FREE Independent News for Moruya & the Eurobodalla Shire

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Number 106 26th November 2025



PHOTO OF THE WEEK: Sunday's combined club Surf Carnival at South Broulee.

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Moruya traffic surveys

Transport for NSW are carrying out traffic surveys in and around Moruya to help inform transport planning in the area. **What are the surveys?**

Traffic tube counters and monitoring cameras will be set up at several locations in and around Moruya to capture traffic data, including traffic volumes and vehicle types, intersection movement counts, queue lengths and parking use.

These surveys will evaluate traffic flow, pedestrian and cyclist activity, intersection queue lengths, travel speeds, types of vehicles and parking needs in Moruya.

What are the surveys used for?

Data collected from these surveys will help us gain a greater understanding of how the transport network operates to inform future transport planning in Moruya.

When will the surveys be conducted and at what locations? Survey equipment, including tube counters and monitoring cameras were installed at various locations around Moruya on Monday 24 November.

Tube counters will capture traffic data from Monday 24 November 2025 for two-weeks and traffic monitoring cameras will capture data from Tuesday 25 to Saturday 29 November 2025.

See map for survey locations. >>

Why can't previous traffic data be used?

Traffic data for the area was last collected in 2021, as part of planning for the Moruya bypass project. Collection of data in the coming weeks ensures our transport planning is based on current movements in the area.

What about the Moruya bypass?

Transport identified the preferred corridor for the proposed Moruya bypass in July 2024, concluding the planning phase of the project.

Upcoming traffic counts and monitoring is not related to future planning for a bypass of Moruya.

New strategy a key move for housing

Eurobodalla Mayor Mathew Hatcher says Council now has a practical path for assisting with the shire's housing crunch. Councillors unanimously adopted The Eurobodalla Housing Strategy 2025 late last month. Mayor Hatcher says it uses all the levers available to Council to unlock more – and more affordable – homes. "Housing affordability is plunging while demand soars, with prices surging ahead of wages and rental vacancies hovering at near zero. The numbers informing this housing strategy are stark – we need at least 500 affordable homes and another 150 supported accommodation places built in the next 15 years," says the Mayor. "Housing largely remains a state responsibility – it's got the big levers. We can't build social housing or set state policy. But we're not sitting on our hands either," he says.

"Our strategy is pragmatic and it's data driven, focussing on the tools Council does have – planning, controls, infrastructure, and land supply – giving us a clear voice and a seat at the table without crossing boundaries into state territory."

Over the next five years, Council will encourage higher density development near town centres and make it easier to build a wider range of housing types, like secondary dwellings, dual occupancies, town houses and apartment living. The focus is on how we can increase housing diversity and make sure medium and higher density is done well.

Mayor Hatcher says an audit of Council-owned land to find sites suitable for community or affordable housing is already underway. "For example, can we redevelop unused car parks, caravan parks and other public places for new home sites? Many are already close to schools, shops and services," he says.

Other actions in the strategy include the affordable housing contribution scheme, ensuring developers are doing their bit to create affordable housing, a dedicated affordable-housing officer position, and an affordable housing advisory group representing housing providers, local developers, and community groups. "These first steps will set the foundation for the years ahead, creating

a housing market that works for locals instead of locking them out,"

Mayor Hatcher says.

"Longer term, we continue to broaden housing diversity, keep increasing affordable-home supply and build environmental resilience into new developments. We directly link housing growth with infrastructure and transport planning, so new neighbourhoods are delivered with good roads and transport, utilities, and open space.

"It makes no difference if you are a young person starting out, a successful careerist, a single parent or someone looking to downsize - everyone deserves a secure home. This strategy uses all the tools we've got to make that happen here in our shire."

mm MORUYA MAIL

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Moruya Distri





Saturday 6th December 2025 Time: 8.30am to 12 noon Where: Outside Harris Scarf

Vulcan Street Moruya



Our ever popular homemade cakes & Slices will be there to tempt you, Christmas craft items, jams, pickles, books and plants.

Great items to buy knowing you are supporting a local/registered charity

Raising funds to purchase Hospital Equipment for Moruya Hospital CFN11058

Yuin Digital Keeping Place launched at Giiyong Festival



www.yuindkp.org

The Yuin Digital Keeping Place website was launched at the Giiyong Festival in Eden on 22 November. The website is a space to honour, maintain and share Yuin knowledge, language and culture for future generations

The Yuin Digital Keeping Place is an online portal housing more than 160 short films, three language dictionaries, and cultural and historical documentation drawn from state institutions, local archives, and personal collections. Developed as a collaboration between representatives from the Yuin community and SharingStories Foundation, the project aims to maintain and reaffirm Yuin cultural knowledge and language, and develop a shared sense of belonging with the wider community. In 2022, SharingStories Foundation met with artist Cheryl Overton about the potential of collaborating on an individual arts project. Cheryl initiated the idea of a community project which led to consultations with the Guluga and Biamanga Boards of Management. The joint Boards invited the organisation into the community and approved a list of possible Elders and Community Leaders to engage between Eden and Batemans Bay. The Yuin Project Working Project was established with ten members including Bunja Smith (Batemans Bay), Patricia Ellis OAM (Moruya), Vivienne Mason (Narooma), Lynne Thomas (Narooma), Cheryl Davison (Tilba), Warren Foster (Wallaga Lake), Gary Campbell (Wallaga Lake), Judy Norris (Cobargo), BJ Cruse (Eden) and Lorraine Naylor (deceased). Continued efforts to source a community Elder from the Bega community were unsuccessful.

Featured topics







Ceremony Song & Dance











Throughout 2023, consultations were held with the Yuin Project Working Group who identified the need for an online Digital Keeping Place to share cultural knowledge and language with current and future generations. The project also includes non-Aboriginal information that impacts Yuin people. Funding was sought and granted by The National Indigenous Australians Agency with additional funding from The Australian Governments Indigenous Languages and Arts Program.

Throughout 2024 and 2025, SharingStories Foundation met quarterly with the Project Working Group who collaborated on and directed all aspects of the project including project design and governance, cultural mapping of content, film production, branding and marketing, website layout and design, and language work. Filming, content creation and website development was undertaken in 2025.

The Project Working Group includes members from Batemans Bay down to Eden on the Far South East Coast of NSW, across the three language groups of Dhurga, Djiringandj, and Dhawa, who worked on this project between 2022-2025.

The ten members of the Project Working Group co-designed the project with SharingStories Foundation, and directed and participated in all aspects of planning and development. Lorraine Naylor from Wallaga Lake was involved in the project up until her passing in 2024.

The group recorded more than 160 films across a range of knowledge areas they felt needed to be shared and preserved with and for their communities along the coast, as well as the wider community. They also created three language dictionaries, and directed the research into Photo Collections, Custodian Galleries and the Historical Timeline.

The Working Group acknowledges that the content on the website is not exhaustive and they intend to make the opportunity available for other families to be involved in the future.

Source: https://yuindkp.org/

Eurobodalla Preparedness Guide

Delivery Week Success! Pick up an extra copy at Eurobodalla Shire Council or The Repair Cafe - Red Door, Page St Moruya - Fridays 9.30am-12.30pm











Presentations from the Council Meeting 26th November 2025

Neil Gow re Eurobodalla Welcome Park Group

Good afternoon, Walawaani, Mayor, Councillors, General Manager and staff, and public observers.

I am Neil Gow of Longbeach, Convenor of the Eurobodalla Welcome Park Group and today wish to address the subject of the Mayoral Minute (MM25/007) relating to the future of the site of the former Batemans Bay Bowling Club, at 2 Vesper Street Batemans Bay.

Our group would encourage Councillors to support the recommendations of the minute as they align, in part, to the policy of the Welcome Park Group, insofar as the minute recommends the excision of the 2 Vesper Street site from the Batemans Bay Master Plan consultation process. This is a welcome and vital step forward, as it allows Council and our community to consider these subjects separately and on their own merits.

It also addresses a lingering problem with council ownership of the site i.e. the conflict of roles in that Eurobodalla Shire Council is both the owner, and the potential seller of the site, and it is also the planning authority for the site. The minute acknowledges this conflict and, at a minimum, provides a pause in addressing this issue.

The Eurobodalla Welcome Park Group has previously proposed to Council a three stage solution to address the future of this site. Initially it should be excised from the considerations of the Batemans Bay Master Plan. If councillors agree to the proposed recommendations, this will be achieved.

A good first step.

Secondly, we propose that the land be reclassified as community land, a power which resides exclusively with council, as is demonstrated by a proposal (PER25/018) on today's agenda to do just that in relation to a different piece of land in the Shire . This step would remove the possibility of sale and therefore decisively eliminate the conflict of roles. The achievement of this step would be a powerful demonstration to the community of Council's convictionto act in their best interests into the future, and to restore the trust eroded by the complex and byzantine processes which have followed after the 2016 council purchase of 2 the Vesper Street site. Thirdly, we advocate a process of wide community consultation to develop a Plan of Management for the site which would lock in future community engagement.
The minute proposes that "Upon finalisation of the Masterplan,
Council may then appoint an independent consultant to review the strategic importance of the site." This review should incorporate a community wide consultation about the future use of the site. Such a broader consultation process would also assist in restoring community trust and confidence about this matter.

The three step process advocated by our group would address all of these uncertainties, and therefore we continue to propose that Council act decisively to reclassify the site as community land and that a Plan of Management be developed through wide community consultation to establish the Eurobodalla Welcome Park on this gateway site in order to preserve both its heritage and environmental merits. We will continue to work with Councillors and staff to support them to formulate constructive proposals to ensure that this site is protected for our community into the future. Thank you for your consideration.

Neil Gów, Cońvenor, Eurobodalla Welcome Park Group bbwpgroup@gmail.com

Rob Pollock -Council Meeting 26th November -Adoption of Caravan and RV Status for Moruya Housing Strategy
Good afternoon, Councilors' Mark Fergerson, staff and gallery.
Moruya Business Chamber has been working with ESC for well over 8 years to get the Caravan and RV Status secured for Moruya. Back in December 2018 a letter was sent to MBC by ESC to say that the Caravan and RV items would be addressed and was endorsed by ESC signed by Lindsay Usher and on behalf of the ESC. ESC, signed by Lindsay Usher and on behalf of the ESC Since this letter ESC has completed the tasks required to get the status agreed to by the governing body CMCA, those being;
-Dump and water point opposite Tennis Courts

-4 Caravan/long vehicle spaces put in place [One was taken away,

needs to be returned-Church St

-CMCA rates adopted at the North Head Camping area – These have been agreed to by Belgravia group [managing company for North

Heads]

ESC has agreed to the Moruya Showgrounds for Caravan and RV's but these rates are currently not set and need to be within the CMCA guidelines [this was a project put forward by others not MBC]. We would expect at the bare minimum that council will sign off Moruya's Caravan and RV friendly status given those aforementioned requirements that have been completed.

We do, however have an opportunity to provide a best practice solution to the ever increasing travellers visiting the region. I spoke with the Ex GM Warwick Wynn, Cnr Rob Pollock, Mayor Matt Hatcher, Head of Planning Gary Bruce and Graham Attenborough, about its liver doing the base matter than the company of the compan just doing the bare minimum, but to have Moruya as "BEST Practice" for the ever increasing 'Grey Nomads'. Currently they travel straight through town and have NO IDEA we have the greatest car parking area just 50 mts east of the HWY -BUT YOU CAN'T SEE IT". Most of you saw that opportunity and we believe if endorsed, the benefits to the town would be significant. the town would be significant.

I have shown pictures of Mogo which has 4 signs before their car park when heading from North to South into Mogo. Moruya has just one!! and it is on the opposite side of the road with no time to turn left or

make a decision to stop!

Economic benefit to a small town[I shouldn't have to spell this out !], I will let Rohan Gleeson address this and let you know what he discovered whilst travelling only a few month's ago. Yes a GREY NOMAD.

We need to adopt the Caravan and RV status and complete the document sent to ESC ASAP

For BEST PRCTICE we need;

-Overnight free parking in car park at car park behind Adelaide Hotel opposite the Toilet block ESC car parking [45 deg parking] easy in and out at exit opposite Fire Station]
-We need a CMCA park put into the Moruya Masterplan [With a

mountain bike wash bay]

-We need overspill parking at riverside park [one night parking would also be BEST PRACTICE] -Allow Caravans and RV's to stop near the Moruya Bowling Club for

Maximum 2 nights

- We need a sign board on the exit of the carpark to show visitors, what they can do and stay longer at Caravan parks in our area for longer stays-Café's, Clubs, Pubs, Mountain Bike trails, Patrolled Beaches, 4WD drive trails etc. MORUYA -A NATURAL ADVENTURE. I think the ESC should adopt the above and give it a two year trial and have ongoing checks to review performance.
Grey NOMADS are cashed up travelers and will stay longer and return if we JUST MAKE IT EASIER AND BEST PRACTICE.

Robert W.R Pollock

President, Moruya Business Chamber

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Old Batemans Bay bowling club site excised from Masterplan



At today's Eurobodalla Shire council meeting, councillors unanimously voted to excise the former bowling club site at 2 Vesper street Batemans Bay from the Draft Batemans Bay Masterplan.

Council owns operational land at 2 Vesper Street Batemans Bay, and its future use is currently part of the Batemans Bay Masterplan. This ownership however could present a conflict of interest being the owner and

planning power of the land.
Council spent \$2.7 million buying the site in 2016 and authorises the General Manager to pursue sale negotiations with the two proponents. Negotiations were never finalised given the uncertainty of the future zoning and development capacity of the site.

Mayor Hatcher's report said "Due to the extended timeframe, it is likely Council will need to initiate a fresh expression of Interest process.

Since that last decision, Council has included within its Operational Plan the need to undertake a Masterplan for Batemans Bay. That plan was placed on exhibition in April 2025. Council in consideration of submissions, has since resolved to consult further on the Masterplan to formulate a revised proposal. That further engagement has commenced. Council as both a landowner and planning authority has a conflict of roles. To build community confidence, councils needs to demonstrate arm's length ethical evaluation of planning proposals. Therefore, to create that delineation, the Council owned site should be reviewed independently of this Masterplan process.

Upon finalisation of the Masterplan, Council may then appoint an independent consultant to review the strategic importance of the site. This independent evaluation by a consultant enables Council to remain at arm's length and receive advice and a planning proposal on the future potential of the site.

This independent consultant will assess the most appropriate use for the site from the landowner and community perspective and connection with the adopted Batemans Bay Masterplan. The zoning outcome will determine the site's optimal use, and this uncertainty also creates probity considerations for Council in managing its roles as landowner and planning authority. For this reason, I propose that Council amend the boundary of the Masterplan to excise the operational land known as the former Bowling Club site at 2 Vesper Street Batemans Bay.

This demonstrates Council's good faith to gain the best outcome for the Batemans Bay Masterplan process by reducing Council's conflicting roles. The motion that I propose will substantially change the resolution made on February 2023 as outlined above."

There was some debate as to whether community consultation on the site could not move forward concurrently with the Masterplan.

Cr Constable said "It still is an integral part of Batemans Bay."

The General Manager advised "the purpose of taking it out is that the council has a conflict of roles. Better to take it out and have it dealt with independently, so there is perception clear probity how it is resolved."

Cr Shutz said "I have concerns that pulling it out of the masterplan. It is part of the Bay CBD and should be considered in the context of the greater Masterplan....I don't want to see it as a black hole next to the CBD."

The General Manager said "predominately the site for development is east of the Highway, and the Batemans Bay Masterplan can feed into the use of that site. We need to demonstrate that

we are acting with integrity."

It was then carried unanimously that: 1. Council amends the boundary of the Batemans Bay Masterplan to exclude the Council owned land known as the former Batemans Bay Bowling Club Site located at 2 Vesper Street, Batemans Bay. 2. Following the Masterplan decision, Council engages an independent consultant to assess the future potential and optimal use of the site and prepare any necessary planning proposal. 3. That the findings of the independent assessment guide any future negotiations or decisions regarding the site, ensuring appropriate arm's length probity given Council's conflict of roles.

-Alex Rea





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\$20 million funding to grow state's aquaculture industry

The NSW Government has launched the \$20 million Aquaculture Industry Development Program to strengthen and expand the NSW seafood industry's economic contribution to NSW.

The program is designed to boost productivity and increase sustainability across farming operations for oysters, mussels, kelp, and algae, plus freshwater and marine fish hatcheries and bioproducts. By investing in sustainability and productivity, the Minns Government is helping future-proof the industry, attract investment, and ensure regional communities continue to benefit from a strong, resilient seafood sector.

This grant program enables further action for implementing the Minns Government's Aquaculture Vision Statement released last year. The vision was developed by the NSW Government with close input from industry and experts to deliver a strategic pathway to achieve the goal of doubling the state's aquacultural farmgate production to \$300 million by 2030.

Under the program, the aquaculture and commercial fishing industries NSW Farmers' President Xavier Martin said the program had will have access to two targeted funding streams, offering grants from \$500,000 to \$2 million, for the following:

- · Stream One Projects focused on infrastructure upgrades to support along NSW's coast. growth and productivity, such as equipment upgrades, supply chain improvements and new product development.
- · Stream Two Projects that reduce carbon emissions and promote reuse and regeneration of materials, such as converting equipment to lower emissions or creating bioproducts and utilising waste streams such as processing of oyster shells.

The Aquaculture Industry Development Program is part of the NSW Government's broader commitment to support local manufacturing, food security, net zero goals, and economic development in regional

This \$20 million investment will help the sector address opportunities and challenges facing the industry such as:

- · incoming mandatory Country-of-Origin Labelling requirements for seafood served in hospitality venues from 2026
- · managing environmental and biosecurity risks in fisheries and
- · supply chain challenges of getting produce to state, national and international markets.

Aboriginal businesses and organisations, including Aboriginal Community-Controlled Organisations, are strongly encouraged to apply.

The NSW Government's Aquaculture Vision Statement supports industry growth through enhancing productivity, streamlining legislation, and supporting innovative research.

Minister for Agriculture and Regional NSW, Tara Moriarty said, "This program will deliver real economic benefits and jobs to regional and coastal communities by helping seafood businesses grow and become more efficient.



Clyde River Oysters Photo: Elliot Brown

come as positive news for oyster growers as they battled the ongoing impacts of floods, disease and water quality issues

"Recent challenges have taken a huge toll on our oyster growers, and investment in the industry has never been more critical," Mr Martin said. "Aquaculture puts world-class produce on tables, but it also provides a whole range of careers, environmental benefits and real economic growth for the regions.

"Enabling our oyster growers to recover from recent events and rebuild back better - is essential if we want to ensure the longevity of the industry, and its ability to adapt and overcome the extremes."

"Aquaculture is widely recognised as one of the fastest-growing food production sectors globally, so we know the world's our oyster when it comes to the opportunities in the sector that we could unlock," Mr Martin said. "The NSW aquaculture industry has set a target to double its farmgate production value to \$300 million by 2030, and this initiative will help achieve this through industry innovation, climate change adaptation and the diversification of products.

"As the sector recovers, this program will help ensure industry can manage the risks and take advantage of opportunities in the coming years and decades, through the sustainable development of our natural resources and support for innovation."

The Aquaculture Industry Development Program is part of the NSW Government's Regional Development Trust that is delivering strategic investments to drive economic development and better outcomes for our regional communities. Business and organisations are encouraged to apply and submit projects by the end of Sunday 18 January 2026. Program details

can be found at: nsw.gov.au/aidp



Transport for NSW improvements in and around Moruya

Transport for NSW continues to identify opportunities to improve conditions on the Princes Highway in and around Moruya, with upgrades being carried out through various Transport programs such as the Princes Highway Corridor safety and efficiency upgrades program, the Road Safety Program and regular maintenance work along the highway. Transport will also continue to work with Health Infrastructure NSW and Eurobodalla Shire Council to ensure the existing Princes Highway provides suitable access and connectivity to the new Eurobodalla Regional Hospital in Moruya, once open.

In July 2025, Transport installed 'Keep Clear' pavement markings on the southbound lane of the Princes Highway at the North Head Drive intersection. This will help prevent southbound traffic queuing through the intersection, allowing vehicles to safely turn right into North Head Drive, easing congestion for northbound traffic through Moruya during peak periods.

A 'No Stopping' sign was also installed on the western kerb of the highway at this location to provide space on the left for northbound vehicles to safely pass right turning vehicles at this intersection, further ensuring ease of traffic flow.



Princes Highway Corridor safety and efficiency upgrades program

As part of the Princes Highway Corridor safety and efficiency upgrades program, Transport is developing and delivering a range of safety and efficiency upgrades for the Princes Highway, including several projects in and around Moruya.

In October 2025, the first stage of work to upgrade the **Princes Highway between Shelley Road and Malabar Drive** at Moruya was finished.

In 2026, the final stage of work will be carried out. The northbound overtaking lane will be extended by around 550 metres south of Malabar Drive. Extending the overtaking lane will help improve traffic flow in the area by increasing capacity on this section of the highway, allowing motorists to safely pass slower vehicles. Transport will inform the community of

Transport will inform the community of the start of work details once confirmed.

Transport is also planning for upgrades of the intersections at **Larry's**

Mountain Road in Moruya and Bingie Road at Bergalia as part of this program. More details about these projects will be provided as the next phase of the program is developed. Visit the Princes Highway Corridor safety and efficiency upgrades program webpage to find out more about the program, including details about other projects in development and delivery.

Princes Highway and Hector McWilliam Drive intersection upgrade

Transport for NSW is planning a \$1.5 million upgrade to the intersection of the Princes Highway and Hector McWilliam Drive at Coila to deliver a left turn slip lane with southbound acceleration lane from Hector McWilliam Drive onto the highway.



10-2pm

Dalmeny Foreshore Playground

Weekend deliveries are back to sleigh the holiday rush

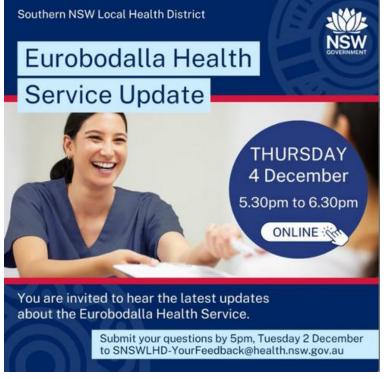
With online shopping expected to surge in the lead up to Christmas, customers can look forward to receiving their parcel any day of the week with Australia Post reintroducing temporary weekend deliveries this Saturday.

The weekend delivery service will be available in all metro capitals and select regional cities and towns, offering added flexibility for customers and helping ensure timely arrival of parcels during the festive season. Weekend deliveries will remain in place until Christmas, depending on volumes. Australia Post Executive General Manager Parcel, Post and eCommerce Services, Gary Starr highlighted the additional service of Saturday and Sunday deliveries in helping ensure customers receive their parcels on time.

"With Black Friday and Cyber Monday just around the corner, we're expecting to see a significant spike in parcel volumes and online spending activity. In preparation, we've brought on thousands of additional team members and expanded our delivery options — including more self-service Parcel Lockers and extended Post Office trading hours — to make collecting parcels easier than ever.

"Last year we delivered nearly 103 million parcels over the Black Friday sales period, and we're ready to go even bigger this holiday season. Weekend deliveries are just one of the ways Australia Post is stepping up to support our customers during the busiest time of the year," Mr. Starr said. Australia Post has recently announced the opening of several next-generation parcel-focused Post Offices in metro locations across NSW, VIC, QLD and ACT, featuring 24/7 self-serve options and secure, free Parcel Lockers. In addition, Australia Post has continued to expand the locations of its popular self-service parcel lockers providing even more convenient delivery options for customers.

Australia Post is encouraging shoppers to download the Australia Post app to keep up to date with deliveries, providing trusted, accurate and legitimate delivery notifications. To ensure items arrive by Christmas, parcels should be sent by Monday 22 December for same state deliveries and Friday 19 December for interstate deliveries, or if sending via Express Post, by Tuesday 23 December. People sending to or from Western Australia, Northern Territory, Tasmania, or regional and remote locations, should allow a few extra days. For the full list of domestic and international sending deadlines, please visit auspost.com.au/christmas.



Santa's mailbox is open: Kids invited to handdeliver their wishes in-store with Australia Post

Christmas Santa Mail is back for another magical year, and children across Australia are once again invited to hand-deliver their Christmas wish lists at their local Post Office.

Australia Post is encouraging families to join in the much-loved tradition by helping little ones write a letter to Santa, seal it in an envelope (no stamp or return address required), and deliver it to a participating Post Office.

To make sure replies arrive before Santa takes flight on Christmas Eve. here's how it works:

- 1. Write your letter: Kids can tell Santa what's on their wish list and share something they're proud of this year.
- Drop it off: Head to your local Post Office and hand over the letter.

Receive the magic: Each child will receive a reply from Santa along with a Pip the Koala ornament to keep as a special Christmas memento.

Southern NSW Local Health District (SNSWLHD) invites Eurobodalla residents to attend an online community forum for an update on their local health services.

Join us for updates on:

- the new \$330 million Eurobodalla Regional Hospital and \$20 million Batemans Bay Community Health facility
- Batemans Bay Medicare Urgent Care Clinic
- the growth of Hospital in the Home care
- NSW Ambulance Preparation for Summer period

The community forum will be held online from 5.30pm to 6.30pm on Thursday 4 December.

Panel members will provide Eurobodalla health service updates and answer questions submitted by the community in advance.

Everyone is welcome to attend by registering your attendance <u>here</u>, Community members are encouraged to send questions in before the meeting via the email link below.

Event details:

Eurobodalla health services update

Where: Anyone wishing to attend should register to receive a Microsoft Teams meeting link:

When: 5.30pm to 6.30pm, Thursday 4 December

Register: https://bit.ly/47Tihbr

Questions should be submitted by 5.00pm Tuesday 2

December by emailing <u>SNSWLHD-YourFeedback@health.nsw.gov.au</u>

For more information on the Eurobodalla Hospital project visit: nsw.gov.au/new-eurobodalla-regional-hospital.

For more information on the Batemans Bay Community Health project visit: nsw.gov.au/new-batemans-bay-community-health.

Member for Bega, Dr Michael Holland said "This forum is about keeping our community informed and involved. With so much progress happening — from the new Eurobodalla Regional Hospital to enhanced urgent care and in-home health services — it's important that residents have the opportunity to hear updates directly and have their questions addressed.

I encourage everyone to join the discussion and stay connected with the significant expansion of health care services across the Eurobodalla."

Local Cooper Frawley to take on Australia's Toughest Ultramarathon



Cooper Frawley 2nd from right

18 year old Batemans Bay local is set to take on Australia's toughest ultramarathons the Kosci 100, a 100km run to support the Talk2MeBro Charity. On Friday 28th of November, Cooper will be taking part in the ultra marathon that leads runners to the summit of Mount Kosciuszko—the highest point on mainland Australia—and through its stunning surrounding trails.

Cooper is motivated by the charity work of Talk2MeBroand in particular shining a light on mental health.

Cooper said "Talk2MeBro first came to my attention after a family friend tragically took his own life. His parents began spreading awareness through Talk2MeBro so that no person—no matter who they are or what they're going through—has to face their struggles alone.

By taking part in this event, I'm aiming to raise awareness and funds to support these legends, helping them continue to build a sense of belonging and community through their free community events. Talk2MeBro strives for a suicide free Australia, and I'm proud to stand behind that goal. Through this challenge, I hope to encourage open conversations about mental health and remind everyone that help is available and that you are not alone." Cooper is seeking community support for his fund raising effort. Cooper said "This challenge is definitely going to push me out of my comfort zone, but I can't wait to get started and do my best for this amazing cause.

Any donation big or small makes a huge difference. Every cent counts, and your support truly means the world. Every contribution helps more than you know. Thank you for being part of this journey. And if you're not in a position to donate, that's completely okay. The best thing you can do is check in on your loved ones and mates, and remember there are always people out there to talk to." All money raised from Cooper Frawley's Kosci100 will go directly to providing awareness and education workshops for communities, schools, and sporting groups in need.

Batemans Bay Rotary Clock Returns:

Public Launch 4th of December



Batemans Bay's beloved Rotary Clock is back! And it's brighter, bolder, and more beautiful than ever! After months of careful restoration, the iconic foreshore landmark is once again ticking proudly above the bay, marking the completion of a major Rotary-led renewal project.

To celebrate this exciting milestone, the community is invited to a public launch on Thursday, 4th of December at 1.30pm. It's a chance to come together, honour local volunteers and supporters, and witness the official unveiling of the revitalised town clock.

The launch will highlight the craftsmanship, history, and community spirit behind this iconic project. Don't miss your chance to be part of Batemans Bay's legacy. So come down to the foreshore and help welcome the Rotary Clock home!

FIONA PHILLIPS MP FEDERAL MEMBER FOR GILMORE ON YOUR SIDE I'm proud to be delivering for our community.

If you need any assistance, would like a Seniors Kit, or would like a special birthday or anniversary message, contact my office today.

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AUTHORISED BY FIONA PHILLIPS MP. ALP. 3/59 JUNCTION ST. NOWRA NSW 2541

Moruya Mail Confirmation of H5 bird flu on sub-Antarctic Heard Island

Testing has confirmed the presence of the H5 high pathogenicity avian influenza (H5 bird flu) in samples collected from southern elephant seals on Heard Island – a sub-Antarctic Australian external territory.

Heard Island is extremely remote, located more than 4000km south-west of Perth and 1700km north of Antarctica in the Southern Ocean.

Given the known presence of this virus nearby on the French Kerguelen and Crozet sub-Antarctic islands, these results are not unexpected, and the detection does not substantially increase the risk to Australia from current levels. While Australia's H5 bird flu freedom status remains unchanged, the test results serve as a reminder of the importance of ongoing vigilance, coordinated biosecurity measures, and preparedness across governments, industry, and conservation partners.

The Albanese Labor Government is investing more than \$100 million to strengthen bird flu preparedness and enhance national response capability – including towards the delivery of rapid response equipment in every state and territory.

Samples were collected after Australian Antarctic Program scientists observed unusual levels of mortality in elephant seals during a recent management voyage to Heard Island. Testing was conducted by the CSIRO's Australian Centre for Disease Preparedness in Geelong after the samples were securely packaged and arrived in Australia on Monday 17 November aboard RSV Nuyina.

Testing confirmed the presence of H5N1 high pathogenicity avian influenza clade 2.3.4.4b virus in these samples. There were no observations of unusual mortality in other species present on the island, including penguins and other seabirds.

Minister for Agriculture, Fisheries and Forestry, Julie Collins MP said: "While this detection of H5 bird flu on Heard Island does not substantially increase risks to Australia, it does reinforce the ongoing need for Australia to remain focused on preparing for a potential outbreak.

"That's why our Government is investing over \$100 million in preparedness measures and building the capacity needed to respond effectively to H5 bird flu should it occur here. "Australia remains the only continent free from the highly contagious strain of H5 bird flu.

"This detection on Heard Island demonstrates Australia's strong biosecurity capability, scientific leadership and commitment to the environment and wildlife in the sub-Antarctic region."

A second voyage to Heard Island, scheduled to arrive late December, will be important to gather further information about wildlife health.

Unprecedented levels of forever chemicals found in dolphins and whales

World-first study shows deep sea habitat does not protect marine mammals from devastation of pfas Contamination

Groundbreaking research has revealed that marine mammals who live far below the ocean's surface are not immune from the burden of toxic forever chemicals, with whales and dolphins showing unprecedented levels of PFAS contamination. Dr Katharina Peters, a marine ecologist and research leader of the University of Wollongong's (UOW) Marine Vertebrate Ecology Lab, contributed to the world-first study, led by Te Kunenga ki Purehuroa Massey University. The findings challenge the assumption that a deep-sea habitat offers protection from human-made per- and polyfluoroalkyl substances, otherwise known as PFAS.

"Whales and dolphins are considered indicator species because they reflect their ecosystem. We expected that species feeding mainly in deep water, like sperm whales, would have lower PFAS contamination than coastal species like Hector's dolphins which are closer to pollution sources. Our analyses show that this is not the case: there really seems to be no place to hide from PFAS," Dr Peters said.

Published in Science of the Total Environment, the findings raise concerns about the long-term health of marine species and the invisible legacy that forever chemicals are leaving in the environment. PFAS are human-made chemicals that accumulate through the food chain and can disrupt immune, endocrine and reproductive systems, raising concerns for both individual and population health in humans and animals, including cetaceans. The scientists analysed tissues from 127 animals across 16 species of toothed whales and dolphins in New Zealand waters, from bottlenose dolphins to deep-diving sperm whales. For eight of the 16 species, including New Zealand's endemic Hector's dolphin and three species of beaked whales, this was a global first for PFAS assessment. The researchers looked at how the acquisition of forever chemicals varied according to species, sex, age and the habitat in which they predominantly live and feed. Study co-author Dr Frédérik Saltré, a researcher with the University of Technology Sydney (UTS) and the Australian Museum, said they found that habitat is a poor predictor of PFAS concentrations.

"Even offshore and deep-diving species are exposed to similar levels of PFAS, highlighting how widespread pollution, compounded by climate-driven stressors, poses a growing threat to marine biodiversity," he said.

The trans-Tasman collaboration involving UOW, Massey University, Manaaki Whenua — Landcare Research, University of Auckland, UTS, and the Australian Museum, is the first of its kind to assess PFAS across a wide range of species, over the same period, living in different marine habitats.



<u>Mo</u>ruya Mail



A Beer with Bazz #217 With

John Longhurst

The front bar was silent and all eyes and ears were focused on the big screen as the final scene of the ABC's 'Hard Quiz' played out.

A perspiring Mick was like a rabbit caught in headlights as he tried to stare down his opponent and do battle with the host.

It was down to the last five questions in the lowest scoring 'Hard Quiz' on

The host had plenty to say about the low scores and Mick was regretting his decision to choose 'mountains' as his specialty topic, he figured his excellence in high school geography would hold him in good stead.

The host started with Mick's opponent who also clearly chose the wrong specialty knowledge topic and failed to offer a correct response.

The host read the first of Mick's 5 questions;

"Why is Mount Everest considered to grow annually?" Mick shook his head repeatedly and muttered "Pass'.

Fortunately, his opponent was equally out of sorts and could not answer her auestion.

The host paused and enjoyed Mick's discomfort for an extended moment. "How did the Barberton Mountains survive for 3.5 billion years without eroding?

Mick's eyes were saucepans and his mouth agape. He again could only manage a "Pass".

His opponent again failed and Mick took a deep breath and the host was now deliberately slowing his voice to the delight of the audience.

"What is the highest unclimbed mountain?"

Mick was now cursing under his breath and mumbled, "Pass again".

His opponent could only shake her head at her next question and Mick sucked in another deep breath.

"Which mountain range is not part of the Pacific Ring of Fire?" Mick gritted his teeth, "Pass".

The host had both contestants squirming as Mick's opponent again failed her final question.

The host paused deliberately and cleared his throat repeatedly. Beads of perspiration on Mick's forehead were caught in a camera close up.

The host's words were like darts.

"Now ... Mick If you get this right" and he paused for a chuckle, "You are tonight's Hard Quiz Champion and will take home the big brass mug." He followed up with a double fake cough and extended audience eye contact.

The host's smile confirmed his view of Mick's chances.

"What is the word for a road through the mountains and a score of more than 50 percent in a test?"

Mick screwed his eyes, furrowed his brow and bowed his shaking head as he whispered, "Pass".

The host's jaw dropped and the front bar erupted as Mick held up the big brass

Have a beer with Bazza at john.longhurst59@gmail.com

U3A Batemans Bay is Looking for People to Share Their Passion

What are your passions in life? What really grabs your interest, sparks up your day or gives you a reason to get out of bed in the morning?

A passion can be a hobby, interest, recreation, a pastime or anything that holds significant meaning to you or an activity that you enjoy doing. When you practise your passions, you often feel content and relaxed. For those lucky enough to turn their passion into a career (or vice versa) work is seldom an effort. You get paid for doing what you love, you are usually better at the job, and others can see the satisfaction and fulfillment you get from your job. You do your job with passion.

The trouble with a passion is that it can run out of steam sometimes, particularly as we get older. Passions need to be fed, shared, and cultivated. They need our time. In retirement it can be more difficult to find others with whom we can share and enjoy our

And that is where U3A comes in. U3A is full of people exercising their passions. People join U3A to take part in passions. Tutors are all people with a passion who get to share their passion with similar minded people. Their reward is in sharing their passion. U3A Batemans Bay (www.u3abatemansbay.org.au), has been offering courses on a huge variety of topics for the last 28 years. Look at the list of courses and you will see passions of our tutors. We currently have 600 members and offer over 50 different courses each semester.

The vast majority of our tutors are members but we do currently have volunteers from the wider community and would like to expand on this, either through community organisations or individuals who would like to share their passion with others. Volunteer tutors become Associate Members of U3A Batemans Bay and have access to all our resources and support systems. Prospective volunteers should be aware that we are non-political and non-

Courses are held at a variety of venues throughout the Shire and can be of any length, ranging from a single session to an annual course. Courses are usually held in daylight hours during the week, although we do also have a Saturday Talk program. Courses for 2026 need to be finalised before the end of the year.

If you would like to know more about our organisation, or have a passion you would like to share, in the first instance please contact our President Margaret Turner, on president.u3a.bbay@gmail.com She is waiting to hear from you.



Working for a climate safe future

sectarian



Let's do coffee with ... Sofia Keady

If Sofia Keady (SK), Nutritionist and Marketing Manager for 'Go Vita Batemans Bay, decided to go on the ABC's 'Hard Quiz', she would have a wide variety of specialty topics to choose from. In a life that has taken her from the Philippines to the Eurobodalla Shire, Sofia provides a wealth of information and experience in the fields of creativity, beauty, modelling, computers, psychology, graphic design, media and of course nutrition. The Moruya Mail (MM) had a coffee with Sofia last week.

MM: I think I need to strap on a seatbelt. I have a feeling we are going to cover lots of kilometres and topics by the time you finish your oat mocha. Take me to Manila.

SK: ((Laughs ...) Ok, I was born and raised in Manila, Philippines, in a family where creativity and artistry were part of everyday life. Both my parents are very artistic. My father had a natural gift for drawing, acting, and dancing, even though his career was in public service. My mother was the town beauty queen and, when she was younger, worked in the entertainment industry as a make-up artist before becoming an interior designer and Assistant Nurse. Growing up around their creativity, compassion, and dedication taught me to balance imagination with purpose which is a lesson that's stayed with me ever since. MM: Do you remember any early moments

when you realised you enjoyed art or creative activities?

As a child, I was always drawn to artistic endeavours. I still remember being seven years old, sitting at the table with my younger sister, showing her how to draw by hand. Funnily enough, she soon became better at it than I ever was, and I couldn't have been prouder!

Books were another love of mine. I read everything I could get my hands on: from comics and encyclopaedias to my auntie's romantic novels. Those pages opened up worlds beyond my imagination. By the time I was in Year 6, my love for reading and writing had blossomed. I competed in editorial writing at the district and regional levels and proudly served as the Associate Editor of our school newspaper. That was when I first discovered how much joy there is in expressing ideas through words. MM: After high school, what path did you choose to nurture your creative side? After high school, I decided to nurture my creative side even further. I attended a finishing school in Manila, trained by a former Filipino beauty queen who taught us poise, etiquette, and confidence. I absolutely loved the fashion element of it all, and at just 17, I was offered a job as a catalogue model for a Korean clothing company. That opportunity opened doors, and I worked part-time as a model for almost two years.

Eventually, I decided to take a break from modelling and shift my focus to studying computer studies. That experience sparked my curiosity about how people interact with technology and ideas, which later led me to pursue a degree in Psychology at university where I was fortunate to receive the school's Presidential Scholarship. During my university years, I also became involved in theatre.

MM: Tell me about how your career started after university?

My career path after university took an exciting turn when I joined a Television, Film, and Animation Company in 2004. I started as a Content Manager in their website department featuring Filipino artists and later wrote an entertainment column for Bayanihan News, a Filipino newspaper in Sydney. During that time, I learned 'Photoshop', developed my graphic design skills, and gained handson experience in the world of media. I also made TV appearances, which further deepened my appreciation for creativity, communication, and selfexpression. One of the highlights of my career was working as Television Production Manager/Actor for a 52episode science-fiction/comedy series that aired on Channel 9 in the Philippines and Briz31 in Brisbane, Australia.

After that project, I mastered animation and created designs for DVDs and book covers. I was also lucky enough to work alongside Glenn Ford, a renowned Australian artist who illustrated many covers of 'The Phantom' comic including the famous Issue #1000, the first computer-generated cover in the world*. Under his guidance, I honed my skills as a graphic artist, and proud to be a part of a team who created "Tah Man," the mascot for the NSW Waratahs rugby union team. For several years, we produced comic strips for the team's home game magazine. My 14-year journey as a graphic artist was an incredibly fulfilling chapter in my creative life.

MM: How did you end up in Australia and living in the Eurobodalla Shire? SK: I migrated to Australia in 2007 with my two young children. My ex-husband was born in Sydney and his parents had a holiday house in Tuross Heads. After finishing a big contract with a creative company in the Philippines and with our Australian client base growing, it felt like the right moment to make the move. We wanted a place where our kids could grow up surrounded by nature. community, and opportunity. I decided to focus on being a mother for a while. But deep down, I missed writing so I started a blog called Nutrition Buff. To my surprise, it quickly grew to over 30,000 followers back in 2014, long before "influencers" were really a thing! I collaborated with amazing health brands like Amazonia and The Jojoba Co., and that experience reignited my passion for natural health and wellbeing. That's when I decided to take the next step. In 2014, I went back to study Nutrition, eventually completing postgraduate degrees in Evidence-Based Medicine in 2021 and Human Nutrition in 2024. It felt like everything I had done before, from creativity and

writing to health and communication,

had come together perfectly.



Today, I channel all those experiences into my work, where I combine my love for marketing, design, and nutrition to inspire others to live healthier, happier lives. I continue to write blogs for Go Vita and for the Moruya Mail, sharing tips, stories, and knowledge about wellness is something I truly love doing. I also currently enjoy copresenting a radio segment on 2EC every Wednesday, chatting with Kimmi Saker about health and wellness topics to help listeners make positive lifestyle choices.

MM: You are also a passionate community advocate. Take us through the details. SK: Beyond my professional life, I am also a passionate community advocate. I love bringing people together, building connections, and creating spaces that foster kindness and collaboration. I am involved in several community groups and founded both the Batemans Bay Community Picnic and The Local Gatho-initiatives that aim to strengthen community spirit and celebrate the power of togetherness.

Looking back, my journey might seem like it's taken many turns, but each chapter led me here - to a career that lets me blend creativity with purpose, and a life dedicated to helping others feel their best. For that, I am truly grateful.

MM: What advice would Sofia give her fivevear old self?

If I could speak to my five-year-old self, I'd say: keep creating and stay curious, even when life feels uncertain. Trust yourself, embrace every new chapter, and know that the love, resilience, and creativity you carry now will guide you through everything ahead.

MM: Sofia it has been a pleasure.

*https://www.phantomwiki.org/index.php/Glenn Ford

LET'S DO COFFEE WITH ...' is a column exploring the interesting personalities of the Eurobodalla Shire. Feel free to nominate a personality by emailing John Longhurst at john.longhurst59@gmail.com

years ago from the Moruya Examiner

Housewives appreciate Mr. H. J. Thomson's enterprise in getting a supply of ice every week from Sydney. They are again able to use their ice chests which were put aside when the local freezing works ceased operations.

The death of Mrs. Celia Ann Rose, aged 93, took place on 22nd inst., at the residence of her daughter, Mrs. Morris, Sydney. Deceased, who was a former respected resident of Mogo and Moruya, was the mother of a large family by her first husband (Mr. Sebbens) amongst whom are Mrs. A. Thomsen (Gundary) and J. Sebbens, snr. (Mogo). She is survived by her sister, Mrs. J. Innes, snr., of Mullenderree, and a number of grand and great-grand children.

The demolition of the unsightly old building near Key's butchery and the replacement of up-to-date new shops which Mr. P. Flynn is having erected will greatly enhance the appearance of that part of town. [Moruya]

The Manager of the I.S.N. Co. notified the local agent that as Captain Graham, of the dredge Neptune, did not expect to have the river sufficiently deepened for the Narani to berth at the chutes this week, the steamer would discharge the Moruya cargo at Bateman's Bay. Next week, however, the steamer will unload as usual at the chutes.

Work on the Kiora-Araluen road is proceeding apace, and maintenance men J. Burke and C. Millikin expect to have the contract completed by Christmas.

The following pupils of Mrs. A. H. Preddey successfully passed the London College of Music examination conducted by Mr. J. W. Pople recently: - Elementary, Iris Crapp and Lorna Rose, piano. Intermediate, Amy Anderson, piano. Violin Intermediate, Marie Preddey. We congratulate the painstaking teacher and her clever pupils on their achievements.

Australia and Canberra are the names selected by the Federal Cabinet for two new cruisers being built for the Australian navy.









The Commercial Travellers' Carnival took place at Bateman's Bay on Saturday last under showery weather conditions. The procession commenced at the Ferry. There were a number of decorated cars, cycles and novel turn-outs in the procession which was headed by the police and the Bateman's Bay Brass Band. On reaching MacKay Park a number of sporting events were held. Some of the motor contests were very exciting. Visitors attended from Moruya and the surrounding districts. A successful ball was held at night.

AMUSU THEATRE. Pictures every Wed. and Saturday. To-night – Doris Kenyon in a startling story, If I Marry Again. Also Larry Semon in The Girl in the Limousine. Wednesday – Pleasure Mad, a vivid drama of love and laughter. Also Viola Dana and Milton Sills, in The Heart Bandit, two big pictures of merit, and comedy, That's That.

Extracted from the Moruya Examiner by the Moruya and District Historical Society Inc. If you are interested in history why not join us and become a volunteer at the Museum or our library. Check us out at https://www.mdhs.org.au



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Batemans Bay Police Christmas Food & Gift Drive

Batemans Bay Police have officially launched their 2025 Christmas Food and Gift Drive this holiday season. Batemans Bay Police will team up with the Salvation Army to collect food and Gifts for those in need this Christmas.

In 2024, the Salvos distributed more than \$1.94m in cash, gift cards, vouchers and bill assistance to help replace financial stress with Christmas cheer and gave food parcels or meals to more than 17,500 people.

If you can spare any non-perishable food items such as: CHRISTMAS ITEMS: Puddings, cakes, mince pies, shortbread, Longlife cream, custard, Snacks (biscuits, chips, chocolates, Iollies), Table décor (bonbons, decorations, tablecloths, napkins).

TINNED FOODS (Please ensure they are ring-pull tins only), Fruits, Vegetables, Soups, Meats or fish.

MEAL BASES: Pasta sauces, Pre-prepared rice meals, Curry and stir-fry sauces, Meal kits (Mexican, Asian, Indian).

CLEANING AND HYGIENE ITEMS: Personal toiletries like soap, shampoo, toothpaste, hairbrush or toilet paper, Cleaning products like multipurpose cleaner, dish detergent or washing powder, Baby care items like nappies or baby wipes.

OTHER: Breakfast cereal, Spreads and jams, Savoury biscuits, Packet of jelly, Liquid gravy, Sugar, Tea, coffee, hot chocolate, Long-life milk or juices, Iced tea, Baby food, Gluten, dairy and nut free options. TOYS: Gifts for all ages. New items lonely and unwrapped.

To drop of any food and gifts please attend the Batemans Bay Police Station located at 28 Orient Street, Batemans Bay. We are open 24/7. The Police cannot accept any gift cards or money. If you wish to make a cash donation please see the Salvation Army Website

Chief Inspector John Sheehan said, "We know there are those in our community who tend to do it tough around the Christmas period and this is a way to give back and support a worthy cause."













Thousands access cheaper and faster ADHD

People across NSW are finally getting easier, faster access to their ADHD medication thanks to the **NSW Government**'s landmark

Since 1 September, over 2,900 patients with an existing diagnosis for ADHD (attention deficit hyperactivity disorder) have already filled their scripts through a trained GP.

This means people are avoiding long waits, expensive appointments and the barriers that previously delayed treatment for thousands of families.

Under the reforms, 560 GPs across NSW have now completed specialist training and are approved to prescribe ADHD medications. This includes more than 200 GPs located outside metropolitan Sydney.

People can now get the care they need from the clinician who already knows them best, close to home, and without the stress and cost of navigating an overloaded specialist system.

Delays in care can have significant impacts on children's development, such as poorer academic progress.

These reforms provide more accessible ADHD care across the state as part of the Minns Labor Government's plan to increase access to healthcare regardless of where you live.

GPs can apply to become a continuation prescriber by completing an endorsed training course, with the associated fee covered by NSW Health.

These reforms recognise the holistic care that is best delivered in a general practice setting, providing support that looks at the whole patient and considers their physical, emotional, and social wellbeing

GPs will continue to make specialist referrals, and escalate care, as required to ensure patients are receiving the treatment they need, when and where they need it.

More information is available at ADHD care in general practice, and GPs with any questions are encouraged to contact MOH-ADHDreforms@health.nsw.gov.au

TURN MORUYA PURPLE

Join CWA Moruya on Thursday, November 27th, to raise awareness for respectful relationships and community safety.

> Tea Rooms open from 10am -1.30pm

Get behind this community event and wear something purple

#nswpolice#enddomesticviolence#we arpurpleday#moruyacwa#moruyarotar



Go Get Healthy

with Sofia

This November is World Vegan Month and I find myself reflecting on what veganism really means and why so many people are embracing it. The movement isn't new. The Vegan Society has been advocating for a kinder, more sustainable way of living since 1944.

People choose veganism for a variety of reasons. For some, it's about health and feeling better in their bodies. For others, it's an act of compassion, avoiding meat, fish, dairy, eggs, and even honey to reduce harm to animals. Veganism also extends beyond food, with many opting for clothing, shoes, bags, and cosmetics that contain no animal-derived materials.

Environmental concerns are another major motivator. Industrial farming has significant impacts on land, water, and climate. For those wanting to make a positive difference, eating plant-based can feel like a meaningful and accessible step toward supporting the planet.

From a health perspective, a well-planned vegan diet can be incredibly nourishing. Prioritising whole plant foods means more fibre, more vitamins and minerals, and less saturated fat. Many people find it supports a healthy weight, benefits heart health, and may reduce the risk of Type 2 Diabetes. With fruits, vegetables, legumes, nuts, seeds, and whole grains at the centre, it's a way of eating that naturally

promotes long-term wellbeing.
And gone are the days when veganism meant bland or limited food choices. Dairy-free cheeses, yoghurts, butters, ice creams, and a huge range of plant-based proteins make it easier and tastier than ever. It's worth keeping an eye on a few key nutrients, though:

• Iron – spinach, legumes, dried fruits (best with Vitamin C).

Vitamin B12 – supplementation is often necessary.

 Calcium – leafy greens, tofu, tahini, chia, almonds, or fortified milks.

Zinc – nuts, seeds, beans, oats.

• Omega-3s – chia, flax, hemp, walnuts, or algae supplements.

Ultimately, veganism is about aligning your choices with your values, supporting your health, and caring for the planet. And if you're looking for inspiration, our

Naturopath Katie Urbanik has a fantastic vegan whole-food recipe book available in store!
If you're curious about vegan options or want to know where to start, come and see us at Go Vita, North St, Batemans Bay, or give us a call on 0244 729 737. Don't miss our weekly segment on 2EC radio, where Marianne and I chat about health and wellness with Kimmi Saker every Wednesday after 12.30pm.

Your's in Health,

Sofia Keady Nutritionist – Go Vita Batemans Bay





New land values for Coastal New South Wales

The **NSW Valuer General** has published land values for the coastal region of New South Wales (NSW).

The NSW Valuer General has finalised land values for every parcel of land across New South Wales (NSW). The land values reflect the value of land only, as at 1 July 2025.

General overview

Land values across Coastal NSW have reached a record \$582 billion, marking a 2% increase from \$570 billion in 2024.

Property sales are the most important factor valuers consider when determining land values. The new land values were assessed based on an analysis of almost 23,000 property sales.

Sally Dale, Valuer General of NSW said: "The coastal market has shown a slight overall increase over the last year across the residential, commercial and industrial sectors while a slight reduction was experienced in rural land values."

Residential land values

Coastal areas of NSW experienced an overall increase of 2.3% in residential land values. The biggest increases were seen in Byron (+13.8%), Wingecarribee (+7.3%), Newcastle (+6.9%) Tweed (+6.6%) Lismore (+5.3%). Kiama (-3.0%), Eurobodalla (-2.9%), Shoalhaven (-2.8%) and Wollongong (-1.4%) all experienced slight decreases in residential land values.

"The popularity of the prestige coastal area of Byron Bay has seen it lead the increases with an overall 13.8% growth in residential land values. Continued interest rate reductions and the continued need for more supply have also led to increases in the more affordable coastal towns with Wingecarribee, Newcastle and Tweed all having 7% increases with strong demand from first home buyers," Ms Dale said

Commercial land values

Commercial land values increased slightly by 1.9% overall. The largest increases in commercial land values were seen in Wingecarribee (+16%), Ballina (+5.3%), Nambucca (+4.1%), Newcastle (+3.7%), Mid-Coast (+3.6%). Lismore (-5.1%) and Coffs Harbour (-4.2%) experienced negative growth in commercial land values.

"The coastal commercial market has slight increases overall which have generally followed increases in similar residential areas as confidence returns to these locations. Commercial properties with mixed use potential have seen some of the largest increases across the region," Ms Dale said.

Industrial land values

Industrial land values in the coastal areas of NSW grew by 4.7% on average. The largest increases in industrial land values were seen in Tweed (+19.4%), Shellharbour (+14.9%), Wollongong (+12%), Kyogle (+9.4%), Ballina (+8.7%). Byron (-9.1%), Bega Valley (-3.6%) and Shoalhaven (-2.9%) all experienced slight decreases in industrial land values.

"Industrial land values showed the largest overall growth in coastal NSW with Tweed, Shellharbour and Wollongong having the largest increase, driven by low interest rates and constrained supply as well as continued growth of e-commerce driving demand for warehouses."

Rural land values

Rural land values in the coastal regions of NSW decreased by 0.7% overall. Wingecarribee saw the largest percentage land value increase with 6.5%, followed by Lismore (+4.3%), Bega Valley (+4.2%), Tweed (+3.8%) and Clarence Valley (+2.0%). These increases are attributed to constrained supply and improved market confidence due to interest rate cuts, alongside continued demand for quality rural lifestyle and prime rural holdings. Shoalhaven (-8.8%), Kiama (-7.1%), Eurobodalla (-5.9%), Shellharbour (-5.0%) and Port Macquarie-Hastings (-2.4%) experienced the greatest decreases in rural land values.

"Softening in the rural lifestyle holiday home market and continued residual correction of demand in secondary (historically less popular) locations have been key drivers of rural land values across the region," Ms Dale said.

Overall, land values across NSW increased by 3.6%, from \$2.98 trillion to \$3.09 trillion. The new land values were assessed following analysis of more than 66,000 property sales.

The new land values will be used by Revenue NSW to calculate land tax for landowners who are liable. Registered land tax clients will receive their assessment notice from Revenue NSW starting January 2026 for the 2026 land tax year. For more information on land tax, thresholds and exemptions visit revenue.nsw.gov.au.

Local councils receive updated land values at least every 3 years and use them as one of a number of factors when setting rates. About two-thirds of councils will receive new values this year. If a council is receiving new values in 2025, residents will be sent a notice of valuation between November 2025 and April 2026. The Valuer General does not set council rates.

Landholders have 60 days from the issue date printed on their notice to object to their land valuation if they believe it is incorrect and can provide recent sales evidence to support their claim.

The latest land values for all properties in New South Wales, along with trends, medians and typical land values for each local government area, are available on the NSW Valuer General's website.

For more information on land values and the NSW valuation system, visit <u>Valuer General pages</u>.



Free tech café drop-in sessions

Term 4 2025 - 13 October - 19 December

Narooma – Mondays 10.00am – 12.15pm - Narooma Golf Club

Moruya - Tuesdays 12.30pm - 2.30pm - Moruya Library

Batemans Bay - Wednesdays 10.00am - 12pm - Bay Pavilion "no session on Wednesday 22 October

Need a helping hand with digital devices? Come and chat to experienced digital mentors for one-on-one support or join one of our group classes:

Wk 1 - basic smartphone features and functionality

Wk 2- device maintenance and updates

Wk 3- jargon and terminology Wk 4 - security settings

Wk 5 - The camera function

Wk 6 how to avoid scams Wk 7 - install and use new

applications Wk 8 - simple Al

Wk 9 - search functions on the

internet

Wk 10 - emailing from your device

No bookings required

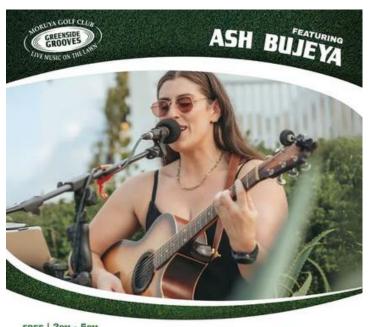
For more information contact Community Development Officer Michael Lawrence-Taylor on 4474 1276 or email michael.lawrence-taylor@esc.nsw.gov.au









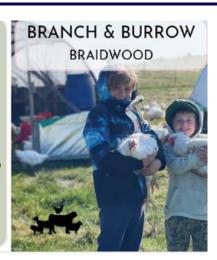




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EXPERIENCE



LEARN ABOUT & DRINK KAVA

RIVERSIDE PARK MORUYA SUNDAY 14TH DECEMBER

(45 MINUTE GROUP EXPERIENCE)





KAVA IS A PSYCHOACTIVE PLANT WHICH HAS LONG HELD CULTURAL AND SPIRITUAL SIGNIFICANCE FOR INDIGENOUS PEOPLE ACROSS THE PACIFIC ISLANDS, BEING USED SOCIALLY FOR ITS RELAXING AND MOOD ENHANCING EFFECTS.

JOIN ANDY FROM THE NOURISHED SOVEREIGN TONIC BAR FOR A KAVA EXPERIENCE TO LEARN MORE ABOUT THIS FASCINATING PLANT AND TRY IT FOR YOURSELF IN A GROUP SETTING.

\$35 p/person (18+ Event) **BOOK ONLINE**



SAGE Farmers Market Tuesday 3pm Moruya

sagefarmersmarket.org.au growing the community

Calling All Artists – the Sapphire Coast's best gallery is waiting

With just months to go until the 20th anniversary of the iconic Sculpture Bermagui exhibition, artists are being reminded to get their entries in by Christmas Eve. Sculpture Bermagui has received a strong response since entries opened in early November, with over 20 artists already registering their interest.

Following two record breaking years for entries, the twentieth exhibition, to be held from March 7-15, 2026, looks set to bring even more artworks to Bermagui. Now a must-see on the Sapphire Coast's cultural calendar, the event, which began as Sculpture on the Edge in 2006, transforms the picturesque fishing port into an artistic hub.

Leading sculptors including Michael le Grand, Richard Moffatt, Ulan Murray and Rachel Burns, Barbara Licha and Alan Watt are among the hundreds who have displayed their creations at Bermagui in the two decades since it began.

They, like many others, are drawn by the stunning natural gallery on Dickinson Point Headland, where large pieces are displayed against a backdrop of ocean and Mount Gulaga.

Smaller artworks are shown at the nearby Surf Club and Shop7 Art Space at the Fisherman's Wharf, leading visitors across the town as they take in the displays. Adding to the attraction for the sculptors, former senior curator at the NSW Art Gallery and Sydney Morning Herald art critic, Terence Maloon, will be guest judge in

Sculpture Bermagui President Ivan Baker is thrilled to have Maloon on board, saying he brings a deep love of sculpture in the natural setting to his role.

While plans for 2026 are still under wraps, an open-air picnic with music, an art trail celebrating sculptures from across the years, and a special acknowledgement of the incredible work of the event's founders are on

Baker stressed the importance of continued support for exhibitions like Sculpture Bermagui for the health of cultural tourism on the south coast of NSW.

Artists are invited to apply through Sculpture Bermagui website.





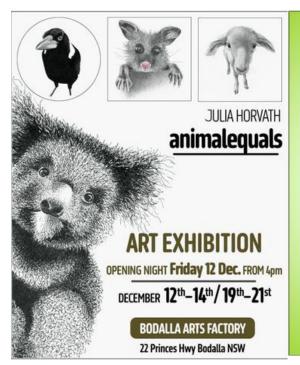
VERONICA O'LEARY 'beyond appearances'



thurs 4 dec 2025 to sun 4 jan 2026 please join us for opening drinks with Veronica saturday 6 december 3pm

gallerybodalla

open thurs to sun 11am - 4pm & by appointment | visit the exhibition online at www.gallerybodalla.com.au post office 66a princes hwy bodalla | valerie faber ph 0421 238 174 | gallerybodalla@gmail.com



THE ARTFUL NINE

* Jan Atkinson * Kim Dent * Mike Dent * Judy Gordon *

* Carol Hellmers * Louise Lander * Vanessa Place *

2025 EXHIBITION & SALE OF STUNNING MOSAIC ART



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JOIN US FOR DRINKS'N NIBBLES 5-7PM THURSDAY 4 DECEMBER

EXHIBITION DATES: 5-7 DECEMBER OPEN: 10AM-4PM DAILY

FOR FURTHER INFORMATION: 0439 426 405

The World, the Flesh, the Devil

John Donne (1572-1631)

"No man is an island entire of itself; every man is a piece of the continent, a part of the main; if a clod be washed away by the sea, Europe is the less, as well as if a promontory were, as well as any manner of thy friends or of thine own were; any man's death diminishes mr. because I am involved in mankind. And therefore never send to know for whom the bell tolls; it tolls for thee."

A summer course on Donne's poetry and prose

At Batemans Bay Library for five Saturdays from 10th Jan - 10am - 11am (\$20 per session - student discount on request)

(Led by Dr Mark Allinson, ex Monash University)

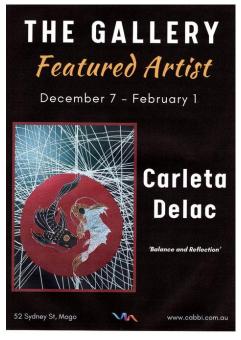
(Email: allinson.mark@gmail.com)









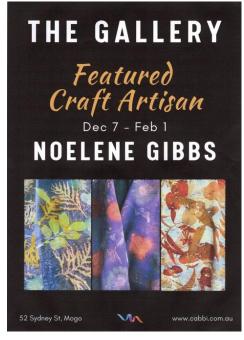


















Moruya Mail Arts

Revive Live program

The Federal Government is delivering on its commitment to support our live music industry to keep venues open and festivals entertaining fans across the country.

· Through the Revive Live program, support will be provided to 105 organisations across Australia, including the Kangaroo Valley Music Festival Series and the Milton Theatre, in Gilmour, and Cobargo Folk Festival 2026 and the Four Winds Windsong Pavilion in Eden

Federal Member for Gilmore Fiona Phillips said she was thrilled to support the two local organisations to ensure venues and festivals remain open and accessible to all audiences. "These events are so important for bringing our community together and providing opportunities for local performers to hit the stage."

The Kangaroo Valley Music Festival Series has received a \$129,000 boost to help with original Australian artist fees, marketing, professional development, equipment, production and accessibility costs for its 2026 events.

The 18th Kangaroo Valley Folk Festival will be held from October 16-18, 2026.

The Milton Theatre has also received a \$20,000 grant to help with production costs.

The theatre hosts local and visiting musicians, and showcases community plays and musical productions.

Member for Eden-Monaro, Kristy McBain, welcomed the investment in much-loved local music festivals and venues.

"The Cobargo Folk Festival is a great community event, bringing folk and roots music, arts, dance and joy to our to the hinterland every year," she said. "I'm sure this boost from the Revive Live program will help make the 2026 edition better than ever.

"Likewise, the beautiful Windsong Pavilion at Four Winds is a wonderful music destination that will really benefit from this additional investment." Cobargo Folk Festival 2026 will receive \$100,000 for artist fees, infrastructure upgrades and production costs.

The Four Winds Windsong Pavillion will receive \$50,896 for equipment and infrastructure

Perfect Days Screening

Sat 29th Nov at 7pm Moruya Community Film <u>Group</u>

Page Street, Moruya, Perfect Davs is a 2023 drama film directed by Wim Wenders from a script written by Wenders and Takuma Takasaki. A co-production between Japan and Germany, the film follows the routine life of Hirayama (Kōji Yakusho), a public toilet cleaner in Tokyo. Hirayama lives his life in simplicity and daily tranquility. Some encounters also lead him to reflect on himself.

Membership available at the door \$65 for 12 months / \$40 for 6 months - Guests welcome.

MORUYA LIONS CLUB Inc Wooden Christmas Tree made from recycled pallets \$50 each All proceeds go to local charity **Taking Orders**



2EARFM / Moruya Mail GIG GUIDE "Live & Local"

Friday 28th NOV Totum Roddy Reason Chris McGrath

Saturday, 29 Nov: Joe Quennell Totum Drive Time Mick Fernandez Chango Tree Live Music Full Steam Ahead Harrison Clynes Live Music Live Music Corruna Groove Live Music

Soldier's Club (7.30pm) Bannisters Poolbar 5pm Steampacket Hotel

Tura Beach Club (6.30pm)
Soldier's Club (7.30pm)
Merimbula RSL (8pm)
Quantum Brewery 4.30pm
Tilba Valley Winery
Breakwall Brewing Co Narooma
Steampacket Hotel 5pm
Broulee Brewhouse Broulee Brewhouse Lynchs Hotel 7.00pm Camel Rock Brewery Foxdog Distillery

Sunday 30th
Allan Watts Blues Band
Roddy Reason
ROSS WILSON
Tilba Valley Winery 11am plus Correy
Legge and Punkalla Holler Supports
Kane Calcite
Peter Shilling
Reflection Trio
Solo West
Live Music
Live Music
Longstocking Brewery (1pm)
Club Tuross (4pm)
Rewery 11am plus Correy
Steampacket Hotel 2pm
Broulee Brewhouse
Dromedary Hotel Tilba
Camel Rock Brewery2pm
Foxdog Distillery

Mojos and Jellyrolls pick for the weekend Ross Wilson and the Peacenics....plus supports! For weekly listings email tj@tonyjaggers.com by 5pm Tuesday























Kristen Arrayet **Pam Edwards** Susann Barr Sheryl Miller Margaret Allen **Dorothy Ward**

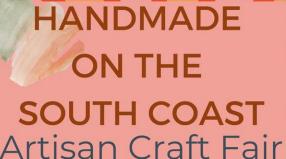
Batemans Bay Pavilions Clyde Gallery 12 November - 29 December











SUNDAY **30TH NOVEMBER 9AM-2PM**

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NOW SHOWING

NOVEMBER/DECEMBER	THU 27	FRI 28	SAT 29	SUN 30	MON 1	TUE 2	WED 3
A PAW PATROL CHRISTMAS G 55 MIN			11:00 AM	11:00 AM	CLOSED		
KANGAROO PG 107 MIN	2:55 PM	2:55 PM	2:55 PM	2:55 PM	10.	2:55 PM	2:55 PM
NOW YOU SEE ME: NOW YOU DON'T	10:40 AM 2:55 PM 7:35 PM	10:40 AM 2:55 PM 5:05 PM	10:40 AM 2:55 PM 7:35 PM	10:40 AM 2:55 PM		10:40 AM 2:55 PM 5:05 PM	10:40 AM 2:55 PM 7:35 PM
PREDATOR: BADLANDS M 107 MIN	12:50 PM 5:05 PM	12:50 PM 7:35 PM	12:50 PM 5:05 PM	12:50 PM		12:50 PM 7:35 PM	12:50 PM 5:05 PM
THE RUNNING MAN M 137 MIN	12:20 PM 5:00 PM	12:20 PM 5:00 PM	12:20 PM 5:00 PM	12:20 PM		12:20 PM 5:00 PM	12:20 PM 5:00 PM
WICKED: FOR GOOD PG 137 MIN	10:45 AM 1:20 PM 3:10 PM 6:00 PM 7:10 PM	1:20 PM 3:10 PM 6:00 PM	10:45 AM 1:20 PM 3:10 PM 6:00 PM 7:10 PM	10:45 AM 1:20 PM 3:10 PM		3:10 PM 6:00 PM	10:45 AM 1:20 PM 3:10 PM 6:00 PM 7:10 PM
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ZOOTOPIA 2



PG | 1hr 48min ~ Family ~ Comedy ~ - Adventure -Brave rabbit cop Judy Hopps and her friend, the fox Nick Wilde, team up again to crack a new case, the most perilous and intricate of their

E RUNNING MAN



MA | 2hrs 17min ~ Action ~ In a near-future society, The Running Man is the toprated show on televisiona deadly competition.



MORUYA MAIL

Free local news for Moruya & the Eurobodalla"

WICKED: FOR GOOD



PG | 2hrs 17min ~ Family ~ Adventure ~ Arianna Grande Last year's global cinematic cultural sensation, which became the most successful Broadway film adaptation of all time, now reaches its epic, electrifying, emotional conclusion in Wicked: For Good.

SEE ME NOW YOU DON'T



M | 1hr 53min ~ Drama ~ The Four Horsemen return with a new generation of illusionists performing mind-melding twists, turns, surprises, and magic.

EDATOR: BADLANDS



M | 1hr 47min ~ Sci Fi ~ Predator, outcast embarks on a treacherous journey.

17TH DECEMBER- AVATAR FIRE AND ASH

STARTING THURSDAY **DECEMBER 4** FIVE NIGHTS AT FREDDY'S 2



ALSO SCREENING PAW PATROL **CHRISTMAS &** KANGAROO



Animal Welfare League News



Meet Sonny! This very handsome 8-month-old American Staffy is a gentle boy who has been well trained. He sits, drops, rolls over and has reasonable recall. He waits for his food. He is house-trained and walks well on a lead but, like all puppies, is a little excitable at times. Sonny is a smart boy who his keen to please and is ready to make someone a perfect pet. He is being offered on a Foster to Adopt basis, whereby he can go to his new home and his ownership will transfer to his new family as soon as he is desexed. The cost of desexing is covered in his adoption fee.

Like all AWL pets, Sonny comes microchipped and vaccinated. Call Animal Welfare League Eurobodalla on 0410016612 to arrange a meeting with Sonny or any of our available pets.

We are still in need of foster carers for dogs, puppies, cats and kittens. Please think about whether you can help us in this important work, and call us on 0410016612 to discuss.

And finally - **SAVE THE DATE**. Santa is coming to the AWL stall at Moruya Markets on 13 December, so bring along your pup for a happy snap with the big man.



Applications are now open for the Y NSW's 2026 Youth Parliament

YOUNG VOICES. REAL IMPACT. BIG IDEAS.

The Y NSW is calling for passionate young people from across New South Wales to apply for the 2026 Youth Parliament program, now open to students in Years 10 to 12 across NSW. As NSW's premier youth leadership program operating for over 20 years by the Y NSW (formerly YMCA), Youth Parliament offers young people the opportunity to debate in NSW Parliament, create Youth Bills on issues for change, and have their voices and recommendations heard by Members of Parliament.

Young people in Years 10, 11 and 12 (or equivalent age) in all NSW state electorates are invited to apply. The Youth Parliament program is designed to be safe and inclusive for all young people, and the Y NSW encourages applications that would contribute to a diverse and representative cohort.

To apply to take part in the 2026 Youth Parliament, eligible young people should visit ymcansw.org.au/youth-parliament and submit their application before 4 January 2026. School teachers and Members of Parliament can also nominate a young person. To get involved in Youth Parliament as a volunteer or partner, please contact the team at youthparliamanent@ymca.org.au

Are you reading a paper copy of the Moruya Mail?

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WILDLIFE RESCUE AND INITIAL CARE COURSE

We invite you to join our training course to learn the basics of rescuing our precious native fauna.

All new NARG members need to attend and members of the public are welcome.

Bookings essential, Cost: A donation.

Venue: Mongarlowe Community Hall (Just out of Braidwood)

Date: November 16th 10 am- 3 pm.

Please bring your own lunch- morning and afternoon tea provided







WE WILL COVER:

- · NARG and the rules and regulations
- The essential general knowledge
- · your rescue kit
- · Rescue techniques for different local species
- · initial care techniques
- · Ideal outcomes
- · 0&A

BOOK YOUR SPOT NOW

Call our NARG Help line 02 48461900 or email: president@narg.asn.au



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Working together for a cleaner, smarter future for the Eurobodalla







2025 Diary Dates

- 29 Nov Red Door Hall Car Boot Sale
- 30 Nov Dalmeny Summer Fest
- Friday 5 Dec Batemans Bay Caravan & Outdoor **Leisure Roadshow**
- 7-21 Dec. Congo Crafts 40th Exhibition.
- 14 December Long Beach Christmas Markets
- Sat 20th December Carols by Candlelight. Riverside Park, Moruya
- Sunday 21st Dec Narooma Cup 2025
- 22 Dec-4 Jan 41st Annual Art and Craft Exhibition
- 27 Feb 1 Mar 2026 Cobargo Folk Festival
- 8 March 2026 Broulee Bay to Breakers Ocean Swim
- 7 15 March 2026 Sculpture Bermagui
- 13 March 2027 NSW State Election
- May June 2026 Sculpture for Clyde
- 21st-25th October 2026 Sea Otter Australia

Moruya Community Workshed

New members are always welcome. We are located in the grounds of the Moruya High School operating two days per week. For inquiries please contact Wayne on 0488 743 788.

Tuross Community Markets

held every 2nd and 4th Sunday of each month.

Soul Tribe Studio 7th birthday

Saturday 6 December in Soul Tribe Courtyard 6pm - 10pm, all

proceeds to Open Harts Charity.
Soul Tribe Studio invites you to its 7th birthday and the very first Music & Words for Relaxation & Wellbeing event, a night of free,

live original, dance floor friendly music.

This unique program, designed and implemented by the local charity OPEN HARTS (www.openharts.org) and financially supported with funding from the Foundation for Rural and Regional Renewal (www.frrr.org.au) brings together local band DMD (Dave Tweedie - guitar, Aiden Haworth - drums and Doug Skipper - didgeridoo) in a celebration of original music, uplifting live performance and community connection and wellbeing.

Narooma VIEW Club welcomes new members Narooma VIEW Club meets on the fourth Friday of each month at Narooma Golf Club Seahorse Room at 11,30 for lunch & a guest speaker. (Except October will be Friday 18th).



How to live bushfire ready

RFS and Eurobodalla Council present "How to live bushfire ready".

Join our team at Eurobodalla libraries, to hear about:

·Preparing for the fire season, Making a fire plan, Practical tips on getting your property ready. For more information, and to register for an event near you, visit the below links:

Moruya: Nov 27 from 10:30am to 11:30am

https://www.eventbrite.com.au/e/eurobodalla-rural-fire-service-talk-how-to-live-bushfire-ready-tickets-1778880552619? aff=ebdsoporgprofile

Narooma: Dec 3 · 2:30 PM

https://www.eventbrite.com.au/e/eurobodalla-rural-fire-service-<u>talk-how-to-live-bushfire-ready-tickets-1778881254719?</u> aff=ebdsoporgprofile

Batemans Bay: Booked out

South Coast & Country Community Law

is coming to Batemans Bay to provide in person legal appointments for clients. Where: Moruya Library, Vulcan Street When: Thursday 4th December 2025 10am to 2pm

How: Appointments are required. Call us on 1800 229 529 to make an

Councillor catch-up

Narooma Thursday 27 November, 10.30am-12.30pm. We'll be on the path near Honorbread and Offshore Surf, off Wagonga Street.

Come for a chat with your councillors, ask them q's and share your ideas.

All requests are directed to relevant staff and receive a formal response.

GOT AN EVENT COMING UP?

Birthday, Garage sale, AGM?

You can't always rely on the socials...

Let the community know with the Moruya Mail <u>hello@moruyamail.com.au</u>

TeenSate a driving skill for life

TRAINING SAFER YOUNG DRIVERS

Teensafe is a safe-driver program for L and P plate drivers
- a skill for life.

Practical behind-the-wheel courses are provided in school holidays at Moruya Speedway. Cars and instructors provided. Fee \$100. Teensafe is a community group operating for over 25 years supported by IMB Bank and partnered with Bay Beginners.

For info and forms go to TeenSafe link at -baybeginnersdrivingschool.com.au or phone Sean 0412446568



Moruya District Hospital Auxiliary

If you would like to join the Hospital Auxiliary and help raise funds for your local Hospital, you would be most welcome. Meetings are held at the Moruya Golf Club on the 1st Monday of every month at 2pm To find out more email mdha@y7mail.com or PO Box 469 Moruya 2537



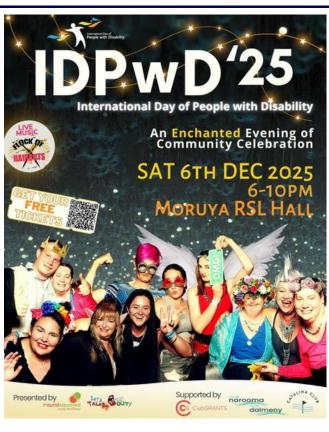
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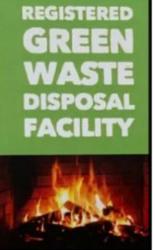














Wednesday | 7am -8am se7en Cafe on Clyde Street

\$20 breakfast & coffee (RSVP Essential)

Rotary **Batemans Bay**

To RSVP call or text 0492 989 083 or email: batemansbayrotary@hotmail.com

Eurobodalla Chamber Orchestra Sing Australia Choir

present Carols on the Coast



Broulee Surf Club Thursday 11th December 6PM

ALL WELCOME

SAUSAGE SIZZLE **BAR OPEN 5PM**

600





SCHOOL YEAR 6 INTO 7 ORIENTATION DAY

Date: Thursday, 4 December 2025

Time: 8:50 AM - 3:15 PM

Location: Moruya High School

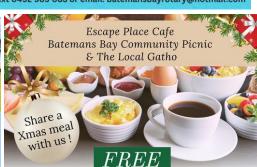
INFORMATION

We warmly invite all Year 6 students attending Moruya High School next year to our Orientation Day.

Students should travel to and from the school by bus or with parents/carers and meet on the front oval.

A BBQ and canteen will be available. It's a great chance to explore the school, meet teachers, new classmates and enjoy the day





COMMUNITY CHRISTMAS BREAKFAST

Thursday, 25 Dec 2025 8 am -11am **Escape Place Cafe**

(Enter through Clyde Street entrance located next to Skin Deep Beauty)

For more info TXT MSG: Sofia 0448 455 153 | Alex 0408 892 097

















SINGING THE STORY



Come and share the joy and music of Christmas with a service of Nine Lessons and Carols with some songs from the Slightly Bent Choir

Join us for story, song and prayers for the world as we take time to remember, to reflect and to rejoice. All are welcome....

St John's Anglican Church, Moruya

Friday 5th December 7pm

SHASA Presentations

SHASA is working with other organisations to present to community group meetings on how to be better prepared for future emergencies/disasters.

So far, we have presented to CWA Tilba, the Labor Party local branches, Rotary Moruya, Mogo Village Business Chamber, Tuross Head Community Garden, Narooma Community Men's Shed, Tuross Head Progress Association, Durras Progress Association and RFS, Tuross Head Men's Shed, Lions Moruya/Lions Batemans Bay and CWA Moruya.

Presentations have been scheduled for Congo Community Association Quota Narooma, Rotary Batemans Bay, and CWA Narooma.

If you would like SHASA to give this presentation to an organisation, please contact Kathryn Maxwell, SHASA President, on 0467 558 645 or email <u>contact.shasaegmail.com</u>



Carols in the Church 2025

The Churches of Narooma invite you to an Echumenical celebration of Christ's birth.

Where: Our Lady Star of the Sea Catholic Church 9 Canty Street Narooma (next door to Vinnies) When: Wednesday 10th December 2025 at 7pm

Uplifting carols sung by **you**Accompanied by Choir and Organ
y light supper at St Paul's Anglican Church H
11 Tilba St, Narooma



Image: P Jeffery, Photo of Woodcarving St Gilles' Cathedral, Edinburus



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Moruya Mail Sport

Tackle World Moruya Fishing report 14.11.25

Moruya River.

It has been a great week in the river, with plenty of fish activity keeping anglers entertained. One local angler did really well last Saturday on the whiting and Tarhwine behind the hole in the wall on live nippers. He managed 4 keeper whiting up to 45cm, a nice tarhwine, and released about 20 other fish on the rising afternoon tide. He did have one Luderick make a lucky escape as it was chased to the boat by an estimated 80+cm kingfish! If the kings are back in the river, hang on to your gear, as we could be in for some fun! I opted for a bass session last Saturday, and didn't see a fish, while the other option was to fish the back of the hole in the wall, I pulled the wrong rein there.

Quarry wharf will be holding trevally, bream, flathead and the odd tailor. While the flats under the town bridge will be holding the usual suspects, with flathead, bream, whiting and estuary perch, all in attendance. Live nippers or sight cast soft plastics to cruising fish work a treat from this high vantage point.

Tuross River.

With the new moon, or dark being last night, there should be a prawn or two to be found in Coila lake this weekend. The weather will the governing factor this weekend, as the forecast isn't looking the best. Let us know if you get out after some prawns this weekend, and how you go. We love to hear about your captures.

Flathead have well and truly been active within the Tuross system proper this past week. Good fish have been encountered throughout the system, with the shallower

lakes producing a few more fish.

The mulloway are still a great option at the moment, with the tide change being the prime window to be set up for a grey ghost bite. There are several well known holes that the mulloway like to frequent, find these and you increase your chances. Fish the 45 minutes before and after the tide change for the best chance at hooking and landing a fish.

Rock and Beach.

Salmon, bream and whiting are all available along the coast at the moment. Pilchards on paternoster rigs and gang hooks for the salmon, and live beach worms for the bream and whiting will be your best line of attack. Find a gutter that has good water movement, and fish the entrance to that gutter for the best chance at success.

As the water temps rise, kingfish and bonito from the rock ledges become a more realistic option. With reports of a king in the Moruya river and kings off the ledges last week, live baits or lures cast and retrieved from the local ledges could produce some fun for those inclined to put in the work.

Offsnore.

Good snapper and flathead continue to be reported this week, with water depths varying a fair bit. I would start looking in an around the 10-15m mark, then working out deeper u till you find an active patch of reef. If you are shallow enough to anchor, the burley will most definitely help bring fish to you.

I haven't had any reports from the game crews this week, but

the marlin and Mahi Mahi can't be too far off.

The shop is stocked with the most gift pack options we have ever had. And there are some great savings to be had on both the Shimano and Wilson packs in store. Come in and have a look, if you are trying to find the perfect gift for the angler in your family. We also have the DIY lure pack, that will suit the creative angler in your family. Come in and check them out this weekend.

The bait freezer is in good condition stock wise, and I still have 400g Hawksbury prawns available for the time being. I should have my Daiwa order arrive today at some stage, so for those waiting for Bait Junkie Frogs for the Bass, they should be on the wall for the weekend.

Don't forget we still have a week or two left for the month of November on the Junior Angler of the Month competition. Post your pics, or get your patent to post pics of your captures to our FB page to go in the draw for a chance to win a \$50 voucher.

Speaking of Gift Vouchers, if you don't know what to get the angler in your family, try a gift card.

Stay safe everyone and remember, "Every day's a good day for fishing..."

Team Tackle World Moruya.

A new lens on rock fishing safety through Al camera trial

Surf Life Saving NSW is trialling a new Artificial Intelligence (AI) camera technology to help prevent rock fishing tragedies at some of the state's highest-risk coastal locations.

The SAIL Project (Surveillance AI for Lifesaving) harnesses AI to improve coastal safety by detecting incidents in real time and alerting rescuers sooner, extending lifesaving capability beyond the red and yellow patrol flags.

The trial, jointly funded by the NSW and Federal Governments, uses Al-enabled cameras to identify when someone is washed off the rocks or enters the water unexpectedly and alerts lifesavers and emergency services

Cameras capture continuous video feeds and when Al identifies an emergency event, the SLSNSW State Operations Centre (SOC) is alerted who then task the closest, most appropriate rescue resource to respond.

Post-incident data will be used to refine the Al model, effectively training the technology to detect people in trouble as it happens. A 14-month trial is underway at two high-risk coastal sites: Little Bay and Kiama Blowhole. These locations were selected based on incident data and their complex hazard profiles.

In the last 10 years there were eight rock fishing drowning deaths in the Randwick LGA, with five of them occurring at Little Bay. Already the trial has resulted in the rescue of fishermen swept off rocks during a heavy swell at Malabar, with a jet ski dispatched to pull them from the water after cameras identified them falling in. When rock fishing in a declared area, fishers are required by law to wear an appropriate lifejacket, including children and anyone helping them fish. Declared areas can be found here.

The Minns Labor Government is investing \$23 million over four years into Surf Life Saving NSW to support volunteer efforts to protect our

coastline.

This funding is delivering jet skis and emergency response beacons up and down the coast, targeting known coastal blackspots and helping to extend the reach of life saving services.

Minister for Emergency Services, Jihad Ďib said "This trial uses Al technology to support the work of our lifesavers – if it can help us respond faster to prevent tragedies it is worth exploring. This is a great example of how our emergency services are harnessing new technology to protect communities.

"Both Kiama and Little Bay have sadly seen too many heartbreaking incidents. By working with Surf Life Saving NSW, we're taking practical steps aimed at making the NSW coastline safer – and already, we are seeing lives saved.

"Our investment in surf life saving jet skis also means we can expand the reach of our life savers beyond the beach, with technology like this helping better direct emergency services to people in danger." Surf Life Saving NSW CEO Steve Pearce said "Little Bay has sadly been the site of so many rock fishing accidents and emergencies attended by our lifesavers and callout teams.

"Using AI to detect when someone gets washed off the rocks and being able to keep them in sight once in the water means we can

respond so much sooner to perform a rescue.

"Rock fishing remains one of the highest risk activities and I urge rock fishers to wear a life jacket every time they fish and avoid situations where they put their lives at risk this summer."



Moruya Ladies Golf

The Moruya golfing ladies played their final Xmas hamper round on Wednesday 19th November. It was another wonderful Spring day, although a bit steamy. However, the ladies managed to put in some great scores. Nicola Gallon won the day with a round of 38 pts with Jan Lumsden, runner up, on 36 pts ocb. Balls went to Angie McMillan, Cindy Becker, Art McBride, Shirley Noy, Margaret Douglas, Val Moore and Joan Hosking."

Moruya Men's Open Results

Open Champion: Cody Wehmeyer	Score: 142		
Open R/U: Gavin Fitzgerald	Score: 143		
Senior Open Champion: Colin Bloomfield	Score: 151		
Senior Open R/U: Brent Hull	Score: 156		
Senior Nett Champion: Marcus Grant	Score: 145		
Gross Winners			
A Grade Gross Winner: Alex Booth	Score: 145		
B Grade Gross Winner: Paul Niddrie	Score: 168		
C Grade Gross Winner: Ben Turner Collins	Score: 189		
Nett Winners			
A Grade Nett Winner: Denis Bingley	Score: 139		
B Grade Nett Winner: Jeremy Golder	Score: 141		

Score: 138

C Grade Nett Winner: Kaden Halligan

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NSW scores the Rugby League World Cup 2026

The Minns Labor Government has secured a blockbuster schedule of Rugby League World Cup 2026 matches, reinforcing NSW as the sporting capital of the nation with Sydney, Newcastle and Wollongong all playing key host city roles.

A strong line-up of 16 matches has been locked in, including the blockbuster Opening Game between Australia and New Zealand at Allianz Stadium, multiple Men's and Women's double-headers at CommBank Stadium, McDonald Jones Stadium and WIN Stadium, and both Men's and Women's Semi-Finals in Sydney and Newcastle. In a major boost for the Illawarra region, the Wheelchair Rugby League World Cup will also be staged at the WIN Entertainment Centre in Wollongong, demonstrating the city's growing reputation as a world-class destination for major international sports. Rugby League World Cup 2026 is estimated to attract more than 32,000 fans to NSW and inject over \$19 million into the NSW visitor economy, delivering significant economic benefits for hotels, pubs, restaurants and local businesses across Sydney, Newcastle, Wollongong and surrounding regions.

Hosting the Rugby League World Cup 2026 aligns with the NSW Visitor Economy Strategy 2035, which aims to grow the visitor economy to \$91 billion by 2035. A key pillar of the Strategy is building a dynamic, nation-leading calendar of major events that drives year-round visitation to support jobs and businesses that rely on tourism.

Today's announcement adds to NSW's unrivalled line-up of major sporting events for 2026, including the United Cup, New Year's Ashes Test, AFC Women's Asian Cup, Sydney 500, Bathurst 1000, State of Origin, NRL & NRLW Grand Finals and the TCS Sydney Marathon Abbott World Marathon Major.

For more information on Rugby League World Cup 2026 fixtures and tickets visit: https://www.rlwc2026.com/home



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Tuross Head Golf



Winner: Marie Muriwai with President Bruce Harding.



Winner: John Eglitis with President Bruce Harding



Winners: Jane Eglitis, Leonie Snodgrass and Chris Wratten



Winners: Ray Downey, Margaret Downey, Shirley Quinlan and Ted Quinlan

Tuross Head Golf Results Thursday 20th November 2025

29 players competed in a Medley Stableford event today. It was a close finish with some high scores today and the weather added to the challenges with heavy rain falling during the afternoon.

The Winners were:
1st: Marie Muriwai (23) with
38 points (countback)
2nd: Kerrie Sands (36) with
38 points (countback)

Nearest to the Pins
4th: Michael Coloe 2.97A
Grade
4th: Allan Langford 2.41B
Grade
4th: Terry Milliken 3.55C
Grade
6th: Paul Scholze 2.07B
Grade
7th: Brad Doolan 7.45A
Grade
7th: Dorothy Madden 7.35 B
Grade

Balls went to: Allan Langford 38, Shane Gschwend 37, Dorothy Madden 37, Ruth Gschwend 36, Jim Madden 36, Jenny Reilly 35, Terry Milliken 34, Lars Gaupset 34, Colin Houghton 34 and Paul Scholze 34.

Tuross Head Golf Results Saturday 22nd November

A field of 46 players registered for a Stableford Medley event today. The weather was overcast and some drizzly rain fell but some fantastic and close scores were achieved.

The Winners were:
1st: John Eglitis (13) with 39
points (countback)
2nd: Peter Hogan (19) with 39
points
3rd: Tony Brown (23) with 38
points (countback)
4th: Stephen Gardner (21) with
38 points (countback)
5th: Mark Cutmore (15) with 38
points

Nearest to the Pins 4th: Michael Coloe 1.82 A Grade 4th: Paul Scholze 2.65 B Grade 6th: John Eglitis 0.80 A Grade 6th: Lars Gaupset 4.88 B Grade 7th: Colin Houghton 5.06 A Grade

Balls went to: Nick Brice 37, Lars Gaupset 36, Brad Doolan 36, Malcolm Gilbertson 36, Cathy Milliken 36, Peter Johnston 35, Michael Coloe 35, Ray Bollard 34, Steve Collins 33, Simon French 33, William Steenbergen 33, Kevin Reilly 33, Anthony Mellick 33, David Gray 33 and Shane Gschwend 32.

Tuross Head Ladies Golf Results - Tuesday 25th November 2025

A field of 18 ladies played in the 6th Christmas Countdown Stableford event today. The event was sponsored by Margaret Downey. It was a sunny day and some fantastic scores were achieved.

The Winners were: Grade A: 1st: Leonie Snodgrass (20) with 43 points 2nd: Marie Muriwai (23) with 34 points

Grade B: 1st: Chris Wratten (33) with 39 points 2nd: Maree Coffey (37) with 38 points

C Grade: 1st: Jane Eglitis (41) with 38 points 2nd: Jenny Reilly (42) with 33 points

Place Getters: Annette Manton 33, Judy Apps 35 and Cate O'Brien 37.

Hole Prize: 2nd Shot 7th Dianne Brown Golden Shot A 0.41 Nearest to the Pin: 2nd Shot 6th Jane Eglitis 0.43 15th Leonie Snodgrass 0.98

Tuross Head Vets Golf Results Wednesday 26th November 2025

A field of 39 players signed up for a Coloured Ball Team Stableford event today. The game was challenging and some wonderful scores were achieved.

The Winning Teams were:

1st: Shirley and Ted Quinlan and
Margaret and Ray Downey with 44
points

2nd: Steve Johnston, Ross Hendy, Dorothy Madden and Jennifer Gray with 43 points

3rd: Ken Hush, Neal Watson, John Cox and Greg Smith with 41 points (countback)

Balls or Chocolates went to: Jane and John Eglitis, Tory Puglisi and Rob McKirdy 41, Julie Barningham, Chris Wratten, Steve Gardner and Rob Nash 37, and Barry Hoban, Greg Thornton (swinger) and Henry Anderson 37.

Nearest to the Pins: 4th: Greg Heywood (2nd Shot) 6th: Ross Davidson (1st Shot) 7th: Ladies: Jane Eglitis (2nd Shot) Mens: Ian Manton (2nd Shot)

Accuracy: Des Jackson (5th hole) Bradmans: Greg Bush, Warren Hodder, Greg Geelan and Tony Crook 30.

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Driving Change

Batemans Bay High School Massive Murray Paddle



Batemans Bay High School reports "Last week a group of students joined forces with South Coast Police Officers and travelled to compete in the Massive Murray Paddle down the mighty Murray River.

The seven day trip included 1498km driven, 1245km collectively paddled, 11 new towns visited and 1 epic adventure with many memories made."

Well done to the team for an amazing job well done. Congratulations to Le'Mya Coe for being awarded paddler of the week and receiving a special award at the presentation. Thank you to everyone who supported the team."

The trip was organised by Mrs Kelly Cameron and Mr Rod Hatton.

The <u>South Coast Police District</u> said "Well done to the combined Batemans Bay High - South Coast Police District Team that completed the 415km Massive Murray Paddle over the previous week. 10 Brilliant Students showed impressive resilience paddling each day with distances averaging between 16 and up to the longest stage being 39.5ks

Joined by 3 great Bay High teachers and a team of NSW Police from across the South Coast, the team completed the week finishing an extraordinary 1st, 2nd & 4th for our 3 Kayaks across the 730 Kayak Category.

Thanks to Eurobodalla Liquor Accord for sponsoring our training, Region X Kayaks for their support & assistance and most importantly everyone who sponsored us in our fundraising efforts.

An unforgettable experience for all involved."







Ride on in to Mogendoura Farm

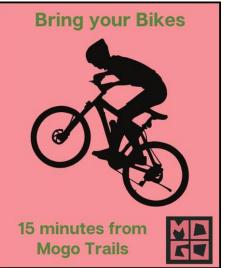
Three top quality, self catered, two-bedroom brick cottages with combustion fires, separate laundry and toilet, shower with bath, open planned kitchen dining and living, with a playground and communal barbeque.

Sleeps six people comfortably. All three sleep 18 people.

The beautiful 220 acre property enjoys 2km riverfront and nestles between the Moruya River and Mogendoura Creek.

Mogendoura Farm is an ideal place to escape from the stress of a busy life.

The perfect get away!



Become a Eurobodalla Lifeguard this Summer

Eurobodalla Council's aquatics contract coordinator Jason Gray with lifeguards Ned Larsson and Simon Marley.

The Australian Lifeguard Service (ALS) is offering training for locals keen to join the lifeguard team this summer.

Eurobodalla Council contracts the ALS each year to provide professional lifeguard services across the shire's busiest beaches during the summer holidays.

Eurobodalla lifeguard supervisor Dave Perry said lifeguarding is a great opportunity for locals aged 16 and above.

"It's great money for a day spent on the beach, and I'm really looking forward to working with a team of both returning and new lifeguards this season," Mr Perry said.

"We encourage anyone who is thinking about giving it a go to apply. The organisation will train you up and give you the qualifications you need to be confident on the job.

"The skills you learn are skills you will use for life, and the community aspect of the job is incredibly rewarding."

ALS offers a Rookie Lifeguard pathway for younger applicants. A rookie is a supplementary role that does not replace qualified operational lifeguards on a roster.

Rookie applicants are 16 or 17 years old and must have at least one season of surf lifesaving club experience and complete fitness assessments.

Surf club volunteers will continue their regular patrols on weekends and public holidays, while ALS lifeguards cover weekdays from 9am to 5pm throughout the summer holidays.

Popular beaches without surf clubs, including North Head at Moruya, Tuross Main Beach and Dalmeny Main Beach, will have ALS lifeguards on duty seven days a week.

Anyone interested in joining the lifeguard team can <u>apply online</u>. Beachgoers can check patrol times and their nearest patrolled location through the Beachsafe App or at <u>beachsafe.org.au</u>

Dalmeny Summer Fest

Locals looking to enjoy a breezy summer kick-off can get along to Dalmeny's foreshore playground on Sunday 30 November. Dalmeny Summer Fest is set to be a relaxed, neighbourly event with live music and performances, market stalls, and face painting for the kids.

Running from 10am to 2pm on the usually quiet patch opposite the shops, organiser Felicity Patterson from Sandy Souls surf shop and café says they wanted something home grown to mark the start of summer.

"We love our community and wanted to celebrate Dalmeny style – relaxed and family friendly. The playground foreshore on Noble Parade is a stunning location, and just across the road from a range of shops and the supermarket – the kind of place locals naturally gravitate toward," says Felicity.

Other highlights include a festive photo backdrop for that essential Christmas Instagram post, a range of stalls with local makers and small businesses, the National Parks junior rangers and, a highlight, a puppy fashion parade so the famous dogs of Dalmeny can dress up for a shot at the best-dressed award – of course, any visiting pooch keen for the spotlight can get in on the action.

The event is supported by Eurobodalla Council in partnership with the Dalmeny shops as part of its small towns and villages activation program. Council's manager of economic development Teresa Lever says the program gives the shire's smaller communities a chance to shine during a usually quiet time of year.

"It's a great way for the business community to engage with residents, rather than the usual funding to attract visitors, and that's important too," says Teresa.

"We love this free, low-key event, rooted in local spirit. I'd encourage people to get along, meet up with friends to snap a photo or two, and relax to live music in the perfect summer setting."



Felicity Patterson of Dalmeny's Sandy Souls surf shop and café is aiming for relaxed, family friendly vibes for this weekends Summer Fest event on the foreshore. Photo: David Rogers Photography

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