

FREE Independent News for Moruya & the Eurobodalla

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#### Number 4

10th November 2023



Photo of the week: Sunset from the Red Door Hall captured by Kat Patton.

INSIDE THIS WEEK

- New Batemans Bay Community Health Service site announced
- Parachuting Pollie
- Historic Crossing of Torres Strait by Surfboat Rowers
- Fundraising Extravaganza for Ronald McDonald House
- Crank It up Batemans Bay wins Tourism Award



### Letter to the Editor

### Deua River Bush Fire Brigade

I was surprised and disappointed to read in the last edition of the Moruya Mail that the Deua River Bushfire Brigade have been unable to obtain funding for the necessary alterations to their Fire shed. I would have thought they would be among the organisations first in line for available funding and assistance. Evidently not, it is far more important to have bicycle tracks and facilities for the minority who wish to travel by flying boat.

Maybe the fire brigade should have used the word resilience at least ten times in their submissions as it seems to have been the catch work for getting things approved and obtaining funding.

There are also a number of small rural land holders in the district who are being pursued by the Department of the Environment through the legal system for some minor amounts of clearing after the fire. These are local residents who lost everything in the fire, livestock, house, possessions but their plight is also largely ignored.

Organisations such as the Eurobodalla Woodies and the Moruya Antique Tractor and Machinery Association are also struggling to advance their development applications and to be seen as a community priority. They are after all community based organisation who lost every thing in the fire as it raced through Mogo but unfortunately are not someone promising to bring more tourists or business to the community. They are organisation that cater for the needs and interests of the local community as does the fire brigade, unfortunately this is a species that apparently does not rate high with Government at all levels. Wendy Simes Moruya

# mm MORUYA MAIL

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### New Batemans Bay Community Health Service site announced

People living in and around Batemans Bay are to benefit as the new \$20 million Community Health Service takes another step forward with the hospital site announced as the preferred location.

Parliamentary Secretary for Health Dr Michael Holland said part of the current Batemans Bay Hospital on Pacific Street has been identified for the new service, following a comprehensive review of possible sites put forward by Health Infrastructure (HI) and Southern NSW Local Health District (SNSWLHD).

"The NSW Government is investing \$20 million to provide a modern, dedicated Community Health Service in Batemans Bay to meet the healthcare needs of the community now and into the future," Dr Holland said. "Batemans Bay Community Health will be a sustainable, dedicated community health service which will work alongside the new \$260 million Eurobodalla Regional Hospital, to ensure the community has access to the right health care in the right setting.

"The Batemans Bay Hospital site makes good sense with much of the infrastructure and transport routes already in place, ensuring we can maximise value for the community."

Batemans Bay Community Health will improve local access to a range of services including: Allied Health, Child, Youth and Family Services, Women's Health/Sexual Health, Primary health care services such as nursing, wound management and palliative care, Aboriginal Health, Community Mental Health and Drug & Alcohol and Urgent care for minor injury and illness.

Minister for Regional Health Ryan Park said a new, bulk-billing Medicare Urgent Care Clinic (UCC) will soon open at the hospital strengthening health services for the local community.

"Community involvement in the design of contemporary health facilities is key and there will be opportunities for community members to have their say in shaping these new spaces," Mr Park said.

HI and SNSWLHD are working closely to finalise the planning for the new service with community, stakeholder and staff information sessions to be scheduled in early 2024. To find out more about the project or to sign up to receive information about community consultation activities, visit www.hinfra.health.nsw.gov.au/projects/project-search/batemans-bay-healthcare-facility

# IPART has released the Final Report on the review of the rate peg methodology

On 9 November 2023, **IPART** released its <u>Final Report</u> for our review of the rate peg methodology. This final report outlines our decisions on the new rate peg methodology that will apply from the rate peg for the 2024-25 financial year and how the changes to the methodology will be implemented. This report also outlines recommendation for the NSW Government to commission an independent review of the financial model of councils and other mechanisms to improve financial sustainability, accountability, and community trust within the sector.

The new rate peg methodology is simpler than the old method and will result in rate pegs that more accurately reflect changes in the costs NSW councils incur in providing their current services. The new methodology will: •measure the annual change in councils' base costs for 3 groups of councils instead of one that includes all NSW councils

use a new simpler model with forward-looking indicators to measure changes in councils' base costs, the 3 components include employee costs, asset costs and all other operating costs

- make an explicit and separate Emergency Services Levy factor, lagged by one year, that is council-specific
- make adjustments to capture costs driven by external factors that affects councils, where councils have engaged with their community
- continue to add a population factor but use a refines approach to more accurately measure the change in councils' residential populations
- retain the productivity factor and set this to zero until we have sufficient information to develop a new approach for estimating the productivity factor.

IPART's consultation included input from councils and ratepayers through workshops, focus groups, submissions, and a public hearing. More than 169 submissions to the issues paper and draft report were received and there were nearly 3,400 responses to the survey of ratepayers.



Last week the intrepid Member for Gilmore Fiona Phillips MP sustained a sprained ankle while parachuting at HMAS Albatross.

Fiona reported: "This past week I've spent a few days at the Australian Defence Force Parachuting School, just outside HMAS Albatross, as part of the ADF Parliamentary Exchange.

When the opportunity came up to go to the ADF Parachuting School, I jumped at it. Sometimes it's easy as a local to drive past and not exactly know what ADF jobs and opportunities are available locally.

For three days, I was honoured to watch, learn and participate in activities, with four courses being run.

The ADF Parachuting School is part of the Australian Army's Special Operations Command. It's here that people right across Australia in ADF special operations roles, learn basic static line parachuting over land, and sea at Jervis Bay, free fall and more complex parachuting. Vital skills that allow parachuting in for military and humanitarian reasons, including supplies, bringing specific skills like medics and whatever is needed.

I also learn't about the teams of people that support our parachuters, everyone from riggers, dispatchers, ground safety operators, medics, aircrew, logistics, support, and more.

Special Operations Command parachuting training is intense. They are the best of the best. And they are always maintaining jump proficiency and up-skilling, right here in the Shoalhaven.

Going up in the local CASA skydiving plane and watching people jump was amazing!

When I learn't that on my 3rd day I was down for a tandem free-fall jump (tandem proficiency is very important to bring in specific skills), I was, let's just say, nervous. But after watching ADF members rigourous training, I thought, these brave guys and gals do this all the time, I should just get over my fear and do it.

So, on Thursday, early AM we ventured over to HMAS Albatross, and after another safety brief, I was harnessed in and ready to go.

We climbed to 13,000 feet, which is around 4km high above HMAS Albatross (great view!). And when the back opened and I looked at the clouds, just wow! Soaring through the clouds and back to land - it all happened pretty fast. This pic is just after landing!

Unfortunately, I put my foot out at the last minute on landing (not what you do) so was limping a bit. Thanks to the Medics advice, and a later visit to the Emergency Department at Shoalhaven Hospital, it was confirmed my ankle was fractured.

The truth is Special Operations Command parachuters and members, train hard and put their body on the line every day, should they need to protect us all.



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Fiona Phillips MP at HMAS Albatross

I sincerely thank everyone at the ADF Parachuting School. I couldn't have asked for a better experience. And a special thank you to my tandem jump parachuter that taught me so much.

The public don't normally see what happens at the ADF Parachuting School but I can say we are so so lucky to have so many wonderful careers in Defence, right on our doorstep.

And a big thank you to the wonderful health workers at Shoalhaven Hospital for looking after me - they always do such a great job!

Stay tuned for the video footage of the jump!"

What's on at the Waterfront Hotel Moruya



1 - 5 Princes Hwy, Moruya (02) 4474 4399

 Saturday 11th November, we have another stellar line up of live music! SUNSET SOUNDS from 430-730PM outside in the beer garden featuring DJ BEACHBAR AND SWING, followed by the one and only CHRIS MCGRATH once the sun sets for a night of party hits, originals and good of Pub Rock from 8 til late! 430-630pm - \$10 cocktails/ \$25 Buckets of Beer! Courtesy Bus running all afternoon and evening!

- 29th November Fundraiser Night with Pheonix 5
- NYE party with party band EKLYPSE along with our favourites 19 TWENTY! Tix on sale now!
- January 13th Book now for Never Ending 80s v 90s Party.
- January 18th THE RUBENS!



# ABOUT TOWN

#### Welcome rain

Thunderstorms and lightning, very, very frightening... unless of course they also bring rain. And we've had some helpful falls reported in the last couple of days. The worry has been lightning strikes in the very dry bush and the alert from the "Hazards Near Me" app that a fire had been sparked on the Oulla Creek Fire Trail west of Moruya on Wednesday night caused a few hearts to flutter. But all's well, the fire is out.

#### A new bar for Moruya

An application has been lodged with council for a new bar and café at 25 Church Street, in one of the vacant units along from the Blue Heron and opposite Art Central and Riverside Park. The plans show separate rooms for the bar and café are along with a kitchen and toilets. We're going to be spoiled for choice when this new entrant joins the great range of venues we have in town.

#### Is Broulee Full Yet?

News of an 8-lot subdivision proposed for Heath Street in Broulee raised the question, "Is Broulee full yet?" Houses now flow from the beaches to George Bass Drive and Broulee Road. Where to next? Will Broulee spill across those roads or start to go up, with multi storey developments like Batemans Bay?

Then throw in the impact of climate change on sea levels that the state government's Adapt NSW website says will rise by anything from 20 cm to 2.3m in the next 75 years. The Mail would love to hear from Broulee residents about what they think the future should be for their village and we'll share those views through these pages. Email us at <u>hello@moruyamail.com.au</u>

#### Bubs and books

Moruya library was a very happy place first thing on Tuesday morning with mums and babies there for Baby Rhyme Time. Gone are the days when libraries were ruled by someone who said "Shhh"! Rhyme Time happens every Tuesday at 10am. The current BAS exhibition called Seawater and Soil is worth checking out too, with beautiful works highlighting seascapes, rivers and landscapes by four local artists on display.

#### Vale Margaret Unwin

Many around Moruya will remember Margaret Unwin who was the very dedicated and hardworking principal at Moruya TAFE for many years in the 80's and 90's. Margaret passed away on 29 October. Our sympathy goes out to her family and friends.

#### Museum in good shape

Thanks to the work of volunteers from the Historical Society and Rotary, the front verandah of the Moruya Museum in Campbell Street has been restored to its former glory. Rotary funded the project, one of the many good works the club quietly does around our town.

#### 50 years on a Beach

There was a lot of local interest this week in a story in The Conversation, highlighting a 50 year long study of Bengello Beach near Moruya Airport. In what's reported as the longest-running coastal study in the Southern Hemisphere, the researchers found out that when beaches are eroded, nature is the best healer. That is, when sand is eroded by storms just give it time and it comes back. Yep, that makes sense! Of course, rising sea levels from global warming may mix things up a bit in coming years!

#### Council's Finances: A Glass Half Full or Half Empty?

#### By Phil Herrick

Last week we ran a paragraph headed "Ka-ching" in our About Town column reporting on council's investment portfolio. Using data taken from a report by Finance Manager Stephanie Speedy to the last council meeting we passed on the happy news there was \$169.58M invested in bank deposits earning an average 5.11%. We also reported the books look healthy with council holding \$2.86 of current assets for each \$1 of current liabilities. We had some feedback the story could be misleading because only looked at one side of council's finances, so here's a little more information. But please, be aware this is just an outline, the details of council's finances are complex.

In August, council published an updated financial forecast. It points out the general fund that spends around \$100 million annually and delivers most Council's services, apart from water, sewer and waste, is spending more than the revenue it collects. In 2023-24 that's expected to see a deficit of \$11 million.

GM Warwick Winn acknowledges Eurobodalla is a medium-sized council is trying to do the work of a large council, and that is not sustainable.

As a first step, a razor gang of councillors and senior staff managed to trim the 2023-24 general fund deficit from \$13.6M to \$11M.

As well, the works program this year will focus on finishing grantfunded projects and the capital works program will be cut, to spend more time maintaining existing assets like roads, public toilets, and recreation facilities.

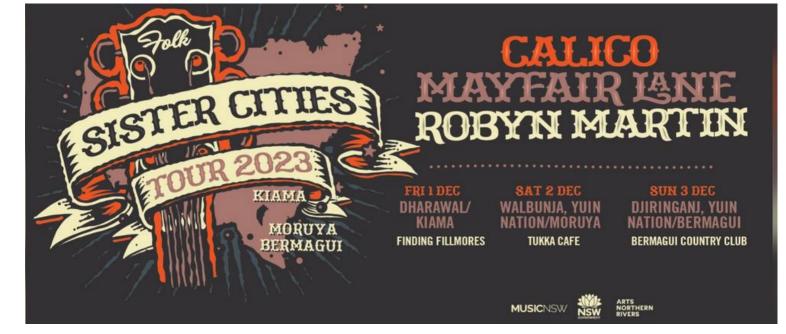
Of course, the elephant in the room, not mentioned in the updated financial forecast, is the new Bay Pavilions where annual operating losses are projected at \$4.9 million this financial year, nearly half the \$11 million general fund deficit. It's costing council \$6.10 every time a user walks in the door at the Pav. And there's no clear pathway to stemming the loss.

Council won't go bust. Annual revenue from rates is guaranteed. It's not great to run a deficit that's 11% of the general fund budget, but if that money has been used to generate long term community benefit, it's OK. It can be argued that one day the Bay Pavilions will be a valued community asset that isn't costing an arm and a leg. We just need to stay the course.

Steering a path to that point is a real challenge and so far, it includes reducing works the council planned until a time they can be afforded once again.

So, is council's glass half full – with squillions in the bank – or half empty, in deficit, and on the road to ruin? Perhaps both are true and it comes down to how you view the world.

Our council generally does a great job. We hope they can get us through this current financial challenge with minimal impact on the wider community.





# **PUBLIC ACCESS** Tuesday

### Eurobodalla Shire Council PUBLIC ACCESS SESSION

Mathew Hatcher - Mayor Eurobodalla Shire and councillors welcome community members to the next Public Access session on Tuesday 14 November, 10am.

#### The rules:

Each speaker gets seven minutes and can present on any Council-related topic, provided it hasn't already been before Council.

Each speaker is required to register with Council's executive services team by midday on Monday 13 November.

#### MEETING SCHEDULE

Public Access as well as Council Meetings and Public Forum are now held monthly.

Council meetings will be held on the third Tuesday of the month starting at 12.30pm. Public Access is usually the first Tuesday of the month from 10am-11am.

Monthly meetings include the Public Forum session - where community members can address Council about agenda items - within the meeting itself.

Anyone is welcome to attend meetings at the Council Chamber or watch the meeting live online.

For less-formal opportunities to speak with your councillors – their regular Councillor Catch Ups take place at locations around the shire. The next one is at Tomakin.

### Minister for Regional NSW visits Bega to listen to community needs for regional funding

The NSW Government is modernising the Regional Development Act, and taking a fresh approach to how it invests in regional NSW to respond to the needs of all communities.

Minister for Agriculture, Regional NSW and Western NSW Tara Moriarty on Thursday hosted a Roundtable in Bega to listen to local voices on how the NSW Government can improve outcomes and deliver on priorities for regional communities.

Minister Moriarty met with local industry, community groups and council representatives to hear first-hand how funding should be prioritised and delivered in the region to ensure it meets community needs and expectations.

In the 2023-24 budget the NSW Government announced the new \$350 million Regional Development Trust and last month has announced the Regional Development Advisory Council. In addition to the Roundtable in Bega, Roundtables will also be held in Wagga Wagga, Orange, Broken Hill, Bourke, Wyong, Maitland, Moree, Narrabri and Coffs Harbour to gain a wide crosssection of community feedback.

Minister for Regional NSW Tara Moriarty said "We're meeting with communities and stakeholders on the ground in the regions to hear directly how we can improve on delivering investment for regional communities.

"This listening tour will help us review and reshape the Regional Development Act which will inform how we spend public money and shape how future investments in regional NSW are made. "I will be meeting with local industry, community groups and councils across regional NSW to discuss current priorities and hear their thoughts on how we can best guide government investment in regional areas into the future".

For information on the new Regional Development approach go to: <u>nsw.gov.au/regionaldevelopment</u>.

Got an event coming up ? Let the Moruya Mail know mail@moruyamail.com.au

# BOOK A TECH TALK FOR YOUR CLUB OR COMMUNITY GROUP



Trish Pye Digital Literacy Trainer Phone: 1300 366 802

# Historic Crossing of Torres Strait by Surfboat Rowers



Cape York, FNQ - A group of dedicated surf lifesavers is embarking on an extraordinary adventure on November 20th, setting off from Seisia with the goal of crossing Torres Strait to Papua New Guinea by rowing in a surfboat. Known as the Musselrowers, this charity rowing team comprises self-funded individuals committed to raising funds for charitable causes through challenging journeys.

The Musselrowers' crew includes four members from North Cronulla SLSC: Braden Fleming, Matt Barrington, Mark Lea, and Mick Crutcher; two from Broulee Surfers SLSC: Ewen Pollock and Haydan Connor; and four from Narooma SLSC: Rod and Sam Patmore, Brendan and Jorge Constable. Notably, four members of this crew were part of the pioneering crossing of Bass Strait for the Musselrowers: Braden Fleming (NC), Rod Patmore (N), Brendan Constable (N), and Rob Pollock (M/B). Remarkably, this historic attempt includes three father-and-son combinations: Rob and Ewen Pollock, Rod and Sam Patmore, and Brendan and Jorge Constable.

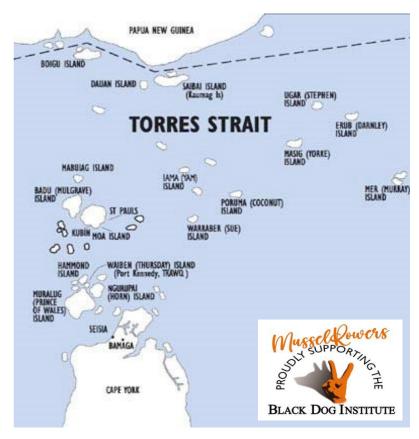
The purpose of this journey is to achieve the remarkable feat of rowing from the top of Australia to Papua New Guinea. The team, consisting of eight rowers, three sweeps, and two support crew members, will embark on this extraordinary voyage. Musselrowers' previous endeavours include the first rowing crossing of Bass Strait to Tasmania with both men's and women's crews, generating nearly \$130,000 for charitable causes, including Clown Doctors and Red Nose. For this attempt, the chosen charity is the Black Dog Institute, a mental health organization that provides critical support to Australians.

Mental health issues affect 1 in 5 Australians in any given year, and the Black Dog Institute has a dedicated department for Torres Strait communities, which have received extra attention following the recent referendum.

The proposed journey will span a duration of 4 to 5 days, during which the team plans to make overnight stops at various islands en route to Papua New Guinea. Musselrowers are acutely aware of the sensitivity of this journey throughout this region. For the international stretch of water, Musselrowers plan to use a small, powered inflatable boat only as support, with a brief stop on land in Sigabadaru village in Papua New Guinea. The crew will be welcomed by Local Elder Kebei Salee, and Musselrowers have received NRL gear donated by the referee's association. They will row back to Australian waters to board their support vessel, the Tropical Paradise, for the return trip to Thursday Island, where they will be cleared by Border Force Australia and Biosecurity. Musselrowers genuinely believe that this endeavor has the potential not only to raise significant funds for charity but also to strengthen the bond between the two nations.

For fund raising please click link

https://www.teamblackdog.org.au/fundraisers/MussselRowers



### Fundraising Extravaganza planned for Ronald McDonald House

Earlier this year, the newborn grandson of Batemans Bay's Kim and Billy Stait was taken into Sydney Children's Hospital for a serious operation to remove a Sacrococcygeal Teratoma - a life threatening cancer that required immediate and complicated surgery. It was very stressful time for all the family.

Fortunately, the Staits' daughter secured a place at Ronald McDonald House in Randwick, allowing them to stay close to Reid. This greatly reduced the financial and emotional stress of having a sick little baby undergoing a nine and a half hour operation and the ongoing high-level hospital care. Billy and Kim are stalwarts of the Batemans Bay and Moruya music scene, with Billy playing in bands including Driving Sideways and the Billy Stait Trio. They are renowned for the support they give fellow musicians, in particular up

and coming acts at local music jams. Billy is always willing to step into a support role to provide mentoring and advice for many a young talent.

So it wasn't a surprise that the Staits were overwhelmed with the response from local musicians when they announced a massive live-music fundraiser for Ronald McDonald House.

"Our area is home to a huge array of talented performers," said Kim. "I'm thrilled with how many have agreed to the part of the day.

"They are not only great musicians, they are also wonderful people. We really are part of a big musical family - people didn't hesitate to offer support. "Support from local businesses, in particular Tukka Café, and other individuals has also been brilliant."

Along with a day of exceptional live music, the day will also feature face painting, a chocolate wheel, great food and drinks and even the chance to throw a cream pie with Billy as the target, and lots more surprises.

"The idea is for people to have a fun day out. Little Reid is doing very well and for that reason we are hoping for laughs, fun and dancing for everyone. "We hope our efforts will go some way to showing our gratitude to Ronald McDonald House and the care our family received."



The fundraiser will be held at Tukka Licenced Café in Moruya on Sunday 19 November from 11am to 6pm. Entry with a gold coin donation.

Tukka is family and dog friendly so everyone is welcome to attend this joyous occasion.

### Illawarra and Eurobodalla Youth Employment Strategy extended

A program providing training and employment opportunities to disadvantaged young people which is tackling NSW's skills shortage will be extended for two years in the Illawarra and Eurobodalla regions. The Minns Labor Government is investing more than \$700,000 in the Illawarra and Eurobodalla Youth Employment Strategy (YES) programs, which have been operating successfully since 2016 and 2019 respectively. YES programs collaborate with local businesses, government, industries and registered training organisations to co-ordinate skills development and work opportunities in key growth areas.

Young jobseekers involved with YES programs are given access to mentoring, work placements and skills training, including traineeships and apprenticeships. Many young people have been helped into careers in sectors where demand for workers outstrips supply, including aged care, childcare, construction, hospitality,

and transport. This ongoing investment in the programs will see more intensive and targeted support to encourage young

people into training and employment.

During the past two years, the Illawarra YES delivered or supported 40 programs that assisted 385 young people, with approximately 67 per cent progressing to direct employment.

The Eurobodalla YES program supported 489 participants through one-onone support, with 42 per cent of them continuing on to direct employment. A large number of participants from both programs have also continued on to further training.

Both programs ran throughout the challenging COVID-19 period which caused significant uncertainty for young people who were leaving school or returning to the workforce.

Minister for the Illawarra and the South Coast Ryan Park said "Through this program and ones like it we're able to tackle local youth unemployment and provide life-changing opportunities, including for Aboriginal and other young people who may be disengaged or disadvantaged.

"We're proud to support practical grassroots solutions to local issues which will continue to benefit the local economy."

Minister for Skills, TAFE, and Tertiary Education Steve Whan said: "The Illawarra and Eurobodalla YES programs work directly with local employers to address labour shortages and help build skilled workforces that are responsive to industry needs.

"It's a win-win for the community, helping businesses to thrive and providing disadvantaged young people with a springboard to a rewarding career."

# SAGE Farmers Market Tuesday 3pm Moruya

sagefarmersmarket.org.au growing the community



# MENTAL HEALTH DIRECT

GPH Mental Health Direct supports you through a range of mental health concerns, including depression, anxiety, life stressors and more.

GPH Mental Health Direct aims to deliver a personalised approach, including individually tailored service, earlier access, and more choice at an affordable price.

#### Where

GPH Mental Health Direct is available in Illawarra, Shoalhaven and Southern NSW.

#### Contact

P 1800 929 101 | F 02 4474 8585 E mentalhealthdirect@gph.org.au W www.gph.org.au



# Eurobodalla's solar panel reuse centre opening soon

Eurobodalla Council is partnering with Repurposing for Resilience (RfR) to set up a community solar panel reuse centre at Moruya Transfer Station.

RfR is a local volunteer group made up of electricians, engineers and fabricators all putting their skills and creativity towards giving second-hand solar panels another life.

While the RfR team is setting up their workshop, Council's waste staff have been stockpiling and dropping off solar panels to get them started.

Council's waste coordinator Evan Brooks said there's a free drop-off point at Moruya Transfer station, however fees apply at Surf Beach and Brou facilities. "Solar panels, inverters, racking and cable can be dropped off for free at the reuse centre at Moruya Transfer Station," Mr Brooks said.

"There is the usual \$10 fee if you drop them at Surf Beach or Brou waste facilities.'

Mr Brooks said RfR approached Council to intercept used solar panels, wanting to keep them local and out of landfill. "Instead of sending them to Sydney to be stripped and recycled, we bundle them up and take to the reuse centre," Mr Brooks said.

RfR coordinator Lisa Cornthwaite said the team will clean, test and grade the solar equipment.



Repurposing for Resilience volunteers and Council's waste staff working together to give old solar panels a second life.

"We process and test equipment to make it available to our community either through gifting it to households in need or making it more affordable through resale," Ms Cornthwaite said.

"By returning it to its use stream with warranty we are instilling confidence in a secondhand market. We're seeing so many households that are replacing solar panels that still have years left in their lifecycle."

Ms Cornthwaite said solar panels no longer fit for their intended use will be repurposed or upcycled into things like USB charging tables, building cladding, outdoor furniture, dog kennels and garden beds. We want to make a positive impact, making sure solar panels and components get the most of their working life, before they're broken down for recycled materials." she said.

### Do you have a Static Water Supply (SWS)?



NSW Rural Fire Service - Far South Coast Team says : The Static Water Supply (SWS) Program is a free service that enables residents to help local firefighters by identifying existing water supplies (such as dams, tanks or swimming pools) on their property that could be used for firefighting purposes. The NSW Rural Fire Service provides specially designed SWS signs for properties with suitable water supplies. This helps firefighters access vital water supplies quickly and efficiently to help them defend your property.

#### Examples of suitable water supplies include:

\*A property dam which can be used to refill fire tankers and firefighting aircraft such as helicopters which support our firefighters on the ground.

\*A backyard swimming pool, which provides an ideal static water supply for small portable pumps and hose lines to help protect your home.

\*A tank, which with appropriate fittings can also be used to quickly supply water for firefighting.

If you have a pool, tank or dam with more than 3,000 litre capacity and wish to be part of the SWS Program, please contact your local Fire Control Centre or email

<u>community.engagement@rfs.nsw.gov.au</u>, with your name, phone number, address, postcode, local government area."

# Be part of the solution REPURPOSIN for **RESILIENC**

### **Solar Panel Reuse for Southeast Regional NSW**

rfreurobodalla.com.au

EUROBODALLA

Rebus Theatre's Project Alchemy Presents Movement Jam at the Bay Foreshore

#### Unleash your inner circus performer at **Batemans Bay Foreshore's Movement Jam!**

Get ready to twirl, spin, and juggle your way to fun and fitness at the Batemans Bay Foreshore. Introducing Movement Jam, a free circus and movement session open to all, brought to you by Deb Cleland, from Project Alchemy Eurobodalla. Every Thursday and Sunday, starting Thursday

16 November 2023, locals and visitors alike are invited to join this drop-in event between 4:30 and 6:30pm. Whether you're a hula hoop enthusiast, a poi master, or a juggler extraordinaire—or looking to become one-Movement Jam is your go-to place for exploration and expression.

All bodies and abilities are welcome in this judgment free zone, although under 15s need to be accompanied by a participating adult. A range of props, including hula hoops, poi and juggling balls, are provided for you to try. You'll find us in the grassy patch opposite Headspace and the Ice Creamery on Clyde St in Batemans Bay. Deb Cleland has been teaching gymnastics and circus skills since she was a teenager in the 90s. She recently ran similar sessions in collaboration with Headspace and at the Luminous: Celebrating Place event on September 23 at Moruya Showground. During these events Deb realised locals have a real appetite for creative exercise options. "It's wonderful to see people of all ages giving it a go and surprising themselves with how much fun it is to play with new kinds of movement,' she said.

Movement Jam at the Foreshore is part of Project Alchemy, a series of cross disciplinary arts projects to build community connection across south-east Australia. The project is facilitated by award winning Canberra-based Rebus Theatre and involves 15 artists from Bega Valley Shire, Eurobodalla Shire, East Gippsland, Queanbeyan-Palerang Regional Council, and the ACT.

Project Alchemy is made possible thanks to funding from the Australian Government for the Black Summer Bushfire Grant Program. Rebus is also supported by Ainslie and Gorman Arts Centres and the ACT Government.

Movement Jam will run until Sunday 17th December 2023.



### Tell them you saw it in the Moruya Mail!

Subscribe free at www.moruyamail.com.au



Movement Jam at Luminous Moruya Sep 2023



Deb Cleland









### Full house at Richard Glover Book Launch



#### By John Longhurst

ABC 702 presenter and bestselling author Richard Glover launched his latest book, 'Best Wishes' to a packed Moruya Library last Sunday.

Glover kept the audience entertained for over an hour as he recounted his 'less than ideal' childhood from his 'miraculous' birth to essentially being abandoned in his adolescence\*. He spoke fondly of a father figure who stepped in to fill the void and how the experience shaped his role as father and now grandfather.

It was an afternoon of reflection and good humour exploring the forces that fuse humanity together.

The minutiae of life was the key theme in the wide ranging talk.

As a young journalist he spoke of the frustration of requiring senior personnel approval and the unlocking of the stationary cupboard for a new pen only after providing necessary evidence, Glover poked fun at management practices in decades past.

The need to drive to drink alcohol on a Sunday with the requirement the patron had to be a proven 'traveller' to be served in days gone by had the audience in stitches. He also touched on his own garbage night ritual through to supermarket annoyances.

In all, the talk was an exploration of life's rewards, frustrations and a healthy dig at taking ourselves too seriously. \*http://www.richardglover.com.au/flesh-wounds-2/

Moruya Books has signed copies in the store if you missed out,

Shop 4, 9 Church St Moruya

# Aboriginal bush foods garden: Growing culture from the ROOTS up

A bush foods garden cultivated in the heart of <u>Barngala Country</u> is hoping to grow cultural connectedness among young Aboriginal people in a move to positively affect their health and life trajectories. Initiated and driven by members of the Aboriginal community in Whyalla, University of South Australia researchers – along with the South Australian Department for Education – have been invited to co-design, deliver, and evaluate the education and connection program.

Now, this initiative has been awarded a \$500K Indigenous Health Research Grant to advance the work, announced today by the Medical Research Future Fund.

The bush foods program – part of the Aboriginal led 'ROOTS' initiative – aims to highlight the health benefits of connecting to culture and cultural practices, using garden-based activities to educate and build knowledge.

Chief Investigator and UniSA Aboriginal allied health and nutrition expert, Michael Watkins, says cultural connectedness is a protective factor for Aboriginal children and young teenagers.

"While bush foods and cultural food knowledges are widely promoted as having a positive impact on Aboriginal health, there is a lack of evidence to support outcomes and feasibility in an urban setting," Watkins says. "The bush foods garden uses food-based activities to encourage cultural exchanges, nurture traditional knowledge of bush foods, cooking and medicines, and revitalise Aboriginal culture and cultural practices.

"By supporting Aboriginal young people to learn more about traditional practices, we hope to extend their life trajectory by building cultural identity, wellbeing and resilience, and strengthen their sense of empowerment, connectedness, and engagement with learning."

The program incorporates sharing bush food cultural knowledges in the garden and on Country; exchange between young people, families, Elders, and cultural and language groups; cooking with bush foods; social events, preparing bush medicine; identifying, propagating, planting, and harvesting bush foods; nutrition activities; artworks; and educational resources.

The local early childhood and family centre Gabmididi Manoo and the Aboriginal Women's Yarning Group are current custodians and hosts of the bush foods garden and the ROOTS program. "It's vital that we draw upon the strengths and capacity of the Aboriginal community, Elders, and leaders – they are the experts, they know the answers, and they understand how the project needs to be done," Watkins says.

"By weaving together Aboriginal and Western ways of research we're hoping for impactful outcomes which will not only benefit Aboriginal people but the community as a whole."

The team is now working with Aboriginal partners and the Hincks Ave Primary School to embed the bush foods garden program into the school curriculum, where it will be delivered by local community members and Elders.



(02) 4474 2242

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### Life & Death in Gaza

#### **Dr George Browning**

Retired Bishop George Browning was President of the Australian Palestinian Advocacy Network 2013-2022. He is now their patron. In this talk he will cover:

The on-ground reality of modern day Gaza, the European politics behind the conflict between Israel and Gaza, the political phenomenon of Zionism and the power of narrative.

> Questions & conversation to follow afternoon tea offered.

Red Door Hall, Moruya Saturday 11<sup>th</sup> November, 3pm entry by donation facebook.com/Anglican.moruya

### Moruya HEAD T<u> HEALTH</u>

Grand Pacific Health, Directions Health, Katungul Aboriginal Corporation and The Family Place are partnering together to deliver the Moruya Head to Health Service from January 2024.

We are seeking input from people with lived experience (and those who support them), local services and community members on the new Moruya Head to Health Service.

To do this we are holding an in-person focus group and we invite you to join us.

# We're coming to your area and we want to meet you.

#### When

Wednesday 22nd November 9:30 am to 12:30 pm

Where Moruya Golf Club, Evans St, Moruya

Questions Grand Pacific Health - Moruya 02 4474 8500



Scan to Register

People with lived experience who attend this session and are not financially supported by their workplace to attend, will be reimbursed for workshop attendance









# Post-incident review following Optus outage

The Albanese Government will undertake a post-incident telecommunications review into the Optus outage that affected millions of Australians yesterday. Connectivity is absolutely essential for Australian

consumers and businesses, and the impacts of this outage were particularly concerning.

While we welcome that Optus services were restored over the course of the day, it is critical the Government conducts a process to identify lessons to be learned from yesterday's outage.

I will task my Department with developing the terms of reference for a post-incident review. Further announcements around the terms of reference and next steps will be made in due course.

It is critical that industry and Governments take stock following large-scale outages, given no network is immune. The Government hopes the review may also help support major telecommunications providers to improve postoutage processes.

Additionally, the regulator – the Australian Communications and Media Authority – has independently commenced an assessment to investigate Optus' compliance with the rules requiring that emergency calls are successfully carried from mobile carriers to the Emergency Call Person (Telstra).

# Millennial burnout: 75% say they've experienced life admin stress

Life admin is never ending, stressful and you don't get paid for it. From filing your tax return, managing the household bills and sorting out meals for the week – more than half of Australians Compare the Market surveyed said they've experienced life admin stress.

The data revealed Millennials are the most stressed-out generation (75%), followed by Gen Z (68%), Gen X (59%), and then Boomers (38%).

Compare the Market's Economic Director, David Koch, said 'errand paralysis' seems to be creeping in on everyone's lives.

"It's a combination of boring appointments, managing household finances and coordinating social events – It's not just one big thing, it's all the little things that add up," Mr Koch said.

"Life admin stress might be the most overwhelming anxiety of our age... so much so that a common reaction is to stick your head in the sand, ignore it and hope it will go away. The problem is that it usually doesn't... and the tasks just get delayed and the stress builds even further."

"It can be a horrible cycle... and it can cost you a lot of money."

Meanwhile, over half of Aussies get anxious when they need to call someone, and 16% said they'd only choose companies with chat functions to avoid embarrassment. Almost a third of respondents let their insurance autorenew to avoid stress (that is a huge mistake and wasting a fortune), and 32% said they're just too time-poor to deal with bills.

A further 14% said they get someone else to manage their bills to avoid stress.

### 100 years ago from the Moruya & District Historical Society

#### 100 Years Ago 10th November 1923 Part 2 Present at a meeting of the Moruya Progress Association in the Shire Hall on Tugaday, Magar

**Association** in the Shire Hall on Tuesday: - Messrs. G. Mitchell (chair), C. Johnson, O. J. Armstrong, S. Ryan, C. Cheeseman, G. Hanscom and Secretary C. Carter. ... A long discussion on the placing of an electric light at the Police Station corner ensued. It was decided to write to the Postal Dept. and ask permission to carry electric wires on 3 telegraph poles in Queen St. from Mr. Hanscom's shop to Irwin's corner. It was decided to write to the Shire Council asking (1) if necessary steps could be taken to have the steps at the wharf fixed up; (2) suggest to have the public baths near the hospital repaired for the use of bathers during the coming summer; (3) that the footpath in front of Mr. McIntosh's residence in Queen St. be attended to.

**The dance in aid of the Tennis Club** on Thursday night was well attended despite the hurried arrangements for same. During the evening the result of the Queen Competition was announced, when Miss Gwen Jeffery was declared the winner by a majority of 250 votes, having secured 750, whilst Miss Ena Carden scored 500.

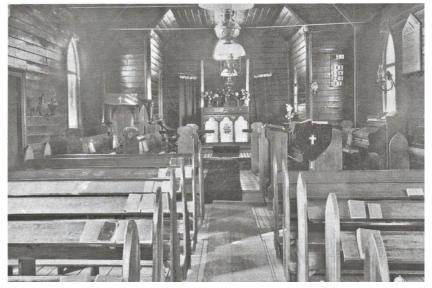
**Tilba Flower Show.** The annual flower show, in aid of the Church of England, was held at Tilba on the 27th of October.

Messrs. H. J. Bate and R. Hapgood were the energetic secretaries to the successful function. The gross takings amounted to £80. Following are the awards: - Section 1 – Flowers. Judge, A. H. Costin; steward, Mrs. Hoyer. Basket of flowers, Mrs. H. J. Bate; bowl of roses, Mrs. H. J. Bate; vase carnations, Mrs. H. J. Bate; vase sweet peas, Mrs. H.J. Bate; vase Iceland poppies, Mrs. H. J. Bate. ... Section 3 – Food. Judge, Mrs. Livingstone; Steward, Mrs. Sampey. Lamington cake, Mrs. O'Keefe; orange cake, Beattie Harper; passion fruit cake, Mrs. R. Read; caramel cake, Mrs. S Turnbull; rainbow cake, Myrtle Milne; sponge cake, Miss Read; home-made loaf, Mrs. Valance; puff pastry, Mrs. Turnbull.

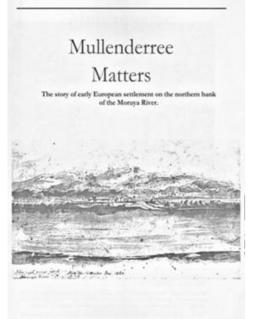
Extracted from the Moruya Examiner by the Moruya and District Historical Society Inc. If you are interested in history or genealogy why not join us and become a volunteer at the Museum or our library. Check us out at <u>https://www.mdhs.org.au</u>



Queen street Moruya



Tilba Church of England Interior



The Moruya & District Historical Society has a new book for sale: Mullenderree Matters

The story of early Europeansettlement on the north bank of the Moruya River, including Shannon View, Glenduart, Moggendoura and Mullenderree.

#### By Shirley Jurmann

This book starts with the early exploration and settlers on the north side of the Moruya River. The river, its floods, its navigation difficulties and bridges are described in detail along with the agricultural and commercial activities in the area.

The families who lived in the area, their stories, their social life, their successes and disasters are featured. The Appendices include the 1837 Aboriginal Returns for the area, the Parish maps and Shire Electoral roll listings for 1914.

183pages, photographs and index

To purchase a copy contact <u>moruyamuseum@gmail.com</u> PDF Version \$25 / Print Version \$35 + \$14.50 if posted

### NSW Domestic Violence Helpline 30th Anniversary

The NSW Domestic Violence Helpline (DV Line) is this year marking 30 years of service. Commencing in 1993, the NSW DV Line is a Government funded 24/7 helpine which provides a dedicated service for women escaping violence. Services include crisis counselling, support and referrals to refuges and other services.

In the past year, the DV Line received approximately 18,000 calls from women across New South Wales.

Minister for the Prevention of Domestic Violence and Sexual Assault Jodie Harrison said: "The NSW Domestic Violence Helpline is a crucial support service for women and their children escaping domestic violence.

"We know that domestic and family violence crosses the boundaries of age and culture, so a tailored approach to helping victim-survivors ensures they get the right support.

"As a government we are committed to taking meaningful action to prevent domestic violence across our state, however, DV Line is a vital resource for those who do experience domestic and family violence.

"The DV Line empowers callers to explore options and make informed choices, helping them find safety and independence. A victim-survivor of Domestic Violence who utilised DV Line, said: "The DV Line staff helped me to feel heard and supported me to stay safe. They told me about my options and empowered me to make my own choices."

Women who are currently experiencing, or who have experienced, domestic violence can call the DV Line on <u>1800 65</u> <u>64 63</u>, 7 days a week, 24 hours a day.

Staff and sector partners will mark the anniversary with an event highlighting the outstanding advocacy and service of individual staff.

### FOUR WINDS TO PREPARE FOR A NEW ERA

A message from Executive Director Leigh Small Four Winds announces Artistic Leadership Team for 2024, and a year of review, recalibration, and renewal. Four Winds' home on the Far South Coast of NSW provides an exquisite and unique experience of music in nature. It is also a location and community that has weathered devastating fires and floods amidst the challenges of COVID. To create a sustainable, evolving and relevant vision for the future, Four Winds has decided to pause the 2024 Easter Festival and instead present a varied program of concerts and events over the year, including a curated collection of smaller scale performances at Easter.

Four Winds First Nations Creative Director, Cheryl Davison and Create & Inspire Director, David Hewitt, will be joined by Lindy Hume AM PhD (Artistic Director FW Festivals '21, '22) and Timothy Walker AM CBE as the Artistic Leadership Team to curate the 2024 program.

In addition to the Easter program, there will be a Spring Youth Music Festival, a First Nations program; and partnerships with Musica Viva, Music in the Regions, Cobargo Folk Festival, and Wanderer Festival. 2024 will be the time for Four Winds to review and renew its vision for the next five to ten years. This is an exciting moment to engage with Four Winds community which includes 30 years of musical alumni, partners and importantly our local diverse audience and artists. Details of the 2024 Program to be announced in January 2024.



# Despite \$246.9 million in taxpayer money, Forestry Corporation still lost \$28 million, report finds.

The **Nature Conservation Council** of New South Wales (NCC) has today released a <u>new report from Frontier</u> <u>Economics</u> which reveals for the first time that hundreds of millions of taxpayer dollars have been gifted to the taxpayer owned logging business Forestry Corporation NSW (Forestry Corp) over the past five years.

The report finds the taxpayer-owned logging business received \$246.9 million worth of grants since 2019/20 financial year, while the hardwood division (which is responsible for native forest logging) made a loss of \$28.2 million over the same period.

"Our government is wasting millions of dollars propping up this dying and destructive industry", NCC Chief Executive Officer Jacqui Mumford said today.

"In what other instance is it acceptable for a company to run at an almost \$30 million loss after being given \$250 million in taxpayer money?"

"This money could provide at least 150 extra firefighters or nurses in regional towns"

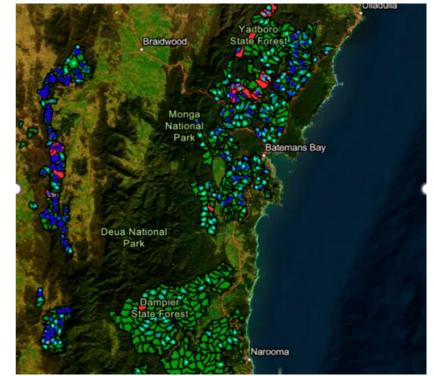
The report comes at a time of increased scrutiny over Forestry Corporation NSW. The taxpayer owned agency is facing prosecutions for several incidents and has recently been exposed for having failed to find endangered Southern Greater Gliders before beginning logging after it 'surveyed' for the nocturnal animal during the day.

In budget estimates this month CEO of the Environmental Protection Authority Tony Chappel revealed they are considering changing the rules which currently allow Forestry Corp to survey for nocturnal animals during the day. (see below)

This comes after NCC lodged a series of Breach Reports that found Forestry Corp is logging forests with the highest known numbers of the endangered Southern Greater Glider. Key findings from the Frontier Economics Report <u>Public</u> <u>native forest logging: a large and growing taxpayer burden</u> The report finds state-owned logging companies, and the private industry itself, are being propped up through generous government subsidies and cross-subsidisation from the profitable plantation sector.

"Public native forest logging (NFL) has poor financial performance across all Australian jurisdictions. This places an unnecessary economic burden and risk to state governments, whilst also having a negative impact upon native forests and the wildlife that call them home. "The continuation of this industry exposes governments and the taxpayer to an increasing level of financial risk.

"There are long-standing market changes that have reduced the demand for native forest products and put downward pressure on prices.



Map: Dark blue are areas with the highest proportion of gliders in NSW, and red is forest that is being logged.

The most significant of these are:

- the increase in competition in the domestic structural timber market from plantation softwoods,
- the increase in competition in solid wood markets from domestic and imported engineered wood products,
- and the increase in competition in export woodchip markets from domestic and foreign plantations." (Pg.6)

NCC Chief Executive Officer Jacqui Mumford said "The NSW Government needs to come to terms with the fact that native forest logging is a dying industry and make a plan for a transition. How much more taxpayer money has to be wasted and endangered animals killed before this reality sinks in? "Forests are the lungs of the earth. They are essential to clean air, a sustainable climate and healthy ecosystems where plants and animals can thrive.

"We've already destroyed far too much of the NSW bush. The remaining homes for our precious wildlife should be protected, not pulped."

### EPA EXTENDS STOP WORK ORDER IN TALLAGANDA STATE FOREST

#### NSW Environment Protection Authority - 5pm today

The NSW Environment Protection Authority (EPA) has extended a Stop Work Order applying to parts of Tallaganda State Forest, as Forestry Corporation of NSW (FCNSW) has not yet addressed alleged deficiencies in previous Stop Work Orders to search for and protect Southern Greater Glider den trees. EPA Executive Director Operations, Jason Gordon said the further

EPA Executive Director Operations, Jason Gordon said the further Stop Work Order will be in place for 40 days until 20 December 2023.

"Since the first Stop Work Order was issued in August, the EPA has recorded 89 endangered Southern Greater Gliders and 20 den trees in the areas subject to the order that were earmarked for harvesting by FCNSW," Mr Gordon said. "Den trees are critical for food, shelter and movement of gliders and

"Den trees are critical for food, shelter and movement of gliders and FCNSW is required to protect them and implement 50 metre exclusion zones around them.

"Our glider surveys confirm that more can be done to protect and conserve this species by identifying and protecting glider den trees and these Stop Work Orders are necessary to ensure that work is done."

The initial Stop Work Order commenced after EPA officers inspected several active logging compartments in Tallaganda State Forest.

Mr Gordon said the EPA is also continuing its investigation into other alleged breaches detected in Tallaganda State Forest, based on the EPA's ongoing inspections following community complaints.

These investigations include a range of alleged non-compliances with the Coastal Integrated Forestry Operations Approval (CIFOA) such as alleged damage to habitat of threatened species and/or ecological communities, alleged damage to environmentally sensitive areas and alleged failure to retain trees in accordance with the CIFOA.

"The EPA has a strong compliance and enforcement program for native forestry, and we will continue with our investigations and take appropriate regulatory action where required. The EPA expects FCNSW to meet the requirements in the CIFOA to protect Southern Greater Gliders," Mr Gordon said.

Separately, the EPA has also commenced discussions with FCNSW to strengthen the survey requirements in the CIFOA to ensure the future protection of Southern Greater Glider habitat.

Failure to comply with a Stop Work Order is a serious offence and can attract a maximum court-imposed penalty of up to \$1,650,000 and a further \$165,000 for each day the offence continues.

The Stop Work Orders are available on the EPA website here: <u>https://www.epa.nsw.gov.au/your-environment/native-forestry/regulating/stop-work-orders</u>

# Moruya Mail Arts



\$59 book at: artbynetty.com

### **The Carnival - Special Screening**

<u>Torchlight Media</u> has announced a Special Screening of The Carnival at the <u>Yuin Theatre at Bay Pavilions</u> next month. Step right up and mark your calendars for Thursday, 7th December 2023, as Eurobodalla Shire Council and Torchlight Media proudly present an exceptional film screening event at the Bay Pavilion Arts + Aquatic in Batemans Bay. Before this local premiere of "The Carnival," a heartfelt Australian documentary by acclaimed local director Isabel Darling, join us for a delightful carnival-themed soirée. Sip on festival inspired cocktails and savour delectable canapés that set the stage for an unforgettable evening.

"The Carnival" is a captivating journey following the Bells, a resilient family with a six-generation legacy in the carnival business. Witness their triumphs and tribulations as they uphold Australia's oldest travelling show. This film, directed by Isabel Darling, whose previous works "Being Frank" (2015) and "Corey the Warrior" (2017) garnered critical acclaim, promises to touch your heart and soul.

Don't miss the chance to meet Isabel herself, along with Producer Tom Zubrycki, for a brief Q&A following the film. Isabel is a local filmmaker whose work has graced the screens of prestigious international film festivals, including Cannes. Secure your tickets now for this extraordinary cinematic evening filled with carnival magic, cinematic wonders, and the warm embrace of our community.

\*\*Please be advised this film contains very coarse language and adult themes. Parental discretion is advised.\*\* BOOK TICKETS HERE:

https://bpav.sales.ticketsearch.com/sales/salesevent/116060

### VERY SPECIAL SCREENING!

The

S NO BUSINESS LIKE FAMILY BUSINESS

CARNIVAL

**THURS 7th DECEMBER** 

(mint (MIFF) (attended)

# Moruya Mail Arts

### Turn the beat around: First live music audit is part of venue revival

The NSW Government is tuning in to the challenges faced by musicians, artists and venue providers as part of its commitment to revive a thriving music scene in NSW.

For the first time, the NSW Government will conduct a survey of artists and professionals working in the music industry in a bid to build a picture of the challenges faced and what can be done to restore the live scene to a position of strength in our cultural fabric.

NSW has lost half its live music venues over the past decade, with just 137 remaining, according to current Liquor and Gaming data. As part of the music revival, the government will seek to ensure the survival of these venues as the recently established Sound NSW begins its work with the live music industry.

Launching during Australian Music Month, participants will be asked to assess the strengths of the industry as well as the factors that might be holding the industry back, from noise restrictions, venue closures, COVID-19 and cost of living pressures., The survey forms part of a wider research project that will combine economic analysis, venue mapping data and audience research to inform the NSW Government's first-ever strategic policy for Contemporary Music and create a vision for a vibrant arts and cultural scene in NSW.

The survey is completely anonymous, with no personal information collected.

The data will lead the decision-making process to revolutionise the live music industry in the state and spearhead new policy that centres on supporting and invigorating NSW's music scene. People working in the industry are strongly encouraged to provide insights, including artists, managers, promoters, venue operators, roadies, audio engineers, lighting and technical teams, ticket and merchandise retailers and more. This feedback will shape policy decisions and have a direct impact on the future of the sector.

The survey will be open until 15 January 2024. Minister for Music John Graham said: "The NSW Government is committed to reviving live music

across NSW. 'The last decade of lockouts and lockdowns has led to a grassroots music venue crisis in this state. We know the live music sector is facing many challenges, and this research will help identify from firsthand experience of musicians and industry participants themselves what those challenges are. "From artists and music workers to record labels, promoters, and managers, if you work in music, we want to hear from you. This consultative research will help us tune in to the policy priorities that will restore live music in NSW."

'I encourage all music industry professionals to share their ideas and insights to help us put together an evidence-based strategy for the future." Acting Head of Sound NSW, Emily Collins said:

"Sound NSW's mission is to see a new era when NSW's musicians, live music venues and festivals can thrive, creating greater job opportunities, injecting vibrancy to our state, and exporting NSW-grown music across Australia and to the world."

"The data and insights from the Live Music Survey will help us better understand and support venues.'

"Following the launch of the NSW Arts, Culture and Creative Industries policy later this year, Sound NSW will develop and deliver the state's first-ever 10-year contemporary music strategy. Just as Screen NSW does for film and TV, this is about bringing a cohesive and coherent government

approach to growing the sector. To participate in the Live Music Survey, click here: https://www.surveymonkey.com/r/state-of-the-scene



Yuin Theatre at Bay Pavilions Darren Coggan - The Poems, Prayers & Promises of John Denver.' November 17th at 7:30 PM

**The Marais Project!** Saturday, 18 November 7:30 PM

**FLASHDANCE Movie Night Fundraiser for Cancer Council** Yuin Theatre at Bay Pavilions SUNDAY, 19 NOVEMBER 2023 AT 16:30

Smells Like the 90's - A unique stage show tribute to the music & culture of the 90's 23rd November 7pm

**Bite Club** Friday, December 15th at 8 PM



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## Moruya Mail Arts Crank It up Batemans Bay wins Tourism Star Judges' Award



Crank It up Batemans has collected the Honorary Award 2023 at the NSW Tourism Awards in Sydney earlier this week. The Tourism Star Judges awards were given to those organisations who have showed that special edge this year. They are the entries that really connect, be it because of their commitment, innovative approach and their resilience.

Crank it Up reported : "So proud to have even been nominated for NSW Tourism awards with no expectation of winning at all. We are coming home with the Tourism Star Judges Award. In a room of hundreds of tourism business, we are extremely grateful for this recognition, but we would not have this award if it wasn't for our community, our many cars who make up our event, the amazing bands that make us rock, but most importantly our friends and family who help us pull this event off.

Winners are grinners and tonight we're have smiles for miles:"



#### This year's event is on from November 17 – 19.

It kicks off with a Street Cruise and Show N' Shine on Friday 17th. The Betta Home Living Coastal Cruise from Batemans Bay down the coast to Moruya for lunch at the pub on the riverbank.

Sat 18th - Sun 19th - Tyre Torque Show n Shine. The highlight of the weekend is 200 cars, bikes, hotrods, rats, customs & trucks of the Rock n Roll era showing of the true style of classic motoring.

#### Dancing at Crank It Up

Crank It Up bands will be playing over 3 stages and each stage has its own unique dance floor.

- Batemans Bay Soldiers Club large indoor parquetry dance floor
- Main Stage-Village Centre/Bridge Plaza Outdoor stage area with large timberply dance floor undercover
- Bridge Stage Ford Moruya -Cute little checker vinyl on concrete dance floor undercover of the bridge.

Crank It Up is all about dancing and being happy. Whether you are into rockabilly, swing, rock n roll, jive or any other type of dancing, you'll find something to dance to.

Also included in the event are :

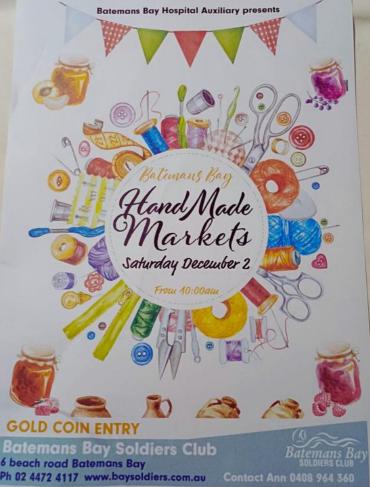
- Sydney Swing Katz Demonstrations
- Rockabilly Dance Workshops
- Canfit Collective (Raising awareness of mens health)
- Pinstriping demonstrations
- OceanJet Batemans Bay



# Moruya Mail Arts









**Bay Theatre Players Inc 33 Gregory Street Batemans Bay** Presents YS E **By Sarah V** This show we are offering 3 early matinees WED which are selling fast. 22nd Nov **10am** WED Funny and 15th Nov thought 10am provoking. and One for the i ann 12.30pm whole family. If you are looking for a mid week performance then book your tickets soon. ww.trybooking.com BUNAAN GARINDJA 🛛 A YOUTH GATHERING AN AFTERNOON CHAMPIONING YOUNG VOICES AND INTERGENERATIONAL LISTENING SUNDAY 19 NOV | 11:30AM - 4PM FOOD TRUCK & FAMILY FRIENDLY PICNIC MUSIC ON THE LAWN & INSIDE THE **DJINAMA YILAGA CHOIR** 

BEGA VALLEY YOUTH ORCHESTRA HEATH CULLEN GUITARAMA CANDELO CELLO SOCIETY NYAH COCKLE ANGUS CARPENTER BEGA VALLEY MALE VOICE CHOIR TIN CANTINA TACOS & MORE

ca

USIC ON THE LAWN & INSIDE THE WINDSONG PAVILION 17 FOUR WINDS RD BARRAGGA BAY

co

WWW.FOURWINDS.COM.AU/WHATS-ON

# Moruya Mail Arts



#### MASH - Surf Film premiere at The Monarch

The Monarch Hotel will host the premier of a surf film about Noa Deane by James Kates. Starring Noa Deane, Creed MacTaggart, Shaun Manners & Friends. Live bands will be playing as well.

\*\*All ages event but u/18's must be accompanied by a parent / guardian\*\* Mash is described by STABMAG as "Though it's chock-full of daring slab poetry, this hour-long thriller from James Kates offers an added element of vulnerability. Through phone calls with Creed McTaggart, Shaun Manners, Noa, and his mom, Kates offers us an authentic glimpse into what makes the boog-inspired, Rage chieftain tick."

7pm 10th November Price\$20 Get tickets

https://events.humanitix.com/mash-a-surf-film-about-noa-deane-usux7l8h





place and spirit

Join us for the opening at 5:30pm on 1 December by Michele O'Neil, President, Australian Council of Trade Unions (ACTU).

### Moruya Mail Page 22 Chuck a U-ey - Images of Australians and their cars

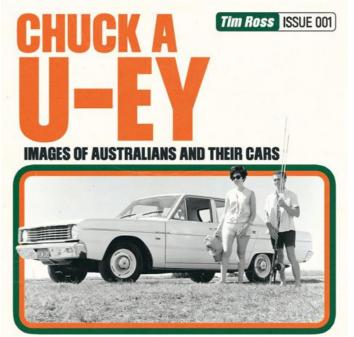


#### **NEW RELEASE** Written by Tim Ross.

Chuck a U-ey (verb) Present tense, Australian vernacular; expression meaning to carry out a U-turn while driving a motor vehicle. Origins go back to the early 1970s.

Australians tend only to add -ey to words describing something they love. And Australians love cars. Aside from the A-to-B solution in a land of sweeping plains and dual carriageways, our cars are nicely parked in our memories. Chuck a U-ey is a pictorial road trip celebrating Australia's relationship with its four-wheeled friend.





Once again, Tim has partnered with the National Archives of Australia to uncover a treasure trove of evocative images that show our enduring love for automobiles.

"Given our tyrannies of distance, it's no surprise Australians embraced the automobile, but cars have always meant more to us than simply a way to get from A to B. Chuck a U-ey is unashamedly nostalgic, and takes us back to a time before air bags, air conditioning and GPS navigation. It's a love letter to our old Holdens, Fords, Chryslers, VWs... even the Datsun 180B." -Tim Ross.

\$39.95 Soft cover - 210mm x 210mm x 8mm - 80 pages. Designed and Printed in Australia on Gadigal Land.

#### Presents MURRAY COOK & THE SOUL MOVERS SUPPORTED BY MARK EASTON



Got an event coming up ? Let the Moruya Mail know mail@moruyamail.com.au



Author, Journalist and Screenwriter Robert Macklin has been writing THE GADFLY PAPERS since 2012.



The one great godsend of climate change - perhaps the only one - is now firmly on humanity's radar. I speak, of course, of the final departure of the worldwide insurance industry. Climate change will sound its death knell.

I don't wish to be rude, but at last, after at least two centuries of exploiting our fears, we will at last escape its claws. A concept that began with all the high-minded and honourable motives of decency and fellowship was corrupted by the greed of its own malefactors.

Industry historians pretend that it had a royal beginning in 1750 b.c. when the Mesopotamian king Hammurabi proclaimed a set of laws governing the loss of ships and their cargoes around the Mediterranean. But that's as phony as most of the industry's claims. Shipping 'insurance' was very messy since vessels could be lost, sunk or captured by privateers; and court decisions were open to all sorts of bribery and corruption. Shakespeare exposed it beautifully in in The Merchant of Venice.

Today's industry really began in the Middle Ages when the craftsmen of Europe paid dues to their guilds, producing a substantial cash nest egg. So when their working premises burned down - a common occurrence in the wooden cities of the day - it could pay for a rebuild. The next step was to recompense guild members who were robbed. They would cover the member's pressing expenditures until he was back on his financial feet. It gradually extended its reach to the families of guild members killed or disabled by local crims.

The watershed moment arrived in 1666 when the Great Fire of London roared through 13,000 houses leaving about 100,000 people homeless. By the end of the century 'fire insurance' companies proliferated, but there was a catch. They each had their own fire brigade devoted to those houses clearly marked as customers. And unless they saw the company mark, rival brigades simply ignored the conflagration and the victims therein.

From that historic moment, the moral foundation of the industry began its collapse into a world where profit became the overriding motive and devil take the hindmost. By the 1750s it had thrown up the first 'actuary' in James Dodson, master of Britain's Royal Mathematical School. He used death rate data to ensure that 'life insurance' was weighted so that payments (or 'premiums') would provide a profit to the insurer. After that, the industry made a fine art of the scandalous 'fine print' that has stopped claimants in their tracks ever since.

We had a delicious example of this from a backyard cricket match when son Ben clipped a rising 'bouncer' from a frustrated father right through the front window of our Pearce house. This was a fine print no-no. Payment would only be made if the ball hit a stone on the way and the stone broke the window! (Our response remains a closely guarded family secret)

However, not even the finest fine printer will save insurance from the worldwide ravages of climate change. Even as they insure themselves down the line, the plethora of rival insurers who clutter our TV screens with their deceptive commercials are doomed. The girly motorbike riders rushing passed some idiot whose car has self-destructed, or a great footballer growing a beard waiting for a rival insurer, are typical of their desperation as the world's weather takes its revenge on humanity's mindless greed.

Truth is, you can't insure the entire world and make a profit. The people's governments will be forced to assume the cost of their dilatory response to the emergency, or we'll all go down together. And of you doubt it, just ask an actuary. robert@robertmacklin.com

# **GET THE FACTS ON CHEAPER MEDICINES**

#### The Albanese Government is working to reduce medicine costs and free up local GPs:

- Slashing the cost of the maximum PBS co-payment from \$42.50 to \$30.
- months' worth of medication for the price of a single script meaning fewer GP visits. Tripling the bulk-billing incentive for the most common consultations supporting local families and pensioners.
- Not affecting medicine availability and not

#### SUPPORTING COMMUNITY PHARMACY

- 1. Reinvesting the government's savings back into community pharmacy.
- 2. Allowing pharmacists to administer vaccinations at no cost to patients.
- 3. Doubling the Rural Pharmacy Maintenance Allowance.
- 4. Investing \$350 million to support community pharmacy outreach into aged care facilities.

3/59 Junction Street Nowra NSW 2541 1/6-8 Orient St, Batemans Bay NSW 2536 (02) 4423 1782 In the second se fiona.phillips.mp@aph.gov.au () FionaPhillipsForGilmore

Fiona Phillips MP Member for Gilmore

# Consultation opens on Ag and Land Net Zero Plan

Australians now have an opportunity to share their views on how the agriculture and land sectors can play a part in the Albanese Government's economy-wide Net Zero 2050 Plan.

A discussion paper for the Agriculture and Land Plan – one of six sectoral decarbonisation plans under the Net Zero 2050 Plan – has been released as part of broader public consultation. Agriculture, as a sector in the National Greenhouse Account, made up 16.8 percent of national greenhouse gas emissions in 2020–21. This share expected to increase as other parts of the economy, such as the electricity sector, take up more readily available and lower cost abatement options.

The agricultural industry has long been calling for collaborative policy and national plans to ensure a profitable, productive and sustainable future. Modelling from the Australian Bureau of Agricultural and Resource Economics and Sciences (ABARES) shows that recent seasonal conditions (2001 to 2020) reduced the profitability of Australian broadacre farms by an average of 23 percent, or around \$29,200 per farm.

Producers and land managers are adapting but reducing emissions is a complex task and needs strong collaboration with governments.

Now they have a government willing to partner with them to develop an Agriculture and Land Plan to do that.

Minister for Agriculture, Fisheries and Forestry, Murray Watt will lead the plan's development in collaboration with the Minister for Climate Change and Energy, Chris Bowen, and the Minister for the Environment and Water, Tanya Plibersek.

The discussion paper will be the start of a longer-term, ongoing discussion with the sector on lower emissions pathways. Minister Watt said the discussion paper is about understanding and identifying opportunities for the sector in reducing emissions while building agricultural productivity, sustainability and resilience.

"The government is seeking views and feedback from industry, experts and the community on ways that agriculture and land can contribute to the whole-of-economy emissions reduction task,' Minister Watt said.

"Farmers and landholders are already seeing the impact of climate change on their businesses, and have been leaders in sustainability for a long time. Their expertise in this area will be valuable in putting together the Plan."

Minister Bowen said Australian farmers are on the front line of climate change and working with the agriculture sector will help us reach Australia's net zero goals and protect this critical industry.

"We know farmers and landholders are best placed to share their knowledge, innovation, ideas and experience to get the best outcomes," Minister Bowen said.

"The Albanese Government wants to work in partnership with industry to get this Agriculture and Land Plan right – supporting them to adopt low-emission technologies that boost productivity and reduce costs, and maximise opportunities to increase carbon storage in the landscape."

Minister for the Environment and Water Tanya Plibersek said landholders and land managers including those in Indigenous Protected Areas, will play a key role in protecting and repairing nature and helping it be more resilient. Farmers are terrific stewards of our natural environment. When they act to reduce greenhouse gases, they can also have a fantastic impact on improving biodiversity – for example by better protecting remnant bush or improving planting around dams. When farmers earn money from carbon farming, they will also be able to earn money through our nature repair market."

"We are determined to better protect nature and leave it better off for our kids and grandkids – and we know farmers play an important role in that."

Public submissions will be made available via DAFF's <u>Have your</u> <u>Say website</u> and will close on 13 December 2023.

The government will continue to engage on the Agriculture and Land Plan and the other sectoral decarbonisation plans, as part of the whole-of-economy net zero plan, over the coming months. For more information on this process, visit:

https://www.dcceew.gov.au/climate-change/emissionsreduction/net-zero.

**Celebrate AgDay!** Enter the photo and video competition

There's still time for you to get your entries in for the coveted photo and video competition. With a prize pool of \$5,000 up for grabs thanks to sponsors Syngenta, it is definitely worth entering your photos or video.

There is no age or skill limit on entries, the judges are just looking for imagery that celebrates Australian agriculture. Entries close at 5pm AEDT on AgDay, Friday, 17 November. For more information and to enter visit <u>agday.org.au</u>.

#### Help support farmers affected by bushfires

NSW Farmers has activated its natural disaster fund to accept cash donations to support farmers in Northern NSW affected by the recent bushfires.

This Bushfire Appeal has been established under the NSW Farmers Natural Disaster Relief Fund, a registered charity that supports farmers in NSW affected by bushfires and floods. NSW Farmers CEO Annabel Johnson said recent bushfires in NSW had severely impacted communities already battling drought-like conditions, with pasture burnt and expensive repair bills on the way.

"These fires have had a terrible impact on communities who faced the ferocity of Black Summer just four years ago," Ms Johnson said. "Bushfires have a devastating impact for farmers – as well as the loss of vegetation and pasture, fences and machinery are often destroyed, and sadly there will also be animals lost. The impact on farmers and their families, livestock, crops and natural environments has been devastating. Any cash donations will be welcomed and distributed to those who need it."

To find out more and to make a donation head to <u>www.nswfarmers.org.au/ndrf</u>.

NSW Farmers is working with government agencies and rural charities as affected communities transition from emergency assistance to recovery support. Farmers affected by the bushfires can report stock losses and infrastructure damage, and request animal assessment or emergency fodder or water for stock, by calling the Agricultural and Animal Services Hotline on 1800 814 647.

Hold Fast Distillery
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Hold Fast Distillery Braidwood Creators of hand crafted Australian spirits. Specialising in whisky, gin and vodka. Hold Fail Same

Info@holdfastdistillery.com.au holdfastdistillery.com.au

**South Coast Property Specialists** Franzen Tips #1171 **Can Technology Replace People?** 



Most people would agree that advances in technology are generally great and enhance our lives, although sometimes it can also have a detrimental impact. Sometimes we take the technology for granted and only really notice it when it stops working, just like this week's telecommunications outage. Many would also agree technology could (and sometimes should) replace humans for mundane. repetitive or dangerous tasks that humans don't want to do. Even with advances in artificial intelligence, humans can offer a personal interaction that is still some way off when it comes to robots. For example, negotiating the sale of a property where the so called "pregnant pause" is a wonderful human technique when one party gives the other party a moment in time to make that decision that could be the difference between making or breaking the deal.

UNTIL NEXT WEEK ... GOD **BLESS** 



#### **Biodiversity can rebound after bushfires,** but recovery lags in the most severely burnt area UNSW

Extreme fires drove biodiversity declines despite overall resilience after the 2019-2020 Black Summer bushfire season in NSW, a new study suggests. The Black Summer Bushfires burnt an unprecedented area of over 5 million hectares of eastern Australia, with severe economic, environmental, and human impacts. Now, a study conducted by UNSW Sydney researchers shows plant and animal life has struggled to rebound in locations subjected to the most severe fires. The study, published in the journal Global Change Biology, analysed differences in species diversity in the aftermath of the 2019-2020 bushfire season in New South Wales. The researchers found that up to 18 months post-fire, biodiversity can recover after fires of low to high severity (when fires burnt the understorey and scorched or partially consumed the canopy) - and did increase a year and a half after the Black Summer Bushfires. However, areas burnt by fires of extreme severity (when fires completely consumed the canopy) experienced reduced levels of biodiversity compared to unburnt and other less severe burnt regions. Associate Professor Will Cornwell, senior co-author of the study from the School of Biological, Earth & Environmental Sciences, says the findings highlight the fire adaptations of Australian fauna and flora, but also that these adaptations have limits. "Fire can have both positive and negative effects on biodiversity, and the context is crucial," A/Prof. Cornwell says. "For example, many Australian species can persist, even with very high severity fires, but some species may struggle when extreme fire severity occurs over large scales." Simon Gorta, lead author of the study and a PhD candidate at the UNSW Centre for Ecosystem Science, says the research will help scientists and conservation managers understand which animal and plant species may be impacted by future fires, and identify the areas most needing monitoring and management.

"Our findings illustrate the extent and severity that fires can reach under extensive drought and above-average temperatures, conditions typical of climate change projections," Mr Gorta says. "As we grapple with the effects of these events on lives and property, we should also be concerned about how our wildlife and ecosystems respond, and how this can be better managed."

#### **Differing post-fire recovery regions**

For the study, the researchers used tens of thousands of wildlife observations of multiple groups of invertebrates, plants, and vertebrates collected by citizen scientists as part of the Environment Recovery Project and the iNaturalist platform to investigate how biodiversity has recovered after the fires and how the type of fire is essential for determining recovery trajectories.

"This initiative was critical, as long-term biodiversity monitoring data covering multiple groups of organisms, such as plants, insects, birds, and more, especially at the scale of these mega-fires, does not exist outside of citizen science data," Mr Gorta says. "These data allow us to draw conclusions about the overall effects of these events and determine conservation and management approaches for post-fire recovery." Overall, the researchers discovered species diversity increased in burnt regions compared to before the fires in both burnt and unburnt parts. But, compared to unburnt regions, species diversity significantly decreased in areas exposed to extreme fire severity. "The increase in species diversity, or richness, in burnt areas was greater than the increase after fires in unburned areas, which suggests they can recover well if fires are not too severe," A/Prof. Cornwell says. "But pushing them into this high severity zone has the opposite effect on biodiversity."

The researchers say they're not sure whether or when diversity in the extreme severity regions will fully recover.

"We don't have the data yet to know whether diversity will bounce back - a lot will depend upon whether they burn again with the same intensity in upcoming fire seasons," A/Prof. Cornwell says. "It implies that in the immediate post-fire aftermath, we need to focus our efforts on supporting recovery in areas that were subject to the highest severity burns." In addition to the findings at the biodiversity scale, the study also identified how species with post-fire recovery mechanisms can drive response patterns, particularly for plant species. For example, plants with limited resprouting capacity after severe fires in rainforests are particularly vulnerable to increasingly frequent and intense fires.

"The study highlighted adaptations such as fire-cued flowering, which is a key part of the life cycle of many Australian native plants, potentially increased the detectability and attractiveness of plants in the postfire environment," says Dr Mark Ooi, co-author of the study. "This provides both an understanding of the post-fire patterns we see and highlights some of the challenges in surveying biodiversity after these events.'

The researchers plan to conduct further studies monitoring different post-fire impacts, including which species are most at risk. They say the efforts of citizen scientists to capture observations represent not only a critical data resource but also reflect the willingness of the public to participate in science to protect the environment.

"Fire seasons are only going to worsen under the current climate projections," Mr Gorta says. "We need amateur scientists to help grow the dataset further so we can continue to monitor and manage the environmental impacts of wildfires in a rapidly warming and fire-conducive climate."

# Supermarkets continue to come under fire over retail meat pricing, even as Woolies drops lamb prices

#### Beef Central, 08/11/2023

AFTER sustained criticism over supermarket red meat retail pricing trends this year in contrast with livestock price movements,

Woolworths this week announced 20 percent price discounts on 26 lamb products until Christmas.

The new prices, effective today, are part of the supermarket's Prices Dropped for Christmas program.

Woolworths committed to the price adjustment for seven weeks only, until 27 December. Beef Central this morning asked the company whether similar price adjustments would be seen on beef. Any response will be added here.

Twenty six staple lamb products are include in the 20pc reduction list which runs until 27 December. They include items like:

- Leg roast was \$10/kg, now \$8/kg
- Forequarter chops were \$16/kg, now \$12.50/kg
- Lamb mince 500g was \$7 ea (\$14/kg), now \$5.50 ea (\$11/kg)
- Cutlets were \$43kg, now \$34/kg
- Mid-loin chops was \$28/kg, now \$22/kg

Of the products included in the offer, four (leg roast, leg steak, shanks and mince), were already reduced as part of Woolworths' Prices Dropped for Spring program, meaning the new prices represented a further reduction on already dropped prices, the company said. In a statement, Woolworths supermarkets managing director Natalie Davis said Woolworths understood the budget challenges many of its customers were experiencing and the company was "looking for every opportunity to pass on savings to help our customers."

"Lamb leg roasts have come down from \$15/kg in June, representing a \$7/kg reduction or drop of more than 45pc since then," she said. The lamb leg roast at \$8/kg was the lowest promotional price on the item since February 2017 and the lowest regular price on lamb since June 2013.

The company said it expects to sell 1.7 million kilograms of lamb leg roast this Christmas season.

#### Ag minister encourages engagement with inquiry

Federal agriculture minister Murray Watt discussed domestic retail pricing while speaking at last week's Australian Meat Industry Council Exporter and Processor Conference.

"While we are starting to see meat prices fall at the supermarket, consumers are understandably asking why there is still such a discrepancy between the prices they are paying for their meat, and those farmers are receiving for their livestock," Minister Watt said. "Issues like that are exactly what will be considered in the government's recently-announced review into the food and grocery code of conduct," he said.

"That review will examine the level of transparency in the dealings between retailers, wholesalers and suppliers. It's something that we all have an interest in, and I encourage stakeholders to get involved." "But importantly, supermarkets don't have to wait until that review is finalised, to do the right thing. Farmers, consumers, processors and retailers all have an interest in fair prices and fair commercial dealings."

Australian beef cheaper in Japanese supermarkets than at home Meanwhile red meat retail price scrutineer Andrew Dunlop has put forward evidence suggesting prices for Australian beef are cheaper in Japanese supermarkets than they are at home.

Following a visit to Japan in October, Mr Dunlop told Beef Central he took the opportunity to visit some urban supermarkets while there. "US product was almost absent, which stands to reason, as US beef and cattle prices are currently the highest on record and Japanese buyers are very price sensitive," Mr Dunlop said.

### National retailers earn Choice's Shonky award

Meanwhile national supermarket retailers Woolworths and Coles this month earned a <u>2023 'Shonky' award from</u> <u>consumer watchdog, Choice.</u>

The two supermarket heavyweights were singled-out over their retail pricing practices in a period of high cost of living.

In a nationally representative survey Choice conducted in September, more than 60pc of shoppers believed the big two were making a lot of money from the price hikes, and less than 20pc thought Coles and Woolworths were doing enough to keep prices low.

"Coles and Woolies have been promoting how they're supposedly helping with the cost of living, all while recording huge profits," Choice CEO Alan Kirkland said. "With some of their 'specials' it may be hard to tell if you're even getting a genuine discount. They are well and truly deserving of a Shonky Award."

"Coles and Woolworths have both recorded profits of more than a billion dollars this year, and most people feel like they're being fleeced," Mr Kirkland said.

Woolies arguably was the worst of the pair, Choice suggested, with the group announcing a \$1.62 billion profit in August, in a year when Australians are "truly doing it tough."

Over at Coles, the group posted a slightly more modest \$1.1 billion profit.

"Anecdotally, many shoppers feel as though they're paying more for less," Choice said.

"Rising rents, increased interest rates and a soaring cost of living has us all feeling the pinch. Which makes it all the more frustrating to see both Woolworths and Coles posting massive profits."



### DALMENY

# COMMUNITY MARKETS

plus

Trash & Treasure Stalls available!

Sunday 12 November at the Dalmeny Community Hall

8am—12pm

Huge range of stall holders, hand made goodies, plants and produce, jewellery, toys, artworks, coffee, fresh baked scones and the Lions Club BBQ.

To organise your stall contact 0414419986 A Narooma and Districts Lions Club Project

**'FLASHBACK** 

FRIDAY'

SINGIN' IN THE RAIN

NOVEMBER 24TH

TICKETS \$12, AVAILABLE ON OUR WEBSITE!

### Survive the Ride motorcycle workshop

A free workshop will look at different ways to reduce injury to and death of motorcycle riders in Eurobodalla.

Motorcyclists are involved in 11.5 percent of road crashes in the shire – with all riders being male and nearly 30 percent aged in their 50s. Eurobodalla Council will host NSW Survive the Ride Association's David

Tynan for a workshop on Saturday 18 November, focussing on: •Managing common challenges for motorcyclists – cornering, group riding, tiredness

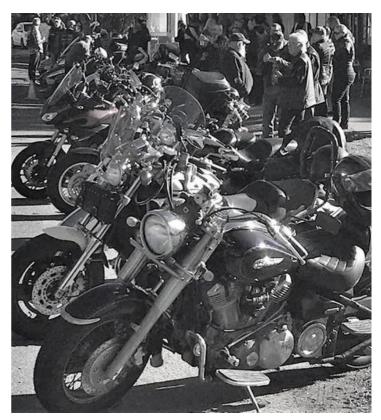
•Riding posture for different bike types – cruisers, sports, scooters •Reducing personal risk by acknowledging mistakes and avoiding them in the future

Riding at speeds allowing appropriate response to hazards or potential problems.

The workshop is suitable for new and experienced riders and participants will receive a hi-vis vest and educational material. Snacks and beverages will be provided.

By collaborating with fellow riders, motorcyclists can advocate for change and contribute to the safety of all the shire's riders. The Survive the Ride Association of NSW is an integral part of a broader social movement dedicated to promoting the joy of motorcycle riding while ensuring that riders can savour the experience safely.

To register, visit https://forms.office.com/r/K969WGYZqz or https://www.survivetheride.org/. For more information contact Council's road safety officer Emily Evans on 4474 7362.



### NAROOMA KINEMA FILM DROGRAM

\*ALL SESSIONS IN OUR SMALLER CINEMA (CINEMA 2) HAVE AN ASTERISK (\*) WE RECOMMEND BOOKING YOUR TICKETS ONLINE OR OVER THE PHONE FOR THESE SCREENINGS. BOOKINGS THAT ARE 10 MINUTES LATE WITHOUT NOTICE MAY BE FORFEITED.

PH: 4476 2352	ADDRE	SS: 94 Campb	ell St, Naroon	WEB: www.naroomakinema.com			
NOVEMBER 9TH - NOVEMBER 15TH	THURS 9TH	FRI 10TH	SAT 11 <sup>TH</sup>	SUN 12TH	MON 13TH	TUES 14TH	WED 15TH
THE MARVELS M, 1H 45M, ACTION/ADVENTURE	12.55pm 6.45pm	12.55pm 6.45pm	10.55am	11.20am 5.05pm		12.55pm 6.45pm	12.55pm 6.45pm
FOE M, 1H 50M, DRAMA/SCI-FI	12.30pm* 5pm*	12.30pm* 5pm*		10.40am*		12.30pm* 5pm*	12.30pm <sup>*</sup> 5pm*
SHAYDA M, 1H 57M, AUSTRALIAN DRAMA	2.40pm*	2.40pm*	10.30am*			2.40pm*	2.40pm*
FIVE NIGHTS AT FREDDY'S M, 1H 50M, HORROR	7.05pm*	7.05pm*	1pm	4.20pm*		7.05pm*	7.05pm*
KILLERS OF THE FLOWER MOON M, 3H 26M, CRIME/DRAMA/HISTORY	3pm	3pm		1.20pm		3pm	3pm
MET OPERA: DEAD MAN WALKING MET OPERA PRICES APPLY, 2H 50M			12.45pm*	12.45pm*			
THE SOUL MOVERS LIVE SHOW			7pm				

COMING SOON: NOVEMBER 16<sup>TH</sup> -THE TASTING -HUNGER GAMES: THE BALLAD OF SONGBIRDS AND SNAKES



Find us on Facebook! info@perrystreetcinemas.com.au NOW SHOWING	RRY			Located Top floor Citi Centre Arcade Perry Street Batemans Bay – 2536 – PH: (02) 4472 6009				
NOVEMBER	THU 9	FRI 10 4:55 PM	SAT 11 4:55 PM	SUN 12 4:10 PM	MON 13 CLOSED	TUE 14 4:55 PM	WED 15 4:55 PM	
BRING HIM TO ME MA15+ 96 MIN								
DUMB MONEY MA15+ 104 MIN		1:05 PM	1:05 PM			1:05 PM	1:05 PM	
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FREELANCE MA15+ 109 MIN	6:45 PM	12:15 PM 4:25 PM 6:45 PM	12:15 PM 4:25 PM 6:45 PM	12:15 PM 4:00 PM		12:15 PM 4:25 PM 6:45 PM	12:15 PM 4:25 PM 6:45 PM	
KILLERS OF THE FLOWER MOON M 206 MIN		1:10 PM	3:15 PM	12:15 PM		1:10 PM	1:10 PM	
PAW PATROL: THE MIGHTY MOVIE PG			1:25 PM	12:00 PM				
TEENAGE MUTANT NINJA TURTLES: MU- TANT MAYHEM PG 99 MIN			4:10 PM					
THE DIVE M 91 MIN		3:05 PM	3:05 PM	2:20 PM		3:05 PM	3:05 PM	
THE MARVELS M 105 MIN	6:00 PM 7:00 PM	12:00 PM 2:05 PM 4:10 PM 6:15 PM 7:00 PM	12:00 PM 2:05 PM 6:05 PM 7:00 PM	11:55 AM 2:00 PM 4:05 PM		12:00 PM 2:05 PM 4:10 PM 6:15 PM 7:00 PM	12:00 PM 2:05 PM 4:10 PM 6:15 PM 7:00 PM	





Featured Artist

October 1 - December 5 2023





'On Dave's Farm'

www.cabbi.com.au



### Pollinator Week at the Eurobodalla Regional Botanic Garden 11-19 November 2023

Get the Buzz - celebrate the vital role of pollinators! Talks, walks, photo exhibition, art demo, and kids' craft

#### Saturday 11 November

~ Whats the Buzz - seminar & walks

~ Honey Tasting

~ Art demonstration

#### Sunday 12 November

~ Lab Session & Walk ~ Childrens Discovery Walk

~ Art demonstration



#### Saturday 18 November

- ~ Fur & Feathers seminar ~ Crafty Kids
- ~ Pollinator-friendly gardens ~ Night walk

### Sunday 19 November

~ Childrens Discovery Walk ~ Crafty Kids

Reserve your spot! www.erbg.org.au





BANKSIA

# Volunteers Needed

Banksia Lodge are currently looking for volunteers

WE NEED HELP WITH:

- · Small women's groups
- · Small men's groups · Board games & jigsaws
- Garden experiences
- Arts & crafts
- · One on one chats

#### WE LOOK FORWARD **TO HEARING** FROM YOU

For more information please contact Lorraine, Banksia Lodge Lifestyle & Activities Coordinator, on 4471 6091

#### Save the date "Diversity Night 2023" by Eurobodalla Multicultural Group

Saturday 18 November 2023 at Greek Church Hall, North Batemans Bay. Multicultural Food and performances.

If you would like to showcase performances from your culture, please contact us by email to "efscmg@gmail.com"

### South Coast Community Kitchen

Demand is high at the moment and hoping to source some items from our lovely community.

As much as we appreciate all contributions, please only provide what is on the list. Non common items are not used amongst our clients. 1/2 price specials are a good way to help a lot with a little.

We are in need of the following:Children's lunch snacks ie: muesli bars/fruit cups/chips/shapes etc, Cereal ie: Weet-bix, corn flakes etc, UHT milk, Sugar, Coffee, Tea, Pancake Mix, Vegemite/Jam/Peanut butter, Pasta, Pasta packets ie continental alfredo, Pasta Sauces, Canned Tuna, Sardines, Canned fruit, Canned soup, Soup sachets, Tuna bake sauce, -Baked beans, Canned spaghetti, Cordial, Fruit juice, Poppers, Any fruit/veggies you may have spare from your garden would be fantastic! If you live in the Bay, items can be dropped to <u>Beyond Bank</u> on Orient Street. If your in Moruya, please drop to 3 Jeffrey Place.

#### Get Involved this Coastcare Week December 4-10 Dec! Landcare Australia

#### Lanocare Australia Coastcare Week is an annual celebration of Coastcare that acknowledges the Australians who are actively restoring, enhancing and protecting the coastling waterways habitat

acknowledges the Australians who are actively restoring, enhancing and protecting the coastline, waterways, habitat and biodiversity in their community. Calling on all groups, environmental organisations and volunteers! You can get involved by: Visiting our website to see the resources that can be used to promote the week and the Junior Landcare activities and tips available for during the week. Visit<u>www.coastcare.org.a</u>u Contacting your local group to find out what events they have on during the week. You can find a group here: <u>https://bit.ly/3MpHhfl</u> Sending us your Coastcare story along with some photos to enquiries@landcareaustralia.com.au and we will share these during Coastcare Week.

### Remembrance Day author talk: History of Moruya RSL - Moruya

To mark Rémembrance Day 2023, join Eurobodalla Libraries and Moruya and District Historical Society author Kevin Setter for a discussion about his latest publication.

Thursday 9 Nov 2023 10:30 AM - 11:30 AM at Moruya Library The history project was born from the author's search for 'war trophies' awarded to Moruya communities after World War 1. That search was unsuccessful but in the process Kevin collated comprehensive information from microfilms of The Moruya Examiner. The resulting collection tells the story of a revered community organisation as an important part of Moruya's history. Join us at Moruya Library for morning tea and to enjoy the discussion. Copies of the publication will be available to purchase.

Tickets - <u>https://www.eventbrite.com.au/e/remembrance-day-</u> author-talk-history-of-moruya-rsl-moruya-tickets-672843431817

### Art on the Path

Broulee, Saturday 17th December from 8am-1pm!

#### Volunteer mentors needed

CareSouth needs volunteer mentors for local kids in the Moruya / Batemans Bay / Narooma areas, as part of CareSouth's Aunties and Uncles program. Including male mentors! If you'd like to know more please contact us on 1300 554 260, email info@caresouth.org.au or visit <u>HERE</u>

### Moruya Speedway

Season Opener 18th November 2023 Aussies vs Kiwis Street Stock Test Match for the Rapid Race Wear cup with a great line up of support races

Production Sedans, Southern Fast 4s, Super Production, Vintage, Demolition Derby. Pit gate opens at 12pm. Spectator gates open at 3pm don't miss this will be a massive night. Racing starts at 5pm. Text nominations to Kay on 0423 836 851

### BODALLA POETS' BREAKFAST

The annual Bodalla Poets' Breakfast event is on again. Sunday 12th November is the date, Bodalla Memorial Hall the venue and the poetry begins at 9.00am. Doors open at 8.30am. This year's programme will feature poetry with the theme "Memories". As we all have plenty of these, there should be no shortage of inspiration for some very entertaining poetry. Complimentary coffee, tea and biscuits will be on hand at the Hall and the Six and Out Cafe plus the Dairy Shed available for more substantial fare. Please join us for a couple of hours of great entertainment - Sunday, 12th November, 9.00am Bodalla Memorial Hall. Gold coin donation very much appreciated! For further information - Paddy - 0450742933 or Sue -0427007649.



Got an event coming up ? Let the Moruya Mail know mail@moruyamail.com.au

### SNSWLHD Annual Public Meeting

Southern NSW Local Health District (SNSWLHD) is inviting members of the community to its Annual Public Meeting (APM) from 5.00 to 6.30pm on Monday 27 November. The APM will include presentations from SNSWLHD Board Chair Elizabeth Hoskins and Chief Executive Margaret Bennett, as well as updates from the Executive leadership team. Guest speaker Dr Shamaruh Mirza, a medical scientist and 2023 ACT Local Hero award recipient, will talk about equity in health and the impact of Artificial Intelligence. Community members are encouraged to send in guestions ahead of the event. "The APM is an opportunity for us to share Southern's recent achievements, future plans and community updates," Ms Bennett said. "The Board and Executive teams are looking forward to hearing from our community and connecting with attendees." Anyone wishing to attend the event at Cooma Multifunction Centre, 10 Boundary Street Cooma, should register for a free ticket via Eventbrite. The event will be livestreamed on the SNSWLHD Facebook page: https://www.facebook.com/SNSWLHD/ Questions should be sent in advance to SNSWLHD-YourFeedBack@health.nsw.gov.au Copies of the SNSWLHD 2023 Year in Review will be available. A digital version can be viewed on the SNSWLHD website.



Enjoy reading the Moruya Mail? You can support the publication when you **Buy Me A Coffee** 



# Moruya Mail Public Notices

#### **River of Art AGM**

The Annual General Meeting of the River of Art Incorporated is just around the corner! We invite you to join us and have your voice heard as we continue to shape the future of the River of Art festival.

Date: Tuesday 28 November Time: 4:15 PM Venue: Moruya Golf Club

#### **FRRR Grants**

One week to go! Make sure you get your application in for our Small Network Grants program by Tuesday, 14 November. The Small Network Grants will fund projects that help local communities prepare for future droughts. This can include:

- Networks
- Community events
- Training initiatives
- Community infrastructure
- Development and learning initiatives

Start your application now: <u>https://frrr.org.au/small-networks-grants/</u>

The Australian Government funds this program through the Future Drought Fund.

#### REMEMBRANCE DAY

<u>222 Army Cadet Unit - South Coast - Eurobodalla</u> will be supporting the <u>Batemans Bay RSL</u> at the Remembrance Day Ceremony this Saturday the 11th of November at the Batemans Bay Cenotaph. Lest We Forget.

#### **Drought Seminar**

<u>South East Local Land Services</u> says : After a successful drought seminar in Cobargo, we are holding two additional ones across the Bega Valley.

Make sure you mark your calendars and come along to: **Candelo** - 16 Nov <u>https://brnw.ch/21wEeTZ</u>

Eurobodalla - 4 Dec https://brnw.ch/21wEeU0

Hear from a panel of expert presenters including Local Land Services staff (Senior Ag Advisors, Drought Adoption and District Vet), along with Peter Muirhead from Rural Financial Counselling and Berkeley Braham from Rural Adversity Mental Health Program.



#### Moruya Artisan Factory home of Quantum Brewery

The crew at Quantum Brewery and GraniteTown CafeBar would like to call out and thank all of you for all the wonderful support we have received on this DA journey. Our request to extend our hours has been approved. All we need now is the Liquor license to line up to the same hours and we are good to go. We hope to be ready to change for you from mid Nov.

Whilst we can now open Sun to Thu from 9am to 8pm and Fri & Sat 9am to 11pm, our new regular open hours are planned to be:

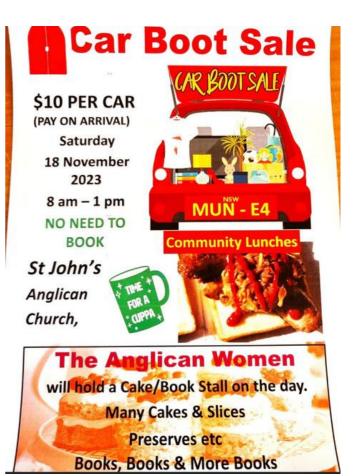
Thu 12-6pm, Fri 12pm-8pm, Sat 11am-8pm and Sun 10.30am-6pm.

Watch out for when we will let you know when we can start.

### **Edwards Road Market Place**

Open Hours : Thursday, Friday, Monday 9am - 4pm Saturday & Sunday 9am - 3pm. The coffee van is open from 7.30 ish in the morning





#### Fishing report from Tackle World Moruya. Moruya River.

With the weather starting to show signs of stabilising a little, this weekend is looking good to get out for a fish. From the hospital down to the mouth, the river has been producing some nice fish for those getting out.

The airport flats and a cross to Preddy's wharf and the back of the hole in the wall have had Bream, Flathead, Trevally, Luderick, Estuary Perch and the odd whiting for those using baits and lures. While the water is still a little too cool for a good surface whiting bite, it is getting there, and won't be too long before it happens.

Further upstream, the mouth to Malabar creek has been fishing well on a turning high tide for flathead and estuary perch, particularly after dark. Just remember that Malabar creek and the weir are in a sanctuary zone and should not be fished. I am getting a lot of reports of people fishing the weir itself. Be warned, if DPI catch you, there will be no reasonable excuse and you can expect heavy fines and loss of your fishing equipment.

Under the town bridge, the flathead are very active at the moment, along with the bream and estuary perch.

While further upstream, the hospital has some very nice holes in front and some easily accessible river bank to fish. Live nippers will find a few hungry bream, estuary perch, flathead and the odd whiting.

Up in the fresh the bass are readily on the chew, with the sound of summer already starting to ring out. The cicadas are out and about, providing the bass with an easy feed off of the surface. Cicada imitation lures or any surface popper can elicit a surface strike this time of year.

#### **Tuross River.**

The Luderick, estuary perch, flathead and bream are keeping many anglers entertained and fed this week, with plenty of fish being taken throughout the system. From the very lower reaches of the river to well up past Bumbo creek, there are fish to be found everywhere.

The flats around the potato point side of the lower Tuross river are holding good numbers of flathead, bream, and the odd whiting for anglers this week.

While the boat shed hole is also producing a few nice flathead, estuary perch Luderick and the odd mulloway.

Up into the areas around four ways, there are good numbers of sizeable Luderick being taken from the snags, while any creek mouth on a run out tide is seeing good numbers of flathead also.

It won't be long before the water temps passes the 20 deg mark and the surface bite really starts to come on.

Under the metal bridge just before Bodalla, good numbers of estuary perch can be found schooling up on the pylons early in the morning, with more than a few flathead lurking in underneath these schools also.

Tuross is in prime form this time of year, and it should only get better as the season progresses.

Coila lake is seeing good numbers of prawns again with the dark, or new moon, this Monday. Get your scoop nets, prawning lights and buckets ready for some good family fun.

#### Rock and Beach.

Moruya breakwall has been a hit for some anglers and a miss for others this last week. Unfortunately this is the nature of fishing, the fish are not always where you want them to be. For those that have managed to get onto some fish, salmon, bream, trevally, Luderick and tailor have all been on the cards. The beaches have been the same, with some effort from anglers required to find the fish.

One lucky spearo managed a nice kingfish in only 4-5m of water last week on a well known rocky point north of Moruya. A definite sign that the water temps are coming up and the fish are becoming more active.

#### Offshore.

With reports of kingfish around, the artificial reef between Moruya and Broulee headland should be on boaters card to check out this weekend. If nothing else to collect a bit of live bait.

The snapper have been plentiful over the local reefs this last week, with fish ranging from 40-60cm regular catches. Start looking in 20 m of water and head out to 50m if required. The warmer the water gets, the deeper the snapper will generally be holding.

We have a had a nice drop of Daiwa gear this week, with Double Clutch lures, soft plastics and jigs heads all looking a lot healthier as a result. The bait freezer is well stocked, with only King worms being unavailable this week. Everything else is in good supply for now.

As we build for Xmas, more stock will be arriving over the next few weeks. Also keep an eye out for Black Friday specials.

Stay safe everyone and remember, "every days a good day for fishing..." Team Tackle World Moruya.

#### Productive Vegetable Gardening -SAGE Masterclass Series

SAGE Garden and Stepping Stone Farm, Moruya Gearing up for the summer growing season. Productive Vegetable Gardening - Masterclass series for backyard and small scale market gardeners in Moruya, started last month with one more session to ao. .

#### Harvesting and post harvest care (1 day) - Friday 8 December

This masterclass series is a deep dive that takes you from an introduction to organic market gardening through to harvesting and post-harvest care and are ideal for all gardeners - small-scale market gardeners aiming to increase production using sustainable organic practices, through backyard gardeners who want to take their knowledge to the next level. Learn relevant, useful and practical skills, to short cut the journey to growing food efficiently and economically and avoid costly and time-consuming mistakes. Bookings can be made for all five one day and two-day classes in the masterclass series at a discounted price, or they can be booked individually. The last in this series is :

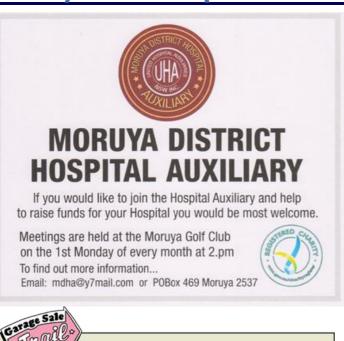
These full day class will be held in Moruya at SAGE Garden and Stepping Stone Farm.

The presenters include - Joyce Wilkie - SAGE Stepping Stone Farm educator and manager, Fraser Bayley - Old Mill Road BioFarm, and Alison Walsh -SAGE educator and long time home gardener. If you ever wanted to learn how to grow vegetables from some of our local experts, now is that time. Book now





# Moruya Mail Sport





# opening hours

Monday - Thursday: 6am - 6pm Friday: 6am - 4pm Saturday: 8am - 2pm Sunday: 10am - 2pm

MORUYA

SWIMMING POOL

CLASSIC CAR & BIKE SHOW SUNDAY NOVEMBER 12TH 2023

### Tuross Head Vets Golf Results

10th November

2023

A good field of 50 players registered for a Canadian Foursomes event on the 8th November 2023. The Winning teams today were:

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1st: Mike Birks and Herb Muriwai with 35 points 2nd: Paula Coffey and Peter Coffey with 37 points (on count back)

- 3rd: Teri Swanbury and Steve Swanbury with 37 points
- 4th: Cathy Milliken and Terry Milliken with 37.5 points
- 5th: Paul Coffey and Maree Coffey with 37.7 points
- 6th: Greg Smith and John Cox with 38.125 points

7th: Ross Davidson and Rob Nash with 38.125 points 8th: Julie Barningham and Chris Wratten with 38.625 points

Nearest to the Pins:

- 4th: Steve Swanbury
- 6th: Herb Muriwai
- 7th: Ladies: Chris Wratten Mens: Len Rogers

Accuracy: Shirley Quinlan

Bradmans: Margaret and Ray Downey



Winners Herb Muriwai and Mike Birks.

SAVE THE DATE Eurobodalla Agricultural Show 27th & 28th of January 2024

Moruya Showground



TO ENTER A CAR OR BIKE PLEASE CONTACT: 0467335048 134 FORSTER DRIVE, BAWLEY POINT WWW.WILLINGAPARK.COM.A

GATES OPEN: 10:00AM CAR & BIKE SET UP: 8AM - 10AM

> FOOD AND BEVERAGES AVAILABLE

# Moruya Mail Sport



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### \$5.25 million available for Surf Club upgrades

With summer only a few weeks away, NSW Surf Life Saving Clubs can apply for up to \$5.25 million for new and improved facilities following the opening of the NSW Government's Surf Club Facility Program.

This program has also just been boosted with an additional \$5 million in funding in the 2023/24 NSW State Budget, with a total of \$16 million allocated to the program over four years.

Clubs can receive grants up to \$1 million for the upgrade, restoration or construction of these critical surf life saving facilities.

The Program not only keeps Surf Life Saving Clubs modern and accessible but also helps surf life savers better protect beachgoers.

The Program features three categories with Category 1 closing on 11 December 2023 and Categories 2 and 3 closing on 31 January 2024.

Minister for Sport Steve Kamper said: "NSW Surf Life Saving Clubs deliver a world-class service, protecting swimmers in the water and keeping people safe at the beach."

"That's why we have increased funding for this program, to ensure our Surf Life Saving Clubs are modern, inclusive and accessible, enabling people from all sections of the community to participate."

Minister for Emergency Services Jihad Dib said: "Rain, hail or shine, surf lifesavers never waver in their commitment to protecting the community and the NSW Government will continue to support them in the incredible work they do." "With more people enjoying our beautiful beaches during the warmer months, we are investing in these facility upgrades to support our dedicated lifesaving volunteers."

President of Surf Life Saving NSW Peter Agnew said: "We are pleased to see the NSW Government acknowledge and support the amazing contribution made by our volunteer lifesavers and surf clubs in NSW."

"Our lifesavers and Nippers deserve safe, secure facilities in which to train and store vital rescue equipment, as well as somewhere accessible which welcomes the community in to be part of our great and iconic movement." For further information and to apply visit:

https://www.sport.nsw.gov.au/grants/surf-club-facility-program



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### Gravity Eden: A Gravity-Fed Mountain Biking Paradise Opens in Eden

#### A Thrilling Destination for Riders and a Community **Collaboration Success**

Eden's mountain biking community and local businesses are rejoicing as the Eden Mountain Bike President, Stan Soroka, proudly announces the opening of Gravity Eden Mountain Bike Park in Nullica State Forest. With more than 58-kilometres of mountain bike trails spanning a remarkable 300-metre elevation, Gravity Eden promises to be a thrilling destination for riders of all skill levels.

Thanks to the collaboration between the Eden Mountain Bike Club, Eden Community Access Centre, and Forestry Corporation of NSW, the community can now enjoy the fruits of their hard work. Stan Soroka, President of the Eden Mountain Bike Club, expressed, "The club seized the opportunity to host the Quad Crown MTB series in September as a chance to assess the trail conditions. Not only did the trails pass the test, riders from all over Australia praised the quality of our trails, filling us with joy. The local community has wholeheartedly supported the project from the beginning and is now reaping the social benefits that have exceeded our expectations."

The trails were completed a month ago, but due to a lack of rainfall since March, 16 out of the 20 trails are currently open. With the hope of sufficient rainfall, the remaining 4 will soon be accessible to the public.

Plans are underway to celebrate the opening of the trails and express gratitude to the community and contributors with a celebration day on Saturday 25th November.

Kristy McBain, Member for Eden-Monaro, expressed enthusiasm about Gravity Eden, stating, "Gravity Eden represents not only an exceptional mountain biking destination but also a vibrant community collaboration. We look forward to welcoming riders from near and far to experience the beauty and excitement of this new trail network.'

Eden Community Access Centre's (ECAC) Julian Webb said, "ECAC and the Eden Trails Group, comprising members of the Eden Mountain Bike Club, were excited about having reached such a significant milestone in the project. We are extremely grateful to have received the funding."

The Bushfire Local Economic Recovery (BLER) Fund Package is part of the \$4.5 billion bushfire support program co-funded by the Australian and NSW governments for bushfire recovery, response, and preparedness in NSW, and supports social and economic recovery in regional communities most affected by the 2019-2020 bushfires.

"This multi-million dollar project is now ready to deliver a critical contribution to the area's social and economic development and resilience. Eden is a true mountain biking destination, providing opportunities to attract tourists and investment to the region. The hub will also be an important community asset, contributing to employment opportunities and positive health and wellbeing outcomes," said Julian.



Credit Flow MTB-Gravity Eden

### Chair yoga and meditation for wellbeing

Join a qualified yoga teacher for this gentle practice, enjoyed entirely while seated.

With an emphasis on gentle, focused movement and calming breathwork, attendees will have the opportunity to expand their body and mind. This session is great for everyone, no matter your age, mobility, or fitness.

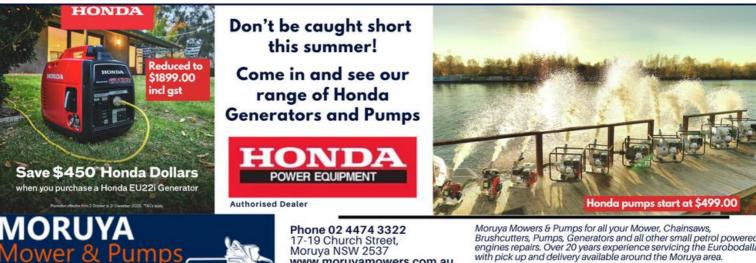
Sessions are free. Bookings are essential.

Batemans Bay Library - Tuesday 14 November 10.30 to 11.30am https://www.eventbrite.com.au/e/chair-yoga-and-meditation-forwellbeing-batemans-bay-tickets-672855427697

Narooma Library - Wednesday 15 November 10.30 to 11.30am. https://www.eventbrite.com.au/e/chair-yoga-and-meditation-forwellbeing-narooma-tickets-672846340517

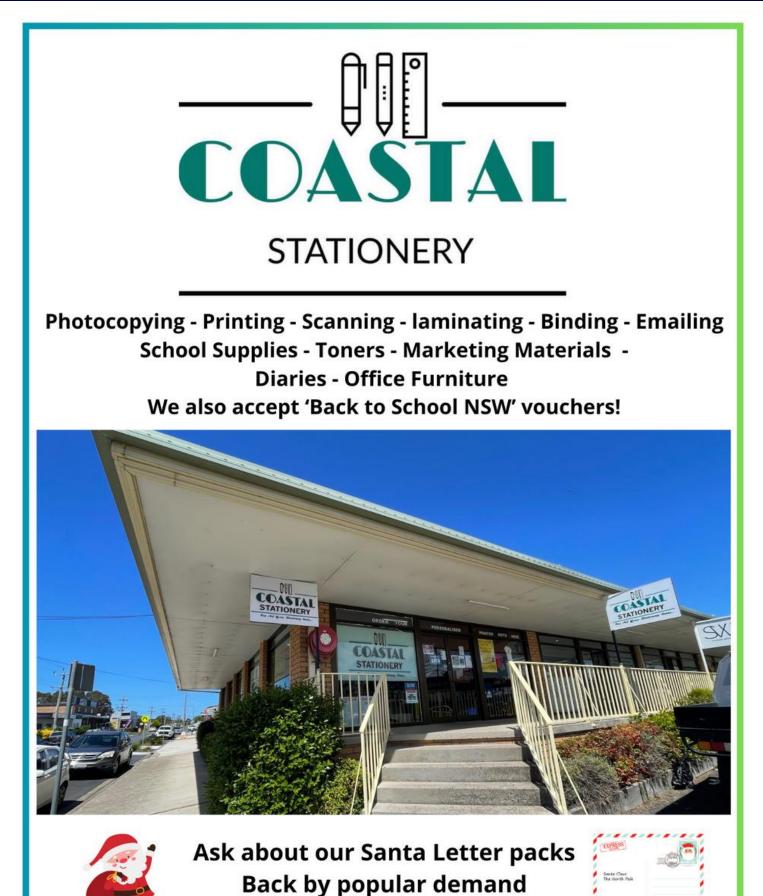
Moruya Library - Thursday 16 November 10.30 to 11.30am https://www.eventbrite.com.au/e/chair-yoga-and-meditation-forwellbeing-moruya-tickets-672845849047

What's On Library events: www.esc.nsw.gov.au/community/libraries/whats-on



www.moruyamowers.com.au

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