FREE Independent News for Moruya & the Eurobodalla

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Jude Monahan, John Nader, Michel Nader and Tim Dalrymple celebrating 50 years of the Moruya Business Chamber. Story page 3

**THIS** 

INSIDE • Independent Report leaves no doubt of need for local radiotherapy • Meet the Candidates at Batemans Bay Soldiers Club

RfR Community Access Solar Trailer launch

Congo Rd to stay closed after Supreme Court loss

 Federal Disaster funding for resilience and preparedness WEEK

• Fresh, industry-led approach to tourism delivery



# Independent Report leaves no doubt of need for local radiotherapy

By Alex Rea

"Seven in ten Australians are living in fear that where they live, their age, gender, sexual orientation, income, or language used at home, will impact their treatment and chances of surviving cancer" according to latest data released by the Leukaemia Foundation today.

Last week the Moruya Mail revealed the summary of the Independent Report by Prof. Mick Reid into "Access to Radiation Therapy Services for Residents of Eurobodalla/Bega Valley LGAs" commissioned by NSW Health. This week the Moruya Mail can report that the full Report has been released under a Freedom of Information (GIPA) request by Moruya resident Lou Dampney.

The comprehensive report used data from the Cancer Institute of NSW projecting annual cancer case for Euorbodalla/Bega Valley residents is 850 for 2026, increasing to 918 for 2021

"The Review Team determined that applying planning parameter to the projected cases would result in sufficient numbers of resident of Bega Valley and Eurobodalla LGAs to support a LINAC at the new ERH."

"Not all residents would avail themselves of the service as some may require more complex care in metropolitan teaching hospitals, while other (possibly more likely to be Bega Valley residents) may choose to travel to Canberra.

However, the evidence from other regional centres suggests that there are overwhelming flow reversals to a local service. And the provision of local service increases the appropriate usage if radiation therapy for those patients who have cancer and may not otherwise receive treatment or the fully recommended treatment."

The report also says "To assist in the attraction and retention of staff, and hence contribute to a safe, high quality therapy – a proposed ERH service should not be limited to RT treatment, but should be relatively comprehensive including provision for on-site treatment simulation and treatment planning.

For example, there should also be consideration for installation of an orthovoltage x-ray unit to treat superficial tumours, including skin cancers.' In summary the report says "On balance, the Review Team believe that a ERH radiation therapy service should be a public radiation service networked with the Wollongong/Shoalhaven Cancer Care Centres. This arrangement, like other regional centres in NSW, will also facilitate attracting and retaining the requisite workforce and assist the provision of a high quality ERH service." The report also showed the projected rise in over 50s population noting that "individuals younger than 50 years have cancer mortality rates more than 40 times lower than those over 50s.' When it came to capital costs, the report showed that the most recent of NSW regional cancer centres built at Dubbo in 2022 cost \$35m, but included a PET CT Scanner (a more advanced scanner), 1 bunker, 1 LINAC (linear accelerator), 16 chemotherapy spaces and support services.

The Southern NSW Local Health District CEO Margaret Bennett has maintained that there was not a need for the service at the new hospital and told the 'NSW Special Commission of Inquiry into Healthcare Funding' in Batemans Bay earlier this month that it would cost \$100 million. (The SNSWLHD did not respond to the Mail's questions today.) The Leukaemia Foundation data also reveals "Those living regionally, First Nations peoples, culturally and linguistically diverse communities, and LGBTQIA+ individuals are among those who can face significant barriers in getting a timely cancer diagnosis or receiving the best available treatment and supportive care.

Leukaemia Foundation CEO Chris Tanti said the results were deeply concerning, particularly because discrimination can often perpetuate health inequities. "When paired with these latest findings, it's

clear these priority groups are living in fear for good reason and are at an unfair disadvantage simply because of where they call home, the language they speak, or their culture.

"The insights of Australians' perceptions of cancer show us much more work needs to be done to support, inform and educate people, especially those more likely to experience health inequity."

"In Australia today, a staggering 53 people will be told they have blood cancer, or one person every 27 minutes, with a further 17 people losing their life to the disease." Mr Tanti added, "Blood cancer is a significant public health issue with 41 per cent of Australians diagnosed living in regional, rural, or remote areas.[v] "Sadly, compared to patients in major cities, these people are less likely to survive five years beyond their cancer diagnosis[vi], with more limited access to healthcare professionals and services forcing them to travel long and expensive distances for treatment and care. In May 2022, NSW Minister for Health Ryan Park told WIN News, "We will make it an absolute priority to ensure that as the hospital gets built this gets built. And if we can bring cancer treatment here earlier, we will bring cancer treatment here earlier.' Dr Holland, Member for Bega and Parliamentary Secretary for Regional Health said today his "first commitment to open the hospital as a level 4 hospital." "The report vindicates my support for it. It just needs to be done in a timely and appropriate manner.'

It takes on average 2 years to design and build a radiotherapy centre. If the decision to plan and build a radiotherapy centre at the new Eurobodalla hospital is not made until the hospital opens (late 2027) – Far South Coast cancer patients will have to wait a minimum of another 5 years to be able to receive treatment close to home. Is this really acceptable?

# mm MORUYA MAIL

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Charity Art Union No: 26731



Click HERE to read all the Council candidates statement

# **Business Chamber celebrates** 50 years with Gala Dinner

Sixty guests celebrated the 50th anniversary of the Moruya Business Chamber last Saturday evening at the Moruya Golf Club.

Founding members of the Chamber, Michel and John Nader and Rohan Gleeson were present to do the honours cutting the cake.

Guests heard speeches from Chair Time Dalrymple, Secretary Jude Monahan, Member for Gilmore Fiona Phillips and Mayor Mat Hatcher.

The evening was supported by many Moruya business and there were lots of lucky door prizes to be won. The Chamber thanks Business: 101 Web Technology, ITP Batemans Bay, Desire Flooring, Bobs VIP, Moruya High School, Ballards Pharmacy, Southlands Local Fruit & Veg, Guerilla Roasters, Mystery Bay Cottages, Les Gourmandises and Silly Willys Moruya.



Best dressed couple.





Organisers Deborah Crowe, Matthew Thomas and Deborah Fulton.



# Moruya Mail

# Letters to the Editor

# Concerns over Narooma Old Highway Development

Community concerns have been raised in Narooma regarding a significant change to zoning and density of a proposed Development Application. 198 prefabricated small houses, deemed for over 55's, on Semi Rural land on The Old Highway Narooma. A recent program on the 7.30 Report on the ABC discussed a similar development in Victoria where two bedroom homes had been purchased for over 50's in a Retirement Village. The homes are sold to purchasers but the land is leased. Residents had difficulties when they tried to sell their home. This had caused much unhappiness and anger for those living in the complex. The proposed development on The Old Highway is positioned in the middle of an area zoned R2, Semi Rural where clearly this is a High Density Model, that has not been presented to the community. Many people living on The Old Highway built their homes there because of the R2 zoning. 198 prefabricated homes, Club house, Wellness Centre, Cinema and Swimming Pool are to be placed on sensitive land which has subterranean water and a spring fed dam. The developers wish to be level the land and compound the destruction of existing floodways and dams and existing precious flora and fauna

Additionally there seems to have been little planning for the explosion of 100's of people requiring medical and community Services. Consultation is essentlial in every significant development proposed.

This proposal needs expert engineers to research whether this is feasible. There has been no consultation with residents living in the area as to the change of zoning or a survey of the type of housing

The residents decided to display corflutes showing their displeasure at the lack of consultation with them, their concerns about the flood zone on this land and were in fact told to take them down by a Council ranger. These corflutes are the same as real estate signs and also advertising for elections as we shall be seeing shortly for the Council Elections.

The closing date for discussion on this proposal to Council ended on 15 August.

As the Council will now be in Caretaker Mode it is unsure how Council will proceed with this DA. The residents living in this area are not opposed to the sustainable use of the R2 land including affordable housing or a seniors living facility. Their objections go the current density and design of this Proposal. If you have any concerns or comments please send an email to

Narooma Old Highway Community Group naroomaoldhighwaycommunitygroup@gmail.com

## Was ESC's financial mess avoidable?

Yes, it may well have been, if Phil Constable's efforts had been supported by a majority of his colleagues back in 2020. I am delighted to see Phil throwing his hat in the ring once again to contest the next council

As a previous councillor during the BBRAAC (Bay Pavilions) approval process, Phil was the one who desperately fought for financial advice from the Audit Committee before giving the go ahead for the project at the 28 July 2020 council meeting. He had concerns regarding the business case and cash flow projections.

To seek such advice was his right and his responsibility, in order to make an informed decision, as is required of ALL councillors by legislation. Phil was supported in his quest by then Councillors Patrick McGinlay and Anthony Mayne.

Unfortunately, his efforts were thwarted by then councillors Rob Pollock, Lindsay Brown, James Thomson and Jack Tait who voted against his motion to defer the decision until the Audit Committee could provide financial advice.

Hence ESC's enormous ongoing debt that must be financed by ratepayers.

We need 'fighters' like Phil Constable who take their responsibilities seriously, act in the interests of the community and who refuse to be dictated to by management – it is the Councillors who govern.

**Patricia Gardiner Deua River Valley** 

#### A beach safety suggestion

On Wednesday 21st August, I assisted another person to help save a woman who was found unconscious in the water at Dolphin Beach, Moruya Heads. This unfortunate experience has highlighted a problem with being able to direct emergency services to the exact location of the emergency. There are no landmarks along the beach, so it is very difficult to describe your location to someone on 000 who is not at all familiar with

My suggestion is, to follow a successful idea from Victoria's surf beaches. They have numbers on signs at regular intervals along the beach (approx. 500m), large enough to see from a distance. So, in this case, I would have been able to find the closest number and give an accurate description to 000, (with it being connected to google maps) resulting in minimal delay in locating us and receiving help. The operator kept asking if I was opposite the caravan park, and I had to keep repeating to the operator that I WASN'T opposite the caravan park - I was past it - I was concerned they would arrive a lot further up the beach. In this instance, one of us went out to the road to direct emergency services to where we were located, leaving one of us with the patient. But had there only been one of us there, we couldn't leave the patient to do this. And also, had CPR been needed, it would have been very daunting to be the only one there to administer it - 15 minutes is a long time to be doing CPR.

I am very interested to know if this is something that other community members can relate to and perhaps with the upcoming local council elections, it may be a good time to get some action. It may be a State Government responsibility but I guess we can begin locally and with support from council, we may get something up and running. My thoughts are that in cases of emergencies, every moment counts in saving lives and this idea may just save someone you know or love.

South Head Resident

# Printed copies of the Moruya Mail are available

Do you know someone who's not online but likes to read the local news? You can pick up a copy of the Moruya Mail from Coastal Stationery (opp Woolies) in Moruya for \$3 (print cost)

Subscribe FREE for the digital edition at www.moruyamail.com.au

# Meet the Candidates at Batemans Bay Soldiers Club



Trish Helier, Sophia Keady, Anthony Mayne, Mick Johnson, Colleen Turner, Mat Hatcher, Jason Ford Claire McAsh Neil Gow.

Around 70 people attended the Meet the lead Candidates event in Batemans Bay on Sunday organised by 'Our Council Our Say' social media group.

Sharon Winslade from the Labor ticket pulled out of the event days beforehand stating "it would not be fair to the other Candidates and attendees to have Sunday's forum overtaken by other interests.

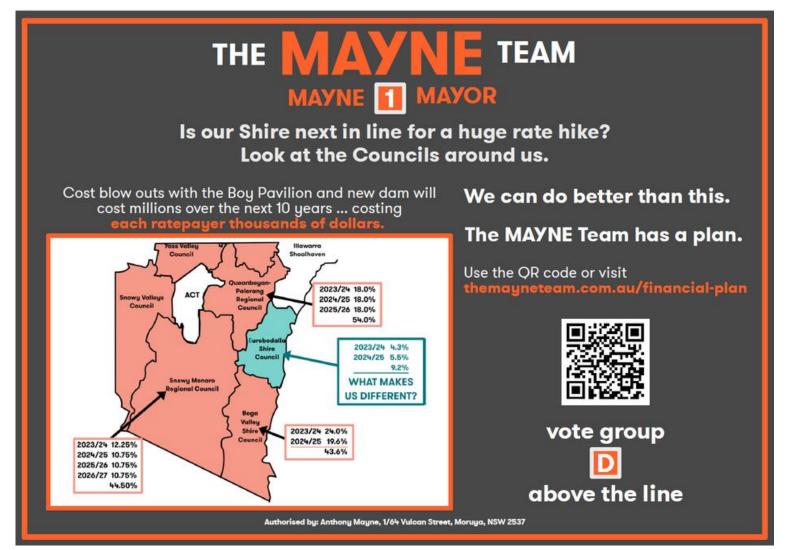
Labor is keen to meet voters and discuss council issues ahead of the council election and is organising a forum where we can discuss these concerns with residents in a more informal and less confrontational way." (This statement alluded to a previous health meeting which was rowdy.)

And after the candidates were given an opportunity to make their pitch, health was high on the list of questions. Much of the meeting was spent discussing the Batemans Bay ED and candidates were asked if they would advocate to keep the service open.

The cost of the Bay Pavilions was also high on the agenda. Watch the recording of the meeting here -

https://www.facebook.com/OurCouncilOurSay/videos/8686322 28526637

The Moruya Mail in conjunction with The Tech Exec Tricia Pye will be holding an online debate for Mayoral candidates on Monday 9 September 5.30pm - 7.30pm Link to debate is HERE



# RfR Community Access Solar Trailer launch





Lisa Cornthwaite from Repurposing for Resilience convened community groups to gain their input into what they would need from the trailer.

While it's almost five years since the Black Summer Fires, disaster resilience is still front of mind for many in the community (especially with today's heat records.) Not for profit group Repurposing for Resilience's project to build and fit out a trailer was launched today at the Yarragee Road Waste Transfer Station in Moruya. The Community Access Solar Power Trailer has been built for rapid assistance in emergency situations, events and everyday life.

The 5m long solar powered trailer is fitted out with everything they could think of including a kitchen sink. The roof is constructed of solar panels which lift up to reveal, fridge and freezer, pull out kitchen, barbecue, shower, first aid, radios and even some swags. The solar power is supplemented with a back-up generator.

The trailer comes with satellite internet.

The concept is to have the trailer available for events as well, and on Friday there were two sessions for community groups to hear about what the trailer was capable of and contribute what their needs might be.

For more information on the project see https://rfreurobodalla.com.au/

# Be part of the solution

**Solar Panel Reuse for Southeast Regional NSW** 



rfreurobodalla.com.au



A spectacular sunset on Tuesday evening from Moruya Mail HQ.

# Fresh, industry-led approach to tourism delivery

Eurobodalla Council is seeking expressions of interest from motivated individuals to join a visitor economy working group that will finalise and implement a new tourism delivery model for the shire. Council's General Manager Warwick Winn said the working group is the start of a new approach that would see the tourism sector have greater autonomy and accountability over how their industry is supported and promoted.

"Tourism already makes a significant contribution to the health and wealth of Eurobodalla's communities. Better cooperation and collaboration with the tourism industry is a key to sustainably growing our visitor economy for everyone's benefit," he said.

A new tourism delivery model was a priority action from the Eurobodalla Destination Action Plan adopted by Council in December 2023. Since then, tourism staff have worked up a draft model and spent significant time discussing and refining it with industry representatives, including members of the industry advisory group involved in the development of the action plan.

Mr Winn said this process itself demonstrated Council's desire to better collaborate with the industry.

"Industry reps have gladly given their time and expertise in the past six months, and ultimately their support, to the establishment of an industry-led group that will have greater input into how the visitor economy is managed in the future.

"This new approach will be a two-year pilot project, with robust governance, measurement and evaluation frameworks wrapped around it, which the working group will help refine," Mr Winn said.

"Once a model is endorsed by Council, the intention is to provide a portion of our current tourism budget to the working group to implement the priorities they've agreed in collaboration with Council staff and aligned to our destination action plan.

"Based on the research we've done and the feedback from industry, I expect it to be a success, remembering that building relationships and industry buy-in takes time and investment."

Expressions of interest are sought from individuals with relevant experience including marketing, hospitality, events, accommodation, tours and experiences. Consideration will be given to sector and geographic balance.

Find more information and how to express your interest in joining the Eurobodalla Visitor Economy Working Group on Council's website Visitor Economy Working Group | Eurobodalla Council (nsw.gov.au)



# **SHARON** FOR MA

- Eurobodalla needs housing that gives everyone choice and is affordable.
- Only a Labor Council will prioritise housing for

# Community

- Providing amenities and spaces is Council's core work
- Only a Labor Council will deliver more community spaces to meet and play.

# Climate

- Climate change is making our lives more challenging and responding requires effort and resources.
- Only a Labor Council will build our resilience and







# Catalina Club provides more than \$65,000 to not-for-profit organisations



**Catalina Club** has announced it has provided more than \$65,000 to 13 not-for-profit community groups and organisations in 2024 through the ClubGRANTS Category 1 funding round. On August 19, 2024, Catalina Club hosted representatives from 13 pioneering organisations to celebrate their commitment and selfless dedication to supporting vulnerable and marginalised people within our community.

ClubGRANTS is one of Australia's largest grant programs and allows clubs to embolden their local communities through creative projects and initiatives. This year, the Eurobodalla LGA ClubGRANTS Committee, which includes representatives from registered clubs across the Eurobodalla, worked together to identify the most deserving organisations and progressive initiatives. Catalina Club general manager Guy Chapman said the funding is vital to help volunteer-run and community-driven projects to embark on new and existing projects to strengthen our community. "In the 2024 Category 1 round, \$680,000 was requested by 51 local organisations looking to support the community, which is reflective of the pressure of increasing living costs in 2024," Mr Chapman said.

Mr Chapman, alongside Catalina Club president Cathie Flynn, captain Michael Lowe, director Anthony Hall and assistant general manager Mitchel Judd officially presented funding to the 13 organisations, including Eurobodalla Can Assist, Southern Women's Group and CareSouth on August 19.

Since 1984, Southern Women's Group (SWG) has been empowering women to feel safe and respected. Catalina Club has proudly donated \$10,000 to SWG's Domestic Violence Court Advocacy Service, which provides free, confidential support for women with ADVO matters.

The court service's assistant manager Samantha Monck said they have received 2,247 referrals from women seeking support for domestic and family violence this year alone: "Violence has significant negative impacts on the health and wellbeing of women, children, and entire communities ... we are working on creating a Eurobodalla community prevention and recovery strategy with the support of ClubGRANTS".

"Together, we can make a positive impact and create a safer, more supportive community for everyone."

Catalina Club has also financially supported CareSouth's Aunties & Uncles program with a donation of \$5,000, which aims to connect children, young people and families with volunteers who can provide quality guidance, mentoring and support.

"Aunties & Uncles allows young people to share new experiences, or just everyday things, that can help them navigate challenges, build resilience and develop important social and emotional skills," said CareSouth Carer Engagement and Support Team Leader, Rebecca Henderson.

"We want to thank the Catalina Club for showing their support for CareSouth's Aunties & Uncles program through a generous funding grant which will allow us to support more young people in the community.

"We are so grateful for the support we have received from Catalina Club and it was wonderful to join other deserving local community groups and organisations and hear about the amazing work they do at the grant funding presentation." Eurobodalla Can Assist was also supported within the Category 1 funding round and received \$10,000 which will be made immediately available to people living within our local area who are undergoing invasive treatments for cancer. The organisation supports about 12 to 16 people and their families each month by providing funding to pay for myriad costs including groceries, utility bills, car registrations, accommodation and travel. Eurobodalla Can Assist channels approximately \$5,000 each month to people living in the Eurobodalla undergoing treatment.

Client Assistance Officer at Eurobodalla Can Assist Nola Beatty volunteers her time and is the first point of contact to people seeking vital funding as they receive treatment. "There are other organisations that help people with cancer, but we can help people today", Nola said. "The most common cancer we get referrals for is breast cancer. These are typically young women who have mortgages and kids at school... their income is basically gone and their recovery can be long.

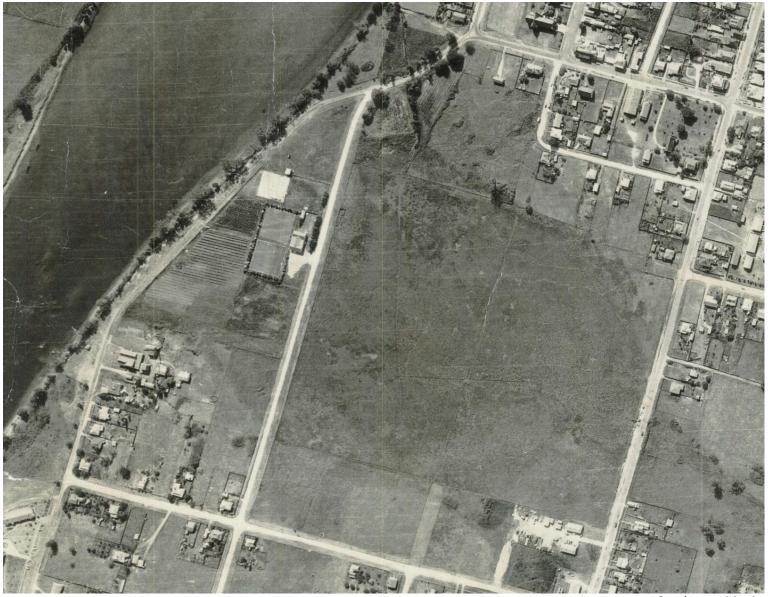
"Eurobodala Can Assist is very grateful and thankful to ClubGRANTS and Catalina Club. The funding will go towards helping so many people. It's amazing how many people live on their own around here [and are experiencing cancer], and this assistance helps to remove stress and financial worry." Batemans Bay Soldiers Club, Club Malua, Tomakin Sports and Social Club, Club Narooma, Moruya Golf Club and Narooma Golf Club also funded local organisations in the Category 1 funding round.

Catalina Club welcomes local charities and organisations who aim to make a difference to the community to apply for funding via the Category 2 funding round which is open now. Applications can be submitted at clubgrants.com.au

# The organisations supported by Catalina Club in the 2024 Category 1 funding round are:

- Eurobodalla Can Assist
- · Southern Women's Group
- CareSouth
- · Batemans Bay Cricket Club and Talk2MeBro
- Epilepsy Action Australia
- Little Wings
- Roundsquared
- · Bateman's Bay Rural Fire Brigade
- Stewart House
- Sir David Martin Foundation
- Road Safety Education
- The Food Hub Batemans Bay
- EACH

# 100 years ago from the Moruya & District Historical Society



30-08-1924

**On Sunday an Overland car** covered the journey from Moruya to Bega in two hours and 20 minutes. The speedometer registered 81 miles.

**The Anglican and Presbyterian portions** of the new cemetery at Bateman's Bay have been grubbed and cleared, giving promise of the order and beauty that are to be.

**H. J. Thomson reports a record clearance sale** on account of Mrs. J. L. Ross, everything from house and business to the smallest article being disposed of at satisfactory prices. Mr. Percy Flood was the purchaser of the house and grounds at £620 and Mr. J. F. Louttit the undertaking business at £55.

The grazing right of the Moruya Park for 12 months was disposed of on Saturday last by Auctioneer R. B. Heffernan at the "Examiner" Office. Mr. M. Keating's agent, Mr. M. Deane, paved the way with an offer of £35. Mr. Harry Lavis' quick nods soon brought the amount up to £44, for which sum it was knocked down to Burra's progressive farmer.

**A big conflagration** was narrowly averted on Monday at Mr. Milne's residence at Mullenderree. By some unknown means the wood heap, containing over three cords, caught alight and was totally consumed. The neighbours, Mr. Milne being away from home at the time, effected good work in saving the house and outbuildings, as a strong westerly gale was raging.

Mogo. (From our Correspondent) – There is quite an impetus for closer settlement. Mr. H. C. Annetts has bought a large tract of land behind Connell's Point; friend Burkinshaw has taken off Malster's; and a new man in the person of Mr. Neilson is having a try at Reedy Creek, near Mosquito Bay. It will be found the [cheese] factory will have justified its existence. The Progress Association are concentrating particularly on land matters, and at present are dealing with the possibilities of Malbrook's. Mr. W. Berriman is improving things by the erection of new fences, and Mr. J. Sebbens, senr., has shown what can be done even from a small area – for a lively example in clearing see that done on Tate's Hill.

Grazing paddock

# **AUCTION SALE AT CENTRAL**

TILBA - On account of John Barker, Narooma. 133 Acres Land, W. Board Cottage (7 rooms), Dairy, Yards, Piggery, etc; On account of D. Fraser, Nowra. 188 Acres Freehold, Cadgee, frontage to Tuross River, Cottage, Dairy, Yards, etc. Cattle (half young stock), half maize in barn, 20 Shares Cadgee Dairy Factory; On account of John Hawdon, Punkalla. 84½ Acres Freehold, 4 Paddocks, 4-roomed Cottage and Orchard; All three farms have a good percentage of alluvial flats. S. W. BATE will sell by Public Auction at Central Tilba at 2 p.m. on Wednesday, 17th Sept., 1924.

Extracted from the Moruya Examiner by the Moruya and District Historical Society Inc.



# WHAT HAPPENS IF YOU CAN'T PAY FOR A FUNERAL IN NSW?

#### By Lauren Newman

I just spoke with a man who is helping his old friend with his end of life arrangements and he called me because he didn't know where to obtain any information on what happens if you can't pay for a funeral, so I thought it would be good to share this information more widely as well.

NSW Health is responsible for this.

When there is no money to pay for a funeral, if the deceased person had no money or assets they are called 'destitute' and the NSW government may pay for a destitute funeral.

If the person died in a Public Health Facility, like a hospital or nursing home, a social worker will usually contact any known relatives to ask whether they can arrange a funeral. The social worker may also ask police to assist with contacting relatives if they can't locate any.

The assistance of the Police may be obtained if the facility's own enquiries fail to locate any relatives, friends, or others who may wish to arrange a cremation or burial at their own expense and Police will be involved in locating any relatives if the person died outside a Public Health Facility.

This will help to avoid causing unnecessary distress to people who may have wished to make other funeral arrangements and been willing to pay the funeral costs.

Cremation will generally be the preferred method of disposal, provided that:

- there is no objection set out in the Will of the deceased;
- there is a written agreement of any known relatives or friends;
- it is not contrary to the direction of the State Coroner; and
- all necessary cremation certificates have been completed. If there is no relative willing to pay for the funeral, the Area Health Services will pay for the funeral and it is a basic funeral service, conducted by the local contracted Funeral Director. The Area Health Service will contact the deceased's next of kin (if possible) to let them know about the funeral arrangements so that relatives and friends can attend.

A person who has a destitute funeral will be afforded the dignity of a funeral according to their wishes, either cremation or burial.

As for us all, these wishes should be in writing and witnessed, preferably in a Will.

At the bare minimum, please, have a valid Will in place so your wishes are known, this is a gift to those you've left behind, whether friends or family or the people from your Area Health Service!

www.treeoflifefunerals.com.au



# Clean up continues in South East Nsw, more damaging winds expected

NSW State Emergency Service (SES) volunteers have worked through the night cleaning up fallen trees, debris, along the NSW south coast, ahead of more damaging wind expected later today.

Volunteers have responded to more than 1500 incidents since the strong winds begun earlier this week.

NSW SES South Eastern Zone Duty Commander, Chief Inspector Dylan Whitelaw said winds were expected to pick up from sunrise this Friday.

Damaging winds averaging 80 to 90 km/h with peak gusts in excess of 125 km/h are expected in some areas today through to this evening.

Chief Inspector Whitelaw said NSW SES had crews from out of town deploying to the south coast today to assist with operations.

"Our volunteers have been working around the clock since Wednesday, and they have done a tremendous job.

"However we still have a number of incidents to attend to, which ideally we can get completed before any strong winds expected during the day," he said.

Most of the incidents outstanding are for fallen trees, which generally require a safety assessment, and will either be tidied up and removed by the NSW SES, local council or a qualified arborist depending on the severity.

Some damaged roofs may still required securing such as tarping, and the general cleaning up of debris.

With strong winds expected later today, the NSW SES is reminding residents to prepare now.

"Now is the time to prepare. If safe to do so, secure or put away items, such as outdoor furniture, trampolines and roofing iron that could blow around in strong winds.

Locations which may be affected include Wollongong, Nowra, Bowral, Batemans Bay, Katoomba, Goulburn, Jindabyne and Thredbo Top Station.

Incidents in South Eastern Zone: 781 (114 still to be completed)



# Moruya Mail



Author, Journalist and Screenwriter Robert Macklin is a regular contributor to the Moruya Mail. The Gadfly Papers, are a delightful collection of columns he has been writing since 2012.

# Gadfly

What happens when the new UK Prime Minister, Sir Keir Starmer realises that the ridiculous anti-Chinese AUKUS deal is irrelevant to Britan's defence structure, and harmful to its economy? Will AUKUS become AUS, or will we reject the whole silly shebang and give President Macron a call.

After all, in 1968 Britain's Labour PM Harold Wilson withdrew all defence commitments 'East of Suez'. In 1983 the Conservative Party's Margaret Thatcher underlined it by abandoning Hong Kong. In 1997, Labour's Tony Blair oversaw the return of the colony to China. By then it had become a British canon until the nitwit Boris Johnston signed the deal courtesy of our own oddball, Scott Morrison. One of Sir Keir's first acts when he moved to 10 Downing Street, was to reassure Xi Jinping that Britain's 'One China' policy was unchanged. No surprises there. Britain is in fierce economic pain. He might like to resuscitate its 'special relationship' with the United States, but not at the cost of retaining and expanding - every element of Chinese trade he can muster. In this endeavour, the United States is a competitor, as we learned to our cost when China barred some of our goods and the US leapt in to replace us.

Britain's AUKUS commitment is to supply certain technology and receive some from the US. They might get a guernsey in producing some parts, but the submarines will essentially be American. The AUKUS spin-off is small beer compared with the \$A168 billion annual Britain-China trade. Moreover, the terms of the AUKUS deal allow the Brits to depart without paying a cent in compo (though it would cost us an arm and a leg to do likewise).

No doubt Sir Keir watched the two US Presidential Conventions in Milwaukee and Chicago. While politically his own party is closer to the Democrats than the Republicans, his decision on AUKUS might well depend on the election result.

If Donald Trump returns to the Oval Office, only a tea leaf reader would dare predict his attitude to the tripartite AUKUS caucus. I suspect he'd rather keep all the subs in American hands, though he might see it as a chip to play in the game of diplomacy with his 'beautiful letter' pen pal Xi Jinping. If Trump's generals sell him the line that they've sucked Australia into becoming an American base that could give him pause. More likely he'll see it as a Joe Biden initiative, and that alone could kill it.

The Democratic Convention was also tricky. A presidential Kamala Harris is not about to publicly disown the deal signed by her beloved predecessor. In fact, she sounded much more bellicose than Trump on the night as she recommitted the US to the Ukraine war and showed her contempt for the autocrats like Putin, Kim Jong Un and Xi Jinping. What's more, her patron Nancy Pelosi broke a lifelong friendship with Joe to give Kamala her big chance, and recently led a delegation to Taiwan to give the finger to Xi. But once in the Oval Office, Kamala will need to be a new version of herself, and going war with China is not on her game plan.

The hard heads around Sir Keir will put their case. On the one hand the British defence contractors will be grasping for the dollars (and the technology) that might flow their way; on the other, the economists will be telling him the truth about China's goodwill gift to the Exchequer's bottom line, and that Morrison only included the Brits for show in any case. It's just possible that Paul Keating, Gareth Evans and a certain former Liberal PM might also weigh in and could even tip the scales.

Wouldn't that be fun. Albo might have to take a rare big decision.

robert@robertmacklin.com



# Congo Rd to stay closed after Supreme Court loss

By Phil Herrick

Congo Road will stay closed indefinitely, with a judgement from the NSW Supreme Court handed down yesterday (29 August) finding Eurobodalla Shire Council did not act correctly in the steps it made to have the road reopened.

The road linking South Head Rd to Congo was closed by the landowner, Roy Shepherd in November 2021, forcing people travelling to Congo to use a longer route, via Bergalia. Last year council tried to start the process of building a new section of road across the Shepherd's land by using provisions of the Roads Act to dedicate a pathway for the road. However, Justice Rothman found council's actions were outside what the Roads Act allows for various reasons involving past usage and the definition of "Paper Roads".

He ordered council to pay all costs, including those of Roy Shepherd.

But all is not lost for Congo residents, as the judge pointed out council could buy the land for the road from the Shepherds, and if they refused then council could compulsorily acquire that land if the state government approves.

# Fauna crossing installation at Bay Link Road



The South Batemans Bay Link Road project was successfully opened to traffic in December 2023, and we are now able to put the finishing touches on the project.

From Tuesday 27 August there will be changed traffic conditions on Glenella Road and the Princes Highway as overhead fauna crossings for gliders and other arboreal species are installed.

To reduce the duration of traffic impacts, work will be carried out seven days a week for two weeks between 7am to 6pm, weather permitting.

One lane will be closed under a stop/slow arrangement for the movement of equipment and the installation of the fauna poles. Both lanes will be closed for short periods of up to five minutes, as the crossings are installed over the road. Traffic control and a reduced speed limit of 40 km/h will be in place for the safety of workers and motorists.



# Ultra Processed Foods

#### By Dr Michelle Hamrosi

General Practitioner, Surf Beach

Taking children grocery shopping is a near-universal challenge. The constant need to say "No, put it back," is exhausting, and like many parents, I eventually give in, letting them pick the least worst option, like yogurt-coated muesli bars or cornflakes. Unfortunately, this struggle highlights a broader issue: ultra-processed foods (UPFs) now dominate supermarket shelves, increasingly infiltrating our diets and making healthy choices more difficult for everyone. UPFs often masquerade as healthy choices—fruit-flavoured yogurt, whole-grain bread, muesli bars—yet they're packed with additives, preservatives, and artificial ingredients designed to enhance taste, texture, and shelf life. Deciphering what makes a food ultra-processed can be tricky, but key indicators include long lists of unfamiliar ingredients, artificial flavourings, and additives like emulsifiers, thickeners, and sweeteners.

The health risks associated with UPFs are becoming alarmingly clear. Research has linked these foods to numerous health issues, including obesity, type 2 diabetes, heart disease, and even mental health conditions like depression. A study in the British Medical Journal found a significant increase in colorectal cancer risk among men with high UPF intake, while a Harvard study revealed that women consuming large amounts of UPFs were 50% more likely to develop depression. These findings underscore that UPFs aren't just empty calories; they actively contribute to serious health problems.

As a GP, this is deeply concerning. We are in the midst of an epidemic of chronic disease, and part of my role is to educate the public on preventive factors—things they can control. What we put in our mouths is a choice, though I recognise it's not always easy, especially for those struggling financially.

The increasing prevalence of UPFs has sparked concern among health professionals and scientists alike. Dr. Sophie Scamps, a General Practitioner turned Member of Parliament, has called for a ban on junk food advertising aimed at children. She argues that early exposure to marketing for unhealthy foods significantly influences children's dietary choices, leading to higher rates of obesity and related health issues. The Royal Australasian College of Physicians (RACP) supports mandatory regulations to restrict such marketing, emphasising the urgent need to protect children's health.

Meanwhile, leading nutritional scientist Professor Carlos Monteiro, who coined the term "ultra-processed foods," is advocating for even more drastic measures. He suggests that UPFs should come with warning labels, similar to those on cigarette packs, to alert consumers to the health risks. Monteiro also calls for public health campaigns to educate the public about the dangers of UPFs and for restrictions on their sales in schools and healthcare facilities. His proposals aim to curb the rising tide of diet-related diseases by addressing the root cause: the overwhelming presence of ultra-processed foods in our diets.



Label from regular breakfast cereal captioned "Not too heavy, not too light."



Hugo with pumpkins excited at the prospect of pumpkin soup

So, what can we do? Shop locally at grocers, bakers, and farmers' markets—you'll struggle to find UPFs there. Eating local, seasonal produce supports farmers and is often the healthiest option. Locally, Sustainable Agriculture and Gardening Eurobodalla (SAGE) now hosts regular food shares, where growers with excess offer up their produce for free and also host regular cooking workshops so you can learn how to prepare seasonal foods in simple, delicious ways. If you're at the supermarket, bypass the middle aisles where most UPFs are found. Don't trust star ratings or advertising, often manipulated by the food industry. Instead, learn to read labels and be aware of red flags like high-fructose corn syrup, hydrogenated oils, and a laundry list of additives. The battle against UPFs is intensifying, and while informed choices at the individual level are crucial, systemic change—driven by policymakers and public health advocates—is equally important. Together, we can improve our health and reduce the environmental impact of these foods, not only for ourselves but also for future generations. Remember Prof. Michael Pollan's advice: "Eat food. Not too much. Mostly plants."

# **BOOK A TECH TALK**

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2024 4

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Your Invitation to Health, Happiness and Harmony In a choir, every voice contributes to the harmony. It is together, that something beautiful can be created. Science tells us that singing directly activates the brain's reward network, and there is evidence to suggest choir practice can reduce cortisol levels — an indicator of stress — and even boost immune function, improve mood and increase lung and brain function. And it is fun! The local Deep River Choir is a community based, diverse ensemble of spirited women from the beautiful Eurobodalla region.

The not-for-profit Choir has been rebuilding since COVID and is now inviting any women in the region who enjoy singing to join them. Any level of experience is welcome. No audition, just fun in a community environment with the opportunity to make new friends. Their repertoire includes lilting Celtic tunes to soul-stirring anthems of peace, love, and freedom from many cultures. The group shares their love of singing across the community at festivals, exhibitions and local fund-raising events during the year. Weekly Choir Practice led by founding member and Musical Director Amanda Grahame, is held from 3pm to 5 pm each Sunday at the Moruya Scout Hall, Shore Street, Moruya. For more information, please contact the Choir at drchoir@gmail.com.

# **2EARFM GIG GUIDE**

#### Saturday, 31 Aug:

ASH GRUNWALD.....WATERFRONT HOTEL Steve Benic ....... Club Tuross (7pm) Paul Greene......Steam Packet Hotel Alex Clarke.....Lynchs Hotel Salt .....Merimbula RSL Club (8pm) Jacob Poyner.....Moruya Markets

#### Sunday, 1 Sep:

Tony Jaggers......Tilba Valley Winery Ash Bujeya......Broulee Brewhouse Rick Bamford ....Club Tuross (11.30am) Steve Benic......The Drom Tilba

# Majors Creek Festival

### 8-10 November

A limited number of EARLY BIRD TICKETS have gone on sale today. Be quick so you don't miss out. You'll find them on our website, and while you are there, check out our amazing 2024 lineup. More about our artists coming soon! www.majorscreekfestival.org

# Jazz Gospel Service 22nd September 2024 at 2pm

"Why don't we have this once a month?" was the call from those who attended last year's Jazz Gospel Service. Well that's impossible I'm afraid.

But plans were made and on 22nd September Sunday at 2pm we will gather at the Batemans Bay Uniting Church once again for the 22nd Jazz Gospel Service.

The cool and fruity types are glad to hear the news, while the passionate ones like me are ecstatic.

Sing Australia have been rehearsing for ages. The Two Tenors are busily preparing, Peter Poole has polished his trumpet and is busily fine tuning everything, and is ready to give that magnificent beat and melody which underpins every Gospel Service. Meanwhile I have been praying madly as I plan and prepare my part. I'm getting old you know, so this might be my last. As everyone knows, the Uniting Church is well on the way to being ready for any Climate Emergencies, and the retiring offering will go towards that task.

Come and have a fun time. This is a joyful place. Nobody is left out. Contact Kay Killick 0438717606















# **Geoffery Odgers presents** Creative Techniques in Collage



# Yana Djamaga Ganji/Walk Good Fire Film Awarded at Far South Film Festival

Yana Djamaga Ganji/Walk Good Fire by Directors Clancy Walker and Adam Nye filmed at Monga and Broulee picked up the Diversity Award (\$500 + 1 year regional membership of Screenworks) at the 5th Annual Far South Film Festival in Merimbula on August 17th.

Clancy and Adam's film features the cultural burning work of Walbunja Rangers, was produced by Andrew White, Roslyn Carriage, Les Simon, Adam Nye.

In late 2019, Australia's South Coast burned red, hot, and black. When the ash settled, First Nations voices were the first to emerge from the deafening silence. Yana Djamaga Ganji / Walk Good Fire is an Indigenous-led film that follows the Walbunja Rangers back out onto Yuin Country, as they work with cultural fire to heal both the coast and their people. Walking alongside Elders and youngsters across luxury resorts to crown lands, this documentary follows the resurgence of cultural burning in Australia's Southeast, addressing the ongoing mismanagement of Country and the misconceptions around cultural burning as an isolated practice.

As out-of-control fires begin to spark again across the Australian continent this documentary offers a well-overdue.

Australian continent, this documentary offers a well-overdue look into the holistic approach of First Nations' land management practices, ultimately encouraging others to understand, and help reclaim, the healing benefits of walking good fire for all Australians.

#### **About the Directors:**

Adam Nye is a Walbunja/Yuin man passionate about returning Indigenous youth and communities to Country to simultaneously heal themselves and the land. He has over a decade of experience working directly on Country using traditional land management techniques, as well as coordinating events, programs and communities to engage more deeply with local Indigenous culture and knowledge. As co-director on Yana Djamaga Ganji, Adam brought the Walbunja community into tight collaboration with the production, provided invaluable local knowledge, and aligned the narrative with traditional storytelling.

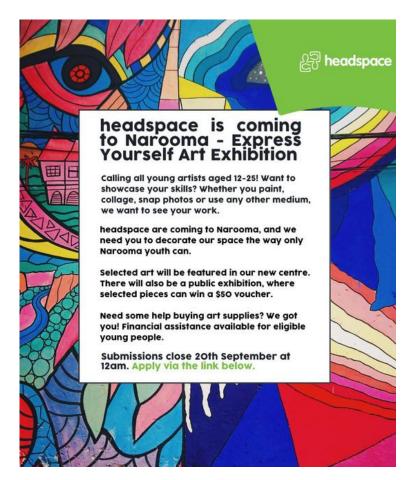
Clancy Walker is documentary director and shooter/producer, and has worked on projects ranging from reality tv to feature film. He began his professional career with Animal Planet on the Emmy Award winning program Whale Wars, shot entirely onboard Sea Shepherd vessels in the Southern Ocean. In the years following, Clancy has worked as a shooter/producer on: Ocean Warriors (Animal Planet), which won Best Series at the Jackson Hole Wildlife Film Festival; as well as the feature documentary Chasing the Thunder (Brick City TV), which won the Impact Award at EarthXFilm Texas, among other awards.

Audiences attended four screening sessions of exceptional films by regional and rural filmmakers from around Australia with Q&As with filmmakers held in the afternoon, culminating with the Awards Ceremony and a Festival Celebration.

Festival Director Lis Shelley said "This Festival showcases regional films by regional film makers, not because they show some pretty countryside, or some quaint city view of what we should look like or how we should speak. Regional films come from the heart, with a genuine truth at their centre, reflecting the people who live and breathe and tell stories from their perspective. We all understand the extra challenges of living and working and filming in regions, and we hope that our festival, now in its 5th year, continues to nurture regional voices who have something to say."



Clancy Walker accepts the Diversity Award sponsored by Indigo Pictures for YANA DJAMAGA GANJI WALK GOOD FIRE. photo by Raymond Toms







# Author talk with Fiona McArthur

Moruya Library, Vulcan Street, Moruya Wednesday 4 September 2024 2:30pm - 3:30pm

Batemans Bay Library - Wed, 4 Sep 2024 5:30pm - 6:30pm Join bestselling rural romance author Fiona McArthur author of As the River Rises at Moruya and Batemans Bay Libraries for an inconversation event about her latest release Back to Birdsville which captures the essence of life in the remote outback and the fun of the Birdsville races.

When midwife and emergency nurse Phoebe Mc Fadden fled Birdsville as a teenager, escaping the drama that surrounded her family, she thought she'd left for good. But when she's asked to be a bridesmaid in her cousin Scarlet's wedding, she knows it's finally time to make her way back home to the dusty red roads and face

This book celebrates the resilience of Australians living in such unique conditions, particularly highlighting the dedication of those tasked with keeping their community safe. It celebrates the women who are always there for each other and the men who stand by their side, painting a vivid picture of place where community spirit thrives against all odds.

Join us for a stimulating discussion, light refreshments and to meet Fiona and purchase signed copies of her books. Free event. Bookings are essential. Spaces are limited. For more information on library events, visit:

www.esc.nsw.gov.au/community/libraries/whats-on





Creatives come together:

# **Eurobodalla Literary and Art Salon**

#### Moruya Library

Salon 1: Thursday 10 October 5.30 to 7.30pm

Exhibition dates: Monday 30 September to Thursday 10 October

#### Moruya Library

Salon 2: Thursday 24 October 5.30 to 7.30pm

Exhibition dates: Monday 14 October to Thursday 24 October

Join us at Moruya Library for unique events showcasing the work of two local art communities. In partnership with Eurobodalla Writers, Moruya Library presents the 2024 Eurobodalla Literary and Art Salon, where writers and visual artists come together to spark each other's creativity.

Local writers will create a new literary work inspired by the work of a local artist. Writers and artists will present their work over two evening events. We invite you to an elegant twilight function with light refreshments, to experience this fascinating creative collaboration. During the month of October the artworks will also be displayed in Moruya Library.

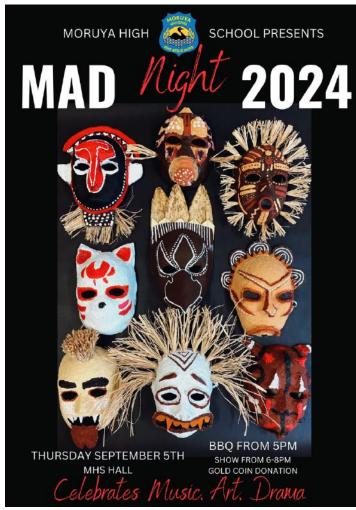
Free event. For evening Salon ev bookings essential via Eventbrite

For more information on our Library events please visit www.esc.nsw.gov.au/events



Eurobodalla Libraries

Batemans Bay | Moruya | Narooma



# Federal Disaster funding for resilience and preparedness

The Federal Government's flagship Disaster Ready Fund (DRF) will help communities prepare and be protected from future natural disasters following funding announcements yesterday.

The successful projects are part of \$387 million for 164 projects in Round Two. These projects will significantly reduce disaster risk and build long-term resilience in the face of increasing disasters, and are jointly funded with state, territory or local governments.

Minister for Emergency Management, Jenny McAllister said the government is helping prepare and protect communities before disasters hit.

"Since 2022 half of all local government areas have experienced disaster, some of them more than once. We know that our climate is changing, and Australians can expect to experience more intense and more frequent natural disasters, which is why the Albanese Government is acting to prepare and protect communities from natural disasters and their impacts."

"By working with all levels of government to make significant investments in mitigation projects, we are reducing the risks and impacts Australians face during disasters. This means better outcomes for communities while reducing clean up and recovery costs.

# Projects that include Eurobodalla Shire Council are: CoastGuard - NSW Coast and Estuary Hazard Risk Data Portal

The NSW Coast and Estuary Hazard Risk Data Portal aims to provide a central repository and improve the sharing and accessibility of key coastal and estuary hazard data and information across government (State, Local and Commonwealth) and to other stakeholders. \$500,000

#### Community Organisations Disaster Adaptation (CODA) project

The Community Organisations Disaster Adaptation (CODA) project builds disaster preparedness and resilience among NGOs and people most vulnerable to disaster impacts and strengthens connections and cooperation between the community, local NGOs and Emergency Management to take action to reduce local disaster risks. \$5,147,963

#### **CRJO Disaster Adaptation Preparedness Support Program**

Support member Councils to increase disaster resilience, adaptation, and preparedness through: Regional DAP/Local DAPs commenced Implementation of DRRF outcomes including maturity modelling DRRF integration into IP&R framework. Capacity building Working Group and alignment with state strategic frameworks Simtable workshops and training/loans 3-year Disaster Dashboard subscription Advocate investment in resilient infrastructure \$1,820,587

# Building systemic adaptive capacity for Illawarra/Shoalhaven and coordinate alignment of resilience initiatives across regional NSW

Our project will build disaster adaptation capacity of Councils, communities and key stakeholders through systemic embedding of hazard mitigation and resilience plans and resources which enhance current frameworks to reduce disaster exposure and vulnerability. A supporting statewide coordination model will apply learnings and increase resilience maturity across multiple regions. \$2,532,800

# NSW Bush Fire Inquiry Recommendation 17 - Neighbourhood Safer Places

The provision of existing NSW Rural Fire Service Brigade stations (or suitable alternatives) as Neighbourhood Safer Places in remote communities, for community use during bush fire events. This will require establishment of Asset Protection Zones and building works to increase building resilience from a bush fire and enhance community safety. \$6,504,000 The Round Two funding will support projects in every state and territory, with a full list available here: https://nema.gov.au/disaster-ready-fund.

# Volunteers, we need you!

# Drop in and visit us

Dr Mackay Community Centre 9 Page Street, Moruya

Monday to Friday 8.30am to 4pm

- Drive passengers to appointments
- Help with local outings and events at our community centre
- Chat over a cuppa
- Assist with errands

# Eurobodalla Community Care

Community transport. NDIS registered services. Home care packages for seniors. Disability support services and accommodation.



# Moruya Mail

# AFSA calls on First Peoples, farmers and policymakers to attend its inaugural Agroecology Roadshow 2024

The Australian Food Sovereignty Alliance (AFSA) has announced the launch of its inaugural Agroecology Roadshow from 4th-23rd October, visiting a number of regions across New South Wales, Queensland and the ACT to mobilise First Peoples, farmers, communities and policymakers to collaboratively transform the food system from the ground up. AFSA's Agroecology Roadshow comes as a call to action in the face of mounting food system challenges, from lack of access to land, the closure and corporate capture of abattoirs and other processing infrastructure, and climate change. The Agroecology Roadshow will see AFSA bringing people together – First Peoples, land workers, and allies – to facilitate discourse that seeks to strengthen the resilience and collective autonomy of these communities.

Australian farmers currently produce 93 per cent of Australia's food, even while exporting some 70 per cent of what is produced overseas. The productivist and export focus is often framed within a moralising discourse that Australian agriculture is 'feeding the world'. Yet, the reality is that exports are directed not to countries suffering widespread food insecurity, but rather the highest value markets in the Minority World (aka Global North) and to the middle classes in the Majority World (aka Global South). The Agroecology Roadshow will give AFSA the opportunity to collect more stories of the growing peasantry and agroecology movement that are taking on the industrial, capitalist food system.

The Roadshow – like all AFSA events – will not take on the form of a traditional conference, rather the agendas are determined by who turns up, cultivating spaces of profound democratic participation. AFSA will be working with local communities in facilitating the space that allows for the exchange of bio-regional knowledge, and discussions of key challenges communities are facing.

"Agroecology encapsulates what has been practised by Indigenous peoples and smallholder peasants for millennia. A far-cry from the hyper-industrialised capitalist food system that dominates the contemporary world, agroecology understands the importance of working with nature; not against it, and the important role that small-scale farmers have to be good custodians, as we are repeatedly urged by the First Peoples of this Country," says AFSA President and small-scale pig and cattle farmer Tammi Jonas. As AFSA hits the road along the east coast of Australia, the organisation will be running a series of farm dialogues and town hall meetings as a way for First Peoples, farmers, food producers and policymakers to come together and tackle region-specific issues.

"We hear that communities in New South Wales have different experiences to those in Queensland, though they also have many challenges in common around access to land and infrastructure, which is why we're running the roadshow. We are committed to growing the agroecology movement in Australia and building momentum to empower local communities to take back control of food and agriculture systems," says Jonas. AFSA's inaugural Agroecology Roadshow will also coincide with the organisation's annual Food Sovereignty Convergence in **Bermagui on 18-19 October.** 













NOW OPEN

# Slow Food

Small Producers Grant











- by promoting Good, Clean and Fair food for everyone.
- To date we have been able to give more than \$42,000 back to small-scale producers in our area.
- 0428 564 770 Linda Hatch: 0490 356 315 Evelyn May: 0407 909 308

# Attention small-scale growers, fishermen, providores and producers of the South Coast\*

- Slow Food South Coast (NSW) is again able to offer their local Producers Grant this year.
- Total Grant Pool available \$5000; applicants may apply for any amount up to this limit. Grant is a Matching Fund (dollar-for-dollar up to \$5000 in total).
- Money can be used any way you feel is most beneficial to achieve your goals (purchase of materials or machines, attend courses, etc) as long as your business is your primary form of income and your efforts are in line with the Slow Food philosophy of Good, Clean and Fair for all, and beneficial to creating a better food system in our community.
- No age limit, no set number of successful applicants, and best of all: an easy and simple application process! Applications now open and will close Monday 30th Sept. 2024 Don't miss out!!
- For application form and guidelines: Slow Food South Coast Facebook Page or sfsproducers@gmail.com
- \* Eligible area runs from St. Georges Basin, South to Bodalla and West to Braidwood.

# Southlands FV Co-Op.

Eurobodalla's iconic fruit and veg shop, Southlands FV, is up for sale. A group of enthusiastic locals are keen to keep the business local, and have floated the idea of a community buy-out, to turn Southlands FV into a co-op. One donor has already offered a significant amount to cover the deposit.

There will be a meeting at the Golf Club on Thursday September 12th at 5:00 to ascertain the amount of support in the community. If this interests you, please come along to hear more about the idea and find out the ways in which you could be part of Southlands FV Co-Op. You can register your interest on the facebook event page: Co-Op Discussion: Southlands Fruit & Veg



**Eurobodalla Shire Council** presents the inaugural **FESTIVAL OF** SUSTAINABLE CHOICES Saturday 14 September 2024 Riverside Park Amphitheatre MORUYA 9am-5pm FREE ADMISSION



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SHASA Working Together For A Cleaner, Smarter Future For The Eurobodalla!



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# **Animal Welfare** League Eurobodalla

Lovely senior Jed is still looking for a home. A lively 10 year old Kelpie x Labrador, Jed loves people, other dogs, long walks and sleeping in the sun. He's good with children, travels well, and warms to new people quickly. In short, he's adorable! Jed is vaccinated, desexed, microchipped and flea and tick treated, and is being offered at a discount price, so why not contact Animal Welfare League on 0410016612 and arrange a meeting with this lovely dog. Also, AWL has teamed with Return and Earn to use recycling to benefit animal welfare. By downloading the Return and Earn app on your phone, you can donate to AWL Eurobodalla from any Return and Earn drop off point in NSW. Take your eligible containers to the nearest return point and use the app to direct your refund to AWL Eurobodalla. Every cent will help us help animals.





Sunday 15 September 2024 **NATA Oval Narooma** 

> CARS - \$15 UTES/TRUCKS - \$25

SELLERS - ARRIVE FROM 7AM FOR 8.30 START BUYERS - ARRIVE FROM 8.30

> CALL 0410 016 612 FOR MORE INFO



# THE KINEME

CHEAD TUESDAY \$10 EVERY WEEK!

WEEKLY FILM PROGRAM

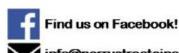
NAROOMA

ONLINE TICKETS AVAILABLE

\*ALL FILMS WITH AN ASTERISK (\*) ARE IN OUR SMALLER CINEMA. WE HIGHLY RECOMMEND BOOKING IN ADVANCE FOR ANY FILMS IN THIS CINEMA.

29TH AUGUST – 4TH SEPTMEBER	THURS 29 <sup>TH</sup>	FRI 30 <sup>TH</sup>	SAT 31 <sup>ST</sup>	SUN 1ST	MON 2 <sup>ND</sup>	TUES 3RD	WED 4 <sup>TH</sup>
THE TEACHER WHO PROMISED THE SEA M, 1H 45M, SPANISH DRAMA ONE WEEK ONLY (FOREIGN FILM FEST)	11.50am	12.20pm 4.45pm	11.50am 6.15pm	11.50am		11.50am 6.15pm	11.50am 6.15pm
ALIEN: ROMULUS MA, 1H 59M, HORROR/SCI-FI	1.55pm 6.50pm*	2.30pm 6.30pm*	1.55pm 6.30pm*	1.55pm		1.55pm 6.30pm*	1.55pm 6.30pm*
BLINK TWICE MA, 1H 42M, THRILLER/SUSPENSE	4.15pm	4.30pm*	4.15pm	4.15pm		4.15pm	4.15pm
THE FABULOUS FOUR M, 1H 38M, COMEDY	11.30am*	12pm*	11.30am*	11.30am*	ā	11.30am*	11.30am*
IT ENDS WITH US (LAST WEEK) M, 2H 10M, DRAMA/ROMANCE	1.30pm*	2pm*	1.30pm*	1.30pm*		1.30pm*	1.30pm*
DEADPOOL & WOLVERINE (LAST WEEK) MA 15+, 2H 7M, ACTION/COMEDY	4pm*		4pm*	4pm*		4pm*	4pm*
PIG AT THE CROSSING (FUNDRAISER) 2H 2M, BHUTANESE DRAMA	6pm for 6.30pm						
PRINCESS DIARIES (2001) G, 1H 51M, FAMILY/COMEDY ONE NIGHT ONLY		7pm					





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Located Top floor Citi Centre Arcade Perry Street Batemans Bay – 2536 – PH: (02) 4472 6009



# **NOW SHOWING**

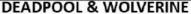
AUGUST—SEPTEMBER	THU 29	FRI 30	SAT 31	SUN 1	MON 2	TUE 3	WED 4
200% WOLF PG 97 MIN				11:00 AM	CLOSED		
AFRAID	1:45 PM	1:45 PM	3:45 PM	12:50 PM		1:45 PM	1:45 PM
M 84 MIN	5:30 PM	5:30 PM	5:30 PM	5:00 PM		5:30 PM	5:30 PM
	7:30 PM	7:30 PM	7:30 PM			7:30 PM	7:30 PM
ALIEN: ROMULUS MA15+ 119 MIN	2:15 PM	11:30 AM	1:30 PM	1:45 PM		2:15 PM	11:30 AM
	4:30 PM	4:30 PM	4:30 PM	4:25 PM		4:30 PM	4:30 PM
BLINK TWICE	11:30 AM	11:30 AM	11:30 AM	11:00 AM		11:30 AM	11:30 AM
MA15+ 102 MIN	3:30 PM	3:30 PM	7:15 PM	3:00 PM		3:30 PM	3:30 PM
	7:15 PM	7:15 PM				7:15 PM	7:15 PM
BOOKWORM PG 104 MIN	11:45 AM	3:30 PM	11:30 AM	11:45 AM		11:45 AM	3:30 PM
BORDERLANDS M 102 MIN			3:30 PM				
BORN AT HOME PG 61 MIN Tickets online only							6:00 PM
DEADPOOL & WOLVERINE	11:35 AM	11:35 AM	11:35 AM	3:55 PM		11:35 AM	1:00 PM
MA15+ 128 MIN	4:30 PM	4:30 PM	4:30 PM			4:30 PM	7:15 PM
WINES ELECTRICA	7:00 PM	7:00 PM	7:00 PM			7:00 PM	4:
DESPICABLE ME 4 PG 94 MIN			2:40 PM				
HAROLD AND THE PURPLE CRAYON				11:30 AM			
PG 90 MIN							
INSIDE OUT 2 PG 96 MIN				2:35 PM			
IT ENDS WITH US	11:50 AM	11:40 AM	12:15 PM	1:30 PM		11:50 AM	11:40 AM
M 130 MIN	2:05 PM	2:05 PM	2:05 PM	4:00 PM		2:05 PM	3:30 PM
	6:45 PM	6:45 PM	6:45 PM	0.0000000000000000000000000000000000000		6:45 PM	6:45 PM
TAKE MY HAND	1:30 PM	1:30 PM	1:30 PM	1:00 PM		1:30 PM	1:30 PM
M 102 MIN	5:30 PM	5:30 PM	5:30 PM	With the section of		5:30 PM	5:30 PM
THE FABULOUS FOUR M 99 MIN	3:30 PM					3:30 PM	
TWISTERS M 122 MIN		2:05 PM					2:05 PM

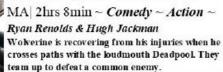
# HAPPY FATHERS DAY to all the Dads



# AFRAID M 1hr 24min ~ Horror

Katherine Waterston & John Cho
Curtis' family is selected to test a new
home device: a digital assistant called
AIA. AIA learns the family's behaviors
and begins to anticipate their needs.





#### TAKE MY HAND M 1hr 42min

~ Drama ~ Romance ~ Rhada Mitchell & Meg Fraser

Living in London, top of her career, a mother of three is diagnosed with MS. Following the sudden death of her husband and the loss of her job, she moves back to Australia.

# BOOKWORM Elijah Wood

PG | 1hr 43min ~ Family ~ Adventure In the midst of a family crisis, a washedup illusionist and his long-estranged daughter venture into the New Zealand wilderness in search of a mythical black panther.

SEPTEMBER 5TH - A HORSE NAMED WINX



Lily Bloom has always known the life she wants. While living in Boston, she meets neurosurgeon Ryle Kincaid and believes she may very well have found her soul mate.



# BORN AT HOME PG 1hr

~ Documentary ~ Wednesday 4th at 6pm
Where and how women choose to birth
matters. Born at Home is a stunning documentary film exploring what it takes to have a
positive and transformative birth experience.



## HAROLD AND THE PURPLE CRAYON

PG 1hr 30min

~ Family ~ Adventure ~ Comedy Zachary Levi & Zooey Dascanel Celebrate Father's Day with a one off advanced screening of the family adventure comedy movie Harold and the Purple Crayon, Harold embarks on a magical mission with the help of his purple crayon. To save the real world and his own. Sunday 1st 11.30am.



MORUYA
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ALSO SCREENING - BLINK TWICE/ALIEN:ROMULUS/ THE FABULOUS FOUR/TWISTERS/ 200% WOLF/ BORDERLANDS/INSIDE OUT 2 & DESPICABLE ME 4

#### Page 22 30th August 2024

# 2024 Diary Dates

- 14 September. Sustainable Choices Festival Moruya
- 14 September Local Government Elections
- 27 Sept- 7th Oct River of Art Festival
- 6 October Mogo Festival Day
- 25 October Mogo Mania Gravity Enduro Stage Race
- 15 November Crank It Up Batemans Bay
- 23 November Eurobodalla Health & Community Expo
- 28th Feb 2 March 2025 Cobargo Folk Festival

#### Moruya Community Workshed

New members are always welcome. We are located in the grounds of the Moruya High School operating two days per week. For inquiries please contact Wayne on 0488 743 788.

## **Thrift Alley Spring Edition**

SUNDAY 8 SEPTEMBER 2024 FROM 08:30-13:30 2/45 Vulcan street, Moruya, NSW, Australia Felt & Stone Moruya

#### Save the date

Saturday 5th October 2pm to 4pm - Moruya Lions Club is holding a High Tea in honour of Mary Kell at the CWA in Moruya Cost \$30 per person More details to follow

#### Got an event coming up? Let the Moruya mail know hello@moruyamail.com.au





Moruya Community Film Group
Movie: The Road to Nhill Where: Red Door Hall rear of St John's

Anglican Church, Page St, Moruya When: Saturday 31 August 2024 Time: 7pm for a 7:30pm Showtime

#### TICK ALERT

Moruya Veterinary Hospital reports: We have treated eleven pets for paralysis tick toxicity over the last week and unfortunately are anticipating more. Please make sure your pets tick prevention is up to date. There are multiple preventatives on the market that work really well and they really do save lives.

# Narooma Prostate Cancer Support Group

# Wednesday 4th September 6.30pm Narooma Golf Club

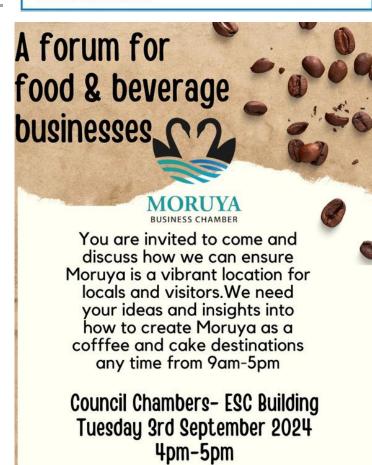
For a get-together and informal chat

ENOUIRIES: Julie Hartley 0419 840 604

Everyone is welcome

Prostate Cancer oundation of Australia





Your perspective is sought! As a collective, we hope that we can solve this issue together



Enjoy reading the Moruya Mail? You can support the publication when you **Buy Me A Coffee** 

Click on the cup







# Eurobodalla Annual hard waste collection Please have your hard waste (maximum

of two cubic metres)

**Monday 2 September 2024** Denhams Beach from Burkes Way, Sunshine Bay, Batehaven

Monday 9 September 2024

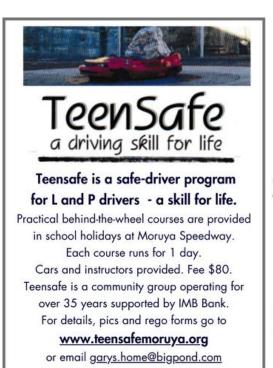
Catalina, Silverdell PI through to Batemans Bay, including Crosby Dr and Glenella Rd

Monday 16 September 2024

North Batemans Bay including Peninsula Dr, Nelligen, Surfside, Bay Ridge, Clyde Rd and Cors Pde

Monday 23 September 2024 Long Beach, Maloneys Beach, South Durras













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# BAY\_POOL SERVICES

Phone: (02) 8529 8974

A new Pool and Brew shop has opened at 4/7 Cranbrook Road Batemans Bay (next to 3d shade sails). We are your exclusive dealers for Dolphin pool cleaners. Stockists of pool and spa chemicals and Coopers and Morgans HOME BREW supplies. We also service swimming pools from North Durras to Moruya from \$65 a service plus chemicals.

Open 9 to 4 Monday to Friday and 9-12 on Saturdays

Address: Unit 4/7 Cranbrook Rd, Batemans Bay NSW 2536 baypoolservices@outlook.com

# Tuross Head Golf Results



Lars Gaupset, committee member, congratulating Winner Anthony Mellick.

#### Tuross Head Golf Results Saturday 24th August 2024

A field of 56 players registered for a Medley Stableford event.

The Winners were:

1st: Anthony Mellick (33) with 43 2nd: William Steenbergen (16) with 37 (countback)

3rd: Mark Haberkorn (15) with 37

(countback)

4th: Michael Walsh (13) with 37 5th: Grant Kiely (18) with 36

(countback)

Nearest to the Pins

4th: Robert Coulson 2.30 B

Grade

7th: Ray Bollard 3.65 A

Grade

Balls went to:

Ruth Gschwend 36, Paul Medwin 36, John Eglitis 35, Steven O'Shea 35, Stephen Gardner 35, Peter Coffey 35, Steve Collins 34, Ian Manton 34, Matthew Kennedy 34, Shane Gschwend 34, Ian Kingston 34, Colin Houghton 34, Tony Brown 34, David Gray 33 and Stephen Swanbury 33.



Winners: Dianne Brown, Leonie Snodgrass and Samantha

#### **Tuross Head Ladies Golf Results - Tuesday** 27th August 2024

The Ladies Gold Medal Playoff and daily Stroke event was held today. 22 players signed up for the event and enjoyed the sunny day. The event was sponsored by Jeanette Miller.

Pam Alexander was the winner of the gold medal, well done Pam!

A Grade Winners were:

1st: Leonie Snodgrass with 66 Nett 2nd: Pam Alexander with 68 Nett

B Grade Winners were:

1st: Samantha Dryden with 73 Nett 2nd: Marilyn Bingham with 78 Nett

C Grade Winners were:

Dianne Brown with 66 Nett (countback)

2nd: Jenny Reilly with 66 Nett

Golden Hole winners:

7th: Annette Manton 1-34 Samantha Dryden 35-45 7th:

Nearest to the Pins: 6th: Jane Eglitis 15th: Maree Coffey

Place Getters:

Julie Barningham, Jane Eglitis, Annette Manton, Leonie Doolan, Maree Coffey and Pauline Nash.



Winner: Annette Manton

#### **Tuross Head Vets Golf Results** Wednesday 28th August 2024

A smaller field of 35 players registered for a Single Stableford event today. The weather was hot, wild and windy and the game very challenging.

The Winners were:

Annette Manton with 18 points 2nd: Vickie Wheelahan with 15 points

3rd: Steve Gardner with 15 points Derek Hoare with 14 points 4th:

(countback)

5th: Jane Eglitis with 14 points 6th: Mike Birks with 14 points 7th: Frank Pomfret with 14 points 8th: Herb Muriwai with 13 points 9th: Ron Hanlon with 13 points 10th: Ross Hendy with 13 points 11th: Len Rogers with 12 points 12th: Odette Goodwin with 12 points

Nearest to the Pins 4th: Ian Manton 6th: Vickie Wheelahan 7th: Ladies: Annette Manton Mens: Lachlan Graye

Accuracy: Greg Smith Bradmans: Richard Kelly





# Tackle World Moruya

#### Moruya River.

With the lengthening days and subsequent increase in the water temp over the flats, Moruya river is very slowly starting to wake up. Look towards the shallow sand flats around the airport flats, back of the hole in wall, and even up under the town bridge or up in front of the hospital. There are plenty of areas that will all be benefiting from warmer overall temps. Flathead will be the main first species to react to these warmer temps, so lures will be a great first option. Soft plastics worked around the drop offs, or cast or trolled hard body lures will work a treat. A fresh or live bait, will also be very high on the humble flatheads priority list of things to eat. That can be a nice live nipper or live mullet. There are plenty of options available.

Further upstream, in the fresh, the post spawn run of bass will be making their way back up into the fresh sections of the system. Sunday 1sr September, sees the start of the bass season, with those that are inclined to do so able to take one for a feed. Me personally, all my bass go back. They are too good to only catch once, and given the nature of the areas that live in, can be very easily over fished if everyone took their limit.

#### **Tuross River.**

Good reports of some nice sized flathead have come through the shop this week from the Tuross system. Fish around the 75cm mark have been taken on soft plastics adjacent to the warming sand and mud flats that the Tuross system has in abundance. Areas like 4 ways, the potato point side of the system, Borang and Bumbo lakes have all been producing some early spring run flathead this week. Expect this trend to really ramp up over the next few weeks. The bream will also start to become more active along the kilometres of river backs that the Tuross system has, in amongst the snags and the mass of oyster racks this system is famous for. The fishing is looking on the up, and will only get better as the season progresses.

#### Rock and Beach.

Salmon continue to be the main stay of species readily available all along the coast this past week, a trend that will continue this weekend. Now that we are into spring, the winds that become the main stay of weather events this time of year, have to be endured. Finding a beach that has a headland to protect from the winds this time of year, will be your best option. That or hope you can get the wind behind you to help aid in casting will be the best course of action. Pilchards on gang hooks will be your best technique, or metals cast into salmon schools can be a sure way to bend a beach rod. Offshore.

Snapper and flathead will continue to be readily available for those looking to get out and chase some inshore fish this weekend. The snapper can still be found in as little as 10m of water, but are also available out to 50m if you want to try a little deeper. Flathead are an always present option over the endless sandy bottom between snapper spots. So you should be able to find a tasty feed either way.

The bait freezer is in the same state as last week, with 1kg salted pilchards still not available, while everything else is in stock. Given that Tweed bait are still on a fortnightly cycle, the bait freezer does get a little low on certain items towards the end of the delivery cycle each fortnight. We do have them coming through next week however.

Don't forget Father's Day this weekend, come on in and get something for that special dad in your life. We do offer gift vouchers if you are unsure what he needs.

Stay safe everyone and remember, "Every day's a good day for fishing...'

Team Tackle World Moruya.

# South Coast Monaro Rugby Union

## Results - Saturday 24th August 2024 - Qualifying Finals

- Yass "Rams" 36 defeated Braidwood "Redbacks" 33 Both teams scored 5 converted tries each with a penalty goal taken early in the game the decider
- Jindabyne "Bushpigs" 20 defeated Taralga "Tigers" 13 Taralga lead for all but the last 10 minutes of the game until Jindabyne kept composed and added 10 points
- Bungendore "Mudchooks" 45 defeated Hall "Bushrangers" 29 A solid 80 minutes of rugby by Bungendore resulted in a comfortable win

#### Competition table

•	Jindabyne "Bushpigs"	68
•	Braidwood "Redbacks"	47
•	Hall "Bushrangers"	46
•	Bungendore "Mudchooks"	42
•	Yass "Rams"	40
•	Taralga "Tigers"	34
•	Crookwell "Dogs"	33
•	ADFA ACT	23
•	Cooma "Red Devils"	23
•	Batemans Bav "Boars"	0

#### Next weekend - Saturday 31st August 2024 - Preliminary **Finals**

- Bungendore "Mudchooks" v Yass "Rams" @ Bungendore
- Jindabyne "Bushpigs" v Braidwood "Redbacks" @ Jindabyne
- The 2 winning teams to contest Grand Final 7th September 24







# Personalised Gifts





Drink Bottle Coffee Mugs Wine Cup Flask Tumblers

**Toddler Drink Bottles** 







Hoodies

Singlets

Stubby Coolers

**Wine Coolers** 

**Mouse Mats** 

Coasters

**Cheese Boards** 

**Tea Towels** 

**Tote Bags** 

**Travel Mugs** 

Wallets

Masks

Dog Coller

**Dog Tag** 









COASTAL STATIONERY SHOP 10/65 QUEEN ST MORUYA