st October

Full Price: \$495 Lunch included both days

Address: Soul Tribe Studio in Mogo, located at 3/27 Sydney Street

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What to Expect

- A friendly, supportive space
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- Guided sessions — no singing ability required!



CWA Hall Moruya - 64 Queen St

Moruya

1 hour classes | Mondays 10-11am
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Come along, have fun, and enjoy an hour of music and connection!



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Katrina Stuart-Fox: 0429 351 700
www.circlefoundationcoop.org.au

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The Second Spring

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24th & 25th October

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from Light Heart Therapies

GUEST CONTRIBUTORS
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Liz Fulop
Clare Lovelace

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Tackle World Moruya Fishing Report 11.9.26

Moruya River.

If last weekends and this weeks trade has been anything to go by, then optimism is on the increase. As the weather improves, water temps rise, more and more people are starting to break out of last winters hibernation cycle, and are spending more time outside. I have seen plenty of optimistic people this past week, and it is encouraging to see.

River temps are slowly rising, which in turn will lead to an increase in fish activity. The winds we have had the last few days will change direction from that freezing southerly to a westerly then north easterly by Sunday. The will however be a bit on the strong side, so finding a sheltered spot, will be the key.

I would concentrate on the lower reaches of the river, airport flats, hole in the wall quarry wharf areas on a rising tide for the best chance at finding actively feeding fish.

Up in the fresh reaches, there have already been some nice bass caught since the season opened up at the start of the month. I will be heading upstream this weekend at some stage to my favourite holes, and chasing a few myself also. I'll let you know how I go.

Tuross River.

The back lakes of the Tuross system are on the warm, and as such they are areas that see the biggest spike of flathead activity this time of year. Keep your lure presentations small still, as this will trigger more bites than big offerings early season. Once the water really warms up, you can start throwing big lures for big fish.

The lower reaches of the system from the mouth up towards four-ways, will be the better areas to look this weekend. For mulloway, look at the deeper holes, flathead, look at the edges created where the water changes depth and weed beds, bream try the flats areas around nipper beds.

With the river levels low with little to no rain having fallen recently, the bass are finding it hard to move up from their post spawn locations. Start looking in the lower reaches where the fresh meets the salt for your chance at finding an early season bass.

Rock and Beach.

Salmon continue to be the stand out species along the coastline this past week, with the winds really being a deciding factor on which beach's are best explored. Moruya break wall is always worth a look, you may even see me down there this weekend throwing some big lures for a lurking mulloway.

As the water temps start to climb along the coast, expect the bream and whiting to start appearing in the gutters close to the shore break. Worms or live nippers are a great bait for these locations.

Offshore.

There have been plenty of good snapper numbers reported in and around the 10-15m marks this week, with a mix of flathead and other reef species also making any anglers bags also.

The games end has been quiet this week, but we are hoping for a run of tuna like last year, as the water temps are looking similar to last year, but only time will tell. We had a big drop of gear from Shimano Australia this week, so the shop is full of all the usual suspects, along with a few new items. There will be more coming from Daiwa next week, as I am yet to top existing stock lines and new items next week, stay tuned!!

The bait freezer was restocked this week also, so we have all your bait needs covered.

Stay safe everyone and remember, "Every day's a good day for fishing..."

Team Tackle World Moruya.

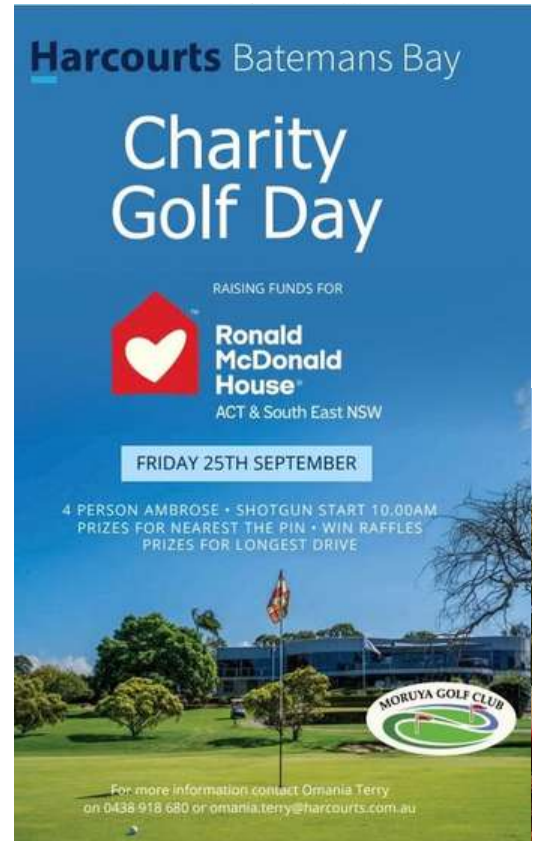
Free Narooma Youth Fishing Competition is back for 2026 in the October school Holidays!

At Narooma on Friday 9 October another day of fishing, prizes, good food and hanging out by the water. We will be working with the The Narooma Sport and Game Fishing club who will host the competition at their club shed and will be there on the day to help out for anyone who might need a hand fishing. Headspace will also be joining is for the day to join in on the fun!

The competition is open to young people aged 12-24. Families with kids under 12 are also welcome to attend a social fish. The day will include:

- A friendly land-based fishing competition for 12-24 year olds
- Social fishing for under 12s (with parent or guardian supervision)
- Prizes to be won and BBQ for participants and families
- Plenty of time to fish and enjoy the day

Tickets are limited so please register via Eventbrite by Friday 2 October: [Narooma Youth Fishing Competition – Eventbrite](#)



Harcourts Batemans Bay

Charity Golf Day

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MORUYA GOLF CLUB

For more information contact Ormania Terry
on 0438 918 680 or ormaniam.terry@harcourts.com.au



SAGE Farmers Market

Tuesday 3pm Moruya

sagefarmersmarket.org.au

growing the community



Yoga pose of the week

with Christina Carroll

Shoulder Stand Pose - Sarvangasana

A great pose to stretch the shoulders and neck and promote good blood circulation. It is said to calm the nerves by stimulating the parasympathetic nervous system, decrease depression and anxiety symptoms. Turning everything upside-down helps to balance the circulatory, respiratory, digestive, reproductive, nervous and endocrine systems.

To practice - Lie on your back, bend both knees and draw the thighs close to the chest. Straighten the legs up and over the body towards the head. Press the arms into the floor, raise the buttocks and take the legs further over the head. Continue to lift by curling the pelvis and then the back away from the floor, so that the knees come toward the face. Turn the palms up, bend the elbows and draw the elbows toward each other. Place the hands behind the ribcage, slightly away from the spine, to support the back. Make any adjustments required to stabilize the position working towards having the torso at a 90 degree angle with the floor and the hands support the weight of the body. Raise the legs vertical and press the heels up to the ceiling. Relax in the final position for as long as comfortable. To release, bend the knees towards the chest, return the arms to the floor with the palms faced down then gently roll the body back onto the floor.



MORUYA ANTIQUE TRACTOR & MACHINERY ASSOCIATION
present their great
**VINTAGE FARM MACHINERY,
TRUCK & Car SHOW**

Moruya Showground - 2026

Sat 17th OCTOBER 9-5 PM & Sun 18th 9-1 PM
Vintage Tractors, Engines & Machinery, Working & Classic
Trucks, Motorcycles, Cars, Woodwork & Much More!
Grand Parade on Saturday around 1 PM
Raffle with lots of prizes! Refreshments Available!
See history in action



**Fabulous Community Event! EVERYONE
WELCOME ~ ADMISSION by Gold Coin Donation**
Contact Steve Shields - 0418 439 914

HELP SHASA'S FOOD PROGRAM



**WE NEED
YOUR
EMPTY
PAPER
FOOD BAGS!**

PLEASE CONTACT SHASA IF YOU
HAVE SPARE BAGS TO DONATE.
EMAIL:
CONTACT.SHASA@GMAIL.COM
PHONE:
0467558645
DROP OFF:
BAGS CAN BE DROPPED OFF AT
2 JEFFERY PLACE MORUYA



EACH WEEK THE HARD WORKING SHASA FOOD TEAM FILL EMPTY
BAGS & BOXES WITH DONATED FOOD FOR NEEDY FAMILIES.



SHASA
shasa.com.au

OPEN PUBLIC DISCUSSION

Hosted by Batemans Bay Branch of the Australian Labor Party.

*"What the second Trump administration
means for Australia."*



Featured speakers:

Lesley Russell & Bruce Wolpe

Lesley Russell
Health policy adviser to Democrats in the US
Congress and the Labor Party in the Australian
Parliament; Adjunct Associate Professor at the
University of Sydney; regular contributor to
Pearls and Irritations and Croakey.

Bruce Wolpe
Former adviser to Democrats in Congress and
to Prime Minister Julia Gillard; senior fellow at
the United States Studies Centre; regular
commentator on US politics across Australian
media.

Everyone's Welcome

5pm, Tuesday 29 September
Batemans Bay Pavilions - Rooms 3&4

Tea and coffee will be available, and there will be a raffle with the prize of a signed copy of
Bruce Wolpe's book, *What Trump's Second Term Means for Australia*. Formal discussion
concludes at 6.30 pm. Join us to continue the conversation over dinner at the Soldiers Club.

Register for catering

Email cmk324@gmail.com - Subject heading: "Russell Wolpe"

**REPAIR
CAFE**



**MORE ITEMS NEEDED
FOR REPAIRING!
WHAT ARE YOU BRINGING
TO THE REPAIR CAFE?**

**OUR HARDWORKING ELECTRICAL
AND GENERAL REPAIR TEAMS
NEED MORE ITEMS TO REPAIR.
OUR TECH TEAM HAS TIME TO
HELP WITH YOUR TECH QUERIES**

The Eurobodalla Repair Cafe is held at the
Red Door Hall
St John's Commons
Page Street, Moruya
The doors will open on a Friday
at 9.30am until 12.30pm.



SHASA
shasa.com.au

contact.shasa@gmail.com

Be part of the solution

Solar Panel Reuse for Southeast Regional NSW

**REPURPOSING
for RESILIENCE**

EUROBODALLA

rfreurobodalla.com.au

Tuross Head Golf



President Bruce Harding with Winner Nick Brice



Winner: Terry Milliken with Vice Captain Paul Ferguson



Winners: Jenny Reilly, Kerrie Sands and Leonie Doolan

Tuross Head Golf Results Thursday 10th September 2026

A field of 46 players competed in a Medley Stableford event today. It was a beautiful sunny day and some excellent and close scores were achieved.

The Winners were:

- 1st: Nick Brice (10) with 39 points (countback)
- 2nd: Tory Puglisi (26) with 39 points
- 3rd: Brad Doolan (7) with 38 points (countback)
- 4th: Brad Reid (36) with 38 points

Nearest to the Pins

- 4th: Nick Brice 4.83 A Grade
- 4th: Shane Gschwend 9.14 B Grade
- 4th: Tory Puglisi 13.0 C Grade
- 6th: Lars Gaupset 4.90 A Grade
- 6th: Peter McRae 4.19 B Grade
- 6th: Terry Milliken 5.75 C Grade
- 7th: Ruth Gschwend 2.13 A Grade
- 7th: Mark Forrest 7.78 B Grade
- 7th: Chelsea Mayes 6.95 C Grade

Balls went to: Lars Gaupset 37, Steve Johnston 36, Nigel Barling 35, Linda Puglisi 35, Ray Bolard 34, Ian McManus 34, Ian Miller 34, Kevin Reilly 33, Ian Manton 33 and Ruth Gschwend 33.

Tuross Head Golf Results Saturday 12th September 2026

A field of 56 players took to the course to compete in a Medley Stableford event. The event was sponsored by Allan Langford. The weather was sunny and there were some amazing and close scores.

The Winners were:

- 1st: Terry Milliken (24) with 39 points
- 2nd: Peter Johnston (20) with 37 points (countback)
- 3rd: Wayne Lilley (16) with 37 points (countback)
- 4th: Ken Hush (13) with 37 points (countback)
- 5th: Mark Schenk (12) with 37 points (countback)

Nearest to the Pins

- 4th: Lars Gaupset 0.37 A Grade
- 4th: Michael Coloe 2.09 B Grade
- 4th: Brad Reid 4.20 C Grade
- 6th: Nick Brice 1.76 A Grade
- 6th: Shane Gschwend 5.26 B Grade
- 7th: Ruth Gschwend 0.46 A Grade
- 7th: John Eglitis 2.23 B Grade
- 7th: Viktor Svarcs 5.77 C Grade

Place Getters: Ian Lawson 37, Paul Scholze 37, Teri Swanbury 36, Tony Brown 36, Jim Wade 36, Darren Willmouth 36, Steven O'Shea 36, John Eglitis 36, Gavan Wheelahan 35, Ian Manton 35, Greg Smith 35, Ron Rogers 35, Michael Coloe 35, Colin Houghton 35 and Brad Doolan 34.

Tuross Head Ladies Golf Results Tuesday 15th September 2026

A field of 13 ladies competed in a Stableford event. The event was sponsored by Marie Muriwai. It was an overcast day and some fantastic scores were achieved.

The Winners were:

A Grade:

- 1st: Leonie Doolan (31) with 43 points
- 2nd: Pauline Nash (30) with 38 points

B Grade:

- 1st: Kerrie Sands (39) with 41 points

C Grade:

- 1st: Jenny Reilly (42) with 34 points
- 2nd: Jane Eglitis (43) with 33 points

Hole Prize:

- 7th: Marie Muriwai Golden Shot A 1.91
- 7th: Stacey Davidson Golden Shot B 1.25

Nearest to the Pins: 2nd Shot

- 6th Marie Muriwai Distance 0.41
- 15th Leonie Doolan Distance 0.82

Place Getters:

Marie Muriwai 34 and Cate O'Brien 34.

Tuross Head Vets Golf Results Wednesday 16th September 2026

30 players competed in a 2 person Ambrose event today. It was a cool, windy morning and some fantastic scores were achieved.

The Winning Teams today were:

- 1st: John Harb and Ken Hush with 32.5
- 2nd: Ian Miller and Ian Manton with 33.75
- 3rd: Greg Smith and Paul Pereira with 35 (countback)

Balls or Chocolates:

Jane Eglitis and Rob McKirdy 35, Greg Bush and Warren Hodder 35.5 and Lisa Gray and Steve Gardner 35.5.

Nearest to the Pins:

- 4th: Greg Smith (2nd Shot)
- 6th: Ross Hendy (1st Shot)
- 7th: Ladies: Stacey Davidson (2nd Shot)
- Mens: Ian Miller (2nd Shot)

Accuracy: Warren Hodder (5th hole)
Bradman's: Stacey Davidson and Steve Lindbury



Winners: John Harb and Ken Hush

Hold Fast
Distillery

Hold Fast Distillery
Creators of hand crafted Australian spirits.
Specialising in whisky, gin and vodka.

Info@holdfastdistillery.com.au holdfastdistillery.com.au

See you at
SAGE
MARKET
MORUYA



Tomakin Twist Tops Bowls

President Robbo welcomed 29 Twisties on a very warm morning. Great to have Selector Dobbo with us although not quite ready for getting onto the Green as yet. Welcome to new member Rick Beer. Congratulations Laurie Masterson and his team on 1st Place B Grade basketball in Newcastle for Special Olympics, well done Lozza. (Photo).

Thanks to Kaz for yummy morning Tea of Apple slice also to Vince for his beautiful juicy. Winners on Lowest Winning Margin. +3 on a countback, Ute and Sadie bowling a half game with Pattycake. Runners-up, Trish the Dish, Matilda and Smiley. Winning Skip Pattycake selected Rink 9 to try for Jackpot of \$246.

Tim cut cards and came up with 9 of Diamonds, 1 off Joker I heard High/Low scores 31/6 not won now up to \$56.50.

Lucky numbers, 14 Kaz, 29 Kate. Winners, Mad Max and Rick 22/8 Chrissy and Tim 19/11

Whizza, Scottie and "Bert" 25/16 "Clark Kent" and Kaz 31/6

Thank you to Kaz and any Twistie members who will support Kaine to raise funds for Pancreatic Cancer research on 26th September also our committee will donate for this very worthy cause.



Club Malua Stingrays Women's Bowls

There were no bowls today due to the rainy weather, although most of us arrived ready to bowl.

Happy Birthday to Marlou Rollinson and Margaret Bridges enjoy your day. Next Tuesday Rounds 1 and 2 of Club Major Singles will be played.

Thank you to Markers in Round 1.

Everyone is getting tables booked for Pink Day on Tuesday 20th October always a popular event for a very worthy cause.



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KIDS TENNIS CLINICS

Hit the court these holidays!

- ✓ Technique, tactics, matchplay
- ✓ Multi-sport games & activities
- ✓ BBQ lunch daily

- ✓ Qualified, experienced coaches
- ✓ Safe, inclusive environment
- ✓ Focus on FUN

BATEMANS BAY	Sep 28
MORUYA	Sep 29
NAROOMA	Sep 30 / Oct 1

9AM - 2PM | **\$70 PER DAY**

BOOKINGS
 Richard Sellick — 0414 753 941
 Geordie McEvoy — 0402 278 184
richard@nextgenerationtennis.com.au

MORUYA SATURDAY OPEN

EPC's first Moruya pickleball session

This Saturday
19 September 2026

1:30pm-3:30pm

Moruya
Basketball Stadium

Fun pickleball for
the whole community

Book via Eurobodalla Pickleball Club on OpenSports

Members \$10 • Non-members \$15

**A cleaner future
in the Eurobodalla**

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Driving Change

Eurobodalla Falzon Retains Titles in Win Over Singh



By John Longhurst

The World Boxing Association (WBA) Oceanic and WBA Asia women's featherweight titles remain on the South Coast with Batemans Bay boxing sensation Skye Falzon's victory last week.

In the 10 round contest in headline encounter in Sydney last Friday night, Skye was convincing in winning 9 rounds in her first defence of her WBA Asia title.

Speaking exclusively to the Moruya Mail after the bout, ever the perfectionist Skye, was disappointed it was a points decision.

Skye said "It was not a victory by stoppage, unfortunately. She moved a lot on the back foot running around the ring. I was not overly happy with my performance and can perform much better than that. But it's also very hard to perform your best when someone runs away from you the whole time. But she came to win so I will give her that. I had to change our game plan as we weren't expecting her to run away for 10 rounds. It was a frustrating fight on my end but I am happy I got the win."

It has been a year since Sky last pulled on the gloves for a bout.

Skye said "I am not happy with my performance as such as I know how much better I am. I did feel extremely fit but I did also notice a bit of ring rust from being out of the ring for so long but after a few rounds I settled back into it. I am happy to be back ... and to have kept my titles. It is now a case of just moving forward and see what's next."

Skye's performance is all the more impressive given she secured victory over 10 rounds, another first for the South Coast champion.

BOOK A TECH TALK FOR YOUR CLUB OR COMMUNITY GROUP

2026 <<<<<<

Email: admin@theTecExec.com.au



Trish Pye Digital Literacy Trainer
Phone: 1300 366 802

Moruya Surf Life Saving Club raises over \$9000 with Gotcha4Life 24 Hour Row



During the 24 hours, the participants rowed the equivalent of paddling nearly all the way to Melbourne.

Moruya Surf Life Saving Club report they have managed to raise over \$9000 for our gotcha4life 24 hour row! "That's nearly double last year's effort- how incredible is that? Well done Mighty Moruya on a Mighty effort and for a few extra donations to bring us over the line. For a small club we have produced a massive effort in fundraising for a great cause!" The club expressed "a huge THANK YOU to every single person who jumped on a rowing machine and helped us keep them moving for the full 24 hours for gotcha4life; our boaties, nippers families, paddlers, committee, friends from Nature Coast Dragon Boat Club, Manu Kai Outrigger Canoe Club, Far South Coast Paddlers, community members, and now new friends.

Whether you rowed for 15 minutes, an hour, in the middle of the night or came back for another turn or some who rowed for hours... you were part of something pretty special.

We also want to thank everyone who donated, sponsored a rower, dropped into the club, shared our posts, brought food, offered encouragement or simply helped us spread the message.

For a small community club like ours, \$9,000 is a BIG number, but even bigger is the reason behind it.

Mental health touches every family, every friendship group, every workplace, every sporting club and every community. Too many people still feel like they have to carry the hard stuff alone.

That's why the message behind this challenge matters so much: no one rows alone; and no one should have to face life's challenges alone either. Check in on your mates. The loud ones. The quiet ones. The busy ones. The ones who seem to have everything together. Ask the question, listen to the answer and keep showing up for each other.

We might be a little club, but this weekend once again showed just how big the heart of Mighty Moruya really is. Thank you to everyone who helped us make a difference."



Moruya Waterfront

Riverside dining and accommodation
Great Food.
Great Company.

BISTRO OPEN:
LUNCH: 7 Days
12pm-2pm
DINNER: Friday & Saturday
5.30pm-8.30pm
Sunday to Thursday 5.30pm-8:00pm
BOOKINGS: Essential for groups of 6+

1-5 Princes Hwy Moruya
Ph (02) 4474 4399

WATERFRONT HOTEL MORUYA

OPEN MIC NIGHT

EVERY THURSDAY 5.30PM
hosted by
Guy Treloar

FREE! Live Music Great Food Ice Cold Beer

Beer Garden with River Views 1-5 Princes Hwy Moruya

PINK RIBBON BREAKFAST

PINK PANCAKES & COFFEE

SUNDAY 27TH SEPTEMBER
8AM - 11:30AM

\$20 PER PERSON
ALL PROCEEDS GO TO THE FUNDRAISER

1-5 Princes Hwy Moruya