



FREE Independent News for Moruya & the Eurobodalla Shire

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Number 113

11th February 2026



Photo of the Week : Dalmeny's Valentino Guseli wows the world in the Milano Cortina Winter Olympics Photo: Instagram @valentinoguseli Story p2

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WINNER TAKES ALL! ALL GAMES LIVE IN THE CLUB

## Gutsy Guseli lands top-10 in Big Air Final



First Published Sun 08 Feb 2026

Story and photo Courtesy Australian Olympic Team

Dalmeny's Valentino Guseli wasn't expecting to compete in Big Air at Milano Cortina 2026 two days ago.

But after receiving a last-minute call up when Canadian star Mark McMorris withdrew due to injury, the 20-year-old not only stepped into the Men's Big Air event and qualified for the final on Saturday evening, he delivered a gutsy top-10 finish on the world's biggest sporting stage with almost no Big Air preparation.

"I was stoked to be out there, I had a lot of fun riding," Guseli said. "I left it all out there... I couldn't have tried harder or, wanted it more. So yeah, no regrets.

"[Mark McMorris] went out, and I came in, so essentially I had his spot and I wanted to do something special with his spot, out of respect for him."

Guseli opened the final with a Switch Backside 1800 Nosegrab, but was unable to ride out the landing cleanly, scoring 23.00.

He went big on his second jump, successfully landing a Switch Backside 1980 Tail Grab for only the third time in his career. The last time he landed it was just two nights earlier to book his ticket into the Olympic final. His score of 86.75 was the fourth-highest scoring trick of the night.

Entering the final round in eighth place, the Aussie went for a huge Backside 1980 Indy Grab, but unfortunately, he came in just a quarter rotation short missing the landing and catching a backside edge to finish the night with a total score of 103.25 in 10th place overall.

Despite the landing, Guseli said he walked away proud of the risks he took.

"I think the level was so high that everyone just had to go all in and throw the biggest stuff they could and I know that I definitely threw the best stuff that I could," he said.

"It was the third time I landed the Switchback 19 ever in my life... And it was the first time I ever tried the back 19 - which was the last trick that I crashed on, unfortunately."

Japan dominated the Big Air podium, with Kira Kimura taking gold (179.50) and Ryoma Kimata winning silver (171.50). China's Yiming Su claimed bronze (168.50).

Guseli will now turn his attention to his main event – the Men's Snowboard Halfpipe – with official training getting underway on Sunday before qualifiers on Wednesday, alongside fellow Aussie Scotty James.

"I think I'll definitely be more comfortable by the time the Halfpipe rolls around," he said. "Hopefully we can both get up there and make Australia proud."

Follow the [blog](#) to keep up with the [@AUSOlympicTeam](#).

**Watch the Half Pipe from 5.30am Thursday**

## MORUYA MAIL

EDITOR Alex Rea

CONTACT [hello@moruyamail.com.au](mailto:hello@moruyamail.com.au)

Ph 0412 444 649

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## Adults 55+ Embrace Digital for Life and Work



By John Longhurst

South Coast Community College's 'Digital Skills for Life and Work' has proved to be a winner for adults over 55 years of age in Batemans Bay.

The initial graduation of the first cohort took place at the College last Wednesday. Twenty students enrolled in the 16 week course, committing to three hours per week.

The non-accredited course helps people aged 55+ learn everyday digital skills. Participants practiced using phones, computers, and apps to stay connected and feel more confident.

The course aims to improve employability skills, increase confidence in everyday tasks and problem solving, a clearer sense of career direction and pathways for further study, training or work as well as practical resources and strategies to support next steps in life and employment.

Larissa Marsh, General Manager of South Coast Community College is pleased with the uptake and congratulated the graduates. Larissa said "We have identified a real need to provide greater hands-on digital literacy in our community. The course is offered for free and is funded by the NSW Government."

The course has been delivered by Phillip Holleley who has thirty years' experience in technology, former Manager of the National Broadband Network (NBN) Hub in Batemans Bay and VET trainer in Business and Digital Skills.

Phillip said "The course is filling the gap after the closure NBN Hub in Batemans Bay in July last year. The course is delivered in a relaxed hands-on manner and really is geared to help senior members of the community survive in the 21st Century."

Anne Corby, 76 years young and a resident of Surf Beach strongly endorsed the course. Anne said "I did not know anything about computers. I used to seek help from the NBN Hub but now I am learning the skills to address any issues I have with technology. I have far more confidence as a result of the course. An added bonus is making new friends. I recommend the course to others." The South Coast Community College is now taking enrolment for three more technology courses.

The College can be contacted as below; [southcoastcommunitycolleges.edu.au](http://southcoastcommunitycolleges.edu.au) Email: [admin@southcoastcolleges.edu.au](mailto:admin@southcoastcolleges.edu.au) Phone: 02 44729202



## Nominations Open for 2026 NSW Volunteer of the Year Awards

Nominations for the 2026 NSW Volunteer of the Year Awards are now open, with family, friends and work mates urged to help celebrate the enormous positive impact of volunteers across the state. The awards are in their 20<sup>th</sup> year and are run by The Centre for Volunteering to recognise the outstanding work of volunteers in every region across NSW.

Nominations for the awards can be made across seven separate categories, with recipients recognised at one of 25 regional ceremonies throughout the year, culminating in the announcement of the NSW Volunteer of the Year in December.

According to the 2025 NSW State of Volunteering Report, volunteers across the state give 1.3 billion hours of their time to their communities each year, contributing \$205.3 billion to the NSW economy. The Centre for Volunteering CEO Gemma Rygate said the NSW Volunteer of the Year Awards celebrate this amazing contribution.

“Volunteers in NSW do so much good, for so many people every year,” Ms Rygate said. “Now more than ever, we need to shine a light on the positive impact of volunteering – and that’s what these awards are all about.”

Minister with Responsibility for Volunteering, the Hon. Jodie Harrison MP, said volunteers are a powerful force for change in our communities.

“Our state would not be the thriving place it is, without the millions of volunteers giving their time and sharing their knowledge and skills every day.

“They don’t do it for recognition or awards, but because they want to help others.

“The NSW Volunteer of the Year Awards are a great way to celebrate their contributions and show that they are appreciated.

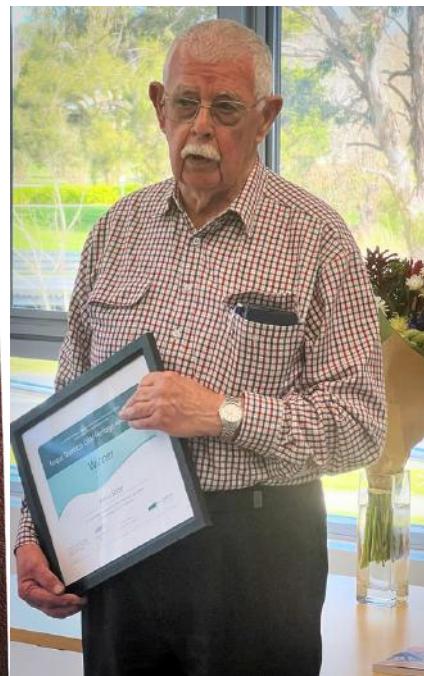
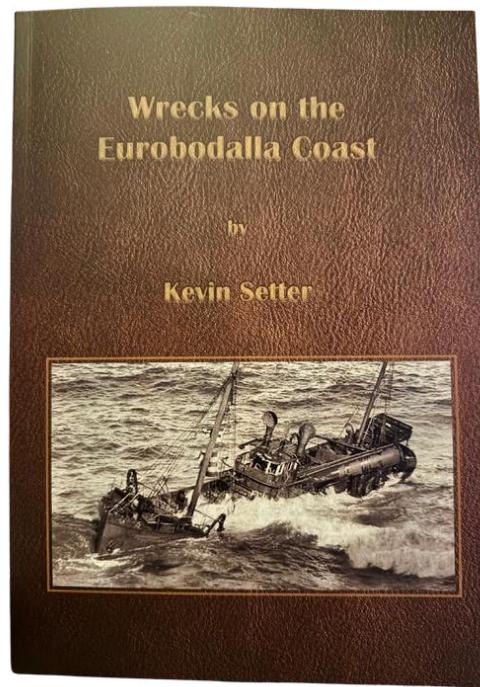
“I urge people to nominate someone you know – the unsung heroes in our communities – for these awards.”

The Emergency Volunteer of the Year Award category is supported by the NSW Minister for Emergency Services, Jihad Dib.

“Every day across NSW, emergency service volunteers quietly step up for their communities without being asked, and without expecting recognition”, Minister Dib said. “If someone in your life gives their time as an emergency volunteer, I’d encourage you to nominate them and show them that their time and service matters.”

Nominations are open until Friday 29 May 2026 [at this link](#).

## Wrecks of the Eurobodalla Coast



Wrecks of the Eurobodalla Coast By Kevin Sutter

Photo ESC

Local historian Kevin Sutter has produced a new book on local shipwrecks. Kevin said “The book started out to combine all the wrecks on the Eurobodalla Coast, in one book, as most of them had been covered before with people giving their own interpretation of the event. All my books have been the information that was published at the time of the event, from Trove and Microfilms.”

Kevin was the recipient of the ESC Fergus Thompson Heritage Award in 2023 and has used the prize money to self-publish.

Wrecks on the Eurobodalla Coast will be available at the Moruya Historical Society at \$20 each, or by contacting [setterk@southernphone.com.au](mailto:setterk@southernphone.com.au) (Postage \$8.50).

The soft cover 78 page A4 book documents over 30 wrecks.

Kevin has also been working on the History of the Sacred Heart Church in Moruya in the same format, which is at present being indexed, as well as the Wesleyan, Anglican and Presbyterian Churches in Moruya.

Kevin says “I consider that too much history is lost, and I hope that I am able to preserve some of our local history.”

Other books produced by Kevin are:

- Concise History of Moruya R.S.L. \$20
- Stage Coaches ad Royal Mile South Eastern New South Wales \$30
- Stage Coaches and Royal Mail. Monaro \$30
- Stage Coaches and Royal Mail, Illawarra. \$40



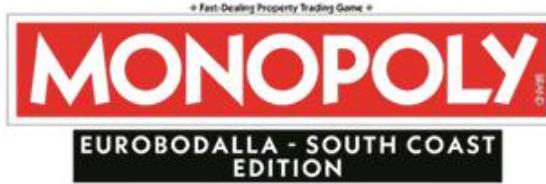
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# PHOTO COMPETITION



Have your photo featured in the new Eurobodalla - South Coast edition of Monopoly!

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Minimum image quality: 300dpi at full size

**Theme: What Eurobodalla means to me?**

## WIN

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## Snap Your Shot at Fame in the Eurobodalla Monopoly Photo Competition



Locals are being invited to put the South Coast/ Eurobodalla region in the spotlight, with SERVICE ONE Mutual Ltd launching a community photography competition as part of the upcoming Eurobodalla – South Coast Monopoly edition.

The competition is calling on residents to capture what Eurobodalla means to them – whether it's stunning beaches, coastal wildlife, local events, or everyday moments that showcase life on the South Coast. Winning images won't just earn prizes, they'll become part of history, featured on the official Monopoly game board and box, seen by thousands of locals and visitors for years to come.

"We want this edition to truly reflect the heart of the Eurobodalla," said Ivan Slavich, CEO of SERVICE ONE Mutual. "There's no better way to do that than through the eyes of the community. This is a chance for locals to see their photography featured on a game that families will play for generations."

What you could win:

- Your photo featured on the Eurobodalla Monopoly game
- Community Bank Batemans Bay prizes
- A copy of the game to take home

The competition forms part of the broader Monopoly project, which celebrates local businesses, landmarks and community spirit, while directing a portion of proceeds back into local charities including Surf Life Saving clubs, Marine Rescue, The Family Place and Ronald McDonald House Charities.

How to enter:

• Simply submit your high-resolution photo via email: [admin@serviceone.com.au](mailto:admin@serviceone.com.au)

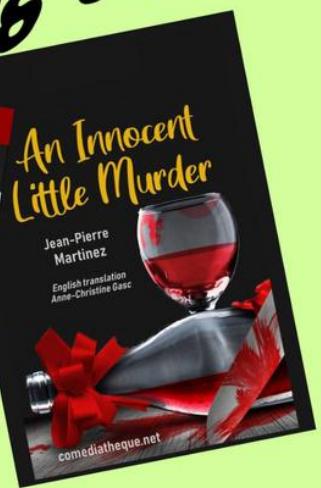
• Images must be print quality (minimum 300dpi at full size) to be eligible.

• Entries are open now and close by 17<sup>th</sup> March 2026

• For details and submission information, visit: [serviceone.com.au/eurobodallamonopoly](http://serviceone.com.au/eurobodallamonopoly)

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## Cost-of-living help for patients with 32 fully bulk billing medical practices in Gilmore

New figures announced today reveal that, in just three months, the number of fully bulking medical practices in Gilmore has more than doubled thanks to the Federal Government's GP bulk billing incentives.

For the first time, bulk billing incentives will be paid to GPs for every patient they bulk bill on the south Coast.

Previously, these incentives were only available to children under 16 and concession card holders.

Federal Member for Gilmore Fiona Phillips said there were 32 fully bulk billing practices now operating across the electorate.

"Since the incentives were expanded on November 1, 2025, I'm pleased that additional local medical centres have transitioned to fully bulk billing," Mrs Phillips said.

"This means it's easier for people in Gilmore to see a doctor, and it's saving families hundreds of dollars a year in out-of-pocket expenses by using their Medicare Card, not their credit card.

"It's particularly great to see practices in smaller towns and villages, like Surf Beach, Broulee, Sussex Inlet, Culburra, Shoalhaven Heads and Gerringong signing on to offer fully bulk billed services."

Mrs Phillips said the incentive was "an absolute game changer".

"It means people don't have to travel too far to see a doctor for free in their own community," she added.

"More and more local GPs and medical practice managers are taking up the bulk billing incentives because they know it's good for business and great for the hip pockets of local people.

"They want to make a difference in their communities, and they want to help their patients - many who are older with multiple health conditions and, of course, young families who are feeling the cost-of-living pinch."

Thanks to the Albanese Labor Government's historic investment, new data shows Australians can now access over 3,400 Medicare Bulk Billing Practices across the country. The number continues to grow every week. Almost 1,300 of these practices were previously mixed billing. In just three months, the bulk billing rate for all Australians has jumped to 81.4 per cent nationwide. This is the largest quarterly jump in bulk billing in 20 years (outside of the COVID pandemic).

There has been an increase in the GP bulk billing rate in every state and territory and there are more fully bulk billing practices in every state and territory.

Australians can now find their closest Medicare Bulk Billing Practice at [health.gov.au/bulk-billing](http://health.gov.au/bulk-billing).

## Reforms to enable GPs to diagnose ADHD from March

From next month, GPs can begin training to diagnose attention deficit hyperactivity disorder (ADHD) as part of the next phase of the Minns Labor Government's landmark reforms to make it easier, faster and more affordable for families to access care.

Nearly 600 general practitioners have expressed their interest in undertaking training to be able to diagnose and treat ADHD from March.

With a focus on improving access to healthcare in regional, rural and remote areas, GPs working in areas of greatest need will be prioritised for training.

More than 800 GPs have been trained to fill repeat ADHD medication scripts as part of the first phase of reforms. This has enabled ADHD patients to be prescribed essential medication via their GPs saving patients and their families a trip to see a psychiatrist or paediatrician. Since 1 September 2025, over 5000 patients have benefitted from the new arrangement, with increased access and over 18,000 scripts filled thanks to this important change.

Previously, most people seeking ADHD care had to navigate a costly and overloaded non-GP specialist system, experiencing long wait times and high fees which could delay treatment, particularly for children.

These delays can impact children's development, such as poorer academic progress, and later impact employment opportunities and mental health.

Applications for GPs wishing to enrol in stage two of the reform remain open, however training spots are limited, so those interested are being encouraged to act soon. Training costs will be covered by NSW Health, with a remuneration package available to those who complete the training. A waiting list will also be maintained for future training opportunities.

GPs can also apply to become a continuation prescriber. GPs will continue to make specialist referrals, and escalate care, as required to ensure patients are receiving the treatment they need, when and where they need it.

Minister for Health Ryan Park said "With nearly 600 GPs already expressing their interest to receive training to diagnose ADHD, and over 800 already trained to prescribe ongoing medication, these reforms are expanding capacity to support the greater health system. Accessing ADHD diagnosis services in regional and rural communities is a challenge. As part of this next step, we're prioritising training of GPs in the bush so families can get the care they need closer to home.

"We know the impact high quality ADHD care can have on family wellbeing, we are deeply committed to ensuring children in metro and regional NSW are not left behind.

"If you'd like to speak to a doctor about ADHD diagnosis, I encourage you to discuss with your regular GP to understand if they will provide this assessment."

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## Eurobodalla Shire Council Public Access 10<sup>th</sup> Feb 2026

The Mayor wished Beth Taylor a happy 100<sup>th</sup> Birthday from 1<sup>st</sup> February.

**Ron Snape from Narooma** addressed Council on a problem with the Slipway Point, Forsters Bay. Mr Snape said almost 100m of oak trees have been decimated with systematic clearing over the last few years. Bank erosion has also impacted an Aboriginal midden and NSW Heritage are coming down to look at it. Mt Snape said a nearby resident had mowed over it degrading it and that 25-30 oak trees had been removed. Council staff have been assisting but he wanted to see revegetation done.

"We don't see bandicoots or wallabies down there anymore" he said. "I would like to see council put some fencing on the Council reserve."

**A Campbell Street resident** addressed Council on the casuarina trees on Council land overhanging her residence causing problems for her roof and vehicles.

**Joanna Weaver** presented on behalf on the Congo Community Association on the closure of Congo Road – see presentation in full to follow.

**Stephen Atkins, Maloneys Beach** addressed Council on the issue of access to the beach. The former president Maloney Beach Residents Association said the new proposal of ESC was an overreaction to the highly visible and vocal actions of a boat access group.

**Cid Mateo** addressed Council about the new rules for local council regarding private briefings for Councillors – see Letter page 9.

### Johanna Weaver Public Access Presentation

I make this presentation in the public interest in my capacity as the public officer of the **Congo Community Association** (the CCA). It has been 5 months since I last presented. Since then, many others from Congo and surrounding areas have attending this Public Forum, expressing their concerns and sharing how the closed road impacts them every day.

Every time we attend, Mayor Hatcher you say Council will provide an update "in the next month or so".

Mayor Hatcher it has been many 'months or so':

- 18 months since the ill-fated court judgment,
- 54 months - or 4 and a ½ years - since the track in use was closed, and
- 312 months - or 26 years - since Council approved a resolution to formalise Congo Road (including with respect to lot 197 Congo road).

Our community has been patient. But years of broken promises, delays, and silence erodes community trust and faith in our elected Councillors and in Council staff.

This issue impacts Congo residents every day. In the last 4 years, countless kids have learnt to drive, with no choice but to use the dangerous Binge intersection. One young driver lost their life. Several elder residents have been forced to relocate. Others are literally cut off from their families - a 2-minute drive, now a 25-minutes along the highway.

### Emergency Evacuation

The CCA recently requested Council's assistance to test emergency evacuation during the peak holiday period. We received nothing but bureaucratic responses about private property that did not acknowledge that there is a portion of Lot 197 that is owned by Council and to which the public has a right to access.

### Monitoring of the site for compliance with the law

As you are aware, Council also has a responsibility to monitor the property to ensure compliance with the law, including Development and Environmental laws (among others).

CCA has repeatedly asked Council to confirm the Extractive Industry Licence extends to the north of the property. We have never received a clear response.

In lieu of confirmation to the contrary, we can only infer that the DA does not extend to the north of the property. Until this is clarified, or public access to restored, the CCA will continue to call on Council to fulfil its statutory obligation to monitor the site to ensure compliance. On 28 January, CCA wrote to Council with compliance concerns and activity on the northern portion. We are yet to receive a response.

### Council's many hats

I want to acknowledge on the public record that Council has many different – and arguably competing – obligations:

- negotiating the reopening of the road,
- monitoring the site to ensure compliance with relevant laws,
- Council also has commercial relationship with the landowner/quarry
- to name just a few of the elements of this complex web.

Many in our community feel that the time has come to seek independent review of Council's actions. I am urging people to be patient, reassuring them that you are working on it in good faith. But, the longer this goes on without updates, the harder it is to maintain this position.

There are members of our community who have lived through this situation many times. Promises of a negotiated solution. Long drawn-out discussions. No transparency. No actual progress. Then Councillors change, and nothing happens for another decade.

The definition of insanity is doing the same thing and expecting different results. If Council doesn't communicate or consult, how can anyone in our community trust that it will be different this time?

### Election commitments to consult and be transparent

Mayor Hatcher, you campaigned on a platform of transparency and community consultation. In an article to About Regional just after the election you said, and I quote: *Council must own its mistakes like the legal stoush over Congo Road. So we must constantly look at how we consult and keep that at the forefront and not resting and saying we are doing a good job.*

The last public update on this issue was August 2025, 6 months ago. We have since been told that the Landowner is willing to do a land swap. This would enable Congo road to be reopened.

**Mayor Hatcher my question for you is simple, what has Council done in the many months since the landowner made this offer? And why is it taking so long?**

**Has Council sought an independent valuation? Has a survey taken place? If not, why not? And when will you update to the community?**

I'd welcome a response from you today on these issues. Please let's work together to reopen Congo road.

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## NSW Government prohibits private briefings for Councillors

### Letter to the Editor

The NSW Labor Government has recently given local government democracy a leg up. In 2025, it directed improvements to how local councils engage with their communities in order to strike a better balance between communities, their elected representatives, their Councillors, and the officers that serve them, their Council staff.

These improvements are found in governing legislation, regulations and code of practice. The recent reforms to local democracy are prescribed under section 360 of the Local Government Act 1993 (the Act) and the Local Government (General) Regulation 2021. The reforms are detailed in the NSW Model Code of Meeting Practice for Local Councils 2025. The mandatory provisions in the Model Code apply from 1 January 2026 and the Eurobodalla Shire Council adopted these at its Council meeting on 17 December 2025.

One of the most important changes to the way the Council operates is how Council staff is allowed to brief Councillors. Council staff needs to brief Councillors on items of Council business so that Councillors have all the necessary information they need to make decisions on behalf of the whole community. Until the end of 2025, our Council staff was allowed to provide detailed briefing papers to the Councillors and discuss these during private briefing sessions. Unfortunately, this reduced transparency in Council decisions. In Council meetings, Councillors would often vote on motions and actions affecting our community with limited debate, leaving the community none the wiser on why Councillors voted the way they did.

In restoring balance for local communities, the NSW Minister for Local Government, Ron Hoenig, said, *"The most important of the reforms is to end private councillor briefing sessions. While well intentioned as a means of educating councillors on matters before council, these sessions have had a corrosive effect on the transparency of council decision-making. Communities are entitled to know the deliberations of their councillors and the nature of the advice given to assist them in making responsible decisions. These changes will ensure that all material given to a councillor to make a decision in a council meeting is provided in a public fashion."*

### How can the Eurobodalla Shire Council enhance transparency?

This is a significant change for how Councillors, the community and Council staff do Council business together. Private briefings for Councillors are now prohibited whether they occur before, or after, the Council meeting agendas are made public. The prohibition on the holding of private briefing sessions under clause 3.31 of the Model Code is consistent with the intent of Chapter 4, Part 1 of the Act, which requires business of the council to be conducted openly and transparently at a formal meeting of which due notice has been given, and to which the public has access, Council staff can brief Councillors in a public fashion.

Councillors can invite the community to attend briefings held in Council chambers or via webcast, as observers, as it currently does for Council meetings. Councillors can request all the information they need from the General Manager to make well-informed decisions on behalf of the community. All Council staff and Councillors need to do is make this information public. They can do this by publishing all their briefing material on the Council's website as they do the agenda papers. This is what transparency looks like under the reforms.

Our Councillors have the power to implement these reforms in a fair way. Councillors can make the Council a better place by making it a more transparent and respectful place. The NSW Government has prescribed "a new era of transparency" for local government. I encourage the Council to take this opportunity and explain to the community how it will implement this change. With Council business for 2026 in full swing and with the first Council meeting of the year to be held on 24 February 2026, Council needs to tell its community how Councillors are going to get the information they need to make responsible decisions and how this information will be shared with the public.

As Minister Hoenig has said, this is about public trust in councillors and council staff. Come on Council, this is a great opportunity to work better with your community. It's over to you.

**Cid Mateo  
Bingi**

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AUTHORISED BY FIONA PHILLIPS MP, ALP, 3/59 JUNCTION ST, NOWRA NSW 2541



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# Food & Knowledge Share

## Sunday 15 February

The next food and knowledge share guest is Deb Stevenson. She's a botanist well versed in native plants and natural ecosystems who moved to Moruya 8 years ago with little experience of vegetable gardening and a lot of desire. She spent a year on a Demeter certified biodynamic farm in Milton in 2015, is a fan of Gardening Australia, and attended Randwick Council Community Garden events. Once in Moruya, she joined SAGE and took any workshop that was on offer. She values what she has learned from our local community and loves eating seasonally. The SAGE Food & Knowledge Share is held every Sunday 10 am at Riverside Park in Moruya February through end of April (except March 1st) alongside the Nourished Sovereign coffee van. Please bring a blanket or camp chair for your comfort.



If it is raining we will move undercover to SAGE Garden at 110 Queen St in Moruya. Everyone is welcome, and you do not need to bring anything. People who can bring items to share can contribute vegetables, fruits, eggs, seedlings/seeds, cookbooks, gardening books, tools, preserves and plants.



South Coast  
Community Kitchen

## Community BBQ

Sunday  
February  
22nd  
12-1:30

Russ Martin Park Moruya  
next to the bridge

 STONE RIVER  
CHURCH



## Go Get Healthy with Sofia

GO VITA

Last week, we dipped our toes into the world of parasites and judging by the reactions, a few people may still be squirming (or suddenly washing their hands a lot more). This week, I want to keep the detox and cleanse conversation going by exploring another popular natural supplement: food-grade diatomaceous earth.

Now, despite sounding like something you'd sprinkle on the garden or use in a Year 9 science experiment, many people are adding food grade diatomaceous earth (DE) to their wellness routines, particularly when digestive cleansing and gentle detoxification are the goal.

So, what exactly is diatomaceous earth? DE is a soft, powdery white substance found naturally in the earth's soil. It's formed from the fossilised remains of microscopic marine organisms called diatoms, a type of algae. Over time, these tiny creatures built up mineral-rich sediment that's especially high in silica <sup>(1)</sup>.

Under a microscope, diatom particles look a bit like nature's sandpaper - sharp, angular edges with a porous, honeycomb-like structure. It's this design that gives DE its reputation as a digestive cleanser. Food grade DE is believed to act mechanically rather than chemically. As it travels through the gut, its microscopic edges may gently "scrub" the intestinal lining, helping dislodge bacteria, parasites and other unwelcome squatters hiding in the folds of the bowel <sup>(2)</sup>.

When most people think parasites, they imagine dramatic intestinal worms. In reality, modern travel and food exposure mean we can pick up less obvious intestinal organisms that quietly contribute to bloating, diarrhoea, abdominal discomfort and fatigue. DE is thought to be effective against parasites because its sharp structure may damage their outer membranes, allowing them to exit the body and politely escorted via normal bowel movements <sup>(3)</sup>. Diatomaceous earth isn't for everyone though. People with inflammatory bowel disease should be cautious, as it may irritate the gut, and it can bind medications, so timing and guidance matter. And, as always, ensure you're using food-grade diatomaceous earth only.

For more information about diatomaceous earth, drop into Go Vita, Your Health Shop at 5 North Street, Batemans Bay. You can also call us on (02) 4472 9737 or visit our website [www.govitabatemansbay.com.au](http://www.govitabatemansbay.com.au). Don't miss our weekly segment on 2EC radio, where Marianne and I chat about health and wellness with Kimmi Saker every Wednesday after 12.30pm.

Yours in Health,  
Sofia Keady  
Nutritionist- Go Vita Batemans Bay



GO  
VITA

## Your Health Shop

*Your Vitality, Our Passion*





## A Beer with Bazz #224

With  
John  
Longhurst

Mick landed the schooners, stepped back and waved a finger.

"We are not talking about politics today, Bazz. No Albo, no Donald Trump, no Sussan Ley and no Liberal Party leadership speculation. I have had enough ... a gut full even. I go to sleep at night wondering what the world will look like the next day. I wake up with a headache which goes straight to a migraine once I turn the radio on ... so let's give politics a swerve."

Bazza took a long sip.

"Yeah ... I agree. Anyhow, I think the whole Liberal Party is off to the tailors for new suits so we will see what they look like when they get back."

Mick shook his head.

"Half funny, Bazz. I should put an empty schooner on the table for a fine of a dollar, every time politics is mentioned. Anyhow, I want to talk about my cousin who is nearly 80 years of age and has taken up permanent residency in the granny flat in our backyard."

Bazza's eyes widened.

"Your distant cousin Donny, Mick? You know, Bella the publican, banned him early last year for bringing his home brew to the pub. Crikey, he has been at your place since January last year!"

Mick sighed and took a measured sip.

"Yeah ... he is also banned for taking his own numbers to bingo at the RSL, caught staging consecutive 'hole in ones' at Moruya Golf Club and claimed his partner for local pub trivia was Siri. It's become a nightmare. I thought I was doing the right thing and reckoned my brother in Queensland was a bit harsh when he threw him out in 2020, which was followed by a riot. Anyhow, he came south and I took pity on him and let him stay in the granny flat. Well ... within a week he had painted the place gold. The bathroom sink is now orange with hair dye. He is in and out of our place as if he owns it. Takeaway food wrappers are everywhere and the neighbours are sick of being called 'low lifes', 'scum', 'dumb', 'stupid', 'losers' and so on."

Mick paused to mop his brow.

"It just gets worse. He sits on the front verandah and holds up a score card from 1 to 10 for every female who passes our front gate. He now wants to sponsor a local beauty pageant, provided ... he is the sole judge."

Bazza took a sip and raised an eyebrow.

"Well ... that's not on, Mick. You have got to lay down some ground rules, maybe build a big fence with a locked gate separating your place from the granny flat or just move him on."

Mick sighed.

"Nah ... I can't move him on. I said he can stay until 2028 ... But it gets worse. Even though he is banned from every Asian restaurant in the Eurobodalla Shire, the woman who owns the local fish and chip shop loves him. In fact, she is spending more and more time in the granny flat."

Bazza face brightened.

"Well at least she is keeping him out of sight, Mick."

Mick shook his head.

"I wish, Bazz ... but no! She has him decked out in Australian flag budgie smugglers to match her bikini ... so I have two orange/redheads sunning themselves and hurling abuse to all and sundry in the neighbourhood."

Have a beer with Bazz at [john.longhurst59@gmail.com](mailto:john.longhurst59@gmail.com)



## Working for a climate safe future



[euro350.org@gmail.com](mailto:euro350.org@gmail.com) [#350Eurobodalla](https://www.facebook.com/350Eurobodalla)



## 100 years ago from the Moruya Examiner



13-02-1926

**Mr. W. Jermyn** has been appointed inspector of barber's shops throughout the Shire.

Successful in the recent examinations were Joyce Mills who gained admission to Wollongong High School, and Alan Keating, who gained admission to the Sydney Technical High School.

**The bush fires on Monday** were indeed disastrous to Mr.

James Ball, who had his home at Waldron's Swamp completely demolished. A spark from a burning tree nearby set alight to an outbuilding, and, fanned by the strong westerly, it was no time before the house was in flames, the efforts of Mr. Ball and his two young sons being futile to save anything but a buggy, sow and litter, and two parrots. Whilst fighting the fire, the trousers on one little boy caught alight, but he tore them off, and, clad in a shirt only, gamely fought on. Exhausted by the heat and to escape the on-rushing flames, Mr. Ball, his wife, who was almost in a state of collapse, and his sons took refuge in a lagoon. When the wind turned to the south, Mr. Ball got his trap and horse and brought his family into town. Very much sympathy, which we are sure will take a practical turn, is felt for the unfortunate victims.

**The members of the Pony Club** met on Tuesday night and generously voted Mr. J. Ball, whose home was consumed by fire, the sum of £10 10s out of the funds.

**Eurobodalla Shire Council.** Monthly meeting correspondence: From Chief Secretary notifying the gazettal of a public holiday for the Tilba district on 18<sup>th</sup> Feb. **The Clerk was instructed** to have the gazettal cancelled, the Show being abandoned; From E. A. H. Shepherd, enclosing plans of John Joseph and Roger Bede Heffernan's property, Moruya; From M. J. Jordan asking for a barber's license. **License granted;** From W. J. Payne, Dignam's Creek, asking permission to erect a telephone line from the Prince's Highway to his residence. Granted; From A. H. Weatherby, Moruya, asking permission to erect another "Bowser" pump in Vulcan St. Granted subject to Engineer's approval; From Alex Latta, ferryman Bateman's Bay, asking for an increase in pay. The council regretted they could not vary the applicant's contract.

**A brown snake** supposed to have come out of Mr. Weatherby's shop (must have been in for a renewal of poison) was killed by Master Leybourne Russell in Vulcan St. on Monday.

**Mr. R. L. Dawson, who was picked up unconscious** on Wednesday, having been thrown from his bike, was found to be suffering from slight concussion and many bruises. We are pleased to say that our Shire Engineer is now much better.

Extracted from the Moruya Examiner by the Moruya and District Historical Society Inc.

If you are interested in history why not join us and become a volunteer at the Museum or our library. Check us out at <https://www.mdhs.org.au>

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See you at  
**SAGE**  
MARKET  
MORUYA



## Home Affairs and National Emergency Management Agency to front local government funding inquiry

The House of Representatives Standing Committee on Regional Development, Infrastructure and Transport's inquiry into local government funding will hear from the Department of Home Affairs and also the National Emergency Management Agency. The Committee wants to better understand how NEMA and the Department manage their important roles in the financial sustainability of local governments in Australia during times of natural disaster and in supporting social cohesion. Committee Chair, Mrs Fiona Phillips, said "the Committee will be particularly interested in the oversight of Disaster Recovery Funding Arrangements (DRFA) and the Disaster Ready Fund (DRF) relating to their use and usefulness to local governments."

The DRFA is a cost sharing arrangement between the Commonwealth and the states and territories to support the delivery of urgent financial assistance to disaster affected communities. Once the DRFA is activated, the Government may reimburse states and territories up to 75 per cent of the financial assistance provided. The DRF delivers up to \$200 million of Commonwealth funding annually to establish a comprehensive set of disaster resilience and mitigation projects across Australia, in partnership with Australian state, territory and local governments.

The Committee will explore what barriers and inefficiencies local governments encounter when applying for and accessing this funding, and how the Commonwealth might be able to enhance the productivity, coordination, and overall effectiveness of funding delivered to local governments.

Further information - Committee's website.

**Public hearing Date:** Thursday, 12 February 2026 Time: 11.00 am – 12.00 pm Parliament House, Canberra. A program for the public hearing is available on the inquiry website. A live broadcast of the hearing will also be available on the APH website.

## More boots on the ground to tackle illegal tobacco

Thirty additional full-time equivalent tobacco inspectors will be recruited to boost the NSW Health's newly established Centre for Regulation & Enforcement with additional funding from the Commonwealth Government.

The new Inspectors brings the dedicated state-wide team to a total of 78 staff. Over half of the additional 30 have commenced or are about to commence, and the other half are in the process of being recruited.

The NSW and Commonwealth governments have previously discussed the impact of the high level of the federal tobacco excise which is driving many consumers towards cheaper illegal tobacco products.

Under the NSW Government's tough new laws which have introduced closure order powers, NSW Health Inspectors, working together with NSW Police, are continuing to close down stores selling illicit tobacco and vaping goods.

The closure of five tobacconists in Sydney's Inner West last week by NSW Health Inspectors and NSW Police brings the total to 66 stores closed since the laws came into effect in November 2025. Between 1 January 2026 to 31 January 2026, NSW Health Inspectors have conducted 131 inspections, seizing around 560,000 cigarettes and 98kg of other illicit tobacco products and over 6000 illegal vaping goods with a combined esti The NSW Government is also aware the sale of illicit tobacco and vaping products continues to evolve, with some retailers attempting to obscure and avoid the enforcement activities of NSW Health Inspectors, by using QR codes and social media communications to facilitate the ongoing sale of illicit tobacco to customers, after a closure order has been issued.

NSW Police and NSW Health are working together to identify these methods and pivot their enforcement strategies to shut down this activity.

## NSW set to smash big battery target to secure our renewable energy future

The NSW Government is backing the largest rollout of big batteries in NSW history. The NSW Government has awarded contracts for six new long-duration battery projects to strengthen the state's energy grid. These batteries will ensure that NSW is on track to exceed its energy storage targets for the future. The batteries will help keep the lights on and provide enough low-cost renewable energy, being so powerful they can run one third of Sydney's households for a day. NSW has the most battery projects in Australia with over 200 projects either under construction or in the planning pipeline.

The projects are:

- Great Western Battery in Wallerawang, near Lithgow (Neoen Australia) storing 3,500 megawatt hours (MWh)
- Bannaby Battery Energy Storage System, in the Southern Tablelands (BW ESS) storing 2,676 MWh
- Bowmans Creek Battery Energy Storage System, in the Upper Hunter (Ark Energy) storing 2,414 MWh
- Armidale East Battery Energy Storage System (FRV Services Australia) storing 1,440 MWh
- Kingswood Battery Energy Storage System, near Tamworth (Iberdrola Australia) storing 1,080 MWh
- Ebor Battery Energy Storage System, near Armidale (Bridge Energy) storing 870 MWh

The big batteries are due to be completed by 2030.

As part of the Renewable Energy Rollout, the projects have been awarded contracts that provide a revenue underwriting, accelerating new energy infrastructure while protecting consumers. This means that the Government is supporting the project by providing investment confidence.

medicare

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QR code for registration.



## Let's do coffee with ... Fiona McCuaig

From the quiet sunny courtyard of the Bodalla Dairy, it was a stretch of the imagination to join Fiona McCuaig (FM) in the freezing waters off Antarctica with the ramming of boats in the 'Whale Wars' earlier this century. The Moruya Mail (MM) had a coffee and a most interesting chat with Fiona last week.

MM: Elvis leaves the building forever and Fiona McCuaig enters the world.

FM: (Laughs ...) Yes ... I was born in 1977 and grew up in Edgecliff. My dad is from England and established a commercial real estate company. My mum is an entrepreneur who has written books, set up electronic and fashion companies and fifteen years ago established the Bodalla Dairy Shed. She loves creating new and interesting foods with the best quality ingredients and is showing no sign of slowing down, with the opening of a local chocolate factory. I have a sister called Jane who lives in Sydney.

I think my love for nature can be traced to the times we spent at our holiday house at Lovett Bay in Ku-ring-gai National Park on the western shores of Pittwater. It can only be accessed by water ... and is absolute nature. We had no TV and we spent all day in the bush and sea.

I was educated at Ascham School all the way through to Year 12, enjoyed English and Biology and excelled at water polo and swimming.

My parents are keen travellers and from a young age I joined them for backpacking adventures to places such as India and Egypt.

Tragedy struck our family in 1989 with the death of my brother at 16 years of age. He died in his sleep of natural causes.

Even though I was only 12 years of age, the shock and overwhelming sadness of my parents had a profound impact on me. I think it instilled in me a belief that people who have experienced death have a good understanding of life.

From that moment, I knew how fragile life was, and it gave me the motivation to try and do as much with my life as possible.

I completed my HSC in 1995 and studied Economics at the University of Sydney and resided at the Women's College. It was a fun time and I made lifetime friends.

After graduating from Uni, I did pub work before undertaking the obligatory backpacking trip to Europe in year 2000 and ended up in a share house with 9 other people in Arsenal, London.

I scored a job in basic administration in group life insurance and then moved into property management in Chelsea with Hampton International which involved the glamorous job of getting tenants' loos and 'boilers' fixed in their apartments but allowed me to visit many new places in London during property inspections.

I moved to selling apartments off-the-plan at the new CBD area of Canary Wharf in London. It was during this time that I took my first step in doing what I really wanted – to work with wildlife and I joined up for volunteering at the London Zoo. I remember an old school friend laughing at me, and saying 'Why would you want to do that?... Zoos are for kids,' but for me it felt right. I was finally following my passion.

Before returning to Australia, I spent 3 months working in South Africa at wildlife rehabilitation centres. It was incredible to be able to get so close to so many amazing animals and help release them back into the wild.

By 2005, I was back in Sydney and worked for Colliers International in Grosvenor Place leasing commercial real estate for 5 years which was high pressure. It was the hardest job I've ever had, trying to put deals together in the city, but the training at Colliers was outstanding and I learnt a lot about people and business. During this time, I completed a Masters of Property Development at UTS.

I was also volunteering at Taronga Zoo and fortuitously came across an advertisement seeking volunteers to look after sea lions and elephant seals in San Francisco. When I read the article, it was one of those amazing moments in life, where you just know that's the opportunity that must be taken, so I packed my bag and headed off.

After a couple of months, a workmate linked me with Sea Shepherd Head Office. I headed to San Juan Island on the other side of the USA where I took up volunteer work helping with fund raising and organising events for them.

I met Captain Paul Watson, who founded the Sea Shepherd Conservation Society, and was offered a spot on a ship to take on the Japanese whalers. So, at the grand old age of 30, I headed to Mauritius to work on this secret ship called the 'Bob Barker'. Ironically, it was an old whaling vessel built in 1951 and we were set to work fixing it up over the next 6 weeks.

It is 2009 and I was one of 35 others from all walks of life from many countries, including Japanese crew as well. You can imagine the adrenaline surge as we set off for a three-month stint to the waters off Antarctica to disrupt the Japanese whalers. The food was all vegan and we had no replenishment of fresh fruit or vegetables for the 3 months, but it was the least of our concern. We were there to be effective protecting whales and their calves.

I don't think my swimming coach at Ascham School had in mind my allocated role as rescue swimmer and deckhand as we entered the fray of the 'Whale Wars' for the next three months.



Most days at sea were spent locating the whalers in the vast Antarctic waters. When we did find them, they would ram our ships in frustration as we were intercepting their whaling activities.

We were on hand to witness the ramming of one of Sea Shepherd's other vessels, the 'Ady Gil'. It was cut in half by a Japanese harpoon ship\*. This was one of the scariest moments of my life. I was about to be lowered into the small boat and taken to the wreck. The Captain looked me in the eyes and said 'Be prepared to drag out dead bodies.'

Fortunately, all the crew were on deck and rescue was relatively straight forward so I did not have to brave the freezing waters to recover bodies.

In all, it was a successful mission and we were able to reduce the harpooning of humpbacks and the endangered fin whales by two thirds. It was all about economics – trying to ensure their whaling activities in the Southern Ocean Whale Sanctuary were a financial loss, hoping they would stop retuning every year.

Surprise surprise .... I signed up again for 2010.

My parents are very supportive of most things I do – but were not pleased, 'You don't need to go again... you've already done that!' said my Dad. An understandable response since the picture of the wreck, 'Ady Gil', was on the front page of their Sydney Morning Herald newspaper they were reading one morning.

Sea Shepherd's battles with the Japanese were nightly news and the streaming network, 'Animal Planet', made a reality television series called 'Whale Wars'. I was recruited as a spokesperson for the series and spent another 3 months in the USA being interviewed several times a day, including 'Larry King Live'!

## Let's do coffee with ... Fiona McCuaig

>>>>

By 2012, I was back in Sydney, living in Manly and working for a New Zealand property developer in Circular Quay.

I had my first child in 2015 and scored a job with the Australian Conservation Marine Society's campaign to establish a comprehensive, science based, multi-use marine park from Newcastle to Wollongong. Working alongside fishers to convince the government to establish more sanctuaries to enhance fish populations for the future was very satisfying.

However, despite 90 percent public support, the proposal was shelved in 2018 after intense opposition from some recreational fishers who feared 'lockouts'.

MM: (Smiles ...) Well ... I think you have caused enough mayhem on the water, Fiona. Let's get you down to the South Coast.

FM: (Laughs ...) You sound like my Dad! In 2018 I did move to Bodalla and had my second child and managed the Dairy Shed for 3 years.

As I mentioned before, the loss of my brother had a profound impact on me.

I chanced upon an award-winning documentary 'Will for the Woods'\*\* and the concept of Natural Burials. This was a wonderful way to protect habitat for Australian wildlife. Bodies are laid to rest in the earth using only biodegradable materials and without embalming in a bush or natural setting, often with a fieldstone or indigenous plant marking the grave. This practice can be used as a conservation tool, enabling the acquisition, restoration, and stewardship of natural areas. I decided to take this global movement of natural burials to a higher level, establishing the first 100% natural burial ground in Australia. It is also a Conservation Burial where the area of burial on cleared agricultural land is regenerated back to endemic bushland with perpetual environmental protections – creating habitat mainly for the Glossy Black Cockatoos, Koalas and Lyre Birds.

I have spent the past number of years seeking approvals at various government levels to provide this option on land we own close to Bodalla. The land is idyllic with waterways, natural habitats and wildlife. It has taken a long time for approval, but the Eurobodalla Shire Council has been very supportive. Walawaani Way Conservation Burial\*\*\* opened last December. All are welcome to join me on a tour of this beautiful conservation burial.

MM: In hindsight, I think I should of worn a seat belt for this interview, Fiona. It was a wild ride. Thank you.

\* <https://www.google.com/search?q=ady+gil+ship+cut+in+half&ie=UTF-8&oe=UTF-8&hl=en-au&client=safari#fpstate=ive&vld=cid:df207f6a,vid:gkgUPNFCh4,st:0>

\*\* <https://www.awillforthewoods.com/>

\*\*\* <https://www.walawaaniway.com>

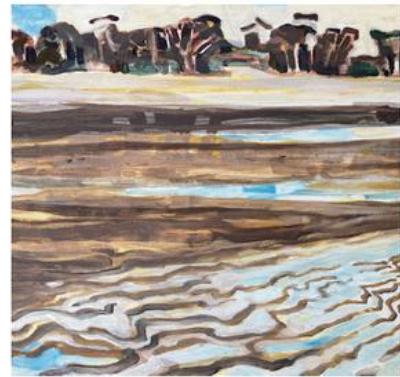
**LET'S DO COFFEE WITH ...** is a column exploring the interesting personalities of the Eurobodalla Shire.

Feel free to nominate a personality by emailing **John Longhurst at [john.longhurst59@gmail.com](mailto:john.longhurst59@gmail.com)**

DEB JOHANSEN



MELISSA SELBY-BROWN



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## Free tech café drop-in sessions

Term 1 2026 – 2 February – 1 April

Narooma – Mondays 10.00am – 12.15pm - Narooma Golf Club

Moruya – Tuesdays 12.30pm – 2.30pm - Moruya Library

Batemans Bay – Wednesdays 10.00am – 12pm - Bay Pavilions

Need a helping hand with digital devices? Come and chat to experienced digital mentors for one-on-one support or join one of our group classes:

- Wk 1 - smartphone features, functionality, maintenance and updates
- Wk 2 - jargon, terminology and AI
- Wk 3 - security settings
- Wk 4 - The camera function

- Wk 5 - how to avoid scams
- Wk 6 - install, use and remove apps
- Wk 7 - understand and use the internet
- Wk 8 - how to fill out online forms
- Wk 9 - emailing from your device

No bookings required

For more information contact Community Development Officer Michael Lawrence-Taylor on 4474 1276 or email [michael.lawrence-taylor@esc.nsw.gov.au](mailto:michael.lawrence-taylor@esc.nsw.gov.au)



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## Australia's Oyster Coast expands farming footprint with far south coast acquisition



Pambula - AOC- Tim Grey Photography

**Australia's Oyster Coast (AOC)** has commenced 2026 with positive momentum, announcing the acquisition of an oyster farm at Pambula on the NSW Far South Coast. The purchase deepens the company's geographic footprint, strengthens its Rock Oyster supply capability and reinforces its position as Australia's largest Sydney Rock Oyster producer.

The newly acquired farm includes 5 hectares of oyster leases, two waterfront sheds, a fully serviced land base, and associated farming equipment. Pambula Lake is a celebrated estuary renowned for producing premium Sydney Rock Oysters with exceptional flavour and is an exciting addition to the company's growing portfolio of NSW oyster farms.

Chief Executive Officer Devin Watson said the acquisition represents another considered step in Australia's Oyster Coast's long-term growth strategy. "Pambula is a tightly held, highly productive estuary and a natural extension of our Far South Coast operations. This acquisition strengthens our finishing water, adds resilience to our supply base and supports the steady, disciplined growth we're building across the business," Mr Watson said.

The acquisition reflects the continued support of Roc Partners, whose long-term investment underpins Australia's Oyster Coast's focus on building a resilient, vertically integrated oyster business spanning sustainable farming, processing, branding and market access.

Mr Watson said the purchase reflects both strong operational fundamentals and confidence in the future of the Australian oyster industry.

"Our focus remains on lifting standards across farming, processing and supply, and on building a solid, sustainable operation that delivers quality oysters, strengthens provenance, and supports our people and farmers over the long term," he said.

Mr Watson recognised seller, Peter Ferguson, who has farmed in Pambula for 15 years and is relocating interstate, wishing him all the very best for the next chapter. He said Mr Ferguson's care for the farm and the Pambula estuary is evident, and Australia's Oyster Coast is proud to carry that foundation forward.

The Pambula acquisition follows a period of measured growth for Australia's Oyster Coast and forms part of a broader trajectory that will see further announcements later in 2026 as the company continues to invest in farming capability, additional farm acquisitions and supply chain resilience.

As Australia's Oyster Coast grows, the company remains focused on its role within Australia's agribusiness landscape, contributing to food security, supporting regional coastal communities, and strengthening industry supply chain transparency and traceability from estuary to plate.



### Nanoplastics hindering cognitive abilities of fish, international research shows

Nanoplastics exposure can impair the cognitive abilities of fish and could lead to significant impacts on marine species' ability to survive, according to a new international study.

The study by Shantou University and the Chinese Academy of Fisheries Sciences in Guangdong, China, and **Charles Darwin University's (CDU) Research Institute for Northern Agriculture (RINA)**, explored impact of nanoplastics on the cognition and adaptability of the marine medaka (*Oryzias melastigma*).

Plastic makes up about 80 to 85 per cent of marine litter, according to environmental research, with the most commonly used plastics breaking down into smaller pieces under ultraviolet light and low temperatures.

Academics compared the behaviour of marine medaka exposed to spherical polystyrene nanoplastics, to non-exposed marine medaka, when placed in a maze.

The results showed while the overall maze navigation time was unaffected, the exposed medaka made significantly more errors and tended to make decisions faster.

Co-author and RINA Professor of Tropical Aquaculture **Sunil Kadri** said a shift to impulsive decision-making increased the likeliness in species making maladaptive choices during foraging or when encountering predators. Professor Kadri said while the exposure and maze simulation was not an exact replica of the current environmental conditions, the results highlighted the urgent need to take more action against plastic marine pollution.

"Nanoplastics are already widespread — found in oceans, freshwater systems, and even soil — and can move up the food chain, accumulating in living organisms. Given their pervasive presence and potential to accumulate, we cannot afford to ignore them simply because they are 'invisible'."

This study, '[Nanoplastics exposure damages neural plasticity, cognitive abilities, and ecological adaptability of marine medaka \*Oryzias melastigma\*](#)', was published in the journal [Marine Pollution Bulletin](#).



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## THIS MONTH'S FILM BURN AFTER READING

SCREENING ON SATURDAY 28<sup>TH</sup> FEBRUARY AT 7PM FOR A 7.30PM SHOWTIME

**Synopsis - Burn After Reading** is a 2008 black comedy espionage film written, produced, edited and directed by Joel and Ethan Coen. It follows a recently jobless CIA analyst, Osborne Cox (John Malkovich), whose misplaced memoirs are found by a pair of dimwitted gym employees (Frances McDormand and Brad Pitt). When they mistake the memoirs for classified government documents, they undergo a series of misadventures in an attempt to profit from their find. The film also stars George Clooney as a womanizing U.S. Marshal; Tilda Swinton as Katie Cox, the wife of Osborne Cox; Richard Jenkins as the gym manager; and J. K. Simmons as a CIA supervisor. The film premiered on August 27, 2008, at the Venice Film Festival.



Moruya Community Film Group is a social club for film lovers. We meet once a month to enjoy wine, nibbles, film quiz and of course, a great film! Join us at the RED DOOR, rear of St John's Anglican Church, Page Street, Moruya. Membership available at the door \$65 for 12 months/\$40 for 6 months. Guests are welcome.



Follow us on Facebook at  
Moruya Community Film Group.

# artcentral

## TERM 1 PROGRAM 2 FEB - 2 APRIL 2026

### CLASSES

Price per class: \$25 members, \$30 non-members and \$15 concession to be paid by cash at the beginning of each class.

Materials included. Please contact the tutors directly to book.

### CREATIVE TECHNIQUES

Learn the techniques and principles of drawing, painting, and mixed media.

**Tuesdays 10am to 12pm**

Nick Summers 0410 774 543

### DRAWING EXPLORATIONS

Learn drawing and mark making techniques

**Tuesdays fortnightly, 1pm to 3pm**

**February 10, 24, March 10, 24**

Victoria Westwood 0418 488 501

### EXPLORING SCREEN PRINTING

Learn screen printing while exploring different stencils and materials.

**Wednesdays fortnightly 9am to 12pm**

**February 4, 18, March 4, 18, April 1**

Sonja Skagen 0421 197 358

### ANTI-METHOD ART SESSIONS

Use paint, collage, charcoal, pencil and more to follow guided prompts in the spirit of Dada and the surrealists.

**Wednesdays monthly 1pm to 3pm**

**February 4, March 4 & April 1**

Diana Keenan - [book online](#)

### UNDERSTANDING ACRYLICS

Learn to use acrylic paint, mix colours, master composition, tone, and shade.

**Thursdays 1.30pm to 3.30pm**

**February 5, 12, 26, March 5, 12, 26 & April 2**

Lesley Whale 0421 331 002

### WORKSHOPS

#### LIFE DRAWING

with Lesley Whale

Capture the form of the human body from a live model. No experience necessary. Materials supplied.

**Thursday 1.30pm to 3.30pm, February 19**

\$50 members/concession, \$65 non-members per session.  
[Book online](#)

### COURSES

#### CLAY TO CUP, BOWL, PLATE, PLATTER

with Sarah Ludowici

A six-week ceramics course where you'll learn hand-building and glazing techniques to create your own unique, handcrafted tableware. Perfect for beginners and beyond.

**Saturdays 1.30pm to 3.30pm**

**February 7, 14, 21, 28, March 7 & 28**

\$360 (includes all materials and firing).  
[Book online](#)



## BEGINNER ART CLASSES

Mondays 2-4pm or 5-7pm

### Still life - Mixed media

Learn and discover new skills and tricks of the trade in a fun, friendly and supportive environment

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ph 0413 428 599

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**Tuross "Blue Door" Singers**

Do you have a song in your heart?  
Would you like to join our fun group of guys and gals for 90 minutes of well known songs and laughter? Sing along and let the music weave its magic. Happiness guaranteed!

**St Andrew's Anglican Church, Craddock Road, Tuross Head. (The little church with the blue door.)**

**Parking at rear. \$10 per session, visitors free.**

**1.30 pm Wednesdays**

**Phone 4473.8703**

## Quantum Brewery

Saturday Live Music

4.30-7.30pm

14 Feb	Richard Lawson	
21 Feb	Steve Benic	
28 Feb	Abby May	
7 Mar	Steve Jackson	
14 Mar	Mac n Glenda	
21 Mar	Greg Byng	
28 Mar	Tommy Steez	
4 Apr	Avant Raag	
11 Apr	From First Light	

OPEN: Fri & Sat 12 - 9pm & Thu & Sun 12 – 6pm

Check Quantum Brewery Moruya website-Events



## 2EARFM / Moruya Mail GIG GUIDE "Live & Local"

Friday 13th Feb

Bay Soldiers Club  
Live Music

Get Upndans  
Lynch's Hotel

Sat 14th Feb

Bay Soldiers Club  
Richard Lawson  
Sam and Bree  
Abbie Clarke/Robbie Shoals  
Live Music  
Celtic Folk  
Pearlez  
Rick Bamford  
Davey Hilder

Get Upndans  
Quantum Brewery  
Foxdog Distillery  
Broulee Brewhouse  
Lynch's Hotel  
Tiba valley Winery  
Club Tuross  
Tura Beach Club 6.30  
Tathra Bowlo

Sun 15th February

Tony Jagers  
Rick Bamford  
Steve Jackson  
Stillwater Trio  
Whiskey'n'Whiskers

Broulee Brewhouse  
The Drom Tilba  
Tilba Valley Wine house  
Longstocking Brewery (1pm)  
Club Narooma 3pm

For weekly listings email  
tj@tonyjagers.com  
by 5pm Tuesday



# OFFICIAL BOOK LAUNCH

Michelle Hamrosi and Courtenay Tooth

## CHARLIE'S BIRTHDAY ADVENTURE

A children's story  
about staying  
safe in bushfires



## MORUYA PUBLIC LIBRARY

Friday 27th February 10:30am

Got an Exhibition coming up?  
Let the Moruya Mail know at  
hello@moruyamail.com.au



## Montague Visiting Artists 2026



Music by Haydn, Ravel & Nick Wales  
2:30 pm Saturday February 14  
St Paul's Anglican Church, Narooma



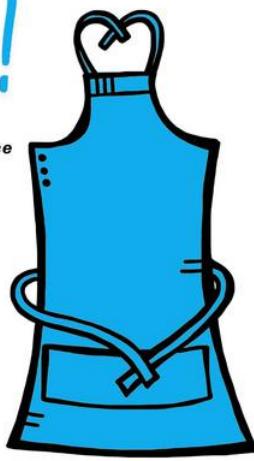
Boomerang Meeting Place  
2 Church Street, Mogo

Exhibition Times:

Friday 13th: 10 - 4pm  
Saturday 14th: 10 - 4pm

Come yarn, share a cuppa  
and make some art.

Supported by



When: Every Wednesday,  
During School Term

Time: 10.30 a.m. to 12.30 p.m.  
followed by lunch

Where: The Loft, JJJ Oriental Supermarket

Cost: FREE

Facilitators  
Merrie Hamilton, Glensy Margaret  
Elizabeth Huppertz, Kerrie Tuson  
Bronwyn Roll, John Longhurst

Tea and Coffee will be provided.  
PLEASE BRING LUNCH TO SHARE

For more information  
Please contact 0413 404156  
Email: fscmcg@gmail.com  
FB Messenger: Jan Frikken

Eurobodalla  
Multicultural Group





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info@perrystreetcinemas.com.au

## NOW SHOWING

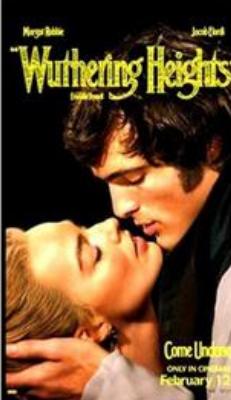


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Batemans Bay – 2536 –  
PH: (02) 4472 6009



FEBRUARY	THU 12	FRI 13	SAT 14	SUN 15	MON 16	TUE 17	WED 18
ANAconda M 99 MIN	7:00 PM	1:20 PM	7:00 PM		CLOSED	1:20 PM	7:00 PM
AVATAR: FIRE AND ASH M 197 MIN	1:10 PM	3:20 PM	1:10 PM	12:55 PM		3:20 PM	1:10 PM
CRIME 101 M 140 MIN	11:15 AM 4:00 PM 6:40 PM	11:15 AM 1:55 PM 6:40 PM	11:15 AM 4:00 PM 6:40 PM	11:15 AM 4:00 PM		11:15 AM 1:55 PM 6:40 PM	11:15 AM 4:00 PM 6:40 PM
MERCY M 100 MIN	11:10 AM	7:00 PM		4:10 PM		7:00 PM	11:10 AM
NUREMBERG M 148 MIN	1:45 PM	4:15 PM	1:45 PM	11:15 AM		4:15 PM	1:45 PM
SEND HELP MA15+ 113 MIN	4:45 PM 6:55 PM	11:10 AM 6:55 PM	4:45 PM 6:55 PM	4:30 PM		11:10 AM 6:55 PM	4:45 PM 6:55 PM
SONG SUNG BLUE M 132 MIN	1:35 PM	11:00 AM	1:35 PM	4:10 PM		11:00 AM	1:35 PM
THE CHORAL M 113 MIN	11:35 AM	11:35 AM	11:35 AM	2:00 PM		11:35 AM	11:35 AM
THE HOUSEMAID MA15+ 131 MIN	4:30 PM	1:45 PM	4:30 PM			1:45 PM	4:30 PM
THE SPONGEBOB MOVIE: SEARCH FOR SQUAREPANTS PG 96 MIN			11:15 AM	11:00 AM			
WUTHERING HEIGHTS M 136 MIN	11:00 AM 4:05 PM 6:40 PM	1:30 PM 4:05 PM 6:40 PM	11:00 AM 4:05 PM 6:40 PM	11:00 AM 1:35 PM		1:30 PM 4:05 PM 6:40 PM	11:00 AM 4:05 PM 6:40 PM
ZOOTOPIA 2 PG 108 MIN	1:55 PM	4:35 PM	1:55 PM	1:55 PM		4:35 PM	1:55 PM

### WUTHERING HEIGHTS



M | 2hrs 16min  
~ Drama ~ Romance ~  
Margot Robbie & Jacob Elordi  
A passionate and tumultuous love story set against the backdrop of the Yorkshire moors, exploring the intense and destructive relationship between Heathcliff and Catherin.

### SEND HELP



MA | 1hr 53min  
~ Horror ~  
Rachel McAdams & Dylan O'Brien  
Two colleagues become stranded on a deserted island, the only survivors of a plane crash. On the island, they must overcome past grievances and work together to survive, but ultimately, it's a battle of wills and wits to make it out alive.

### ALSO SCREENING

### AVATAR FIRE AND ASH



M | 1hr 39min  
~ Comedy ~



M | 3hrs 10min  
~ Action ~

### THE HOUSEMAID



MA | 2hrs 11min  
Sydney Sweeney



M | 1hr 53min  
~ Drama ~  
~ War ~  
Ralph Fiennes

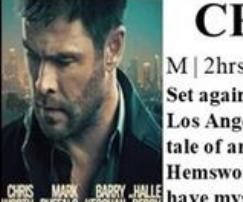
### THE CHORAL

### SONG SUNG BLUE



M | 2hrs 12min ~ Drama ~  
Based on a true story, two down-on-their-luck musicians (Hugh Jackman and Kate Hudson) form a joyous Neil Diamond tribute band, proving it's never too late to find love.

### CRIME 101



M | 2hrs 20min ~ Crime- Thriller ~  
Set against the sun-bleached grit of Los Angeles, Crime 101 weaves the tale of an elusive jewel thief (Chris Hemsworth) whose string of heists have mystified police.

### ZOOTOPIA 2



PG | 1hr 48min  
~ Family ~ Animation ~ Comedy ~  
Brave rabbit cop Judy Hopps and her friend, the fox Nick Wilde, team up again to crack a new case, the most perilous and intricate of their careers.

### NUREMBERG



M | 2hrs 28min ~ Drama ~  
Russell Crowe & Rami Malek  
The Allies, led by the unyielding chief prosecutor, Robert H. Jackson, have the task of ensuring the Nazi regime answers for the unveiled horrors of the Holocaust.

### ALSO SCREENING - THE SPONGE BOB MOVIE & MERCY



MORUYA MAIL

"Free local news for Moruya & the Eurobodalla"

## Bay Theatre Players Inc.

We are so excited to announce our first Play

Exploration for 2026

Tuesday 17th Feb 6pm

At the Bay Playhouse Gregory Street Batemans Bay



The Boys on the bus examines class, identity, despair, masculinity, and the stuff that goes on at 2am in the carpark of the 24 hour bakery.

In a town where everyone tells you the only way to succeed is to run far away, this play is about the ones who stay behind.

"Does dreaming of "more" have to mean you think of where you are as less?"

Jamie Hornsby says

"This is an unapologetically swearly play, filled with unapologetically swearly characters. They're sometimes brutish and badly behaved.

They can be crude and cruel. But I hope despite that we can still empathise with them."

There are 12 characters (male and female) ranging in age from 16-25.

Parental permission will be required for under 18's to join us.

Supper will be provided.

For further information or enquiries please call Lyn 0416181003

## WHAT'S ON IN THE EUROBODALLA

### Saturday matinee movie - Moruya

Saturday 28 February 2026 1:30pm - 3:30pm  
Where: Moruya Library, Vulcan Street, Moruya Cost: free

Join us for a Saturday matinee movie of the Mel Brooks classic The Producers, starring Zero Mostel and Gene Wilder. A a washed-up Broadway producer and a timid accountant hatch a hilarious scheme to make more money with a flop than a hit.

Enjoy the movie and light refreshments. Due to licensing restrictions, we cannot advertise the movie name. Ask our friendly library staff for more information.

Bookings are required - Places are limited for this event. To avoid disappointment, please book early online or contact your local library for assistance.

T: 4474 1333 E: [Moruya Library](#) W: [Book online](#)

### Info session: The science behind our weather - Narooma

Wed 25 February 2026 11am - 12pm  
Where: Narooma Library, Field Street, Narooma Cost: free

Join Nigel Smedley, former Bureau of Meteorology technical officer, for an engaging session on Australia's weather. Learn about clouds, forecasts, weather stations, and tips for using the [BOM website and app](#).

Bookings - Places are limited for this event. To avoid disappointment, please book early online or contact your local library for assistance.

T: 4476 1164 E: [Narooma Library](#) W: [Book online](#)

### Cyber security workshop for seniors - Moruya

Wed 25 February 2026 1:30pm - 4:30pm  
Where: Moruya Library, Vulcan Street, Moruya Cost: free

Join our cyber safety workshop for seniors. In this three-hour workshop, Phillip Holleley from South Coast Community College will teach you: how to spot scams and fake messages simple password and privacy tips easy ways to protect your personal information.

Don't forget to bring your phone, tablet or laptop.

Bookings - Places are limited for this event. To avoid disappointment, please book early online or contact your local library for assistance.

T: 4474 1333 E: [Moruya Library](#) W: [Book online](#)

### Clean Up Australia Day

Sunday 1 March 2026 Where: Different locations across Eurobodalla Cost: Free Clean Up Australia Day is fun, easy and everyone can get involved. Join in and help clean up Eurobodalla's streets, beaches, parks, and waterways.

You can organise a clean up site for your local group or volunteer at an existing site. Register any location in Eurobodalla for Clean Up Australia Day.

A hat, sunscreen, closed in shoes/boots and a drink bottle are all you need to bring on the day. Clean Up Eurobodalla any day You don't have to wait until March. Register now to organise clean up activities throughout the year.

When you [register](#), you'll receive a free starter kit with everything you need to run your own clean up site. Please allow 14 days to receive your kit from Clean Up Australia. Register now

For more information and to register or join a clean up site:

T: Waste Services: 4474 1024

W: [Register for Clean Up Australia Day 2026](#)

W: [Clean Up Australia: FAQs](#)

## BARRAGGA YANGGA

MANY SONGS

SUN 10 MAY 2PM  
WINDSONG PAVILION  
FOUR WINDS // BERMAGUI

FOUR  
WINDS '26  
ANNUAL  
PROGRAM



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## Animal Welfare League News



**Yoshi**



**Zorro**

Meet Yoshi, a three month old white kitten with personality plus! This little girl just loves a cuddle, in between playing with her siblings and generally showing off her cheeky nature. She's an outgoing miss, ready to bring joy into some lucky home. Yoshi's microchip number is 991003002410313.

Yoshi's brother Zorro, all black, is also available for adoption. Zorro may be small but he's a playful and sweet boy ready to bring some furry fun into your life. He's always ready to meet new people, is inquisitive, and loves having fun with his siblings. Zorro's microchip number is 991003002410310.

Yoshi and Zorro are available on a Foster to Adopt basis, which means they can go to his new home straight away, but ownership remains with AWL until they are desexed (at around six months). To arrange a meeting with Yoshi, Zorro, or any of our available pets, contact AWL Eurobodalla on 0410016612, or complete the form on the AWL NSW website: [www.awlnsw.com.au](http://www.awlnsw.com.au). AWL's Rehoming Organisation Number is R251000222.

And a reminder about our Trivia Night, coming up on 19 February 10 Club Narooma. Tables of two to eight people are available, so gather your brains trust and ring 0413229133 to book for a fun evening.



Invite all Trivia lovers to come to the

**Trivia Night**

Supporting

**Animal Welfare League**

NSW,  
Eurobodalla Branch

**ANIMAL**  
WILFARCE LEAGUE NSW

**When:** Thursday February 19<sup>th</sup>, 2026  
6.30 for 7pm start

**Where:** Club Narooma

**Cost:** \$10 per ticket.  
Cash or Card accepted at the door.

Tables of 2 to 8 players

Light supper provided.

Steph 0413 229 133, to book a table.

**Call**

**ADOPT A CAT**

**ADOPT ANOTHER ANIMAL**



**SAGE Farmers Market**

**Tuesday 3pm Moruya**

[sagefarmersmarket.org.au](http://sagefarmersmarket.org.au)

**growing the community**



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Email: [treeoflifefunerals@outlook.com](mailto:treeoflifefunerals@outlook.com)

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**BAY POOL SERVICES**

## HOME BREW SUPPLIES

Supplying Home Brew equipment, Coopers and Morgans, Wort kits, Spirit Essences and more.

Find us at Bay Pool Supplies  
Unit 4/7 Cranbrook Rd, Batemans Bay

Open 9 to 4 Monday to Friday  
and 9-12 on Saturdays

[baypoolservices@outlook.com](mailto:baypoolservices@outlook.com)



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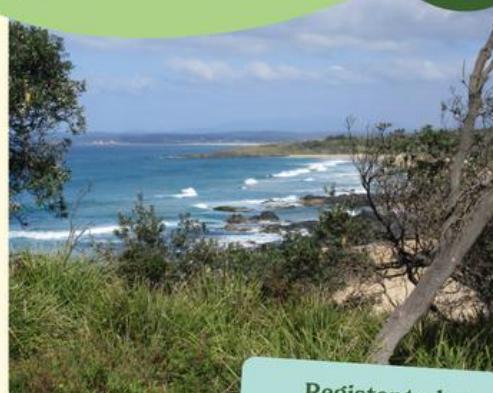
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Join a free walk with  
**Dalmeny Narooma  
Bushwalkers Inc.**

3 & 8  
March



Register today  
[bushwalkingnsw.org.au](http://bushwalkingnsw.org.au)

Bushwalking NSW proudly presents  
**Women's Week Walk**  
2 - 8 MARCH 2026

Presented by

**Bushwalking  
NSW**

Proudly funded by



Working together for a cleaner,  
smarter future for the Eurobodalla

 **SHASA**  
Southcoast Health and Sustainability Alliance

The Southcoast Health and Sustainability Alliance (SHASA) is an alliance of Eurobodalla community members. Formed in 2014 one of SHASA's key focuses is to deliver climate resilient projects for our region.



[contact.shasa@gmail.com](mailto:contact.shasa@gmail.com)  
[shasa.com.au](http://shasa.com.au) 0467 558 645



## 2026 Diary Dates

- 27 Feb – 1 Mar – **Cobargo Folk Festival**
- 13–15 February – **Cobargo Show**
- 27 Feb – 1 Mar – **Bega Show**
- 8 March – **Broulee Bay to Breakers Ocean Swim**
- 7 – 15 March – **Sculpture Bermagui**
- 1 – 3 May **19th Narooma Oyster Festival**
- May – June – **2026 Sculpture for Clyde**
- 5–12 July – **NAIDOC Week**
- 12 June to 12 July – **Fungi Festival**
- 21st–25th October – **Sea Otter Australia**
- 13 March 2027 – **NSW State Election**

### Narooma VIEW Club welcomes new members

Narooma VIEW Club meets on the fourth Friday of each month at Narooma Golf Club Seahorse Room at 11.30 for lunch & a guest speaker. (Except October will be Friday 18th).

### Moruya Community Workshed

New members are always welcome. We are located in the grounds of the Moruya High School operating two days per week. For inquiries please contact Wayne on 0488 743 788.

### Tuross Community Markets

held every 2nd and 4th Sunday of each month.

### Tuross Head Bowling Club Easter Market

Calling all Market Stall Operators. If you are planning your markets for 2026 don't forget to contact us at Tuross Head Bowling Club. With only a few months until our annual Easter Market fundraiser, we are seeking stall holders to come and share their wares. We have just under 20 stalls booked already but have plenty of space for more and only \$20 for a marked site (3m x 3m). Our Easter Market is on Sunday 5 April this year, from 9.00am – 1.00pm. It is a great community day – if anyone would like a stall, please contact the numbers on the flyer.

Vickie Wheelahan Tuross Head Bowling Club Secretary  
turossheadbowlingclub@clubtuross.com 0473 859 295

## GOT AN EVENT COMING UP ?

**Birthday, Garage sale, AGM?**

You can't always rely on the socials...

Let the community know with the Moruya Mail  
[hello@moruyamail.com.au](mailto:hello@moruyamail.com.au)

## Rally for Recovery

Ainslie Parade Tomakin

**Mega Garage Sale**

**Every Wed and Sat  
8.30 - 12.00**

Small bric-a-brac to furniture  
Crockery, and glassware  
Tools and electrical equipment  
Books and puzzles  
Manchester and haberdashery  
Toys and baby items  
Paintings and artwork  
Plants and garden tools.  
Beds and bedding  
.....the list is endless.



[rallyforrecovery.au](http://rallyforrecovery.au) 0406 363 166



Enjoy reading the Moruya Mail?

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publication when you

**Buy Me A Coffee**

## Moruya RSL Sub Branch General Meeting & AGM

is being held Tuesday 17<sup>th</sup> February 2pm at the RSL Memorial Hall 11 Page St Moruya. The arrangements for ANZAC Day march are being discussed.

## South Coast & Country Community Law

coming to Moruya to provide in person legal appointments for clients.

Where: Moruya Medicare Mental Health Centre, Mirrabooka Avenue Moruya 2537 (Building address: 73 Vulcan Street, parking and entry at rear, off Mirrabooka Avenue).

When: **Thursday 12th February** 2026 10am to 2:30pm

Where: Mackillop Family Services, 5/1 Clyde Street Batemans Bay

When: **Tuesday 17th February** 2026 9:30am to 2pm

Where: Moruya Medicare Mental Health Centre, Mirrabooka Avenue Moruya 2537 (Building address: 73 Vulcan Street, parking and entry at rear, off Mirrabooka Avenue).

When: **Thursday 26th February** 2026 10am to 2:30pm

How: Appointments are required. Call us on 1800 229 529 to make an appointment

## The ancient medicine wheel and Indigenous science

Discussion: **Thursday 12 February 2026 2:30pm – 3:30pm**

Where: Moruya Library, Vulcan Street, Moruya Cost: free Learn the fundamentals of Indigenous science that holistically connect us across cultures and countries, what a medicine wheel is, and simple practices to intentionally integrate this knowledge into daily life. This discussion is led by Dr Valerie Cloud Clearer Ringland, an East Frisian and Sumerian-Jewish woman living a holistic lifestyle of decolonising and re-indigenising on Yuin country with her family. She holds a PhD in Indigenous and Western scientific perspectives on trauma healing and is the author of Healing through Indigenous Wisdom: A Year Around the Medicine Wheel. Valerie's books will be available for purchase on the day.

Bookings - Places are limited for this event. To avoid disappointment, please book early online or contact your local library for assistance. T: 4474 1333 E: [Moruya Library](mailto:Moruya Library) W: [Book online](http://Book online)

## TeenSafe

a driving skill for life

## TRAINING SAFER YOUNG DRIVERS

Teensafe is a safe-driver program for L and P plate drivers – a skill for life.

Practical behind-the-wheel courses are provided in school holidays at Moruya Speedway. Cars and instructors provided. Fee \$100.

Teensafe is a community group operating for over 25 years supported by IMB Bank and partnered with Bay Beginners.

For info and forms go to [TeenSafe link at - baybeginnersdrivingschool.com.au](http://TeenSafe link at - baybeginnersdrivingschool.com.au)  
or phone Sean 0412446568



## Moruya District Hospital Auxiliary

If you would like to join the Hospital Auxiliary and help raise funds for your local Hospital, you would be most welcome. Meetings are held at the Moruya Golf Club on the 1st Monday of every month at 2pm To find out more email [mdha@y7mail.com](mailto:mdha@y7mail.com) or PO Box 469 Moruya 2537



Click on the cup

**Buy me a coffee**



## Tackle World Moruya Fishing report 6.2.26

### Moruya River.

Now that the kids are back to school, the coast is taking the opportunity to exhale, after a busy Xmas period. The warm currents continue their southerly push, bringing warm, fish rich waters down along the coast.

The dirty water from the rains have cleared, and the rivers are yet again firing up. We have had good consistent reports of bream, flathead, trevally and whiting from the lower through to the middle sections of the river this past week.

The airport flats, Preddy's wharf, the hole in the wall and all the way up past the town bridge have been producing this week.

All options have been working this week, so baits or artificials, it really is your preferred choice at the moment.

Up stream in the fresh, the bass continue to bite well, with frogs and cicada surface style lures working well, along with spinnerbaits, soft plastics and hardbody lures also taking their share of fish.

### Tuross River.

This system is starting to get back into peak mode again, with the warm currents making a big impact on fish activity, along with the typical February reduction in angling pressure. Flathead are again well on the chew, with good fish reported throughout the system this week.

The salmon that were camped in the lower sections of the river last week, have made their way back onto the local beaches, for the most part.

Whiting have also been available, in particular around the potato point side of the lower system. Nippers, squirt worms and surface presentations have bought some good sized, 40cm + fish, undone.

The extensive oyster rack system that Tuross is famous for, has been producing good numbers of bream for this that like this style of fishing.

Up in the fresh, the bass have been readily taken both surface and sub surface presentations, up and down this long water way. You will find bass all the way up to the Tuross falls, that is a lot of potential areas to find fish in.

### Rock and beach.

Swell conditions and the strong southerly winds we have been having, have hampered fishing opportunities this past week for those that like the sand between their toes.

The weekend forecast looks to offering a reprieve from strong winds this weekend, particularly on Saturday. Sunday does have the winds picking up a bit. You should be able to find good numbers of salmon bream and whiting, up and down the coast this weekend. Keep exploring until you find an active gutter, that is holding fish. If searching isn't your thing, then add a bag of burley to your set up. It can be as simple as some old pilchards in a keeper net, or as elaborate as some crazy home made concoction, any burley is better than no burley.

### Offshore.

The game crews have been kept busy this past week, with an epic season of marlin that continues to show no signs of easing up. There has been the odd report of a really good Mahi Mahi or two showing also. The wife is heading out wide this weekend, with hopes of getting her first billfish. Stay tuned for pics if she does manage to get one.

The snapper have been on the chew, for those not interested in heading out wide for bigger quarry. The flathead have also been biting in close. There are options a plenty for those wanting to cross the bar this weekend.

The bait freezer was restocked this week, and all the usual baits have been replenished, and are in good supply.

Post Xmas, we do have a few holes in our usual range, but have more stock on order to try and fill these holes.

Congrats to Richard Nobel, who was the winner of the Shimano Stella 6000 reel last week. We know that will be well used on your next trip abroad.

Stay safe everyone and remember, "Every day's a good day for fishing..."

Team Tackle World Moruya.

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teri.swanbury@hotmail.com  
0410 584 196



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Entry is \$60 for age divisions and \$30 for Juniors. Entries close 2 March



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## Moruya Ladies Golf



The ladies at Moruya Golf Club played on Wednesday 4<sup>th</sup> February in what was a very hot and humid day making conditions very tough indeed. Continuing her winning streak from last week, Jan Lumsden won the days' Stroke round with a score of 73 Nett enabling her to win the monthly medal.

Jenny Ellis was runner up with 76 ocb. Balls went to Phyllis Reid, Leonie Doolan, Sharon Knight, Shirley Noy, Margaret Flynn, Vicki Goodwin, Ruth Snowball and Pauline Nash. Nearest the pins went to Jan Lumsden and Lyn Gibbs.

**Photo: Jan Lumsden**

## Volunteers Needed

Join us at Same Wave Moruya (formerly Special Nippers) to assist kids and young adults with diverse needs to enjoy and experience the beach. We need you! Starting

**Saturday 31st January 2026**



**SAME WAVE:**

- 10.30AM-1PM SATURDAY MORNINGS
- 10 WEEK PROGRAM OVER FEB, MAR, APRIL
- MORUYA SLSC - BEACH ACTIVITIES AND A BBQ

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## Malua Bay Stingrays Women's Bowls

Before proceedings got underway a 1 minute silence was held in memory of bowling friend Sally Malone. Deepest sympathy to husband Kane and family, Sally will be sadly missed by us all. Well done to our bowlers in Yamba for a great effort, great bowling by Peter Keatley and team who won all games until Final so Runners-up a fantastic result.

Welcome back to Rhonda Adler and Olga Geshwend.

Winners Rink 6, Tricia Wheeler, Gai Gibson, Colleen Ashby and Sue Beavan. (photo)

Runners-up Rink 3, Julie Knorpp, Sonia Frey, Olga Geshwend and Jenny Blyth.

Lucky numbers, 26 Pat Bill, 4 Gwen Ware, 8 Lisa Grice, 36 Di Wotherspoon

Money Club, 7 Lisa Grice, 21 Di MacPherson.

First Jackpot Draw 38 Di Wotherspoon who selected Ace of Diamonds.

## Far South Coast Oysters in the medals at Royal Agricultural Society AQUACULTURE AWARDS

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**Driving Change**

## Tuross Head Golf



Winner: John Harb with Vice President Paul Scholze



Medal Winners: Bruce Handley with sponsor Barry Peddle, Mark Haberkorn and Paul Pereira.



Winners: Judy Apps, Pauline Nash and Cate O'Brien

### Tuross Head Golf Results Thursday 5th February 2026

39 players competed in a Medley Stableford event today. It was a sunny day and there were some fantastic scores achieved.

The Winners were:

- 1st: John Harb (16) with 41 points
- 2nd: Rob Green (2) with 40 points
- 3rd: Lars Gaupset (16) with 39 points (countback)
- 4th: Elsa Shearer (40) with 39 points

#### Nearest to the Pins

- 4th: Nick Brice 7.00A Grade
- 4th: Wayne Lilley 2.06B Grade
- 4th: Peter Morris 2.09C Grade
- 6th: Troy Kingdom 1.20A Grade
- 6th: Lars Gaupset 4.44B Grade
- 6th: Rob McDonell 8.50C Grade
- 7th: Ian McManus 7.83A Grade
- 7th: Marie Muriwai 8.33 B Grade
- Balls went to: Leonie Snodgrass 37, Bruce Martin 37, Mark Haberkorn 36, Maree Coffey 35, Ian McManus 35, Marie Muriwai 35, Robert McDonell 35, Wayne Lilley 34, Stephen Gardner 34 and Dianne Brown 34.



### Tuross Head Vets Golf Results Wednesday 11th February 2026

A field of 46 players, including some new players and visitors, signed up for a Stableford event today. The weather was warm and humid and some amazing scores were achieved.

The Winners were:

- 1st: Ross Davidson with 23 points
- 2nd: Bruce Martin with 22 points (countback)
- 3rd: Rob Nash with 22 points

Balls or Chocolates went to: Tony Crook 21, Tory Puglisi 21, Julie Barningham 21, Gail Rogers 20, Ian Miller 19, Ian Manton 18, Mark Annetts 18, Graham Moore 18 and Steve Gardner 18.

<< Winner: Ross Davidson

### Tuross Head Golf Results Saturday 7th February 2026

A field of 60 players registered for the Men's Stroke Monthly Medal event today. The event was sponsored by Barry Peddle and some excellent scores were achieved.

The Winners were:

#### A Grade:

- 1st: Bruce Handley (14) with 67 nett (medal)
- 2nd: Brad Doolan (6) with 69 nett

#### B Grade:

- 1st: Mark Haberkorn (16) with 67 nett (medal)
- 2nd: Ron Rogers (16) with 71 nett (countback)

#### C Grade:

- 1st: Paul Pereira (32) with 70 nett (countback)(medal)
- 2nd: Paul Medwin (23) with 70 nett

#### Nearest to the Pins

- 4th: Brad Doolan 3.34 A Grade
- 4th: Matthew Kennedy 4.40 B Grade
- 6th: Malcolm Gilbertson 0.30 A Grade
- 6th: Matthew Kennedy 3.65 B Grade
- 6th: Paul Pereira 11.08 C Grade
- 7th: Brad Doolan 3.34 A Grade
- 7th: Paul Medwin 4.52 C Grade

#### Putting Comp: Steve Johnston

Balls went to: Malcolm Gilbertson 70, Ian Manton 71, Stephen Swanbury 71, Michael Elfar 71, John Eglitis 71, Wayne Fullerton 71, Peter Garn 72, Colin Houghton 72, Darren Willmouth 72, Michael Walsh 72, Mark Schenk 73, Martin Booth 73, John Phyland 73, Bruce Martin 73 and Bruce Cleeve 73.

### Tuross Head Ladies Golf Results - Tuesday 10th February 2026

A field of 28 ladies played in a Stableford event today. The event was sponsored by John Eglitis Design. The weather was warm and the competition fierce and some fantastic scores were achieved.

The Winners were:

#### A Grade:

- 1st: Pauline Nash (30) with 39 points
- 2nd: Annette Manton (27) with 38 points

#### B Grade:

- 1st: Cate O'Brien (35) with 37 points
- 2nd: Julie Barningham (36) with 36 points

#### C Grade:

- 1st: Judy Apps (40) with 37 points
- 2nd: Lynne McDonell (43) with 32 points

Place Getters: Marie Muriwai 37, Ruth Gschwend 36, Chris Wratten 36, Sandra D'Onofrio 33, Leonie Doolan 32, Teri Swanbury 32 and Leonie Snodgrass 31.

#### Hole Prize: 2nd Shot

- 7th Marie Muriwai Golden Shot A
- 7th Jane Eglitis Golden Shot B

#### Nearest to the Pin: 2nd Shot

- 6th Pauline Nash
- 15th Pam Alexander

#### Nearest to the Pins:

- 4th: Steve Gardner and Bruce Martin (2nd Shot) In the hole!
- 6th: Mark Annetts (1st Shot) (Visitor)
- 7th: Ladies: Jane Eglitis (2nd Shot)
- Mens: Steve Gardner (2nd Shot)

#### Accuracy: Steve Johnston (5th hole)

#### Bradmans: Gai Forrest



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## YOGA Pose of the Week



Hi, it's Clare from Soul Tribe Studio, your local yoga home in Batemans Bay since 2018.

My Pose of the Week is **Camel Pose, known in Sanskrit as Uṣṭrāsana**. This strong, heart-opening backbend invites us to open the front of the body, build courage, and meet sensation with presence. Camel can feel both vulnerable and empowering, which is part of its medicine. This pose asks for steadiness, breath, and self-awareness rather than pushing for depth.

### How to practise Camel Pose

Begin kneeling on your mat with your knees about hip-width apart and the tops of your feet pressing gently into the floor. Stack your shoulders over your hips and place your hands on your lower back for support. On an inhale, lift your chest and lengthen up through the spine. As you exhale, gently lean back, keeping your thighs upright and your core lightly engaged.

You can keep your hands at your lower back, or if it feels appropriate, reach back to rest your hands on your heels. Let your chest broaden, your collarbones soften, and your throat stay relaxed. Your head can stay lifted or gently drop back if your neck feels comfortable.

Breathe steadily for three to five breaths, then slowly return to an upright position, taking a pause before moving on.

### Benefits of Camel Pose

- Opens the chest, heart, and front of the shoulders
- Strengthens the back body and postural muscles
- Stretches the hip flexors and thighs
- Supports deeper breathing and lung capacity
- Encourages confidence, courage, and emotional openness
- Helps counteract the effects of slouching and long periods of sitting
- Can feel energising and uplifting when practised mindfully

Camel Pose reminds us that opening the heart takes strength, trust, and the willingness to stay present with what we feel.

Follow us on Instagram @soultribestudio and YouTube @soultribestudio, and come join us for classes. We're open every day with around forty classes a week.

To book classes and view the timetable, visit [www.soultribestudio.com.au](http://www.soultribestudio.com.au)

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Kathryn Maxwell 0467558645

## Golfers donate to Hospital Auxiliary



Moruya Golf Club reports: "Late last year our Vets & Ladies took part in our annual Charity Golf Day. Thanks to their efforts, \$1,456 was raised for the Moruya District Hospital Auxiliary! Today was the day we handed over the famous big cheque to the MDHA. Thank you to our incredible golfers for their continued support of our vital community charities!"

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**TO BOOK A STALL OR FOR MORE INFORMATION PLEASE CONTACT**  
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40 Monash Avenue Tuross Head, NSW 2537 Phone (02) 4473 8186  
[clubtuross.com.au](http://clubtuross.com.au)

## Batemans Bay Sailing Club Bay Cup Report



Moonmist.



Sail Le Vie



Accolade



Avoir

Photos: Terry Paton.

By Lachlan Brown

It was a great day for sailing last Saturday Feb 7th. Batemans Bay Sailing Club held the 7th Bay Cup race of the 2025/26 season. 4 BBSC boats headed out along with race officer Terry Paton and his trusty team of Andrew Bain and Jim Anderson aboard the committee boat "Dave Magill". There was a light to moderate south easter blowing.

The start was keenly contested with "Moonmist" (Tony Sutton) holding out "Accolade" (Lachlan Brown) at the boat end. The latter nearly took out the committee boat but managed to squeeze into a tiny gap left by "Moonmist" before tacking away. "Sail La Vie" (John Drummond) and "Avoir", which was being sailed single handed by Peter Patterson, took a more safety first approach and hung back at the start.

"Moonmist" led around the Marine Park Middle Mark after the first work and down the broad reach to the wing mark off Caseys Beach. The "Moonmist" crew cautiously elected to drop their spinnaker at the wing mark. "Accolade" kept her spinnaker flying and sailed right around the outside then through the lee of "Moonmist" and into the lead, drawing a priceless look from Sutton who thought he had seen it all.

The wind faded on the next windward and return legs. "Moonmist" was sailing fastest in the light conditions and caught up to "Accolade" on the square run. Paton sensibly shortened the course at this point as "Sail La Vie" and "Avoir" were well behind.

"Moonmist" won easily on AMS calculations while "Accolade" took the win on PHS. Full results are up on the BBSC website [www.bbsc.org.au](http://www.bbsc.org.au). The next BBSC keelboat race is on Feb 20th.

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SATURDAY 21 Feb | 9.30am - 4.15pm | Catalina Club



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